

RTE RADIO 1

Format: Talk and Soft Adult Contemporary, Easy Listening and Irish & Country Music
 Based: Dublin
 Dublin, NE Ireland, Cork and Limerick DAB 12C s
 Dublin, NE Ireland, Cork and Limerick DAB+ 12C s
 FM: 87.8-90.2, 95.2 MHz, see table right
 Ireland and most of UK 252 Clarkestown 300
 Satellite 0160/750 (also in UK), DTT 200
 Airdate: 1/11/1926. 1966: RTE, 31/5/1979: RTE Radio 1

RTE RADIO 2 FM

Format: Contemporary Hit and Adult Contemporary Music and Talk
 Based: Dublin
 Dublin, NE Ireland, Cork and Limerick DAB 12C s
 Dublin, NE Ireland, Cork and Limerick DAB+ 12C s
 FM: 90.4-92.4, 97.0 MHz, see table right
 Satellite 0164/751 (also in UK), DTT 202
 Airdate 31/5/1979

RTE RADIO NA GAELTACHTA

Format: Irish Language
 Based: Casla, Galway
 Dublin, NE Ireland, Cork and Limerick DAB 12C s
 FM: 92.6-94.6, 99.8, 102.7 MHz, see table right
 Satellite 0166/753 (also in UK), DTT 204
 Airdate 2/4/1972 (as part time service)

RTE LYRIC FM

Format: Classical and Jazz Music
 Based: Limerick
 Dublin, NE Ireland, Cork and Limerick DAB 12C s
 FM: 95.2, 96.7, 97.8-99.8, 102.2 MHz, see table right
 Satellite 0165/752 (also in UK), DTT 203
 Airdate 1/5/1999. Previously FM 3 (airdate 1984), evenings, night & early mornings on RnG FM frequencies

TODAY FM

Broadcaster: Communicorp
 Based: Dublin
 Format: Adult Contemporary music and Talk
 FM 100.0-102.0, 105.5 MHz, see table right
 DAB: National Commercial Multiplex
 Airdate 1997 (replaced Century 1990-1991)

NEWSTALK 106-108

Broadcaster: Communicorp	Based: Dublin
Format: News and Talk	
Dublin Region	106.0 Three Rock 10
Meath, Kildare, NW Wicklow	107.6 Saggart 2
East Wicklow	107.0 Ballyguile 2
Gorey, Wexford	107.8 Gorey 1
South East Ireland	107.2 Mount Leinster 2
South Wexford	107.8 Forth Mountain 0.4
West Waterford	107.6 Dungarvan 5
Waterford City	107.4 Gallows Hill 2.0
North County Tipperary	107.8 Kilduff 2
SE Tipperary & N Waterford	107.4 Clonmel 0.5
Cork City and SE County Cork	107.8 Spur Hill 10
Fermoy & Mitchelstown, Cork	107.4 Turbeigh 0.1
North East County Cork	106.4 Nagles 0.5
South West Ireland	107.4 Mullaghanish 80
West Kerry	107.8 Cahirciveen 4.0
Mid Kerry	107.2 Kockmoyle 4
West County Limerick	107.0 Woodcock Hill 2
West Ireland	107.6 Maghera 31.6
West County Galway	107.0 Clifden 4
Mid County Mayo	107.2 Castelbar 6
Westport, County Mayo	107.8 Westport 0.25
North West Mayo	106.8 Achill 1.25
North West Ireland	107.4 Truskmore 80
County Longford	106.9 Cairn Hill 4.9
Athlone	107.2 Athlone 0.04
Offaly and Laois	105.8 Ridge of Cappard 4
NE Republic of Ireland	107.9 Clermont Carn 4
Drogheda, Louth	107.6 Drogheda 0.1
North County Monaghan	103.3 Lugad Hill 2.5
East Donegal and Derry area	106.9 Holywell Hill 12
North Inishowen	107.3 Malin 1
West Donegal	107.1 Aranmore 2
North Donegal	107.6 Fanad 4
All transmitters are mono	
Satellite 0210 (also in UK)	
Airdate 2001 (Dublin), 29/09/2006 (National)	

