

Independent Radio (Alphabetical order)

Frequency Finder

Commercial and community radio stations are listed together in alphabetical order. National, local and multi-city stations are listed together as there is no longer a clear distinction between them.

For maps and transmitter details see:

- Digital Multiplexes
- FM Transmitters by Region
- AM Transmitters by Region

FM and AM transmitter details are also included in the frequency-order lists.

Most stations broadcast 24 hours.

Stations will often put separate adverts, and sometimes news and information, on different DAB multiplexes or FM/AM transmitters carrying the same programmes. These are not listed separately.

Local stations owned by the same broadcaster often share overnight, evening and weekend, programming.

Many stations broadcast different formats from that listed for a few hours a week in the evenings and weekend afternoons.

STATION

Format	Broadcaster	Coverage (AM/FM)
Programme sharing information (where relevant)		
DAB Coverage area		DAB channel
FM/AM Coverage area		FM/AM Frequency
<i>Airdate and historical notes</i>		
m = mono, s = stereo. FM and DAB+ transmissions are stereo unless indicated otherwise. All AM transmissions are mono		
* denotes frequencies previously relayed corresponding FM or AM service		

A

ABBEY 104

Mixed Format	Community	
Sherborne, Dorset		FM 104.7

ABC

Mixed Format	Community	
Portadown, County Down		FM 100.2

ABSOLUTE RADIO

Format: Rock Music
 Broadcaster: Bauer
 England, Wales and Northern Ireland (D1 Mux) DABm 11D
 Scotland (D1 Mux) DABm 12A
 London area, Surrey, W Kent, Herts, Luton (Mx 1) a DABs 12C
 London area a FM 105.8
 London, Herts, Essex, S Beds AM 1215
 South East Kent & S East Sussex AM 1260
 Brighton and South Sussex AM 1197
 S Hampshire & Isle of Wight AM 1215
 Bournemouth area AM 1197
 South Wales, Bristol, Somerset AM 1215
 Gloucestershire AM 1197
 Western Midlands Region AM 1215
 Oxfordshire AM 1197
 Northamptonshire AM 1233
 South East Suffolk & NE Essex AM 1233
 East Norfolk & NE Suffolk AM 1215
 Lincs, Peterborough, Kings Lynn AM 1242
 Nottingham and Derby area AM 1197
 Stoke-on-Trent area AM 1242
 NW England & Yorkshire AM 1215
 Teeside, S Durham, N Yorkshire AM 1242
 Tyneside, N Durham, S Northumberland AM 1215
 Central Scotland AM 1215
 Belfast & East Northern Ireland AM 1215
85% daytime coverage.

Marginal reception is available in most other areas except NW Scotland, W Northern Ireland, South Scotland and North Cumbria and parts of Cornwall and the Cardigan Bay area
 Satellite 0107/724, DTT 727, Cable 915
Airdate: 30/4/1993 as Virgin Radio. Absolute from 29/9/2008
The AM service originally used more transmitters. Gatwick closed in 2011; Reading in May 2015; Cambridge, Dundee Guildford, Hoo (Thames Estuary) and Swindon in May 2018; Aberdeen, Hull, Plymouth, Redruth (Cornwall), Sheffield, Torbay and Wallasey (Mersey-side) in June 2018.
a: 10/4/1995. Absolute from 29/9/2008
Absolute was also available on FM in the West Midlands from 7/9/2015 to 16/12/2018

ABSOLUTE RADIO 00s

00s and 10s Rock and Pop	Bauer	
Inverness area		DABm 12D

ABSOLUTE RADIO 60s

60s Rock and Pop	Bauer	
Inverness area		DABm 12D

ABSOLUTE RADIO 70s

70s Rock and Pop	Bauer	
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B

ABSOLUTE 80s

Format: 80s Rock and Pop Music
 Broadcaster: Bauer
 Most of England, South Wales, Central/NE Scotland, Central/
 Eastern Northern Ireland (SD Mux) DABm 11A
 Satellite 0200/726
Airdate: 2009 (Moved from D1 Mux on 29/2/2016)

ABSOLUTE RADIO 90s

Format: 90s Rock and Pop Music
 Broadcaster: Bauer
 Most of England, South Wales, Central/NE Scotland, Central/
 Eastern Northern Ireland (SD Mux) DABm 11A
National and Local DAB duplication will eventually cease
 Satellite 0201
Airdate: 2010 (Moved from D1 to local multiplexes on 5/1/15; returned to D1 29/1/18); Moved to SD mux and left local muxes 4/2/19)

ABSOLUTE RADIO CLASSIC ROCK

Format: Classic Rock Broadcaster: Bauer
 London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11D
 Shropshire, Wolverhampton, Black Country DABm 11B
 Birmingham area, West Midlands, SE Staffs DABm 11C
 Coventry and Warwickshire DABm 12D
 South Yorkshire, North Notts, Chesterfield DABm 11C
 Leeds and Wakefield Districts DABm 12D
 East Yorkshire and North Lincolnshire DABm 11B
 Tees Valley and County Durham DABm 11B
 Tyne and Wear, North Durham, Northumberland DABm 11C
 Greater Manchester and North East Cheshire DABm 12C
 Central and East Lancashire DABm 12A
 Merseyside and West Cheshire DABm 10C
 Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C
 Edinburgh, Lothian and South Fife DABm 12D
 Dundee, Angus, Perth & Kinross, North Fife DABm 11B
 Inverness area DABm 12D
 Northern Ireland DABm 12D
 Wolverhampton area a AM 990
 Shropshire a AM 1017
 Birmingham area b AM 1152
 Satellite 0203/725
Airdate (London DAB): 5/2004 (as Virgin Radio Classic Rock). Absolute Radio Classic Rock from 29/9/2008. Other DAB areas from 2010; coverage has subsequently varied.
a: 15/1/1989: WABC (Nostalgia). 31/12/1990: +Shropshire added. 1991: oldies format. 1997: Classic Gold WABC. 3/8/2007: Gold. 4/9/2012: Free Radio 80s. 7/1/2019: Absolute Radio Classic Rock.*
b: 4/4/1989: Xtra AM (oldies). 1/6/1998: Capital Gold. 3/8/2007: Gold. 4/9/2012: Free Radio 80s. 7/1/2019: Absolute Radio Classic Rock.*

ACADEMY FM (FOLKESTONE)

Mixed Format	Community	
Folkestone, Kent		FM 105.9

ACADEMY FM (THANET)

Mixed Format	Community	
Thanet, Kent		FM 107.8

ACCESS FM

Mixed Format	Community	
Bridgwater, Somerset		FM 104.2

ADVENTIST WORLD RADIO

Christian	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A

AHBS COMMUNITY RADIO

Mixed Format, Health	Community	
Ashford, Kent		FM 107.1

AIR

Mixed Format	Community	
Weymouth, Dorset		FM 107.2

RADIO AIRE

Contemporary, 10s, 00s	Bauer	1 100 000
Part of Hits Radio Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		FM 96.3
1/9/1981.		

AKASH RADIO

Asian	Community	
Leeds		AM 1323

ALIVE RADIO

Mixed Format	Community	
Dumfries		FM 107.3

ALL FM

Mixed Format	Community	
South Manchester		FM 96.9

ALPHA RADIO

Adult, Oldies	Helius Media	300 000
Richmond area, North Yorks		a FM 102.6
Darlington & S Co Durham		b FM 103.2
a: 4/5/1997: as part of Fresh Radio. 2012: Joined Star.		
b: 30/11/1995: A1 FM. 1997: Alpha 103.2. b/c: 2/11/2009: Star Radio. 2010: Merged with Star Durham (including Northallerton until 2017)		
All FM: 1/8/2017: RATHERGOOD RADIO. 12/2018: Vintage Music Radio (Oldies). 1/7/2019: Alpha Radio		

AMBER SOUND FM

Mixed Format Amber Valley, Derbyshire	Community	FM 107.2
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AMBUR RADIO

Asian Walsall	Community	FM 103.6
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ANDOVER RADIO

Mixed Format Andover, Hampshire	Community	FM 95.9
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ANGEL RADIO

Nostalgia Based: Havant, Hampshire	Community	DABm 11C
South Hampshire and Isle of Wight		DABm 9A
North East Birmingham		DAB+m 9A
Brighton area		DAB+m 9A
Bristol		DABm 7D
Cambridge		DAB+m 9A
Central London		DAB+m 10B
Glasgow		DAB+m 9A
Norwich		DABm 8A
Aldershot and Woking area		FM 89.3
Portsmouth and Havant, Hants		

ANGEL RADIO (ISLE OF WIGHT)

Nostalgia Isle of Wight	Community	FM 91.5
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APPLE FM

Mixed Format Taunton	Community	FM 97.3
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APNI AWAZ

Asian Satellite 0125	Independent	
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ARGYLL FM

Adult, Contemporary Campbeltown	Independent	25 000 FM 106.5
West Kintyre, S Islay, Gigha		FM 107.1
S Knapdale, East Islay, Jura		FM 107.7
<i>17/6/2000.</i>		

RADIO ASIAN FEVER

Asian North Leeds	Community	FM 107.3
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ASIAN FX

Asian Contemporary Music London area, Surrey, W Kent, Herts, Luton (Mx 2)	Independent	DAB+ 12A 7/3/2016
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ASIAN SOUND RADIO

Asian Greater Manchester and North East Cheshire	Independent	2 050 000 DABm 12C
Bradford, Calderdale and Kirklees Districts		DABm 11B
SE Lancashire & N Gt Mancs		AM 963
Manchester & East Gt Mancs		AM 1377
<i>3/6/1996.</i>		

ASIAN STAR

Asian North East Birmingham Slough	Community	DABs 9A FM 101.6
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ATHAVAN RADIO

Tamil London area, Surrey, W Kent, Herts, Luton (Mx 3)	Lyca Media	DABm 11B
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RADIO ATLANTIS

60s Music Surrey, North East Hampshire, South London	Independent	DAB+ 10C DAB+ 10C
Suffolk		DAB+ 12A
Lincolnshire, North Lincolnshire & Hull		DAB+ 7D
Cambridge		DAB+ 9A
Central London		DAB+ 9A
Norwich		DAB+ 10B
Manchester		

ATLAS RADIO

Mixed Music Herefordshire and Worcestershire	Independent	DABm 12A
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ATMOSPHERE RADIO

Dance Portsmouth Brighton area	Community	DAB+7D DAB+ 9A
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AURALTIME

Talk Aldershot and Woking area	Independent	DAB+ 8A DAB+ 9A
Norwich		DAB+7D
Portsmouth		

AWAAZ RADIO

Asian High Wycombe	Community	FM 107.4
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AWAAZ FM

Asian Portsmouth Southampton	Community	DAB+7D FM 99.8
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AWAZ FM

Asian Glasgow Glasgow	Community	DAB+10B FM 107.2
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AWAZ 103.1

Asian Nelson, Lancashire	Community	FM 103.1
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B**BANBURY SOUND**

Adult Banbury area, Oxfordshire	Quidem	150 000 FM 107.6
Brackley, Northants		FM 95.9
<i>26/2/2006: Touch Radio. 1/6/2009: Banbury Sound. 9/2018: 95.9 added.</i>		

BANGOR 107.9 FM

Mixed Format Bangor	Community	FM 107.9
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BCR FM

Mixed Format Bradford	Community	FM 106.6
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THE BEACH

Oldies, Adult Shares all programmes with Dream 100, North Norfolk Radio, Radio Norwich and Town FM	Celador (Bauer)	200 000
Southwold area, Suffolk		FM 97.4
Great Yarmouth		FM 97.4
Great Yarmouth & Lowestoft		FM 103.4
<i>29/9/1996. 2/2004: +Southwold. 2007: +Gt Yarmouth relay.</i>		

BEAT RADIO

Mixed Format Preston	Community	FM 103.2
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THE BEAT LONDON

Rhythmic Contemporary Central London	Community	DAB+s 9A FMm 103.6
Stonebridge & Harlesden		

BELFAST 89 FM

Oldies Belfast	Community	FM 89.3
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BETAR BANGLA

Asian (Bengali) East Central London	Community	AM 1503
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BEVERLEY FM

Mixed Format Beverley, East Yorkshire	Community	FM 107.8
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BEYOND RADIO

Mixed Format Lancaster and Morecambe	Community	FM 103.5
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BFBS NETWORK

Format: Contemporary and Adult Contemporary Music for the armed forces
Broadcaster: BFBS

BFBS UK

Contemporary, Adult Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	BFBS	DAB+ 11A
Satellite 0211/786		

The following stations opt-out of BFBS UK with local output Mon-Fri 06-10 and local news and information:

BFBS (ALDERSHOT)

Contemporary, Adult Aldershot and Woking area Aldershot, Mytchett, Pirbright	BFBS	DABs 8A FM 102.5
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BFBS (BLANDFORD)

Contemporary, Adult Blandford, Dorset Bovington Camp, Dorset	BFBS	FM 89.3 AM 1287
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BFBS BRIZE NORTON

Contemporary, Adult Oxfordshire Brize Norton, Oxfordshire	BFBS	DABm 10B 106.1
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BFBS (CATTERICK)

Contemporary, Adult Catterick	BFBS	FM 106.9
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BFBS (COLCHESTER)

Contemporary, Adult Colchester	BFBS	FM 107.0
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BFBS NORTHERN IRELAND

Contemporary, Adult Lisburn	BFBS	FM 100.6
Palace Barracks, Holywood		FM 101.0
RAF Aldergrove, Crumlin		FM 106.5
Abercorn Barracks, Ballykinlar		FM 107.5

BFBS (PORTSMOUTH)

Contemporary, Adult Portsmouth	BFBS	DAB+m 7D
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BFBS (SALISBURY PLAIN)

Contemporary, Adult Bulford, Tidworth, Netheravon	BFBS	FM 106.8
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BFBS (SCOTLAND)

Contemporary, Adult Glasgow	BFBS	DAB+10B
Edinburgh		FM 98.5
Inverness		FM 87.7
Fort George, Highland		FM 87.7

BFBS BEATS

Dance Aldershot and Woking area	BFBS	DABs 8A
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BFBS GURKHA RADIO

Nepali Bristol	BFBS	DAB+ 9A
Aldershot and Woking area		DABs 8A
Folkestone, Kent		FM 105.4
Bramcote Barracks, Nuneaton		AM 1134
Bulford Camp, Wiltshire		AM 1134
Catterick Garrison, North Yorkshire		AM 1134
Dalton Barracks, Abingdon		AM 1134
Gurkha Demo. Co., Sandhurst		AM 1134
Imphal Barracks, York		AM 1251
Beacon Barracks, Stafford		AM 1278
Sir John Moore Barracks, Folkestone		AM 1278
Tidworth Barracks, Wiltshire		AM 1278
Aldershot Garrison		AM 1287
Blandford Forum		AM 1287
Buckleigh Barracks, near Chippenham		AM 1287
Infantry Training C., Brecon		AM 1287
Invicta Park Bcks, Maidstone		AM 1287
Innsworth, Gloucester		AM 1287
Warminster, Wiltshire		AM 1287

Airdate: 2000

BGFM

Mixed Format Blaenau Gwent	Community	FM 97.3
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BIG CITY RADIO

Mixed Format North East Birmingham	Community	DABm 9A
North Central Birmingham		FM 89.1

BIGGLES FM

Mixed Format Biggleswade & Sandy, Beds	Community	FM 104.8
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BISHOP FM

Mixed Format Bishop Auckland, Durham	Community	FM 105.9
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BLACK CAT RADIO

Mixed Format Cambridge	Community	DAB+ 7D
St Neots, Cambridgeshire		FM 107.0

BLACK COUNTRY RADIO

Mixed Format North East Birmingham	Community	DAB+ 9A
Stourbridge		FM 102.5

BLACK DIAMOND FM

Mixed Format Dalkeith and Midlothian	Community	FM 107.8
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BLAST 106

New Music Belfast	Community	FM 106.4
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BLISS RADIO

Mixed Music North East Wales, West Cheshire and Merseyside	Community	DAB+ 10D
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BLOOMBERG RADIO

Business News London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B
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BLYTH VALLEY RADIO

Mixed Format Southwold	Community	FM 105.0
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BOLTON FM

Mixed Format Bolton	Community	FM 96.5
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RADIO BORDERS

Contemporary, 10s, 00s, 90s Part of Hits Radio Network (Scotland) Border Region	Bauer	100 000
Berwick-upon-Tweed		FM 96.8
Peebles, Border Region		FM 102.3
Eyemouth and Border Coast		FM 103.1
22/11/1990.		FM 103.4

BOUNCE FM

Mixed Format Banbridge, Northern Ireland	Community	FM 102.4
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BRADFORD ASIAN RADIO

Asian Bradford	Community	AM 1413
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BRADLEY STOKE RADIO

Mixed Format Bristol	Community	DABs 9A
Bradley Stoke, Bristol		FM 103.4

BRANCH FM

Christian Dewsbury	Community	FM 101.8
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THE BREEZE (NETWORK)

Format: Oldies Music
 Broadcaster: Celador (Bauer)
 Stations broadcast local output Mon-Fri 06-10, 15-19, Sat-Sun 07-11, and local news and information.