Area	R1	R2	RnG	Lyric	Today	Site	kW (RTE)	kW (Today)
County Dublin	88.5	90.7	92.9	96.7	101.8	Three Rock	5	2
East Ireland	89.1	91.3	93.5	98.7	100.9	Kippure	50	100
North East Wicklow	89.5	91.7	93.9	99.1	101.3	Greystones	1	1
South East Ireland	89.6	91.8	94.0	99.2	101.4	Mount Leinster	200	400
North County Tipperary	90.2	92.4	99.8			Kilduff	2.5	
Mid Tipperary	89.0	91.2	93.4	98.6	100.8	Suir Valley	3	6
SE Tipperary & N Waterford	88.3	90.5	92.7	97.9	100.1	Clonmel	1	2
Waterford City	88.3	90.5	92.7	97.9	100.1	Waterford	0.1	0.2
West County Waterford	88.5	90.7	92.9	98.1	100.3	Dungarvan/Cappoquin	3	6
South East County Cork	88.2	90.4	92.6	97.8	100.0	Crosshaven	3	6
Cork City and SE County Cork	89.2	91.4	93.6	98.8	101.0	Spur Hill	5	10
Cork City	89.7	92.0	94.1	99.3	101.5	Collins Barracks	0.05	0.1
Fermoy, Cork	89.4	91.6	93.8	99.0	101.2	Fermoy	0.05	0.2
Mitchelstown, Cork	88.6	90.8	93.0	98.2		Mitchelstown	0.1	
Kinsale, Cork	89.0	91.2	93.4	98.6	100.8	Kinsale	0.01	0.02
South West Ireland	90.0	92.2	94.4	99.6	101.8	Mullaghanish	158	316
South West County Cork	88.3	90.5	92.7	97.9		Castletownbere	3	
Bantry, SW County Cork	88.7	90.9	93.1	98.3		Bantry	1	
West Kerry	89.5	91.7	93.9	99.1	101.3	Kilkeaveragh	3	6
Dingle Peninsula, Kerry	89.1	91.3	93.5	98.7		Ballydavid	0.03	
Dunquin, Kerry	88.7	90.9	93.1	98.3		Maamclassach	0.05	
Mid Kerry	88.4	90.6	92.8	98.0	100.2	Knockmoyle	1	2
North Kerry	89.2	91.4	93.6	98.8	101.0	Knockanore	1	2
West Ireland	88.8	91.0	93.2	98.4	100.6	Maghera	158	316
Limerick city	89.4	91.6	93.8	99.0	101.2	Woodcock Hill	2.5	5.0
Lehinch, Co Clare	89.7	91.9	94.1	99.3		Lehinch	0.1	
Co Longford and North Midlands	89.8		others planned			Cairn Hill	20	
Athlone	89.3	91.5	93.7	98.9	100.2	Athlone	0.02	0.04
Casla, Galway	88.4	90.6	92.8	98.0		Casla	2	
West County Galway	89.5	91.7	93.9	99.1	101.3	Clifden	3	6
Central Mayo	89.3	91.5	93.7	98.9	101.1	Castelbar	3	6
North West Mayo	89.9	92.1	94.3	99.5	101.7	Achill	3	6
North West Ireland	88.2	90.4	92.6	97.8	100.0	Truskmore	125	250
East Donegal and Derry area	89.2	91.4	93.6	98.8	101.0	Holywell Hill	2	12
North Inishowen	88.9	91.1	93.3	98.5		Malin	2	
West Donegal	89.6	91.8	94.0	99.2		Aranmore	3	
North Donegal	89.8	92.0	94.2	99.4	101.6	Fanad	4	8
Ballybofey, Donegal	89.7	91.9	94.1	99.3		Ballybofey	0.5	
Falcarragh, Donegal	88.8	91.0	93.2	98.4		Magherdorty	0.15	
NE Donegal & N Northern Ireland	88.3	90.5	92.7	97.9	100.1	Moville	1	2
County Monaghan & Armagh City	88.9	91.1	93.3	98.5	100.7	Monaghan	2.5	5
Drogheda					100.0	Drogheda		0.1
NE Ireland, SE & Central N Ireland	87.8	97.0	102.7	95.2	105.5	Clermont Carn	40	80

SPIRIT RADIO

Broadcaster: Spirit Radio	Based: Dublin
Format: Christian Talk and Music	
Dublin City	89.9 Three Rock 0.4
Bray and Greystones, Wicklow	90.1 Greystones 0.2
Naas and Newbridge, Kildare	92.2 Saggart 0.5
Cork City	90.9 Holly Hill 0.5
Limerick City	89.8 Woodcock Hill 0.4
Galway City	91.7 Tonabrocky 0.4
Waterford City	90.1 Carrickpherish 0.4
Dundalk	90.4 Dundalk 0.1
Athlone	90.6 Athlone 0.04
Kilkenny	93.1 Johnswell 0.2
Carlow	90.5 Killleshin 0.5
Trolee and Castel Island	88.0 Knight's Mountain 0.1
Ennis, County Clare	90.3 Ben Dash 0.2
Wexford	94.5
Sligo	89.9
N, E & Cent Ireland, N Ireland	549 Carrickroe 25
Airdate 1/1/2011	

Further FM transmitters are proposed for: Clonmel, Drogheda, Killarney, Letterkenny, Navan.

4FM

Broadcaster: 4FM	Based: Dublin
Format: Oldies, Easy Listening music and Talk	
Dublin Region	94.9 Three Rock 1.5
East Kildare and SE Meath	94.6 Saggart 1
Bray and Greystones, Wicklow	94.6 Bray Head 0.2
Cork City and SE County Cork	94.8 Churchfield 3
North County Cork	97.4 Bweeng 4
West County Cork	95.4 Nowen Hill 9.5
Cobin & Monkstown, Co Cork	97.4 Carrigaline 0.5
Youghal, County Cork	97.2 Monatrea 0.5
Fermoy & Mitchelstown, Cork	95.2 Fermoy 0.1
Bantry, County Cork	94.8 Bantry 0.2
West Ireland	104.6 Maghera 9.5
West County Limerick	104.2 Woodcock Hill 9.5
Galway County and City	104.9 Mervue 9.5
West County Galway	104.2 Clifden 0.5
Airdate 27/2/2009	

RTE RADIO 1 EXTRA

Talk	
Dublin, NE Ireland, Cork and Limerick	DAB 12C m
Waterford City and Wexford	DAB 9B s
DTT 201	

RTE 2XM

Modern Rock	
Dublin, NE Ireland, Cork and Limerick	DAB 12C s
DTT 206	

RTE CHILL

Chill-out music (night-time only)	
Dublin, NE Ireland, Cork and Limerick	DAB 12C m
DTT 207	