BREEZE (BERKSHIRE & HAMPSHIRE)

Oldies Berkshire and North Hampshire	Celador (Bauer)	830 000
Haslemere area, Surrey		DABm 12D
Fourmarks & Meadstead		e FM 97.1
Hindhead area		f FM 101.6
Petersfield, Hampshire		f FM 101.8
Alton & Bordon area, Hants		f FM 102.0
Newbury area, W Berkshire		a FM 105.6
Andover area		b FM 106.4
Reading		d FM 107.0
Hungerford area, W Berks		a FM 107.4
Basingstoke area		c FM 107.6

a: 29/5/2000: Kick FM. 2010: Newbury Sound

b: 26/5/2008: Andover Sound

c: 18/5/1998: Kestrel FM.

a, b, c: 16/12/2008: Stations merged as The Breeze.

d: 22/10/2002: Reading 107. 2/3/2014: Jack FM. 8/2017: The Breeze

e: 1990: Delta R. 4/5/1992: R Mercury, 4/9/1995: County Sound R. 9/5/1996: Delta R. 2010: Kestrel. 16/12/2012: The Breeze.

f: 22/11/1992: Wey Valley Radio. 1995: Fourmarks added.

11/1998: Delta FM. 2001: +Hindhead. 8/2003: +Petersfield.

2010: Kestrel. 16/12/2012: The Breeze.

BREEZE (BRISTOL & N SOMERSET)

Oldies Bristol	Celador (Bauer)	860 000
Bristol		DABs 9A
Bristol		a FM 107.2
Warminster, Westbury, Frome		b FM 107.5
Weston-super-Mare area		c FM 107.7
Bath area		d FM 107.9

a: 26/11/1999: The Eagle. 21/6/2001: Star. 2/14/2011: Breeze.

b: 5/11/2001-24/3/2010: 3TR FM. 8/2010: TotalStar. 11/2011: The Breeze.

c: 23/10/1999: WFM. 18/3/2002: Star. 26/9/2010: Nova Radio. 29/3/2013: The Breeze.

d: 15/11/1999-24/3/2010: Bath FM. 8/2010: TotalStar. 11/2011: The Breeze.

BREEZE (GLOUCESTERSHIRE)

Oldies Cheltenham & Tewkesbury	Celador (Bauer)	180 000
Cheltenham & Tewkesbury		FM 107.5
5/3/1993 (AM): CD 603, then 603 R. 1995: Boss 603. 1996: Cheltenham R. 7/9/1998 (FM): Cat FM. 3/2002: Star 107.5.		
8/2010: TotalStar. 2013: The Breeze.		

BREEZE (SOMERSET AND DORSET)

Oldies Blandford area, Dorset	Celador (Bauer)	380 000
N Dorset, SW Wilts, SE S'set		a FM 96.6
Porlock, Somerset		a FM 97.4
Minehead area		b FM 100.8
Yeovil area		b FM 102.4
Chard and Ilminster		c FM 105.6
Bridgwater area, Somerset		c FM 106.6
		d FM 107.4

a: 25/6/1995: Gold Radio. 1/1999: Vale FM. 9/2008: Midwest FM from. 25/6/2012: Breeze.

b: 23/7/1998: Quay West Radio. 12/2004: +Porlock. 24/3/2010: closed. 8/2010: TotalStar. 7/8/2011: The Breeze.

c: 2003: Ivel FM. 9/2008: Midwest FM from. 25/6/2012: Breeze. d: 7/2001: BCR. 3/2007: Quay West Radio. 24/3/2010: closed.

8/2010: TotalStar. 7/8/2011: The Breeze.

BREEZE (TORBAY)

Oldies Torbay area	Celador (Bauer)	200 000
26/5/2006: Palm FM. 21/9/2015: The Breeze		FM 105.5

BREEZE 107

Oldies, Easy Portsmouth	Nation	900 000
Aldershot and Woking area		DAB+ 7D
Winchester area		DABs 8A
Portsmouth area		a FM 107.2
Southampton area		b FM 107.4
a: 3/10/1999: Win FM. 2007: Dream. 1/2009: R Hampshire. 7/2009: Play Radio.		c FM 107.8
b: 19/9/1999: Victory. 4/8/2001: The Quay.		
c: 5/9/1999: South City FM. 24/4/2004: The Saint (previously digital only) 2007: R Hampshire. 7/2009: Play Radio.		
30/7/2010: Stations merged as Breeze 107		

BRFM

Mixed Format Isle of Sheppey, Kent	Community	FM 95.6
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BRIDGE FM

Adult, Oldies	Nation Broadcasting	140 000
Shares programmes with R Carmathenshire, R Ceredigion, R Pembrokehire and Swansea Bay Radio		
Cardiff, Newport and South East Wales		DABm 12C
Bridgend area		FM 106.3
1/5/2000.		

BRISTOL COMMUNITY FM

Mixed Format Bristol	Community	DABs 9A
Bristol		FM 93.2

BRO RADIO

Mixed Format Barry, South Wales	Community	FM 98.1
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BROOKLANDS RADIO

Mixed Format Aldershot and Woking area	Community	DAB+ 8A
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BUCHAN RADIO

Mixed Format Peterhead, Aberdeenshire	Community	FM 107.9
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BURGESS HILL COMMUNITY RADIO

Mixed Format Burgess Hill, Sussex	Community	FM 103.8
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BUTE FM

Mixed Format Isle of Bute	Community	FM 96.5
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C**RADIO CABIN**

Mixed Format	Community	
Herne Bay, Kent		FM 94.6

CALON FM

Mixed Format	Community	
Wrexham		FM 105.0

CAM FM

New Music	Community (Student)	
Cambridge		FM 97.2

CAMBRIDGE 105

Mixed Format	Community	
Cambridge		DABs 7D
Norwich		DAB+ 9A
Cambridge		FM 105.0

CAMGLEN RADIO

Mixed Format	Community	
Cambusland and Rutherglen		FM 107.9

CANALSIDE RADIO

Mixed Format	Community	
Bollington, Cheshire		FM 102.8

CANDO FM

Mixed Format	Community	
Barrow-in-Furness		FM 106.3

CANNOCK CHASE RADIO

Mixed Format	Community	
Rugeley and Trent Valley, Staffordshire		FM 89.6
Cannock Chase, Staffordshire		FM 94.0

CANTERBURY STUDENT RADIO

New Music	Community (Student)	
Canterbury		FM 97.4

CAPITAL (NETWORK)

Format: Contemporary Hit Music
Broadcaster: Global Radio

CAPITAL UK

Contemporary	Global Radio	
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Kent and Eastern London		DABs 11C
Sussex		DABs 10B
Berkshire and North Hampshire		DABs 12D
Oxfordshire		DABs 10B
Bristol and Bath area		DABs 11B
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		DABs 12D
Herefordshire and Worcestershire		DABs 12A
Most of Essex		DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Northamptonshire		DABs 10C
North Cambridgeshire, Huntingdon, S Lincs		DABs 12D
South and Central Cambridgeshire		DABs 11C
East Norfolk		DABs 10B
Lincolnshire, North Lincolnshire and Hull		DABs 12A
Satellite 0109/719, Cable 958, DTT 724		
3/1/2011 (Capital FM Network), 12/9/2016 (National DAB)		

CAPITAL LONDON

Contemporary	Global Radio	9 650 000
As Capital UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 95.8
16/10/1973.		

The following stations opt-out of Capital UK with regional output Mon-Fri 16-19 and local news and information:

CAPITAL LIVERPOOL

Contemporary	Global	1 060 000
Merseyside and West Cheshire		DABs 10C
Liverpool area		FM 107.6
27/3/1998: Crash FM (New Music), 3/2000: Juice, 18/1/2016: Capital.		

CAPITAL MIDLANDS

Contemporary	Global Radio	5 240 000
Leicestershire		c DABs 11B
South and Central Nottinghamshire		a DABs 12C
South and Central Derbyshire, SE Staffordshire		c DABs 10B
Shropshire, Wolverhampton, Black Country		d DABs 11B
Birmingham area, West Midlands, SE Staffs		d DABs 11C
Coventry and Warwickshire		d DABs 12D
South Nottinghamshire		a FM 96.2
Mansfield & Ashfields, Notts		a FM 96.5
Birmingham area		d FM 102.2
South Derbyshire & Burton		b FM 102.8
Leicestershire and Rutland		c FM 105.4
a: 3/7/1975: Radio Trent. 1991: +Mansfield.		
b: 3/3/1987: Trent FM. 1994: Ram FM.		
c: 7/9/1984: Leicester Sound (city only, replaced Centre Radio 7/8/1981 -6/10/1983). 1997: +county.		
a/b/c: 3/1/2011: Stations merged as Capital FM.		
d: 1/1/1995: Choice (Dance, Rhythm). 1999: Galaxy.		
3/1/2011: Capital FM (Replaced Buzz FM 31/1/1990-1994.)		
8/4/2019: Merger of Capital East Midlands and West Midlands		

CAPITAL NORTH WEST

Contemporary	Global Radio	3 400 000
Greater Manchester and North East Cheshire		c DABs 12C
Central and East Lancashire		DABs 12A
Chorley		a FM 96.3
Burnley, Nelson and Colne		b FM 99.8
Greater Manchester		c FM 102.0
Preston and Leyland area		a FM 106.5
Blackburn & Darwen area		d FM 107.0
a: 10/2008: Central R. 11/2011: The Bee. 12/2012: +Chorley.		
6/2016: 2BR. 8/4/2019: Capital.		
b: 25/7/2000: 2BR. 8/4/2019: Capital.		
c: 16/10/1994: Kiss 102 (Dance). 27/9/1997: Galaxy 102.		
3/1/2011: Capital FM. (Replaced Sunset 22/10/1989-1994.)		
d: 1/10/2005: The Bee. 6/2016: 2BR. 8/4/2019: Capital.		

CAPITAL NORTH EAST

Contemporary	Global Radio	2 630 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
Tyneside, N Durham, S Nthmb		FM 105.3
West Tyneside, Tyne & Wear		FM 105.6
Hexham & Tyne Valley		FM 105.8
Teeside, Durham, N Yorks		FM 106.4
1/6/1999: Galaxy (Dance). 3/1/2011: Capital FM.		

CAPITAL NORTH WEST AND WALES

Contemporary	Global Radio	1 050 000
North East Wales, West Cheshire and Merseyside		DABs 10D
Conwy county		a DABs 12D
Gwynedd and Anglesey		a DABs 10D
North Wales Coast		a FM 96.3
Wirral and Flintshire		b FM 97.1
Wrexham & West Cheshire		c FM 103.4
a: 27/8/1993: Coast FM.		
b: 1990: MFM. 1996: separate programmes. 14/2/1998: Buzz.		
c: 5/9/1983: Marcher Sound. 31/3/1989: MFM. 9/2006: Marcher Sound.		
All: 22/6/2009: Heart. 2/7/2010: Stations merged. 6/5/2014: Capital FM.		

CAPITAL SCOTLAND

Contemporary	Communicorp	2 920 000
Glasgow, Clydebank, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Lothian and Fife		FM 105.7
Glasgow and Clydeside area		FM 106.1
19/11/1999: Beat 106 (New Music). 4/1/2006: XFM (Modern Rock). 8/11/2008: Galaxy (Dance). 3/1/2011: Capital FM.		

CAPITAL SOUTH COAST

Contemporary	Global Radio	1 080 000
Sussex		DABs 10B
South Hampshire and Isle of Wight		a DABs 11C
East, South and Central Dorset		DABs 11B
South Hampshire and Wight		a FM 103.2
Brighton area		b FM 107.2
a: 4/12/1988: Power FM (previously relayed Ocean Sound).		
22/8/2008: Galaxy (Dance). 3/1/2011: Capital FM.		
b: 27/3/1998: Surf. 8/2001: Juice. 14/8/2018: Capital. 8/4/2019: Merged with Capital South Coast		

CAPITAL SOUTH WALES

Contemporary	Communicorp	880 000
Cardiff, Newport and South East Wales		DABs 12C
Newport area		FM 97.4
Cardiff area		FM 103.2
11/4/1980 (Cardiff): CBC. 13/6/1983 (Newport): Gwent Broadcasting. 1986: Red Dragon. 3/1/2011: Capital FM.		

CAPITAL YORKSHIRE

Contemporary	Global Radio	4 540 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABs 11B
East Yorkshire and North Lincolnshire		DABs 11B
York and North Yorkshire		DABs 10C
West & South Yorkshire, York		FM 105.1
Sheffield area		FM 105.6
Bradford area		FM 105.6
East Yorkshire and North Lincolnshire		FM 105.8
14/2/1997: Kiss 105 (Dance). 27/9/1997: Galaxy 105. 3/1/2011: Capital FM.		

CAPITAL CYMRU

Contemporary, Welsh	Global Radio	180 000
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
W & N Gwynedd & Anglesey		FM 103.0
11/12/1998: Champion FM. 22/6/2009: Heart. 6/5/2014: Capital FM.		

CAPITAL XTRA

Format: Rhythmic Contemporary Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DAB+ 11D
Scotland (D1 Mux)		DAB+ 12A
South and Central London		FM 96.9
North London		FM 107.1
Satellite 0114/720, Cable 959		
Airdates: 31/3/1990 (South): Choice FM. 31/5/2000: (North) Choice FM (opted out until 2004), 7/10/2013: Capital Xtra and National DAB. Switched to DAB+ on 29/8/2019		

CAPITAL XTRA RELOADED

Format: 90s and 00s Rhythmic Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DAB+ 11D
Scotland (D1 Mux)		DAB+ 12A
Airdate: 2/9/2019		

RADIO CARDIFF

Rhythmic Music	Community	
Cardiff		FM 98.7

RADIO CARMARTHENSIRE

Adult, Welsh	Nation Broadcasting	170 000
Shares programmes with Bridge FM, R Ceredigion, R Pembrokeshire and Swansea Bay Radio		
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
Carmarthenshire		FM 97.1
Carmarthen		FM 97.5
Llanelli area		FM 97.5
13/6/2004. (Llanelli transmitter carried Scarlet FM from 2004 to 20212)		

CARILLON WELLBEING RADIO

Oldies, Nostalgia, Health advice	Community	
West Leicestershire		AM 1476

RADIO CAROLINE

Classic Rock	Independent	
North East Birmingham		DAB+ 9A
Brighton area		DAB+ 9A
Glasgow		DAB+10B
Central London		DAB+ 9A
Norwich		DAB+ 9A
Portsmouth		DAB+7D
Aldershot and Woking area		DABs 8A
Suffolk and North East Essex		AM 648

CASTLEDOWN RADIO

Mixed Format	Community	
Tidworth area, Wiltshire		FM 104.7

THE CAT

Mixed Format	Community	
Crewe and Nantwich		FM 107.9

CELTIC MUSIC RADIO

Celtic Music	Community	
Glasgow		DAB+ 10B
Glasgow		FM 95.0
Portsmouth		DAB+7D

RADIO CENTRAL

Asian	Community	
North East Birmingham		DAB+ 9A

CENTRAL FM

Adult, Contemporary	New Wave Media	270 000
Glasgow, Edinburgh, Central Scotland		DABm 11D
Stirling and Falkirk area		FM 103.1
4/6/1990: Centresound. 1991: Central FM. 1994: +Falkirk.		

CENTREFORCE

80s and 90s Dance Music Community
London area, Surrey, W Kent, Herts, Luton (Mx 2) DAB+ 12A
14/7/2018

CFM

Contemporary, 10s, 00s, 90s Bauer 300 000
Part of Hits Radio Network (England)
North Cumbria FM 96.4
Workington area, Cumbria FM 102.2
Penrith, Cumbria FM 102.5
Whitehaven area, Cumbria FM 103.4
14/4/1993: North. 14/4/1995: West. 2003: Stations fully merged

CHANNEL 103 FM

Adult Tindle 85 000
Jersey FM 103.7
25/10/1992.

CHBN

Mixed Format Community
Truro, Cornwall FM 100.8

CHEESY FM

Oldies Independent
Aldershot and Woking area DAB+ 8A
Manchester DAB+ 10B

CHELMSFORD COMMUNITY RADIO

Mixed Format Community
Chelmsford, Essex FM 104.4

CHRIS COUNTRY

Country Music Independent/Nation
Based: Manchester
London area, Surrey, W Kent, Herts, Luton (Mx 2) DAB+ 12A
North East Wales, West Cheshire and Merseyside DAB+ 10D
Suffolk DAB+ 10C
Cambridge DABs 7D
Glasgow DAB+ 10B
Manchester DAB+ 10B
Norwich DAB+ 9A
Portsmouth DAB+7D

RADIO CITY

Contemporary, 10s, 00s Bauer 2 420 000
Part of Hits Radio Network (England)
Merseyside and West Cheshire DABs 10C
Merseyside & West Cheshire FM 96.7
21/10/1974.

RADIO CITY TALK

Rock, Sport, Talk Bauer 2 180 000
Merseyside and West Cheshire DABm 10C
Merseyside AM 1548
28/1/2008 on 105.9 FM (Talk then Talk, Adult). 7/12/2015
moved to AM

CLASSIC FM

Format: Light Classical Music with News and Talk
Broadcaster: Global Radio
England, Wales and Northern Ireland (D1 Mux) DABs 11D
Scotland (D1 Mux) DABs 12A
London & South East England FM 100.9
London area FM 100.6
Reading FM 101.8
East Kent FM 101.8
Brighton and Worthing area FM 101.9
Central Southern England FM 100.3
Devon and East Cornwall FM 100.0
West Cornwall FM 101.5
South Wales & West England FM 101.7
Bristol FM 101.4
Bath FM 100.2
Swindon area FM 100.8
Herefordshire and Gloucester FM 100.4
Swansea area FM 101.3
Pembrokeshire, W Carmarthen FM 100.5
Ceredigion FM 101.1
West and North Gwynedd FM 100.7
North Wales Coast FM 101.6
Midlands FM 100.1
Oxon, Bucks, Berks, S Midlands FM 101.3
Milton Keynes and West Beds FM 100.4
Cambs, Beds, S Lincs, E Nthnts FM 101.9
Norfolk and Suffolk FM 101.5
Lincolnshire & East Yorkshire FM 100.5

NW England & Yorkshire
Sheffield and Rotherham
Leeds
Bradford
S Cumbria & NW Lancashire
Teesside and South Durham
North East England
West Tyneside & Tyne Valley
North Cumbria & SW Scotland
Isle of Man
Border Region
Central Scotland
Ayrshire
Dundee, Angus and North Fife
Aberdeenshire
Inverness & Moray Firth area
East & Cent. Northern Ireland
Derry area
95% stereo coverage, (99% mono)
Marginal reception is available most other areas except
Powys and parts of NW Scotland
Satellite 0106/721, DTT 731, Cable 922
Airdate: 7/9/1992

CLASSIC HITS

Oldies Independent
Bristol DAB+ 9A

CLASSICAL 1

Classical Community
Brighton area DAB+ 9A
Norwich DAB+ 9A

CLYDE 1 FM

Contemporary, 10s, 00s Bauer 2 050 000
Part of Hits Radio Network (Scotland)
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABs 11C
Dumbarton and Alexandria FM 97.0
Largs, Rothesay, Clyde Mouth FM 102.3
Glasgow and Clydeside area FM 102.5
Greenock and Firth of Clyde FM 103.3
31/12/1973. 1994: *Fillers added.*

CLYDE 2

Oldies Bauer 1 740 000
All programmes from Greatest Hits Network (Scotland)
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABs 11C
Glasgow and Clydeside area AM 1152
12/8/1988* (opt-out). 12/1989: (full service).

COAST FM

Mixed Format Community
Penzance, Cornwall FM 96.5
St Just, Cornwall FM 97.2

COLNE RADIO

Mixed Format Community
Wivenhoe, NE Essex FM 106.6

COMPASS FM

Oldies Lincs (Bauer) 100 000
Lincolnshire, North Lincolnshire and Hull DABs 12A
Grimsby area FM 96.4
03/06/2001.

COOL FM

Contemporary, Adult Bauer 930 000
Northern Ireland DABs 12D
East & Cent. Northern Ireland FM 97.4
7/2/1990*.

CORBAY RADIO

Mixed Format Community
Corby FM 96.3

COSORO RADIO

African Music Independent
Manchester DAB+ 10B
Portsmouth DAB+7D

FM 101.1
FM 101.7
FM 101.6
FM 100.3
FM 101.8
FM 101.6
FM 100.3
FM 101.0
FM 99.9
FM 100.2
FM 100.9
FM 101.7
FM 101.3
FM 100.1
FM 100.5
FM 101.4
FM 101.9
FM 100.5

COUNTRY HITS RADIO

Format: Contemporary Country Music
Broadcaster: Bauer
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABm 12C
Birmingham area, West Midlands, SE Staffs DABm 11C
South Yorkshire, North Notts, Chesterfield DABm 11C
Leeds and Wakefield Districts DABm 12D
East Yorkshire and North Lincolnshire DABm 11B
Teess Valley and County Durham DABm 11B
Tyne and Wear, North Durham, Northumberland DABm 11C
Greater Manchester and North East Cheshire DABm 12C
Central and East Lancashire DABm 12A
Merseyside and West Cheshire DABm 10C
Ayrshire DABm 11B
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C
Edinburgh, Lothian and South Fife DABm 12D
Dundee, Angus, Perth & Kinross, North Fife DABm 11B
Inverness area DABm 12D
Airdate: 5/4/2019

CRACKERS RADIO

Dance Music Community
Cambridge DABm 7D
Norwich DAB+ 9A
Glasgow DAB+ 10B

CRESCENT RADIO

Asian Community
Rochdale FM 97.0

CROSS RHYTHMS PLYMOUTH

Christian Community
Plymouth FM 96.3

CROSS RHYTHMS STOKE

Christian Contemporary Community
Stoke-on-Trent FM 101.8

CRYSTAL FM

Mixed Format Community
Penicuik, Lothian FM 107.4

CULLIN FM

Mixed Music, Gaelic Independent 8 000
Isle of Skye FM 102.7
Portree, Skye FM 106.2
8/6/2004.

CYBER RADIO

Contemporary Pop Independent
Cambridge DAB+ 7D

CYBER ROCK

Classic Rock Independent
Surrey, North East Hampshire, South London DAB+ 10C
Cambridge DAB+ 7D

D**DALES RADIO**

Mixed Format	Community	
Settle area, N Yorkshire		FM 104.9
Grassington area, N Yorkshire		FM 104.9
Ingleton & High Bentham		FM 103.0
West North Yorkshire		AM 936

DAWN FM

Asian	Community FM	
Nottingham		107.6

RADIO DEAD

Oldies	Independent	
Manchester		DAB+ 10B

DEAN RADIO

Mixed Format	Community	
Cinderford, Gloucestershire		FM 105.6

DEARNE FM

Oldies, Adult	Lincs (Bauer)	230 000
Penistone area, S Yorkshire		FM 97.1
Barnsley		FM 102.0
9/2003.		

DEE 106.3

Adult, Oldies	Dee Radio	200 000
North East Wales, West Cheshire and Merseyside		DABm 10D
Chester		FM 106.3
01/03/2003.		

DELITE RADIO

Soul	Community	
Central London		DAB+ 9A
Glasgow		DAB+10B
Manchester		DAB+ 10B
Portsmouth		DAB+7D

DESI RADIO

Asian	Community	
Central London		DAB+ 9A
Southall, W London		AM 1602
Satellite 0169		

DEVERON FM

Mixed Format	Community	
Banff		FM 107.4

RADIO DIAMOND

Soul, Reggae, Rap	Community	
Manchester		DAB+ 10B

DIVERSE FM

Rhythmic Music	Community	
Luton		FM 102.8

DOWN FM

Mixed Format	Community	
Downpatrick, County Down		FM 105.0

DOWNTOWN RADIO

Oldies, Adult	Bauer	1 560 000
Northern Ireland		DABs 12D
North Northern Ireland		FM 96.4
Fermangh and South Tyrone		FM 96.6
Larne, Northern Ireland		FM 97.1
Ballymena and Antrim		FM 102.3
Derry area		FM 102.4
South East Northern Ireland		FM 103.1
Newcastle, Northern Ireland		FM 103.4
Belfast & East Northern Ireland		AM 1026
16/3/1976. 1/10/1986: +Derry and North. 31/10/1987: +Fermanagh & S Tyrone, 26/4/1997: +South East, 5/11/98: +Ballymena & Antrim and Larne.		

DOWNTOWN COUNTRY

Country Music	Bauer	
Northern Ireland		DABs 12D

DRAGON RADIO

Oldies	Nation Broadcasting	
Pembrokeshire, Carmarthenshire, Swansea		DABm 12D
Cardiff, Newport and South East Wales		DABm 12C
North East Wales, West Cheshire and Merseyside		DAB+ 10D
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
28/12/2015: Nation Gold. 1/9/2016: Dragon Radio		

DREAM 100 FM

Oldies, Adult	Celador (Bauer)	130 000
Shares all programmes with The Beach, North Norfolk Radio, Radio Norwich and Town FM		
North East Essex		FM 100.2
7/10/1990 (AM): Mellow 1557. 19/11/1998 (FM): Dream.		

DRIVE FM

Mixed Format	Community	
Derry		FM 105.3

DRYSTONE RADIO

Mixed Format	Community	
Sutton in Craven area, N Yorks		FM 103.5

DUBAI NOW Coming Soon

Arabic Contemporary Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DAB 11B
South and Central Cambridgeshire		DAB 11C

DUNOON COMMUNITY RADIO

Mixed Format	Community	
Dunoon, Argyll		FM 97.4

DURHAM FM

Adult, Oldies	Helius Media	300 000
Durham & N Co Durham		b FM 102.8
Bishop Auckland area		b FM 106.8
3/12/2005: Durham FM. b/c: 2/11/2009: Star Radio. 2010: Merged with Star Darlington. 1/8/2017: Rathergood Radio. 12/2018: Vintage Music Radio (Oldies). 1/7/2019: Durham FM		

E**THE EAGLE**

Adult, Oldies	UKRD (Bauer)	690 000
Surrey, North East Hampshire, South London		DABs 10C
West Surrey & NE Hampshire		FM 96.4
4/4/1983: County Sound. 7/6/1988: County Sound Premier. 4/5/1992: R Mercury. 4/9/1995: County Sound. 4/11/1996: The Eagle).		

EAGLE 80s

80s Music	UKRD (Bauer)	
Programmes shared with Pirate 80s		
Surrey, North East Hampshire, South London		DABs 10C

EAST COAST FM

Mixed Format	Community	
Haddington, East Lothian		FM 107.6

EAVA FM

Asian, Rhythmic Music	Community	
Leicester		FM 102.5

EDEN FM

Mixed Format	Community	
Penrith, Cumbria		FM 107.5

80s RHYTHM RADIO

80s Music	Independent	
Brighton area		DAB+ 9A
Portsmouth		DAB+7D

11 DISCO

Classic Dance	Independent	
Brighton area		DAB+ 9A

ENCORE RADIO

Musical Theatre	UKRD (Bauer)	
Surrey, North East Hampshire, South London		DABs 10C

ENDEAVOUR FM

Mixed Format	Community	
Boston, Lincs		FM 107.0

ENERGY FM

Contemporary	Independent	65 000
Central Isle of Man		FM 91.2
North West Isle of Man		FM 93.4
South and East Isle of Man		FM 98.6
Ramsay, Isle of Man		FM 98.4
Peel area, Isle of Man		FM 102.4
Maughold area, Isle of Man		FM 105.2
Port Erin, Isle of Man		FM 105.2
2001 on 98.6, 2002: +Snaefell, Jurby and Ramsay. 2003: + Peel and Maughold: 2004: +Port St Mary.		

EREWASH SOUND

Mixed Format	Community	
Ilkeston, Derbyshire		FM 96.8

RADIO ESSEX

Adult, Oldies	Adventure Radio	530 000
Most of Essex		c DABm 12D
Southend area		b FM 105.1
Chelmsford & Central Essex		a FM 107.7
a: 18/10/1998: Chelmer FM. 14/2/2002: Dream 107.7 FM. 2/2/2009: Chelmsford Radio. 23/3/2015: Radio Essex b: 8/3/2008: Southend Radio. 23/3/2015: Radio Essex c: 6/3/2013 Radio Essex (3 stations sharing programming)		

EWTN

Christian (Catholic)	Independent	
Satellite 0147		

RADIO EXE

Adult, Oldies	Independent	150 000
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Exeter area		FM 107.3
18/2/2008: Exeter FM. 10/1/12: Radio Exe.		