RTE GOLD

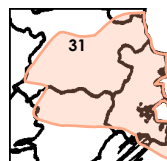
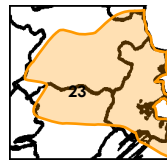
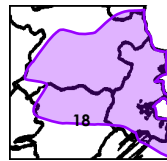
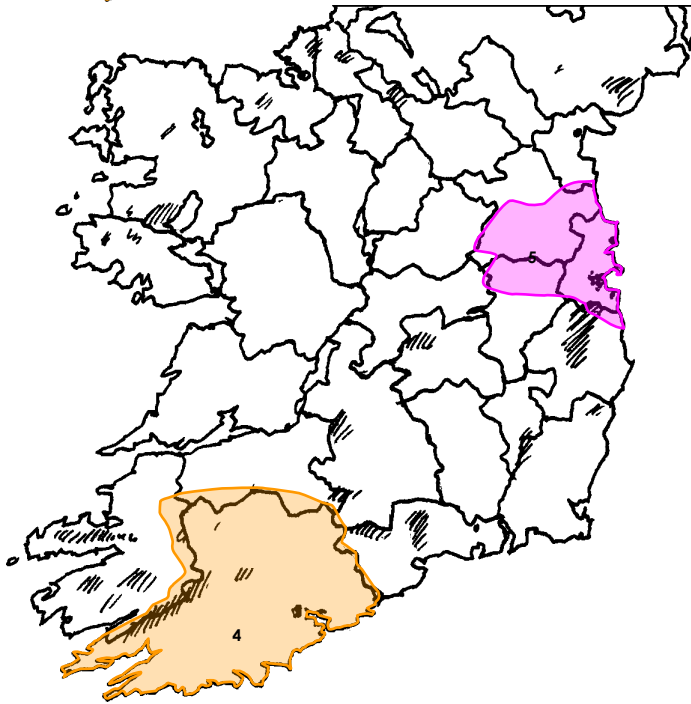
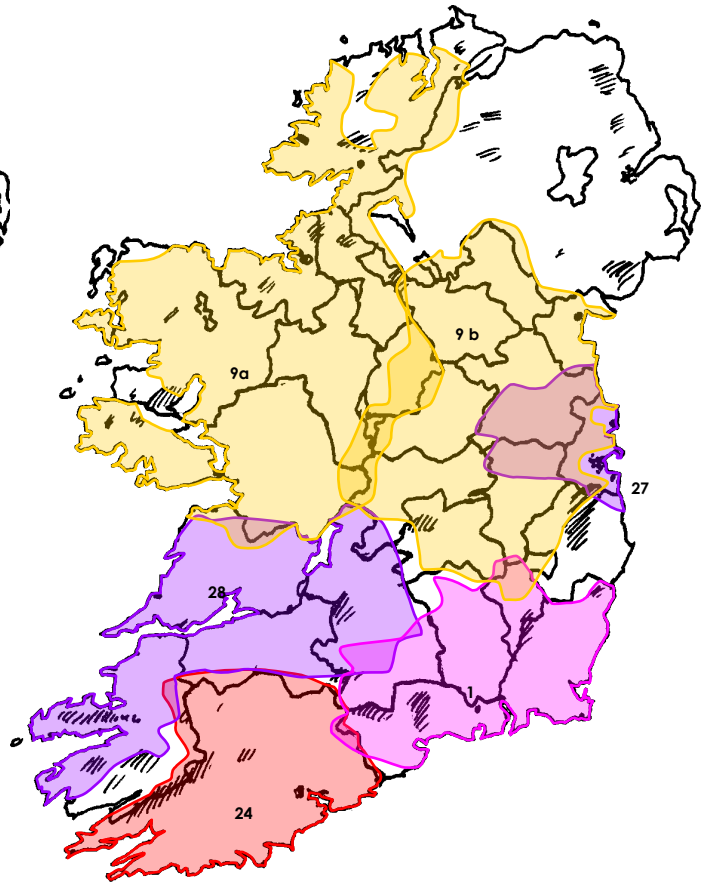
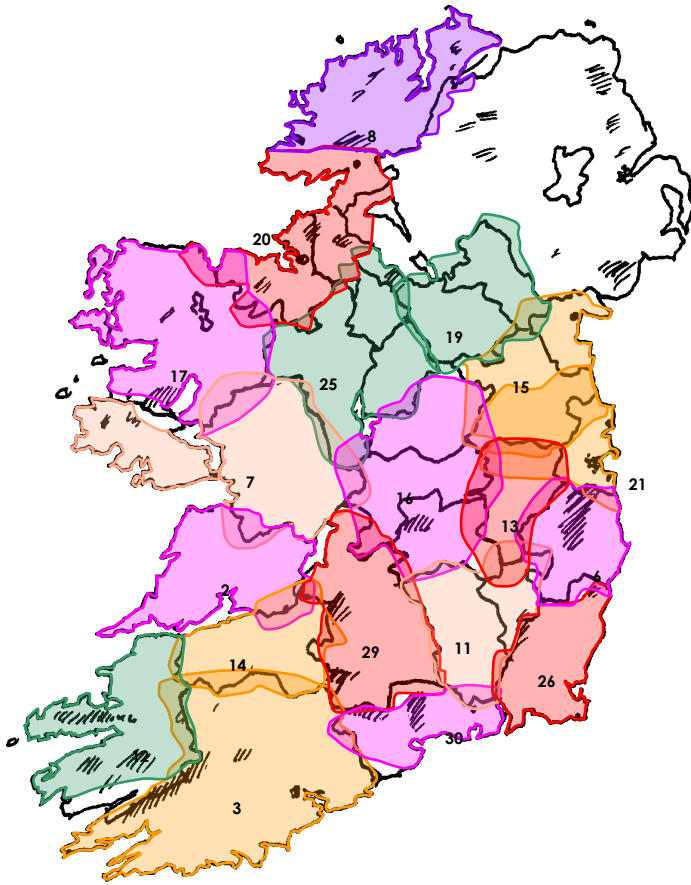
Oldies	
Dublin, NE Ireland, Cork and Limerick	DAB 12C s
DTT 208	