EXMOUTH AIR 106.4

Mixed Format	Community	
Exmouth, Devon		FM 106.4

EXPRESS FM

Mixed Format	Community	
Portsmouth		DABs 7D
Portsmouth		FM 93.7

THE EYE

Mixed Format	Community	
Melton Mowbray, Leics		FM 103.0

F**RAIDÍÓ FÁILTE**

Irish Language Belfast	Community	FM 107.1
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FANTASY

Mixed Format Devizes, Wiltshire	Community	FM 97.0
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FAZA AWP

Asian Nottingham	Community	FM 97.1
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FELIXTOWE RADIO

Mixed Format Felixtowe, Suffolk	Community	FM 107.5
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THE FIRE

Contemporary, Dance East, South and Central Dorset Bournemouth area 26/6/1999: <i>The NRG</i> . 11/2000: <i>The Fire</i> .	Celador (Bauer) DABm 11B FM 107.6	340 000
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FIRST FM

Mixed Format South East Oxford	Community	FM 105.1
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FIX RADIO

Mixed Format: Tradespeople Independent London area, Surrey, W Kent, Herts, Luton (Mx 2) Manchester (some separate programmes)	DABm 12A DABm 10B	
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FLAME CCR

Christian Wirral	Community	AM 1521
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FLASH

Rock and Mixed Music Portsmouth Waterlooville, Hampshire	Community	DAB+7D FM 104.3
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FLEX FM

Rhythmic New Music South West London	Community	FM 101.4
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45 RADIO

Oldies Glasgow Manchester North East Birmingham Norwich Portsmouth	Community	DAB+ 10B DAB+ 10B DAB+ 9A DAB+ 9A DAB+7D
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FOREST FM

Mixed Format Verwood area, Dorset	Community	FM 92.3
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FORTH 1

Contemporary, 10s, 00s Part of Hits Radio Network (Scotland) Edinburgh, Lothian and South Fife Lothian and Fife West Lothian Penicuik, Lothian 22/1/1975: <i>Radio Forth</i> . 1990: + <i>West Lothian</i> . 1998: + <i>Penicuik</i> . 2000: <i>Forth 1</i> .	Bauer DABs 12D FM 97.3 FM 97.6 FM 102.2	1 260 000
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FORTH 2

Oldies All programmes from Greatest Hits Network (Scotland) Edinburgh, Lothian and South Fife Lothian and Fife 6/2/1990*: <i>Max AM</i> . 1997: <i>Radio Forth AM</i> . 2000: <i>Forth 2</i> .	Bauer DABs 12D AM 1548	1 260 000
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FOSSE 107

Adult, Rock Loughborough area Hinckley & SW Leicestershire a: 3/1/1999. b: 1/11/1998: <i>Fosseway Radio</i> . 3/2008: <i>Oak FM</i> . 6/2010: <i>Stations merged as Oak FM</i> ; closed 28/7/2016 30/11/2016: <i>Fosse 107</i>	Independent a FM 107.0 b FM 107.9	330 000
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FREE RADIO (BIRMINGHAM)

Contemporary, 10s, 00s Part of Hits Radio Network (England) Birmingham area, West Midlands, SE Staffs Birmingham area 19/12/1974: <i>BRMB</i> . 26/3/2012: <i>Free Radio</i> .	Bauer DABs 11C FM 96.4	2 100 000
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FREE RADIO (COVENTRY)

Contemporary, 10s, 00s Part of Hits Radio Network (England) Coventry and Warwickshire Coventry and N Warwickshire Leamington Spa & Warwick 23/5/1980: <i>Mercia Sound</i> . 1989: + <i>Leamington Spa</i> . 26/3/2012: <i>Free Radio</i> .	Bauer DABs 12D FM 97.0 FM 102.9	890 000
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FREE RADIO (HEREFORD & WORCS)

Contemporary, 10s, 00s Part of Hits Radio Network (England) Herefordshire and Worcestershire Kidderminster area Herefordshire Worcestershire 4/10/1982: <i>Radio Wyvern</i> . 1/1996: + <i>Kidderminster</i> . 26/3/2012: <i>Free Radio</i> .	Bauer DABs 12A FM 96.7 FM 97.6 FM 102.8	460 000
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FREE RADIO (WOLVES AND SHROPSHIRE)

Contemporary, 10s, 00s Part of Hits Radio Network (England) Shropshire, Wolverhampton, Black Country Wolverhampton area Shropshire a: 12/4/1976: <i>Beacon Radio</i> . b: 14/7/1987: <i>Beacon Radio</i> . 2010: <i>Stations merged</i> . 26/3/2012: <i>Free Radio</i> .	Bauer DABs 11B a FM 97.2 b FM 103.1	1 680 000
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FRESH RADIO

Contemporary North East Birmingham	Community	DAB+ 9A
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FROME FM

Mixed Format Frome	Community	96.6
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FUN KIDS

Format: Childrens Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) <i>Airdate: 5/2005 (London)</i> . On SD Mux: 29/2/2016.	Broadcaster: Folder Media DAB+m 11A	
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FUN KIDS JUNIOR

Childrens Surrey, North East Hampshire, South London North East Wales, West Cheshire and Merseyside	Folder Media DAB+ 10C DAB+ 10D	
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FUNKY SX

Rhythmic Contemporary Southend, Essex	Community	FM 103.7
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FUSE FM

Mixed Format Ballymoney, County Antrim	Community	FM 107.5
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FUTURE FM

Mixed Format Norwich Norwich	Community	DABs 9A FM 107.8
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G**GATEWAY FM**

Mixed Format Basildon, Essex	Community	FM 97.8
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GAYDIO

Format: Music for Gay Community Broadcaster Independent		
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GAYDIO (NATIONAL)

Music for Gay Community London area, Surrey, W Kent, Herts, Luton (Mx 3) North East Birmingham Cambridge Portsmouth Glasgow 2002 (<i>London, as Gaydar</i>). Merged with <i>Gaydio Manchester</i> in 2013	Independent DABm 11B DABm 9A DABs 7D DAB+7D DABm 10B	
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The following stations opt-out with local output Mon-Fri for 3 hours a day:

GAYDIO BRIGHTON

Music for Gay Community Brighton area Brighton area 8/2018	Independent	DAB+ 9A FM 97.8
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GAYDIO MANCHESTER

Music for Gay Community Manchester Manchester 2010	Independent	DAB+ 10B FM 88.4
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GEM 106

Adult Leicestershire South and Central Nottinghamshire South and Central Derbyshire, SE Staffordshire East Midlands 23/9/1997: <i>Radio 106</i> . 17/4/1998: <i>Century</i> . 29/8/2005: <i>Heart</i> 106. 3/1/2011: <i>GEM 106</i> .	Bauer	2 360 000 DABs 11B DABs 12C DABs 10B FM 106.0
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GFM

Rhythmic Music Gloucester	Community	FM 96.6
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GLASTONBURY FM

Mixed Format Glastonbury	Community	FM 107.1
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GN RADIO

Ghanian Community Satellite 0185	Independent	
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GO RADIO

Adult Glasgow, Edinburgh, Central Scotland	Independent	DABs 11D
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GOLD

Format: 60s, 70s and 80s Music England, Wales and Northern Ireland (D1 Mux) Scotland (D1 Mux) London area, Surrey, W Kent, Herts, Luton (Mx 1) Northamptonshire North Cambridgeshire, Huntingdon, S Lincs South and Central Cambridgeshire Leicestershire South and Central Nottinghamshire South and Central Derbyshire, SE Staffordshire London area South Derbyshire & Burton South Nottinghamshire Greater Manchester N Camb, S Lincs, Rutland from <i>Autumn 2019</i> Northamptonshire from <i>Autumn 2019</i> Satellite 0121/722, Cable 923 <i>Airdates: a: 28/11/1988*: Capital Gold</i> . 3/8/2007: <i>Gold</i> . b: 4/10/1988*: <i>Gem AM</i> . Also covered <i>Leicester until</i> 15/9/1992. 1998: <i>Classic Gold GEM</i> . 3/8/2007: <i>Gold</i> . 28/6/2010: <i>National plus local news</i> . c: 20/6/1994: <i>Fortune 1458 (Soft, Adult, Talk)</i> . 9/1996: <i>Life AM (Easy)</i> . 5/2000: <i>Big AM (Adult, Rock)</i> . 21/2/2002: <i>Capital Gold (oldies)</i> . 3/8/2007: <i>Gold</i> . 28/6/2010: <i>National plus local news</i> . d: 14/4/1992*: <i>WGMS (oldies)</i> . 18/3/1995: <i>Classic Gold</i> . 3/8/2007: <i>Gold (oldies)</i> . 28/6/2010: <i>National plus local news</i> . 24/3/2014: <i>Smooth Radio</i> . 1/10/2019: <i>Gold</i> . e: 16/7/1989*: <i>Breeze (oldies)</i> . 1/2001: <i>Classic Gold Breeze</i> . 3/8/2007: <i>Gold (oldies)</i> . 28/6/2010: <i>National plus local news</i> . 24/3/2014: <i>Smooth Radio</i> . 1/10/2019: <i>Gold</i> <i>National DAB+ from 10/6/2019</i> .	Broadcaster: Global Radio DAB+ 11D DAB+ 12A a DAB+ 12C e DABs 10C d DABs 12D d DABs 11C b DABs 11B b DABs 12C b DABs 10B a AM 1548 b AM 945 b AM 999 c AM 1458 d AM 1332 e AM 1557	
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GOLDMINE

50s, 60s, 70s and 80s	Independent	
Cornwall		DABm 11B
Bristol		DAB+ 9A
Plymouth		DAB+7D

GORGEOUS FM

Contemporary, Adult	Community	
North East Birmingham		DABm 9A

GRAVITY FM

Mixed Format	Community	
Grantham, Lincolnshire		FM 97.2

GREAT DRIFFIELD RADIO

Mixed Format	Community	
Driffield area, East Yorkshire		FM 107.2

GREAT YORKSHIRE RADIO

Adult	Independent	
York and North Yorkshire		DAB+ 10C

GREATEST HITS RADIO

Format: Oldies Music
 Broadcaster: Bauer
 Multiplexes and frequencies marked a to m carry local news and information; a to e also carry a local programme for the West Midlands each day

London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABs 12C
Kent and Eastern London	DABm 11C
Sussex	DABm 10B
South Hampshire and Isle of Wight	DABm 11C
East, South and Central Dorset	DABm 11B
Berkshire and North Hampshire	DABm 12D
Oxfordshire	DABm 10B
West Wiltshire and Bath	DABm 10D
Swindon area	DABm 11C
Bristol and Bath area	DABm 11B
Cardiff, Newport and South East Wales	DABm 12C
East Devon, Exeter and Torbay	DABm 11C
North and Central Devon	DABm 10C
Plymouth and South Devon	DABm 12D
Cornwall	DABm 11B
Herefordshire and Worcestershire	a DABm 12A
Shropshire, Wolverhampton, Black Country	b DABm 11B
Birmingham area, West Midlands, SE Staffs	c DABm 11C
Coventry and Warwickshire	d DABm 12D
Leicestershire	DABm 11B
South and Central Nottinghamshire	DABm 12C
South and Central Derbyshire, SE Staffordshire	DABm 10B
Most of Essex	DABm 12D
Hertfordshire, Bedfordshire, Buckinghamshire	DABm 10D
Northamptonshire	DABm 10C
North Cambridgeshire, Huntingdon, S Lincs	DABm 12D
South and Central Cambridgeshire	DABm 11C
East Norfolk	DABm 10B
South Yorkshire, North Notts, Chesterfield	f DABs 11C
Leeds and Wakefield Districts	g DABs 12D
East Yorkshire and North Lincolnshire	h DABs 11B
Tees Valley and County Durham	i DABs 11B
Tyne and Wear, North Durham, Northumberland	j DABs 11C
Greater Manchester and North East Cheshire	k DABs 12C
Central and East Lancashire	l DABs 12A
Merseyside and West Cheshire	m DABs 10C
West Midlands region	e FM 105.2
Merseyside & West Cheshire	m FM 105.9
Northern Ireland	DABm 12D
Leeds and Wakefield area	g AM 828
Doncaster area	f AM 990
South, W & Cent Lancashire	l AM 999
Greater Manchester	k AM 1152
Tyneside, N Durham, S Nthm	j AM 1152
East Yorkshire and North Lincolnshire	h AM 1161
Tees Valley and Darlington	i AM 1170
Barnsley	f AM 1305
Coventry & N Warwickshire	d AM 1359
Sheffield and Rotherham	f AM 1548

a: 5/2016: Free Radio 80s

b: 15/11/1989*: WABC (Nostalgia). 31/12/1990: +Shropshire added. 1991:oldies format. 1997: Classic Gold WABC.

3/8/2007: Gold. 2010: Merged. 4/9/2012: Free Radio 80s.

c: 4/4/1989*: Xtra AM (oldies). 1/6/1998: Capital Gold.

3/8/2007: Gold. 2010: Merged. 4/9/2012: Free Radio 80s.

d: 4/4/1989*: Xtra AM (oldies). 7/3/1994: Classic Gold.

3/8/2007: Gold. 2010: Merged. 4/9/2012: Free Radio 80s.

e: 10/6/2004: Kerrang (Modern Rock). 14/06/2013: Planet

Rock. 07/09/2015: Absolute Radio

f: 1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire

Gold. 17/3/1997: Magic AM (soft). 2003: oldies. 5/1/2015:

Hallam 2.

g:17/1/1990*: Magic 828 (oldies). 12/2/1997: Soft. 2003: oldies.

5/1/2015: Radio Aire 2.

h: 1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire

Gold. 12/2/1997: Magic 1161 (soft). 2003: oldies. 5/1/2015:

Viking 2.

i: 8/4/1989*: Great North Radio (oldies) 2/1998: Magic 1170 (soft). 2003: oldies. 5/1/2015: TFM 2.

j: 8/4/1989*: Great North Radio (oldies) 2/1998: Magic 1152 (soft). 2003: oldies. 5/1/2015: Metro R 2.

k: 3/9/1988*: Piccadilly (mixed format), 1990: Piccadilly Gold (Oldies). 1996: Piccadilly (Oldies, Adult, Talk). 4/1999: Magic 1152 (soft). 2003: oldies. 5/1/2015: Key 2. 4/6/2018: Key Radio

l: 5/10/1982: Red Rose (Mixed format), 1/6/1990: Red Rose Gold (Oldies). 1996: Red Rose 999 (Oldies, Adult). 1/1999:

Magic 999 (soft). 2003: oldies. 5/1/2015: Rock 2.

m: 21/10/1989*: City Talk (talk) on 1548 AM. 1991: Radio City Gold (oldies). 12/2/1997: Magic 1548 (soft). 2003: oldies.

5/1/2015: Radio City 2. 7/12/2015 moved to FM All: 7/1/2019: Greatest Hits Radio

GREATEST HITS NETWORK - SCOTLAND

Format: Oldies Music Broadcaster: Bauer
 All programmes shared (except West Sound South). Some programmes also shared with Greatest Hits Radio. Individual stations broadcast separate local news and information: Clyde 2, Forth 2, MFR 2, Northsound 2, Tay 2, West Sound (West), West Sound (South: some local progs)

GTFM

Mixed Format	Community	
Pontypridd, S Wales		FM 107.9

GULSHAN RADIO

Asian	Community	
Wolverhampton		FM 106.9

H**HAILSHAM FM**

Mixed Format	Community	
Hailsham, East Sussex		FM 95.9

HALLAM FM

Contemporary, 10s, 00s	Bauer	1 410 000
Part of Hits Radio Network (England)		
South Yorkshire, North Notts, Chesterfield		DABs 11C
Sheffield area		FM 97.4
Doncaster area		FM 103.4
Barnsley and Rotherham		FM 102.9
1/10/1974. 1/10/1985: +Doncaster and Barnsley.		

HALTON FM

Mixed Format	Community	
Runcorn & Widnes, Cheshire		FM 92.3

HARBOUR RADIO

Mixed Format	Community	
Great Yarmouth		FM 107.4

RADIO HARTLEPOOL

Mixed Format	Community	
Hartlepool		FM 102.4

HAYES FM

Mixed Format	Community	
Hayes area, West London,		FM 91.8

HCR FM

Mixed Format	Community	
Cambridge		DABm 7D
Huntingdon		FM 104.0

HEART (NETWORK)

Format: 00s, 10s and Contemporary Pop Music
 Broadcaster: Global Radio

HEART UK

00s, 10s, Contemporary Pop	Global Radio	
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
South and Central Derbyshire, SE Staffordshire		DABs 10B
Herefordshire and Worcestershire		DABs 12A
Lincolnshire, North Lincolnshire and Hull		DABs 12A
Satellite 0111, DTT 728, Cable 918		

HEART LONDON

00s, 10s, Contemporary Pop	Global Radio	9 650 000
As Heart UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 106.2
5/9/1995.		

The following stations opt-out of Heart UK with regional output Mon-Fri 16-19 and local news and information:

HEART EAST

00s, 10s, Contemporary Pop	Global Radio	5 340 000
East Norfolk		i DABs 10B
Suffolk		c DABs 10C
Northamptonshire		d DABs 10C
Hertfordshire, Bedfordshire, Buckinghamshire		k DABs 10D
South and Central Cambridgeshire		f DABs 11C
North Cambridgeshire, Huntingdon, S Lincs		j DABs 12D
Most of Essex		b DABs 12D
Colchester & NE Essex		a FM 96.1
South East Essex		b FM 96.3
West Suffolk		c FM 96.4
Northamptonshire		d FM 96.6
Bedfordshire & North Herts		e FM 96.9
South and East Suffolk		c FM 97.1
Newmarket, Suffolk		f FM 97.4
Haverhill, Suffolk		f FM 97.4
Southend		b FM 97.5
NW & C Herts, S Beds, E Bucks		g FM 97.6
Harlow area		h FM 101.7
East Norfolk and NE Suffolk		i FM 102.4
Chelmsford & Central Essex		b FM 102.6
N Cambridgeshire, S Lincs		j FM 102.7
South & C Cambridgeshire		f FM 103.0
Milton Keynes area		k FM 103.3
a: 17/10/1993: SGR Colchester. 5/1/2009: Heart.		
b: 12/9/1981: Essex FM. 1998: +Southend. 22/6/2009: Heart.		
c: 28/10/1975 (East): Radio Orwell. 6/11/1982 (West): Saxon		
Radio. 1992: SGR FM.		
d: 1/10/1986: Northants 96.		
e: 1/3/1982: Chiltern FM. 1996: B97. 1999: Chiltern FM.		
f: 12/2/1989: CNFM. 1995: Q103. 2007: +Haverhill		
g: 15/10/1981: Chiltern FM.		
h: 1/5/1993: Ten 17. 2000: Mercury FM. 2001: Ten 17.		
i: 1/10/1984: Broadland FM.		

j: 20/7/1980: Hereward FM.

k: 15/10/1989: Horizon.

a, b, h: 22-25/7/2010: Stations merged as Heart Essex.

c, i: 5/1/2009: Heart. 5/9/2010: Merged as Heart East Anglia.

d, e, g, k: 5/1/2009: Heart. 16/7/2010: Merged as Heart Home Counties.

f, j: 5/1/2009: Heart. 2/7/2010: Merge Heart Cambridgeshire.

All: 3/6/2019: Merged as Heart East

HEART HERTFORDSHIRE

00s, 10s, Contemporary Pop Communicorp 690 000
West Hertfordshire a FM 96.6
Stevenage area b FM 106.7
Central and East Herts b FM 106.9
Hitchin and Letchworth, Herts b FM 106.9
a: 22/10/1994: Oasis. 9.6.6 1995: Classic Hits. 1997: Oasis. 2000: Mercury. 25/7/2010: Heart.
b: 3/3/2001: Heribeat. 9/2005: +Hitchin & Letchworth.
10/5/2010: Jack FM. 10/3/2014: Bob FM. 3/6/2019: Heart.

HEART NORTH EAST

00s, 10s, Contemporary Pop Global Radio 2 630 000
Tees Valley and County Durham DABs 11B
Tyne and Wear, North Durham, Northumberland DABs 11C
West Tyneside, Tyne & Wear FM 96.2
Teeside, Durham, N Yorks FM 100.7
Hexham & Tyne Valley FM 101.2
Sunderland FM 101.2
Tyneside, N Durham, S Nthmb FM 101.8
1/9/1994: Century. 1996: +Tyne Valley. 1/2009: Real Radio.
6/5/2014: Heart.

HEART NORTH WALES

00s, 10s, Contemporary Pop Communicorp 720 000
Wrexham area FM 88.0
Welshpool, Powys FM 102.8
North Wales Coast FM 105.7
Newtown, Powys FM 106.0
Denbigh, Ruthin and Rhyl FM 106.9
W & N Gwynedd & Anglesey FM 107.2
Rhyl and Prestatyn FM 107.3
Ceredigion FM 107.7
1/12/2010: Real Radio (as South Wales). 6/5/2014: Heart (separate peak-time programmes).

HEART NORTH WEST

00s, 10s, Contemporary Pop Global Radio 5 970 000
Greater Manchester and North East Cheshire a DABs 12C
Central and East Lancashire a DABs 12A
Merseyside and West Cheshire a DABs 10C
S Cumbria & NW Lancashire b FM 96.9
Windermere & Ambleside b FM 102.3
Kendal, Cumbria b FM 103.2
North West England a FM 105.4
a: 8/9/1998: Century. 1/2009: Real Radio. 6/5/2014: Heart.
b: 1/3/1993: The Bay. 5/3/2018: Heart
Stations merged 3/6/2019.

HEART SCOTLAND

00s, 10s, Contemporary Pop Global Radio 2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABs 11C
Edinburgh, Lothian and South Fife DABs 12D
Dumbarton and Alexandria FM 100.0
Glasgow and Clydeside area FM 100.3
Lothian and Fife FM 101.1
Greenock and Firth of Clyde FM 101.1
Penicuik, Lothian FM 103.3
16/9/1994: Scof FM. 2001: Real Radio. 11/2004: +Rosneath.
10/2006: +Millburn Muir. 4/2008: +Penicuik. 6/5/2014: Heart.

HEART SOUTH

00s, 10s, Contemporary Pop Global Radio 6 140 000
Sussex c DABs 10B
Oxfordshire e DABs 10B
Surrey, North East Hampshire, South London f DABs 10C
East, South and Central Dorset g DABs 11B
Kent and Eastern London a DABs 11C
South Hampshire and Isle of Wight b DABs 11C
Berkshire and North Hampshire d DABs 12D
Thanet, Kent a FM 95.9
Ashford area, Kent a FM 96.1
Winchester & Southampton b FM 96.7
Newhaven & Seaford, Sussex c FM 96.9
Dover and Folkestone area a FM 97.0
Reading area d FM 97.0
Portsmouth area b FM 97.5
Banbury & Brackley area e FM 97.4
Horsham f FM 97.5
Hastings c FM 102.0
Bournemouth area g FM 102.3
East Sussex c FM 102.4
Oxfordshire and West Bucks e FM 102.6
North Sussex & East Surrey f FM 102.7
Canterbury area a FM 102.8
N Hampshire & W Berkshire d FM 102.9
West Kent a FM 103.1
Henley, Oxon d FM 103.4
Brighton and Worthing area c FM 103.5
a: 1/10/1984: Invicta. 22/6/2009: Heart.

b: 12/10/1986: Ocean Sound. 1987: added Winchester.

(4/12/88-27/1/91 on Winchester only: Ocean Light.)

22/6/2009: Heart. (Replaced R Victory in Portsmouth 1975-86.)

c: 29/9/1983: Southern Sound, then Southern FM. 5/2/1989:

+East Sussex. 12/2/1988: +Newhaven. 22/6/2009: Heart.

d: 8/3/1976: Radio 210. 1/11/1987: + N Hants & W Berks. 1990: 2-

Ten FM. 1997: +Henley. 22/6/2009: Heart.

e: 15/9/1989: Fox FM. 22/6/2009: Heart.

f: 20/10/1984 as Radio Mercury.

g: 15/9/1980: Two Counties R, then 2CR FM. 22/6/2009: Heart.

b, g: 29/7/2010: Stations merged as Heart South Coast

c, f: 25/7/2010: Stations merged as Heart Sussex and Surrey.

d, e: 9/7/2010: Stations merged as Heart Thames Valley.

All: 3/6/2019: Stations merged.

HEART SOUTH WEST

00s, 10s, Contemporary Pop Global 3 560 000
Somerset d DABs 10B
North and Central Devon a DABs 10C
Gloucestershire h DABs 10C
West Wiltshire and Bath e DABs 10D
West Wiltshire and Bath i DABs 10D
Bristol and Bath area b DABs 11B
Cornwall j DABs 11B
East Devon, Exeter and Torbay c DABs 11C
Swindon area e DABs 11C
Plymouth and South Devon f DABs 12D
North and Central Devon a FM 96.2
Bristol area b FM 96.3
Torbay area c FM 96.4
Taunton d FM 96.5
Marlborough area, Wilts e FM 96.5
Tavistock, Devon f FM 96.6
Exeter area c FM 97.0
Plymouth area f FM 97.0
Yeovil area d FM 97.1
Swindon area & Cirencester e FM 97.2
Ilfracombe, Devon a FM 97.3
Totnes area, Devon g FM 100.5
Dartmouth area, Devon g FM 100.8
South Hams, Devon g FM 101.2
Ivybridge, Devon g FM 101.9
West Wiltshire e FM 102.2
Gloucester & Cheltenham h FM 102.4
Somerset d FM 102.6
Weston-super-Mare area b FM 103.0
East Devon c FM 103.0
Bath i FM 103.0
Stroud area h FM 103.0
East Cornwall j FM 105.1
West Cornwall j FM 107.0

a: 19/10/1992: Lantern FM. 2002: +Ilfracombe.

b: 27/10/1981: Radio West. 1986: GWR. 2007: +Weston.

c: 1/1/1995: Gemini FM. (Replaced 7/11/1980: Devon Air R)

d: 26/11/1989: Orchard FM. 1996: +Taunton relay.

e: 12/10/1982: Wiltshire Radio. 1986: GWR. 14/10/1988:

+Marlborough. 23/3/2009: Heart Wiltshire.

f: 19/5/1975: Plymouth Sound. 28/10/85: +Tavistock with opt-out Radio in Tavistock until 1994.

g: 1/12/1999: South Hams Radio.

h: 23/10/1980: Severn Sound. 7/3/1988: +Stroud. 23/3/2009:

Heart Gloucestershire.

i: 22/5/1987 as part of GWR Bristol. Separate 2002-2010.

j: 7/2006: Atlantic FM. 7/5/2012: Heart Cornwall.

a, c, f, g: 23/3/2009: Heart. 27/8/2010: Stations merged as Heart Devon.

b, d, i: 23/3/2009: Heart. 27/8/2010: Stations merged as Heart West Country.

All: 3/6/2019: Stations merged

HEART SOUTH WALES

00s, 10s, Contemporary Pop Global 1 500 000
Pembrokeshire, Carmarthenshire, Swansea DABs 12D
Swansea, Neath Port Talbot and Carmarthenshire DABs 12A
Cardiff, Newport and South East Wales DABs 12C
Pontypridd area FM 102.3
Carmarthenshire FM 105.2
Abergavenny & Usk Valley FM 105.2
Cardiff and Vale of Glamorgan FM 105.4
Pembrokeshire FM 105.7
Newport area FM 105.9
Merthyr Tydfil & Aberdare FM 105.9
Swansea area FM 106.0
Carmarthen FM 106.0
Ebbw Vale & Tedegar, S Wales FM 106.1
Fishguard & Newport, Pemsb FM 106.2
Bargoed area FM 107.3
3/10/2000: Real Radio. 2002: +Carmarthenshire. 2003: +Pembrokeshire and Fishguard 12/2004: +Carmarthen. 2005: +Abergavenny, Ebbw Vale, Merthyr, Aberdare. 2010: +Eglysylan and Bargoed. 6/5/2014: Heart.

HEART WEST MIDLANDS

00s, 10s, Contemporary Pop Global Radio 4 060 000
Shropshire, Wolverhampton, Black Country DABs 11B
Birmingham area, West Midlands, SE Staffs DABs 11C
Coventry and Warwickshire DABs 12D
West Midlands region FM 100.7
1/9/1994.

HEART YORKSHIRE

00s, 10s, Contemporary Pop Communicorp 3 750 000
South Yorkshire, North Notts, Chesterfield DABs 11C
Leeds and Wakefield Districts DABs 12D
Bradford, Calderdale and Kirklees Districts DABm 11B
West & South Yorkshire, York FM 106.2
Bradford area FM 107.6
Sheffield area FM 107.7
25/03/2002: Real Radio. 6/5/2014: Heart.

HEART EXTRA

00s, 10s, Contemporary Pop Global Radio
Opts out of Heart UK between 1000 and 1600
England, Wales and Northern Ireland (D1 Mux) DAB+ 11D
Scotland (D1 Mux) DAB+ 12A
Airdate: 29/2/2016. DAB+ from 6/6/2019.

HEART 70S

Format: 70s Music
Broadcaster: Global Radio
England, Wales and Northern Ireland (D1 Mux) DAB+ 11D
Scotland (D1 Mux) DAB+ 12A
Airdate: 30/8/2019

HEART 80S

Format: 80s Music
Broadcaster: Global Radio
England, Wales and Northern Ireland (D1 Mux) DAB+ 11D
Scotland (D1 Mux) DAB+ 12A
Satellite 0112, Cable 921
Airdate: 14/3/2017. Switched to DAB+ on 28/8/2019

HEART 90S

Format: 90s Music
Broadcaster: Global Radio
England, Wales and Northern Ireland (D1 Mux) DAB+ 11D
Scotland (D1 Mux) DAB+ 12A
Airdate: 29/8/2019

HEART DANCE

Format: Dance Music from 1980s to present
Broadcaster: Global Radio
England, Wales and Northern Ireland (D1 Mux) DAB+ 11D
Scotland (D1 Mux) DAB+ 12A
Satellite 0146
Airdate: 21/6/2019

HEARTLAND FM

Mixed Music Independent 110 000
Pitlochry&Aberfeldy, Perthshire FM 97.5
21/3/1992.

HEAT

Adult Bauer
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland (SD Mux) until 1 Feb DABm 11A
DIT 716
Airdate: 10/2003. On SD Mux: 29/2/2016 to 1/2/2019.

HERITAGE FM

Muslim Community Community
Manchester DAB+ 10B m
Manchester FM 90.6

HERMITAGE FM

Mixed Format Community
Coalville & Ashby-de-la-Zouch FM 99.2

HFM

Mixed Format Community
Market Harborough, Leics FM 102.3

HILLZ FM

Mixed Format, Rhythmic Community
Hillfields, Coventry FM 98.6

HITMIX RADIO

Mixed Format	Community	
Newcastle Under Lyme, Staffs		FM 107.5

HITS RADIO (NETWORK)

Format: Contemporary, 10s and 00s Hit Music
Broadcaster: Bauer

HITS RADIO (UK)

Contemporary, 10s, 00s	Bauer	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABs 12A
Kent and Eastern London		DABm 11C
Sussex		DABm 10B
South Hampshire and Isle of Wight		DABm 11C
East, South and Central Dorset		DABm 11B
Berkshire and North Hampshire		DABm 12D
Oxfordshire		DABm 10B
West Wiltshire and Bath		DABm 10D
Swindon area		DABm 11C
Bristol and Bath area		DABm 11B
Cardiff, Newport and South East Wales		DABm 12C
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Plymouth and South Devon		DABm 12D
Cornwall		DABm 11B
Shropshire, Wolverhampton, Black Country		DABm 11B
Birmingham area, West Midlands, SE Staffs		DABm 11C
Coventry and Warwickshire		DABm 12D
Leicestershire		DABm 11B
South and Central Nottinghamshire		DABm 12C
South and Central Derbyshire, SE Staffordshire		DABm 10B
Most of Essex		DABm 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Northamptonshire		DABm 10C
North Cambridgeshire, Huntingdon, S Lincs		DABm 12D
South and Central Cambridgeshire		DABm 11C
East Norfolk		DABm 10B
South Yorkshire, North Notts, Chesterfield		DABm 11C
Leeds and Wakefield Districts		DABm 12D
East Yorkshire and North Lincolnshire		DABm 11B
Tees Valley and County Durham		DABm 11B
Tyne and Wear, North Durham, Northumberland		DABm 11C
Central and East Lancashire		DABm 12A
Merseyside and West Cheshire		DABm 10C
Ayrshire		DABm 11B
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABm 11C
Edinburgh, Lothian and South Fife		DABm 12D
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B
Inverness area		DABm 12D
Northern Ireland		DABm 12D
Satellite 0188, DTT 711		
Airdate: 4/6/2018		

HITS RADIO MANCHESTER

Contemporary, 10s, 00s	Bauer	2 810 000
Greater Manchester and North East Cheshire		DABs 12C
Greater Manchester		FM 103.0

2/4/1974: *Piccadilly (mixed)*, 3/9/1988*: *Key 103 (Adult)*. 1990: *Piccadilly Key 103 (contemporary)*. 1996: *Key 103. 200:*
Piccadilly Key 103. 2002: Key 103. 4/6/2018: Hits Radio Manchester

HITS RADIO NETWORK - ENGLAND

Format: Contemporary, 10s, 00s Broadcaster: Bauer
Stations broadcast local programmes Mon-Fri 06-10, relaying Hits Radio at other times:
Radio Aire, CFM, Radio City, Free Radio, Hallam FM, Metro Radio, Rock FM, TFM, Viking FM

HITS RADIO NETWORK - SCOTLAND

Format: Contemporary, 10s, 00s Broadcaster: Bauer
Stations broadcast local programmes Mon-Fri 06-10, sharing programming with each other at other times:
Radio Borders Clyde 1, Forth 1, MFR, Northsound 1, Tay FM, West FM

HOPE FM

Christian	Independent	
Herefordshire and Worcestershire		DABs 12A
North East Wales, West Cheshire and Merseyside		DAB+ 10D
Lincolnshire, North Lincolnshire and Hull		DAB+ 12A
York and North Yorkshire		DABs 10C

HOPE FM

Christian	Community	
Bournemouth		FM 90.1

HOT

Mixed Format	Community	
Poole		FM 102.8

HUB RADIO

New Music	Community (Student)	
Bristol		DAB+ 9A

HULL KINGSTON RADIO

Mixed Format	Community	
Hull		FM 107.4

I**IBC TAMIL**

Tamil	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

RADIO IKHLAS

Asian	Community	
Derby		FM 107.8

IMAGINE RADIO (SOUTH MANCHESTER)

Adult	Helius Media/ Like R	1 460 000
Manchester		DAB+ 10B
South & Cent Gt Manchester		FM 104.9

17/2/1990: *KFM*. 1992: *Signal Cheshire (merged with 96.4)*.
1997: *Signal FM*. 1/2000: *Imagine FM*.