RTE JUNIOR

Childrens (daytime only)	
Dublin, NE Ireland, Cork and Limerick	DAB 12C m
DTT 207	

RTE PULSE

Dance	
Dublin, NE Ireland, Cork and Limerick	DAB 12C s
DTT 205	



C103

IR4 ■

Adult, Oldies, Irish & Country, Talk	Wireless	390 000
Cork City	102.6 Holyhill	10.0
Bantry, SW County Cork	102.7 Bantry	0.2
North East County Cork	102.9 NE Cork Relay	0.8
Youghal, County Cork	103.0 Youghal	0.2
Kinsale, County Cork	103.0 Kinsale	0.2
West County Cork (opt-out)	103.3 Nowen Hill	10.0
Fermoy County Cork	103.3 Fermoy	0.05
Cobin & Monkstown, Co Cork	103.5 Carrigaline	0.2
North County Cork	103.7 Mount Hillery	5.0
Macroom, West Cork	103.7 Macroom	0.015
Clonakilty, SW County Cork	103.9 Clonakilty	0.1
1990/11 as Cork's County Sound. Cork city added 2000. C103 from 2008.		

EAST COAST RADIO

IR6 ■

Adult, Talk		95 000
South East County Wicklow	94.9 Avoca	9.5
North & East, County Wicklow	96.2 Bray Head	10.0
North West County Wicklow	99.9 Saggart	4.8
East County Wicklow	102.9 Ballyguile	15.8
West Wicklow	102.9 Baltinglass	1.9
Arklow, County Wicklow	104.4 Barraniskly E, Arklow	0.4
1990/11		

GALWAY BAY FM

IR7 ■

Adult, Talk		160 000
Galway City	95.8 Tanabrocky	0.5
West County Galway	95.8 Clifden	0.5
County Galway	96.8 Knokroe	10.0
Gort, County Galway	97.2 Gort	0.05
East County Galway	97.4 Redmount Hill	2.0
Connemara, County Galway	97.4 Seanafaistin	1.0
1990/11		

HIGHLAND RADIO

IR8 ■

Adult, Irish & Country, Talk	Communicorp	80 000
Ballybofey, County Donegal	94.7 Ballybofey	0.1
West County Donegal	95.2 Arranmore Island	2.0
Castlefin and Lifford	102.1 Feirn Hill	1.25
Gortahofk, NE Donegal	102.6 Crockananevee	0.2
East County Donegal & Derry	103.3 Scalp Mountain	10.0
North Inishowen	104.5 Back Mountain	2.0
East Inishowen	104.7 Moville	0.4
Ardara & Glenties, Donegal	104.7 Mulmosog	0.2
1990/11		

BEAT 102-103

Contemporary	WLR	360 000
N Wexford, S Carlow, Kilkenny	102.0 Mount Leinster	12.6
West County Waterford	102.2 Dungarvan	6.0
South Tipperary	102.4 Clonmel	10.0
Gorey, County Wexford	102.6 Gorey	0.1
East County Waterford	102.8 Carrickpherish	10.0
South Wexford	103.1 Forth Mountain	0.5
Carrick-on-Suir & SW Kilkenny	103.1 Suir Valley	0.2
2003		

CLARE FM

Adult, Oldies, Talk		90 000
Lahinch and Ennistimon, Clare	95.2 Ennistimon	0.5
Kilrush, County Clare	95.5 Kilrush	2.0
South East County Clare	95.9 Woodcock Hill	2.0
County Clare	96.4 Maghera	10.0
Killaloe, East County Clare	96.6 Killaloe	0.4
1990/11		

IR1 ■ CORK'S 96 FM

Adult, Contemporary, Talk	Wireless	390 000
North East County Cork	95.6 NE Cork Relay	0.8
West County Cork	95.8 Nowen Hill	10.0
Fermoy County Cork	95.8 Fermoy	0.05
Cobin & Monkstown, Co Cork	96.0 Carrigaline	0.2
North County Cork	96.1 Mount Hillery	2.0
Clonakilty, SW County Cork	96.2 Clonakilty	0.1
Macroom, West Cork	96.2 Macroom	0.03
Cork City and SE Co Cork	96.4 Holyhill	10.0
Bantry, SW County Cork	96.4 Bantry	0.2
Youghal, County Cork	96.8 Youghal	0.2
Kinsale, County Cork	96.8 Kinsale	0.2
1990/11 as Radio South, 1995 County Sound, 1996 96 FM, 2000 extended from Cork city to county wide		