IMAGINE RADIO (DERBYSHIRE)

Adult	Helius Media	100 000
Asbourne area, Derbyshire		b FM 96.7
Wirksworth, Derbyshire		b FM 101.8
Uttoxeter, Staffordshire		b FM 101.8
New Mills and Whaley Bridge		a FM 103.3
Hope Valley, Derbyshire		a FM 103.3
Buxton area, Derbyshire		a FM 106.4
Glossop and Hadfield, Derbys		a FM 106.4
Chapel-en-le-Frith, Derbys		a FM 106.6

a: 4/4/2004: *High Peak Radio*. 4/11/2019: *Imagine*
b: 6/2008: *Ashbourne Radio*. 2010: +*Wirksworth*. 10/2015:
+*Uttoxeter*. 4/11/2019: *Imagine*

INSANITY

New Music, Pop	Community (Student)	
Egham, Surrey		FM 103.2

INSPIRATION FM

Soul, Reggae, Dance	Community	
Northampton		FM 107.8

INSPIRE FM

Muslim	Community	
Luton		FM 105.1

INTOBEATS

Rhythmic New Music	Community	
Bedford		FM 106.5

IPSWICH 102

Oldies, Adult	Nation/ Lincs (Bauer)/Muxco	300 000
Suffolk		DABs 10C
Ipswich area		FM 102.0

1/8/2018.

IPSWICH COMMUNITY RADIO

Mixed Format	Community	
Ipswich		FM 105.7

IRVINE BEAT FM

Mixed Format	Community	
Irvine, Ayrshire		FM 107.2

ISLAND FM

Adult	Tindle	60 000
Alderney		FM 93.7
Guernsey		FM 104.7

15/10/1992. 1994: +*Alderney*.

ISLE OF WIGHT RADIO

Adult	Media Sound Holdings	125 000
South East Isle of Wight		FM 102.0
Ryde and NE Isle of Wight		FM 102.0
Cowes, Isle of Wight		FM 102.0
Isle of Wight		FM 107.0

15/4/1990. Moved from AM to FM 28/3/1998.

ISLES FM

Mixed Music, Gaelic	Independent	20 000
Isle of Lewis		FM 103.0

7/3/1998.

IÚR FM

Mixed Format	Community	
Newry		FM 101.4

J**JACK RADIO**

Female Vocal Oldies, Adult Oxis Media
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland (SD Mux) DAB+ 11A
6/4/2018

JACK FM

Oldies, Adult, Rock Oxis Media 350 000
Oxfordshire DABm 10B
Bicester, Oxon FM 106.4
Wallingford, Oxon FM 106.4
Wantage, Oxon FM 106.4
Witney, Oxon FM 106.4
Central and South Oxon FM 106.8
2007.

JACK FM 2

Pop Oxis Media 140 000
Oxfordshire DABm 10B
Oxford FM 107.9
14/2/1997: *Oxygen (student station)*. 2000: *Fusion (mixed format)*. 5/2003: *Passion (Dance)* 2006: *Oxford's 107.9*.
17/8/2010: *Glide (pop)*. 20/9/2013: *Jack FM 2*.

JACK 3

Easy Listening, Oldies Oxis Media
Oxfordshire DABm 10B

RADIO JACKIE

Adult, Oldies Independent 1 150 000
SW London & N Surrey FM 107.8
1/3/1997: *Thames Radio*. 19/10/2003: *Radio Jackie*.

JAZZ FM

Format: Jazz and Soul Music Broadcaster: Bauer
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland DAB+ 11A
London area, Surrey, W Kent, Herts, Luton (Mx 2) DABm 12A
Satellite 0202/729
Airdate: 9/2008 (the original Jazz FM broadcast 4/3/1990 to
7/6/2005) DAB coverage has varied. On SD Mux: 29/2/2016.

JUICE

Music for Gay Community Independent
Belfast FM 103.8

K**KANE FM**

Rhythmic Music Community
Guildford, Surrey FM 103.7

KANSHI RADIO

Punjabi Independent
Satellite 0205,

KCC LIVE

Mixed Format Community
Knowsley, Merseyside FM 99.8

KCFM

Adult, Oldies Nation 500 000
East Yorkshire and North Lincolnshire DABm 11B
Hull area FM 99.8
1/8/2007.

KEEP 106

Oldies, Easy Listening Community
Dorchester, Dorset FM 106.3

KEITH COMMUNITY RADIO

Mixed Format Community
Keith & Buckie area FM 107.7

KEMET RADIO

Rhythmic Music Community
Nottingham FM 97.5

KENNET RADIO

Mixed Format Community
Newbury, Berkshire FM 106.7

KERRANG

American style Rock Bauer
Dundee, Angus, Perth & Kinross, North Fife DABm 11B
DTT 717
10/2002 (Also carried on DAB until 12/12/2014 in Scotland,
Northern England and Birmingham and until 23/5/2018 in
London)

KHUSH KHABIRI

Asian Christian Independent
Satellite 0151

KINGDOM FM

Adult DC Thompson 350 000
Glasgow, Edinburgh, Central Scotland DABs 11D
South and West Fife FM 95.2
Central Fife FM 96.1
Kirkcaldy, Fife FM 96.6
North East Fife FM 105.4
South East Fife FM 106.3
5/10/1998.

KISS

Format: Rhythmic Contemporary
Broadcaster: Bauer
England, Wales and Northern Ireland (D1 Mux) DABm 11D
Scotland (D1 Mux) DABm 12A
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABs 12C
Bristol b FM 97.2
London area a FM 100.0
South Wales, West England b FM 101.0
Southern Cambridgeshire c FM 105.6
East Norfolk and NE Suffolk c FM 06.1
Suffolk, S Norfolk & NE Essex c FM 106.4
Peterborough area c FM 107.7
Satellite 0178, DTT 713, Cable 963
Airdate: Network: 6/2000, National DAB: 1/2013
a: 1/9/1990
b: 21/4/1990 (Bristol): FTP. 27/1/1991: *Galaxy*. 1/9/1994:
+South Wales. 1/1/2003: *Vibe*. 6/9/2006: *Kiss*.
c 22/11/1997: *Vibe FM*. 6/9/2006: *Kiss*.

KISS FRESH

Rhythmic New Music Bauer
DTT 712
Airdate: 7/3/2013 (Online). (Also DAB in London 12/2014 to
31/3/2019. DAB in North, Scotland, Birmingham, N Ireland:
1/5/2016 to 31/3/2019).

KISSTORY

Format: Rhythmic Oldies
Broadcaster: Bauer
England, Wales & N Ireland (D1 Mux) DABm 11D
Scotland (D1 Mux) DABm 12A
DTT 714
Airdate: 7/3/2013 (DTT), DAB 12/2014. On SD Mux: 29/2/2016.
On Digital One Mux: 11/2/2019.

KLFM

Adult, Oldies UKRD (Bauer) 200 000
West Norfolk DABs 11C
1/7/1992. FM 96.7

KM-FM

Contemporary Kent Messenger 1 500 000
Kent and Eastern London DABs 11C
Tunbridge Wells area, Kent a FM 96.2
Folkestone b FM 96.4
Medway towns area c FM 100.4
Sevenoaks area a FM 101.6
Maidstone d FM 105.6
Canterbury area e FM 106.0
Dover area b FM 106.8
Thanet, Kent f FM 107.2
Ashford area, Kent g FM 107.6
Medway towns area c FM 107.9
a: 9/7/1995: *KFM*. 3/2000: *Mercury*. 9/2002: *KM-FM*.
b: 29/9/1997: *Neptune Radio*. 2/2003: *KM-FM*.
c: 1/9/1997: *Medway FM*. 3/2000: *Mercury*. 9/2002: *KM-FM*.
d: 18/10/2003: *CTR*. 2009: *KM-FM*.
e: 21/9/1997: *CTFM*. 2/2003: *KM-FM*.
f: 17/1/1998: *TLR*. 2/2003: *KM-FM*.
g: 3/10/2005.
12/3/2012: *Stations merged, changing format from Adult*.

KOAST RADIO

Mixed Format Community
Ashington, Northumberland FM 106.6

KOHINOOR FM

Punjabi Community
Leicester FM 97.3

KYFM

Mixed Format Community
Kirkcaldy, Fife FM 107.0

L**RADIO LAB**

New Music Luton	Community (Student)	FM 97.1
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LBC

Format: Talk and News Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area	FM 97.3	
Satellite 0124/724, DTT 732, Cable 919		
Airdate (London): 6/10/1973: LBC. 2/10/1989 LBC Newstalk. 8/10/1994 London News Radio. 27/11/1996: News Direct. 6/1/2003: LBC. National DAB Airdate: 11/2/2014		

LBC NEWS

News England, Wales and Northern Ireland (D1 Mux)	DAB+ 11D	
Scotland (D1 Mux)	DAB+ 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
London area	AM 1152	
6/10/1973: LBC. 2/10/1989 London Talkback Radio. 8/10/1994: London Newstalk Radio 1/1/1996: LBC. 6/1/2003: LBC News. National DAB+ Airdate: 28/10/2019		

LEGACY 90.1 FM

Rhythmic Music Central Manchester	Community	FM 90.1
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LEICESTER COMMUNITY RADIO

Mixed Format Leicester	Community	AM 1449
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LEISURE FM

Mixed Format Braintree, Essex	Community	FM 107.4
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RADIO LEYLAND

Mixed Format Leyland, Lancashire	Community	FM 104.8
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LIKE RADIO

Contemporary Gloucestershire	Like Radio	DABm 10C
Herefordshire and Worcestershire		DABm 12A
North East Birmingham		DAB+ 9A

LINCOLN CITY RADIO

Oldies, Mixed Format Lincoln	Community	FM 103.6
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LINCS FM

Adult Lincolnshire, North Lincolnshire and Hull	Lincs (Bauer)	680 000
Grantham, Lincolnshire		DABs 12A
Scunthorpe, North Lincolnshire		FM 96.7
Lincolnshire		FM 97.6
1/3/1992. 1995: +Grantham. 1999: +Scunthorpe.		FM 102.2

LINK FM

Asian Sheffield	Community	FM 96.7
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LIONHEART RADIO

Mixed Format Alnwick, Northumberland	Community	FM 107.3
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LISBURN CITY RADIO

Mixed Format Lisburn	Community	FM 98.8
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LITTLE RADIO

Childrens Portsmouth	Nationn	DAB+7D
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LIVERPOOL COMMUNITY RADIO

Mixed Format Liverpool	Community	FM 106.7
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LOCHBROOM FM

Adult Lochinver & Enard Bay	Independent	2 000
Ullapool area, Highland		FM 96.8
23/8/1997. 2001: + Lochinver & Enard Bay.		FM 102.2

LONDON GREEK RADIO

Greek North East Birmingham	Independent	2 980 000
Central London		DABs 9A
Glasgow		DAB+ 9A
Manchester		DAB+10B
North London		DAB+ 10B
13/11/1989 in London. Shared frequency with WNK (Dance)		FM 103.3
until 1994. Other cities from 2015.		

LOVE 80s

80s Music Manchester	Dee Radio	DAB+ 10B
North East Wales, West Cheshire and Merseyside		DAB+ 10D

LOVE SPORT

Sport, Talk London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	8 430 000
NE London, SW Essex, SE Herts		a DABm 11D
a: 5/3/2018: Love Sport		b AM 1584
b: 17/8/1995: London Turkish Radio (Turkish). 4/2014: Turkish Gold. 6/3/2015: Panjab Radio. 1/8/2019: Love Sport		

LYCA DIL SE 1035

Asian London area, Surrey, W Kent, Herts, Luton (Mx 3)	Lyca Media	7 440 000
West and Central London		DABm 11B
1/9/1994: Country 1035. 2000: Ritz. 2003: Easy R London (all Country formats). 1/2005: Kismet. 12/2013: Sunrise R3. 2/2014: R 1035. 9/2014: Lyca Dil Se.		AM 1035

LYCA RADIO 1458

Asian London area, Surrey, W Kent, Herts, Luton (Mx 3)	Lyca Media	10 410 000
London area		DABm 11B
5/11/1989: Sunrise R in West London. 1/1/1994: London wide. 12/2013: Sunrise R1. 2/2014: R 1458. 9/2014: Lyca R		AM 1458

M**RADIO MAC**

Muslim Community Bradford	Community	FM 107.1
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MAGIC

Format: Oldies and Easy Listening Music Broadcaster: Bauer		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABs 12C	
London area		FM 105.4
Satellite 0180, DTT 715, Cable 928		
Airdate (London): 9/7/1990: Melody (Soft, Nostalgic Format). Nostalgic phased out 1996-98. 9/1998-11/1998: Magic. National DAB Airdate: 5/1/2015		

MAGIC CHILLED

Format: Soft Adult Contemporary Music Broadcaster: Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DAB+ 12C	
Birmingham area, West Midlands, SE Staffs	DABm 11C	
South Yorkshire, North Notts, Chesterfield	DABm 11C	
Leeds and Wakefield Districts	DABm 12D	
East Yorkshire and North Lincolnshire	DABm 11B	
Tees Valley and County Durham	DABm 11B	
Tyne and Wear, North Durham, Northumberland	DABm 11C	
Greater Manchester and North East Cheshire	DABm 12C	
Central and East Lancashire	DABm 12A	
Merseyside and West Cheshire	DABm 10C	
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C	
Edinburgh, Lothian and South Fife	DABm 12D	
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B	
Inverness area	DABm 12D	
Northern Ireland	DABm 12D	
Airdate: 21/3/2016 on SDL national multiplex. Moved to local multiplexes on 11/2/2019		

MAGIC SOUL

Format: Classic Soul music Broadcaster: Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABm 12C	
L South Yorkshire, North Notts, Chesterfield	DABm 11C	
eeds and Wakefield Districts	DABm 12D	
East Yorkshire and North Lincolnshire	DABm 11B	
Tees Valley and County Durham	DABm 11B	
Tyne and Wear, North Durham, Northumberland	DABm 11C	
Greater Manchester and North East Cheshire	DABm 12C	
Central and East Lancashire	DABm 12A	
Merseyside and West Cheshire	DABm 10C	
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C	
Edinburgh, Lothian and South Fife	DABm 12D	
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B	
Inverness area	DABm 12D	
Northern Ireland	DABm 12D	
Airdate: 7/3/2013 (Online), DAB in London 12/2014. DAB in NE, Yorkshire, Scotland, N Ireland: 1/5/2016. DAB in Birmingham 1/5/2016-23/5/2018. DAB in North West and South Yorkshire from 4/2/2019		

MANSFIELD 103.2 FM

Adult Mansfield & Ashfields, Notts	Independent	210 000
1/12/1999.		FM 103.2

MANX RADIO

Mixed Format Central Isle of Man	Independent	65 000
Ramsay, Isle of Man		FM 89.0
Peel area, Isle of Man		FM 89.5
South and East Isle of Man		FM 97.2
North Isle of Man		FM 103.7
Isle of Man		AM 1368
Some separate programmes on AM and FM 1968. 2014: +Ramsay and Peel.		

RADIO MARIA

Christian (Catholic) London area, Surrey, W Kent, Herts, Luton (Mx 2)	Independent	DAB+ 12A
South and Central Cambridgeshire		DABm 11C

MARITIME RADIO

Mixed Format Greenwich area, London	Community	FM 96.5
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MARLOW FM

Mixed Format Marlow, Bucks	Community	FM 97.5
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MATRYOSHKA RADIO

Russian Music London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABs 11B
Glasgow		DAB+ 10B

MAX

80s Music Manchester	Independent	DAB+ 10B
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MEARNS FM

Mixed Format Stonehaven, Aberdeenshire Inverbevie, Aberdeenshire Laurencekirk, Aberdeenshire	Community	FM 105.7 FM 106.2 FM 107.3
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MELLOW MAGIC

Format: Easy Listening Music Broadcaster: Bauer London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) Airdate: 14/3/2016.	DABm 11A
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MERIDIAN FM

Mixed Format East Grinstead, Sussex	Community	FM 107.0
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METAL MEYHEM

Heavy Rock Portsmouth	Independent	DAB+7D
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METRO RADIO

Contemporary, 10s, 00s Part of Hits Radio Network (England). Shares all programmes with TFM. Tyne and Wear, North Durham, Northumberland Tyneside, N Durham, S Nthmb Alnwick area, West Tyneside, Tyne & Wear Hexham & Tyne Valley 15/7/1974. 10/2/1989: +West Tyneside. 1996 + Tyne Valley and Alnwick.	Bauer	1 830 000 DABs 11C FM 97.1 FM 102.6 FM 103.0 FM 103.2
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MFR 2

Oldies All programmes from Greatest Hits Network (Scotland) Inverness area North Scotland 9/2014*.	Bauer	290 000 DABs 12D AM 1107
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MI HOUSE

Dance Brighton area	Independent	DAB+ 9A
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MI SOUL

Soul London area, Surrey, W Kent, Herts, Luton (Mx 2) Brighton area	Independent	DABm 12A DAB+ 9A
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MIGHTY RADIO

Mixed Format Southport	Community	FM 107.9
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MINSTER FM

Adult, Oldies York and North Yorkshire Thirsk area, North Yorkshire Northallerton & Bedale South & Central North Yorks a: 4/7/1992. (Thirsk added 1996, then joined Northallerton) b: 12/6/2007: Minster Northallerton FM. 2/11/2009: Star Radio. 4/2017: merged with Minster FM	UKRD (Bauer)	460 000 DABs 10C b FM 102.3 b FM 103.5 a FM 104.7
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MIX 96

Adult Aylesbury area 15/4/1994.	TLRC	160 000 FM 96.2
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MKFM

Mixed Format Hertfordshire, Bedfordshire, Buckinghamshire Milton Keynes	Community	DABm 10D FM 106.3
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MON FM

Mixed Format Anglesey	Community	FM 102.5
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MOORLANDS RADIO

Mixed Format Leek and Biddulph, Staffs	Community	FM 103.7
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MORAY FIRTH RADIO (MFR)

Contemporary, 10s, 00s Part of Hits Radio Network (Scotland) Some frequencies carry separate community radio services in the evenings: (C) Caithness FM, (Ki) Kinnaird Radio. Inverness area Speyside, Highland Fraserburgh area (Ki) Wick (C) Inverness & Moray Firth Thurso & Wick area (C) Keith & Buckie area 23/2/1982. 1995: +Speyside. 1997: +Thurso & Wick, Keith & Buckie and Fraserburgh.	Bauer	290 000 DABs 12D FM 96.6 FM 96.7 FM 96.7 FM 97.4 FM 102.5 FM 102.8
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MORE RADIO

Adult, Oldies Sussex Burgess Hill, Haywards Heath Lewes area, Sussex Eastbourne area Worthing Hastings area a: 31/3/2001: Bright FM. 17/10/2005: +Lewes. 11/4/2016: More Radio. b: 17/11/1997: Sovereign Radio. 11/4/2016: More Radio. c: 05/05/2003: Splash FM. 11/4/2016: More Radio. d: 10/4/1998: Arrow FM. 11/4/2016: More Radio.	Media Sound Holdings	790 000 DABm 10B a FM 106.4 a FM 106.8 b FM 107.5 c FM 107.7 d FM 107.8
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N**NATION RADIO (LONDON)**

Oldies London area, Surrey, W Kent, Herts, Luton (Mx 2) 26/6/2016: Thames Radio. 25/6/2018: Nation Radio	Nation Broadcasting	DAB+ 12A
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NATION RADIO (SCOTLAND)

Oldies Glasgow Glasgow area 9/2018	Nation Broadcasting	DABs 10B FM 96.3
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NATION RADIO (WALES)

Oldies, Easy Listening Pembrokeshire, Carmarthenshire, Swansea Cardiff, Newport and South East Wales North East Wales, West Cheshire and Merseyside Conwy county Gwynedd and Anglesey Lampeter & Teifi Valley Cardigan & Newcastle Emlyn Carmarthenshire Ceredigion Cardiff and SE Wales Pembrokeshire Swansea area a: 14/12/1992: Radio Ceredigion. 1/6/2019: Nation Radio b: 29/11/2007: XFM. 16/6/2008: Nation Radio. Rock format until 2017. 8/2017: Carmarthenshire added, 11/2017: Pembrokeshire added	Nation Broadcasting	1 4250 000 b DABs 12D b DABs 12C DAB+ 10D DABs 12D DABs 10D a FM 96.6 a FM 97.4 b FM 102.9 a FM 103.3 b FM 106.8 b FM 107.1 b FM 107.3
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NEVIS RADIO

Adult, Contemporary Fort William area, Highland Glen Coe, Highland Mallaig, Arisaig & SE Skye Ballachulish & Loch Leven 1/8/1994. 1997: Coverage extended.	Community	20 000 FM 96.6 FM 96.6 FM 102.3 FM 102.4
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NEW STYLE RADIO

Rhythmic Music Birmingham	Community	FM 98.7
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NEWS RADIO UK

News Glasgow Portsmouth	Independent	DAB+m 10B DAB+m 7D
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RADIO NEWARK

Mixed Format Lincolnshire, North Lincolnshire and Hull Newark, Notts	Community	DAB+ 12A FM 107.8
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RADIO NEWQUAY

Mixed Format Newquay, Cornwall	Community	FM 107.8
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NEWSTALK 106-108

News and Talk Satellite 0210 Also available on FM in Republic of Ireland (see Ireland section)	Communicorp
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NINESPRINGS RADIO

Mixed Format Yeovil area, Somerset	Community	FM 104.5
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NLIVE

Mixed Format Northampton	Community	FM 106.9
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NME 1

Rock Brighton area Central London Norwich	Independent	DAB+ 9A DAB+ 9A DAB+ 9A
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NME 2

Contemporary Rock Norwich	Independent	DAB+ 9A
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NOMAD RADIO

Somali Community Hammersmith & Fulham, London	Community	FM 92.2
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NOODS RADIO

Rhythmic Music Bristol	Community	DABs 9A
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NORTH MANCHESTER FM

Mixed Format North Manchester	Community	FM 106.6
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NORTH NORFOLK RADIO

Oldies, Adult	Celador (Bauer)	120 000
Shares all programmes with The Beach, Dream 100, Radio Norwich and Town FM		
North East Norfolk		FM 96.2
Fakenham		FM 96.2
North West Norfolk		FM 103.2
Cromer, Sheringham, Norfolk		FM 103.2
10/11/2003. 11/2005: +Fakenham.		

NORTHSOUND ONE

Contemporary, 10s, 00s	Bauer	410 000
Part of Hits Radio Network (Scotland)		
Aberdeen, Aberdeenshire		DABs 11C
East Aberdeenshire		FM 96.9
Aberdeen		FM 97.6
Peterhead area, Aberdeenshire		FM 103.0
27/7/1981.		

NORTHSOUND TWO

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Aberdeen, Aberdeenshire		DABs 11C
1995*.On AM until 3/4/2018.		

RADIO NORWICH

Oldies, Adult	Celador (Bauer)	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Town FM		
Norwich		DABs 9A
Norwich area		FM 99.9
7/2006.		

NOVA FM

Mixed Format	Community	
Newport, Shropshire		FM 97.5

NOVA RADIO NORTH EAST

Mixed Format	Community	
Newcastle		102.5

NU SOUND RADIO

Asian	Community	
Central London		DAB+ 9A
Newham, E London		FM 92.0

O**OBAN FM**

Mixed Music	Independent	10 000
Opts-out of Clyde 2		
Oban area, Highland		FM 103.3
1/7/1996.		

OLDHAM COMMUNITY R

Mixed Format	Community	
Oldham		FM 99.7

1BTN

Dance Music	Community	
Brighton area		DAB+ 9A
Central and East Brighton		FM 101.4

ORIGINAL 106

Oldies, Adult, Rock	DC Thompson	110 000
Aberdeen, Aberdeenshire		DABm 11C
Aberdeen		FM 106.3
Peterhead area, Aberdeenshire		FM 106.3
East Aberdeenshire		FM 106.8
28/10/2007.		

P**PAISLEY FM**

Mixed Format	Community	
Glasgow		DAB+ 10B
Paisley		FM 107.5

RADIO PANJ

Punjabi	Community	
Coventry		AM 1521

PANJAB RADIO

Format: Music & Talk for the Panjabi and Sikh Communities		
Broadcaster: Independent		
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		
		DABm 11A
London area		AM 558
Satellite 0130		
Airdate: 1/9/200 (Satellite), 4/11/2003 (Local DAB), 29/2/2016 (National DAB)		
AM: 25/6/1990: Spectrum Radio (Mixed ethnic). 5/3/2018: Love Sport. 1/8/2019: Panjab Radio		

PARK RADIO

Mixed Format	Community	
Harleston, Norfolk		FM 105.2
Diss, Norfolk		FM 107.6

PASSION

Dance	Community	
Portsmouth		DAB+7D

PEAK FM

Contemporary, Adult	Scala (Bauer)	320 000
Matlock and Bakewell		FM 102.0
Chesterfield area		FM 107.4
7/10/1998.		

RADIO PEMBROKESHIRE

Adult, Oldies	Nation Broadcasting	110 000
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and Swansea Bay Radio		
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
Pembrokeshire		FM 102.5
Fishguard & Newport, Pems		FM 107.5
Tenby, Pembrokeshire		FM 107.5
14/07/2002.		

PENISTONE COMMUNITY RADIO

Mixed Format	Community	
Penistone, South Yorks		FM 95.7

PETERBOROUGH COMMUNITY RADIO

Mixed Format	Community	
Peterborough		FM 103.2

PHOENIX RADIO

Mixed Format	Community	
Halifax		FM 96.7

PHOENIX FM

Mixed Format	Community	
Brentwood		FM 98.0

PHONIC FM

Mixed Format	Community	
Exeter		FM 106.8

PIRATE FM

Adult, Oldies	UKRD (Bauer)	790 000
Cornwall		DABs 11B
East Cornwall & West Devon		FM 102.2
West Cornwall		FM 102.8
3/4/1992.		

PIRATE 80s

80s Music	UKRD (Bauer)	
Programmes shared with Eagle 80s		
Cornwall		DABs 11B

PLANET ROCK

Format: Classic Heavy Rock Music		
Broadcaster: Bauer		
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		
		DABm 11A
Satellite 0110/730, Cable 924		
Airdate: 15/11/1999 (Moved from D1 Mux on 29/2/2016)		

PLATFORM B

New Music	Community	
Brighton area		DAB+ 9A
Brighton		FM 105.5

RADIO PLUS

Christian Contemporary	Community	
Coventry		FM 101.5

RADIO PLYMOUTH

Adult, Oldies	Independent	300 000
Plymouth area		FM 106.7
28/10/2010.		

POLSKIE RADIO

Polish	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

PREMIER CHRISTIAN RADIO

Format: Christian Talk and Music
 Broadcaster: London Christian Radio
 Most of England, South Wales, Central/NE Scotland, Central/
 Eastern Northern Ireland (SD Mux) DABm 11A
 NE London, SE Herts, SW Essex a AM 1305
 South London & East Surrey a AM 1305
 London a AM 1332
 E London & Thames Estuary a AM 1413
 W London, E Berks & N Surrey a AM 1413
 W Surrey, NE Hants b AM 1566
 DTT 725
 Airdate: a: 10/06/1995
 b: 7/6/1988*: *First Gold (Oldies)*, 4/5/1992: *County Sound*,
 1994: *Mercury Extra*, 4/9/1995: *County Sound Radio (Oldies, Talk)*,
 13/7/2012: *Eagle Extra*. 1/12/2014: *Premier Radio*
 National DAB: 21/9/2009 (Moved from D1 Mux on 29/2/2016)

PREMIER GOSPEL

Gospel Music (Christian)	London Christian Radio	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
Surrey, North East Hampshire, South London		DABm 10C
Airdate: 21/9/2009 (London)		

PREMIER PRAISE

Format: Christian
 Broadcaster: London Christian Radio
 Most of England, South Wales, Central/NE Scotland, Central/
 Eastern Northern Ireland (SD Mux) DABm 11A
 Airdate: 27/3/2016.

PRIDE RADIO

Music for Gay Community	Community	
Newcastle		FM 89.2

PULSE FM

Mixed Format	Community	
Glasgow		DABs 10B
Barrhead, near Glasgow		FM 98.4

PULSE 1

Contemporary, Adult	Scala (Bauer)	1 140 000
Bradford, Calderdale and Kirklees Districts		DABs 11B
Bradford area		97.5
Huddersfield & Halifax area		FM 102.5
16/9/1975: <i>Pennine Radio</i> . 4/12/1984: + <i>Huddersfield and Halifax</i> . 31/8/1991: <i>The Pulse from</i> . 2014: <i>Pulse 1</i> .		

PULSE 2

Oldies	Scala (Bauer)	1 090 000
Bradford, Calderdale and Kirklees Districts		DABs 11B
Bradford area		AM 1278
Huddersfield and Halifax area		AM 1530
1/5/1989*: <i>Classic Gold (oldies)</i> . 13/9/1993: <i>Great Yorkshire Gold</i> . 17/3/1997: <i>Classic Gold</i> . 1/2000: <i>Big AM (adult, rock)</i> . 4/11/2001: <i>Classic Gold</i> . 3/8/2007: <i>Pulse Gold</i> . 12/2008: <i>Pulse 2</i> .		

PULSE 80s LIKELY TO CLOSE

80s Music	Scala (Bauer)	
Bradford, Calderdale and Kirklees Districts		DABs 11B
1/1/2018.		