IR3 ■

IR2 ■

IRADIO	IR9	NORTHERN SOUND	IR19	TIPP FM	IR29
Contemporary	1 075 000	Adult, Oldies, Irish & Country, Talk R Kerry	105 000	Adult, Oldies, Talk	140 000
East County Donegal & Derry	96.9 Scalp Mountain	Shares some output with Shannonside 104 FM		Birdhill, West Co. Tipperary	95.3 Birdhill
County Galway	102.1 Derrybrien	County Cavan	94.8 Sliabh Glach	Lorrha, North East Co. Tipperary	95.3 Lorrha
Longford, Roscommon, Leitrim	103.1 Cairn Hill	Co Monaghan & NE Cavan	96.3 Monaghan	South East Co. Tipperary	95.3 Barranculla
North West County Mayo	103.1 Achill	Carrickmacross & Kingscourt	97.5 Carrickmacross	Carrick-on-Suir, Co. Tipperary	95.3 Carrick-on-Suir
Connemara, County Galway	103.1 Seanafaistin	1990/1		South County Tipperary	97.1 Scrothea
West County Galway	103.3 Clifden	RADIO NOVA 100	IR31	Roscrea, NE Co. Tipperary	97.1 Roscrea
Galway City	103.3 Tonabrocky	Classic Rock	1 100 000	West Central County Tipperary	103.3 Lighthseefin
County Mayo	103.7 Castlebar	North and East Wicklow	95.7 Bray Head	North County Tipperary	103.9 Kilduff
West County Donegal	104.0 Arranmore Island	Balbriggan, North Co Dublin	100.1 Strifeland	1990/1 (Expanded to South West 2004)	
Co Sligo, N Leitrim, S Donegal	104.4 Truskmore	Counties Dublin and Meath	100.3 Three Rock	WLR FM	IR30
S Meath, N Kildare, W Wicklow	104.7 Saggart	East Kildare	100.5 Saggart	Adult, Oldies, Talk	90 000
Cavan	104.8 Slieve Glagh	1/9/2010		Suir Estuary, E Co Waterford	94.8 Waterford Harbour
Co Louth and NE Co Meath	105.0 Mount Oriel	OCEAN FM	IR20	West County Waterford	95.1 Dungarvan
Athlone	105.6 Athlone	Adult, Irish & Country, Talk	140 000	Waterford City	95.1 Waterford C Centre
Birr, County Offaly	105.6 Birr	Ballyshannon & Bundoran	94.7 Ballyshannon	East County Waterford	97.5 Carrickpherish
Offaly and Laois	106.2 Ridge of Cappard	County Sligo & N Co Leitrim	102.5 Truskmore	Ballymacarby, NE Waterford	97.5 Ballymacarby
Dundalk area, County Louth	106.2 Dundalk	Glencolumbkille, Donegal	103.0 Glencolumbkille	1990/1	
Drogheda	106.2 Drogheda	South County Donegal	105.0 Mount Charles	COMMUNITY STATIONS	
Monaghan	106.7 Monaghan	Tobercurry, South West Sligo	105.0 Tobercurry	Most stations are part time	
7/2/2008 (North West). 24/11/2008 (North East). 2011 (stations merged)		2004 (replaced North West Radio, started 1990/1)		ATHLONE COMMUNITY R	Mixed Format
KCLR	IR11	FM 104	IR21	Athlone, co. Westmeath	88.4 Blyry
Adult, Oldies, Talk	115 000	Contemporary	1 100 000	CLAREMORRIS COMMUNITY R	Mixed Format
Waterford City and Wexford	DAB 98+ s	Balbriggan, North Co Dublin	103.1 Strifeland	Claremorris, Co Mayo	94.6 Claremorris
Graigueananagh, Kilkenny	94.6 Glencourn	Dublin Region	104.4 Three Rock	COMMUNITY R CASTLEBAR	Mixed Format
Callan, Kilkenny	96.0 Corbally Wood	1990/1		Castlebar, County Mayo	102.9 Castlebar
Johnstown/Urlingford, Kilkenny	96.0 Boggan	Q102.2	IR23	COMMUNITY R YOUGHAL	Mixed Format
Borris, South Carlow	96.2 Glencourn	Soft, Oldies	1 100 000	Youghal, County Cork	104.0 Youghal
County Kilkenny	96.6 Johnswell	Balbriggan, North Co Dublin	101.5 Strifeland	CONNEMARA COMMUNITY R	Mixed Format
County Carlow	96.9 Rossmore	Dublin Region	102.2 Three Rock	Lettertrach, Galway	87.8 Ballyheer
2004 (replaced R Kilkenny and CKR, both from 1990/1)		2000 as Life FM, Q102.2 from 2004		West County Galway	87.8 Clifden
RADIO KERRY	IR12	RED FM	IR24	West County Galway	106.1 Tulligbeg
Adult, Oldies, Irish & Country, Talk R Kerry	125 000	Contemporary	410 000	RADIO CORCA BAISCIINN	Mixed Format
South West County Kerry	96.2 Cahirciveen	Cobin & Monkstown, Co Cork	104.2 Coolsallagh	Kilkee, County Clare	92.5 Kilkee
Killarney, Co Kerry	96.6 Killarney	West County Cork	104.5 Nowen Hill	Kilrush, County Claire	94.8 Kilrush
Central and East County Kerry	97.0 Mullaghanish	Youghal, County Cork	105.1 Youghal	CORK CAMPUS RADIO	Contemporary (Student)
Tralee area, County Kerry	97.2 Sliabh Mish	Kinsale, County Cork	105.2 Kinsale	Cork City	98.3 Farmer's Cross
North County Kerry	97.6 Knockanure	Fermoy & Mitchelstown, Cork	105.4 Fermoy	CUH FM	Mixed Format
Dingle, County Kerry	97.6 Lispolo	Bantry, SW County Cork	105.4 Bantry	Cork University Hospital, Wilton	102.0 Cork Univ Hospital
1990/1		North County Cork	105.7 Nagles	DUBLIN CITY FM	Talk, Mixed Music
KFM	IR13	Cork City and SE County Cork	106.1 Churchfield	Dublin City	103.2 Three Rock
Adult, Easy, Talk	130 000	2001		DUBLIN SOUTH COMMUNITY R	Mixed Format
S Kildare, E Laois, N Carlow	97.3 Rossmore	SHANNONSIDE 104 FM	IR25	Dundrum and South Dublin	93.9 Dundrum
North and East County Kildare	97.6 Slieve Thule	Adult, Oldies, Irish & Country, Talk R Kerry	70 000	DUNDALK FM	Mixed Format
2004 (replaced CKR 1990/1)		Shares some output with Northern Sound		Dundalk, County Louth	97.7 Dundalk
LIVE 95 FM	IR14	Boyle, Roscommon	95.7 Boyle	EAST LIMERICK COMMUNITY R	Mixed Format
Adult, Talk	Wireless	Central Leitrim & NW Cavan	97.2 Slieve Anierin	East Limerick	96.8 Derk Hill
East & Cent. County Limerick	95.0 Woodcock Hill	Roscommon Long'd S Leitrim	97.1 Slieve Bawn	East Limerick	97.3 Boher Hill
West County Limerick	95.3 Barnagh	West Roscommon	104.6 Fairymount	FLIRT FM	Contemporary (Student)
1998, replaced Radio Limerick (airdate 1990/1)		1990/1		Galway City	101.3 Tonabrocky
LMFM	IR15	SOUTH EAST RADIO	IR26	IRFU	Rugby
Adult, Talk	Wireless	Adult, Oldies, Irish & Country, Talk	100 000	Landsdowne, Dublin	96.0 Landsdowne
South County Meath	95.5 Red Gap, Saggart	North County Wexford	95.6 Mount Leinster	LIFE FM	Christian
Co Louth and NE Co Meath	95.8 Mount Oriel	Gorey, County Wexford	96.2 Gorey	Cork City	93.1 Cork City
Ashourne, County Meath	96.0 Ashbourne	Wexford town	96.2 Wexford town	LIFFEY SOUND	Mixed Format
Dundalk area, County Louth	96.5 Dundalk	Enniscorthy, County Wexford	96.2 Enniscorthy	Lucan area, County Dublin	96.4 Lucan
Carlingford & Omeath, Louth	96.5 Carlingford	South County Wexford	96.4 Forth Mountain	RAIDIO NA LIFE	Irish Language
Drogheda	96.5 Drogheda	New Ross, County Wexford	96.4 New Ross	Dublin City	106.4 Three Rock
Trim, County Meath	96.5 Trim	1990/1		NEAR FM	Mixed Format
Athboy, County Meath	96.5 Athboy	SPIN FM (DUBLIN)	IR27	Coolock and North East Dublin	90.3 Coolock
1990/1		Contemporary	1 100 000	PHOENIX FM	Mixed Format
MIDLANDS 103	IR16	Balbriggan, North Co Dublin	103.5 Strifeland	Blanchardstown, NW Dublin	92.5 Falcon Apartments
Adult, Oldies, Irish & Country, Talk	175 000	Dublin Region	103.8 Three Rock	REGIONAL HOSPITAL RADIO	Mixed Format
Athlone & West Westmeath	95.4 Athlone	SPIN FM (SOUTH WEST)	IR28	Regional Hospital, Dooradoyle	94.2 Dooradoyle, Lim.
Tullamore, Offaly	95.7 Tullamore	Contemporary	450 000	ROS FM	Mixed Format
Castlepollard, N Westmeath	96.1 Castlepollard	North & Central Co Tipperary	94.7 Devil's Bit	Roscommon Town	94.6 Roscommon
Port Laoise	96.2 Portaloise	North West County Clare	102.3 Ennistymon	SOS KILKENNY	Mixed Format
Central and East Westmeath	96.5 Mullingar	Mid Kerry	102.5 Knockmoyle	Kilkenny City	90.9 SOS Kilkenny City
South East Laois	102.4 Gales Hill	Killaloe, Clare	102.5 Killaloe	ST ITA'S HOSPITAL RADIO	Mixed Format
Stradbally, E Laois	102.6 Stradbally	Counties Clare and Limerick	102.7 Maghera	St Ita's Hosp, Portrane, Dublin	89.5 Portrane
Borris in Ossary, W Laois	102.6 Borris in Ossary	West Kerry	102.9 Caherciveen	ST JOSEPH'S HOSPITAL RADIO	Mixed Format
Laois, Offaly & S Westmeath	103.5 Slieve Bloom M	Killarney, Co Kerry	102.9 Killarney	St Joseph's Hospital, Clonmel	93.7 Clonmel
1990/1 as Midlands Radio Three, relaunched 2003		Limerick city	103.0 Woodcock Hill	TIPPERARY MID WEST RADIO	Mixed Format
MID WEST RADIO FM	IR17	West Limerick and North Kerry	103.9 Abbeyfeale	Mid West County Tipperary	104.8 Dangandargan
Adult, Irish & Country, Talk	115 000	2007		Ballyknock, Co. Tipperary	106.7 Ballyknock Hill
Westport, County Mayo	95.4 Westport	SUNSHINE 106.8	IR5	WEST LIMERICK COMM R	Mixed Format
Ballina, County Mayo	95.5 Carrowmore	Easy Listening	900 000	Abbeyfeale, West Co. Limerick	101.4 Abbeyfeale
County Mayo	96.1 Kiltimagh	Balbriggan, North Co Dublin	106.6 Strifeland	Glin and Fynes, Co. Limerick	101.6 Killadysert
North West County Mayo	97.1 Achill	County Dublin	106.8 Three Rock	Mid West County Limerick	102.2 Knockanimpha
Castlebar, County Mayo	97.1 Moneenbradagh	2001 (Irish and Country). 2014: Easy Listening Format		WIRED FM	Contemporary (Student)
1990/1				Limerick city	99.9 Meelick
98 FM	IR18				
Adult	Communicorp				
Balbriggan, North Co Dublin	97.4 Strifeland				
Dublin Region	98.1 Three Rock				
1990/1					