PURBECK COAST FM

Mixed Format	Community	
Swanage area, Dorset		FM 101.2

PURE Coming Soon

Adult	DC Thompson	
Glasgow, Edinburgh, Central Scotland		DABs 11D

Q**Q RADIO**

Adult	Northern Media	1 160 000
Northern Ireland		a DABm 12D
Belfast area		a FM 96.7
Coleraine area		b FM 97.2
Ballycastle		h FM 97.6
South East Northern Ireland		c FM 100.5
Kilkeel, N Ireland		h FM 101.1
Newcastle, Northern Ireland		h FM 101.1
Fermangh & South Tyrone		d FM 101.2
Enniskillen, Fermanagh		h FM 102.1
Newtownabbey		a FM 102.5
Derry area		e FM 102.9
Cookstown & Maghera, NI		f 1 FM 06.0
Maghera, N Ireland		h FM 106.3
Dungannon area, N Ireland		f FM 107.2
Ballymena and Antrim		g FM 107.0
Larne, Northern Ireland		h FM 107.6
a: 6/9/1990: <i>BCR</i> . 1997: <i>City Beat</i> . 9/8/2015: <i>Q Belfast</i> b: 26/1/2000. c: 2006: <i>Five FM</i> . 2012: <i>Q100.5</i> d: 19/3/2002. e: 21/10/1993. f: 01/02/2003: <i>Mid FM</i> . 3/2004: + <i>Dungannon</i> . 2006: <i>Six FM</i> . 2012: <i>Q106-7</i> g: 1/11/2005: <i>Seven FM</i> . 2012: <i>Q107</i> . h: added 2017		

QUAY FM

Mixed Format	Community	
Alderney		FM 107.1

R**RAINBOW RADIO**

African	Independent	
Central London		DABm 9A
Satellite 0207		

RAAJ FM

Punjabi	Community	
Sandwell, West Midlands		FM 91.3

RADIO RAMADHAN 365

Muslim Community	Community	
Glasgow		DAB+ 10B
Glasgow		AM 1530

RATHERGOOD RADIO

Adult	View TV	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
12/2018		

RED KITE RADIO

Mixed Format	Community	
Haddenham & Thame, Oxon		FM 107.2

REDROAD FM

Mixed Format	Community	
South Rotherham		FM 102.4

REPREZENT FM

Rhythmic New Music	Community	
Central London		DABs 9A
South London		FM 107.3

RESONANCE

Arts, Experimental	Community	
Central London		DAB+ 9A
Central London		FM 104.4

RESONANCE EXTRA

Arts, Experimental	Community	
Central London		DAB+ 9A
Brighton area		DAB+ 9A
Bristol		DAB+ 9A
Cambridge		DAB+ 7D
Norwich		DAB+ 9A

RADIO REVERB

Mixed Format	Community	
Brighton area		DAB+ 9A
Central and East Brighton		FM 97.2

REVIVAL FM

Christian	Community	
Glasgow		DAB+ 10B
Glasgow		FM 93.0
Cumbernauld & Kirkintilloch		FM 100.8

REVIVE RADIO

Muslim Community	Community	
Newham, E London		FM 94.4

REVOLUTION FM

Adult	Independent	400 000
Manchester		DAB+ 10B
Oldham area		FM 96.2
30/8/1999.		

RHONDDA COMMUNITY RADIO

Mixed Format	Community	
Rhondda Valley, South Wales		FM 106.1

RIBBLE FM

Mixed Format	Community	
Clitheroe, Lancs		FM 106.7

RIDINGS FM

Oldies	Lincs (Bauer)	290 000
Wakefield area		FM 106.8
3/10/1999.		

RINSE FM

Rhythmic New Music	Community	
Central London		DABs 9A
Central London		FM 106.8

RNA FM

Mixed Music	Independent	30 000
Arbroath area, Angus		FM 96.6
Carnoustie, Angus		FM 107.5
Brechin Infirmary, Angus		FM 87.7
Strathcaro Hospital, Brechin, Angus		FM 87.7
Montrose Royal Infirmary, Angus		FM 87.7
Whitehills Health Centre, Forfar, Angus		FM 87.7
25/11/1998.		

RNIB CONNECT RADIO

Talk for visually impaired	Community	
West Glasgow		FM 101.0
DTT 730		

ROCK FM

Contemporary, 10s, 00s	Bauer	1 340 000
Part of Hits Radio Network (England)		
Central and East Lancashire		DABs 12A
South, West & Cent Lancashire		FM 97.4
1/6/1990*: Red Rose Rock FM. 1996: Rock FM.		

ROOTZ'N'ROCKERZ

Reggae	Community	
Manchester		DAB+ 10B

ROSSENDALE RADIO

Mixed Format	Community	
Rossendale, Lancashire		FM 104.7

ROTHER FM

Oldies, Adult	Lincs (Bauer)	250 000
Rotherham area		FM 96.1
15/10/2006.		

RTE RADIO 1

Format: Talk with Soft, Easy, Irish and Country music		
Broadcaster: RTE (Based: Dublin)		
Ireland, Wales, Western England & West Scotland		AM 252
Satellite 0160/750		
Airdate: 17/3/2004 on 252 (previously carried Atlantic 252		
1/9/1989-31/12/2001, Teamtalk 252 25/2/2002-31/7/2002)		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RTE 2FM

Contemporary, Adult	RTE	
Satellite 0164/751		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RTE LYRIC FM

Classical, Jazz	RTE	
Satellite 0165/752		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RTE RADIO NA GAELTACHTA

Irish Language	RTE	
Satellite 0166/753		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RUGBY FM

Adult	Quidem	100 000
Shares programmes with Touch Radio		
Rugby area		FM 107.1
31/08/2002.		

RUTLAND RADIO

Oldies, Adult	Lincs (Bauer)	4 500
Stamford, Lincs		FM 97.4
Rutland		FM 107.2
13/12/1998.		

RWS FM

Mixed Format	Community	
Bury St Edmunds		FM 103.3

S**SABRAS SOUND**

Asian	Independent	610 000
Leicestershire		DABm 11B
Loughborough area		FM 102.1
Leicester area		AM 1260
7/9/1995. (replaced Sunrise E Midlands 15/9/1992-7/9/1995)		

SALAAM RADIO

Muslim Community	Community	
Peterborough		FM 106.2

SALFORD COMMUNITY RADIO

Mixed Format	Community	
Salford and Swinton		FM 94.4

RADIO SALTIRE

Mixed Format	Community	
Musselborough area, East Lothian		FM 106.7
Tranent area, East Lothian		FM 107.2

SANDGROUNDERS RADIO

Oldies	Independent	
North East Wales, West Cheshire and Merseyside		DAB+ 10D
28/5/2016		

SAM FM (BRISTOL AND SWINDON)

Rock	Celador (Bauer)	620 000
Bristol and Bath area		DABm 11B
Bristol		DABs 9A
Bristol area		a FM 106.5
Swindon area		b FM 107.7
a: 20/5/2007: Original 106. 2/12/2009: Jack FM. 1/4/2015: Sam FM		
b: 2/9/2006-24/3/2010: Brunel FM. 8/2010: TotalStar. 6/2011: More Radio. 28/5/2012: Jack FM. 1/4/2015: Sam FM. 6/2016: Stations merged		

SAM FM (SOUTH COAST)

Rock	Nation	2 020 000
Portsmouth		DAB+ 7D
S Hampshire, W Sussex, Wight		FM 106.0
Bournemouth area		FM 106.6
Winchester		FM 106.6
1/10/2006: Original 106. 10/2008: Coast. 4/7/2011: Jack FM. 1/4/2015: Sam FM. Berks & N Hants DAB added 9/2017.		

RADIO SANGAM

Asian	Community	
North East Birmingham		DAB+ 9A
Manchester		DAB+ 10B
Huddersfield		FM 107.9

SANSKAR RADIO

Asian	Independent	
Leicestershire		DABm 11B

SCALA RADIO

Format: Classical Music		
Broadcaster: Bauer		
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD MUX)		
		DABs 11A
Satellite 0216		
Airdate: 4/3/2019		

RADIO SCILLY

Mixed Format	Community	
Isles of Scilly		FM 107.9

SCOTTISH SUN 80S

80s Music	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SCOTTISH SUN GREATEST HITS

Oldies	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SCOTTISH SUN HITS

Contemporary, Adult	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SEAHAVEN FM

Mixed Format	Community	
Newhaven & Seaford area		FM 96.3

SEASIDE RADIO

Mixed Format	Community	
Withemsea area, E Yorks		FM 105.3

SECKLOW SOUNDS

Mixed Format	Community	
Milton Keynes		FM 105.5

RADIO SEERAH

Muslim Community	Community	
Leicester		AM 1575

SFM

Mixed Format	Community	
Sittingbourne, Kent		FM 106.9

SHEFFIELD LIVE

Mixed Format	Community	
Central Sheffield		FM 93.2

SHEPPEY FM

Mixed Format	Community	
Isle of Sheppey, Kent		FM 92.2

SHMU FM

Mixed Format	Community	
Aberdeen		FM 99.8

SIBC

Contemporary, Adult	Independent	23 000
Shetland Islands		FM 96.2
Le Wick, Shetland		FM 102.2
19/10/1991.		

SIGNAL 1

Contemporary, Adult	Scala (Bauer)	970 000
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
East Cheshire		c FM 96.4
Stafford area		b FM 96.9
Stoke-on-Trent area		a FM 102.6
a: 5/9/1983.		
b: 1990: Signal. 15/10/1990: Echo 96. 1992: Signal.		
c: 1989: Signal Cheshire 15/10/1990: Echo 96. 1992: Signal Cheshire (merged with 104.9). 1997: Signal FM. 1/2000: Imagine FM. 2002: Signal 1 (separate from 104.9).		

SIGNAL 2

Oldies	Scala (Bauer)	560 000
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
Stoke-on-Trent area		AM 1170
14/9/1992*: Signal Gold (oldies). 1997: Signal 2. 1/2000: Big AM (adult, rock). 9/2002: Signal 2 (oldies).		

SIGNAL 80S LIKELY TO CLOSE

80s Music	Scala (Bauer)	
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
1/1/2018.		

SIGNAL 107

Adult	Scala (Bauer)	1 350 000
Shrewsbury area		a FM 106.5
Oswestry, Shropshire		a FM 107.1
Kidderminster area		b FM 107.2
Telford area		c FM 107.4
Wolverhampton area		d FM 107.7
a: 18/9/2006: The Severn.		
b: 9/2005: The Wyre.		
c: 3/5/1999: Telford FM. 20/9/2010: The Severn (merged).		
d 7/10/1997: The Wolf.		
All: 26/3/2012: Signal 107.		

SILK FM

Soft, Adult	Dee Radio	230 000
East Cheshire		FM 106.9
25/5/1998.		

SINE FM

Mixed Format	Community	
Doncaster		FM 102.6

SIREN FM

New Music, Pop	Community	
Lincoln		FM 107.3

60S

60s Music	Community	
Portsmouth		DAB+7D

SKYLAB RADIO

Chill-out music	Independent	
Norwich		DAB+ 9A
Portsmouth		DAB+7D

SKYLINE COMMUNITY RADIO

Mixed Format	Community	
Hedge End, Botley, West End		FM 102.5

SMOOTH RADIO (NETWORK)

Format: Easy Listening and Oldies Music
Broadcaster: Global

SMOOTH UK

Easy Listening, Oldies	Global Radio	
Herefordshire and Worcestershire		DABs 12A
Lincolnshire, North Lincolnshire and Hull		DABs 12A
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
East Yorkshire and North Lincolnshire		DABs 11B
York and North Yorkshire		DABs 10C
Satellite 0128, DTT 718, Cable 916		

The following stations relay Smooth UK with local news and information:

SMOOTH RADIO (LONDON)

Easy Listening, Oldies	Global Radio	9 650 000
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 102.2

4/3/1990: *Jazz FM (Jazz and Soul)*. Known as *JFM* 1994-95.
7/6/2005: *Smooth 26/3/2007: Easy/Oldies format*.

SMOOTH RADIO (AM/DAB)

Easy Listening, Oldies	Global Radio	12 910 000
Separate News and Information is broadcast for each area		
Kent and Eastern London		a DABs 11C
Sussex		c DABs 10B
South Hampshire and Isle of Wight		d DABs 11C
East, South and Central Dorset		b DABs 11B
Berkshire and North Hampshire		e DABs 12D
Oxfordshire		DABs 10B
Gloucestershire		f DABs 10C
Bristol and Bath area		g DABs 11B
West Wiltshire and Bath		g DABs 10D
Swindon area		g DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		h DABs 12D
Cornwall		DABs 11B
Most of Essex		n DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		j DABs 10D
Suffolk		l DABs 10C
East Norfolk		k DABs 10B
East Kent		a AM 603
Gloucestershire		f AM 774
Beds, NE Herts, SE Cambs		j AM 792
Bournemouth area		b AM 828
W & C Herts, S Beds, E Bucks		j AM 828
West Wiltshire		g AM 936
East Sussex		c AM 945
Plymouth area		h AM 1152
Swindon area		f AM 1161
Portsmouth area		d AM 1170
South and East Suffolk		l AM 1170
West Kent		a AM 1242
West Suffolk		l AM 1251
Brighton and South Sussex		c AM 1323
Central, North & SW Essex		n AM 1359
South East Essex		n AM 1431
Southampton area		d AM 1557
East Norfolk and NE Suffolk		k AM 1152
a: 27/3/1989*: <i>Coast AM (oldies)</i> . 1991: <i>Invicta Supergold</i> . 23/2/1998: <i>Capital Gold</i> . b: 15/9/1990*: <i>2CR Classic Gold</i> : 1995: <i>Classic Gold</i> . c: 10/3/1991*: <i>South Coast Radio (Talk, Nostalgia)</i> . 1995: <i>oldies</i> . 1996: <i>+East Sussex 1/6/1998: Capital Gold</i> . d: 4/12/1988*: <i>Ocean Gold (Oldies)</i> . <i>South Coast Radio (Talk, Nostalgia)</i> . 1995: <i>oldies</i> . 1/6/1998: <i>Capital Gold</i> . e: 1990*: 210 <i>Classic Gold (oldies)</i> . 1997: + 1485. f: 1/10/1990*: <i>Three Counties Radio (oldies)</i> , then <i>Severn Sound Supergold</i> . 1996: <i>Classic Gold</i> . g: 15/11/1988: <i>Brunel Radio (oldies)</i> . 1990: <i>Brunel Classic Gold</i> . 1998: <i>Classic Gold</i> . h: 1994*: <i>Plymouth Sound AM (oldies)</i> . 7/2/2000: <i>Classic Gold</i> . j: 15/7/1990*: <i>Chiltern Supergold (oldies)</i> . 1996: <i>Classic Gold</i> . k: l: 24/9/1995* <i>Amber R (oldies)</i> . 1998: <i>Classic Gold Amber</i> . n: 16/7/1989*: <i>Breeze (oldies)</i> . 1/2001: <i>Classic Gold Breeze</i> . All: 3/8/2007: <i>Gold (oldies)</i> . 28/6/2010: <i>National plus local news</i> . 24/3/2014: <i>Smooth Radio</i> .		

SMOOTH RADIO (WALES)

Easy Listening, Oldies	Global Radio	910 000
Separate programmes Mon-Fri 1500-1900		
Cardiff, Newport and South East Wales		a DABs 12C
Conwy county		b DABs 12D
Gwynedd and Anglesey		b DABs 10D
Wrexham & West Cheshire		b AM 1260
Newport area		a AM 1305
Cardiff area		a AM 1359
a: 15/7/1990*: <i>Touch Radio (oldies)</i> . 7/1999: <i>Capital Gold</i> . 3/8/2007: <i>Gold</i> . 24/3/2014: <i>Smooth</i> . b: 31/3/1989*: <i>Marcher Gold (oldies)</i> . 2001: <i>Classic Gold Marcher</i> .		

The following stations opt-out of Smooth UK with local output Mon-Fri 06-10, together with local news and information.

SMOOTH RADIO (EAST MIDLANDS, NET)

Easy Listening, Oldies	Communicorp	2 880 000
Leicestershire		a DABm 11B
South and Central Nottinghamshire		a DABm 12C
South and Central Derbyshire, SE Staffordshire		a DABm 10B
Wellingborough area		b FM 97.2
Derby		a FM 101.4
East Midlands and Lincoln		a FM 106.6
Peterborough area		c FM 106.8
Kettering and Corby area		b FM 107.4
A: 11/02/2003 <i>Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)</i> b: 6/4/1990 (AM): <i>KCBC</i> . 4/1998: <i>KCBC on 107.4 FM and Connect on 97.2</i> . 22/11/1999: <i>Connect on 107.4</i> . c: 24/7/1999: <i>Life FM</i> . 4/1/2010: <i>Connect Radio</i> . b/c: 9/2010: <i>Stations merged</i> . 1/10/2019: <i>Smooth Radio</i>		

SMOOTH RADIO (LAKES)

Oldies, Adult	Global Radio	100 000
Kendal, Cumbria		FM 100.1
Windermere & Ambleside		FM 100.8
Keswick		FM 101.4
27/10/2001: <i>Lakeland Radio</i> . 4/2013: <i>+Keswick</i> . 5/3/2018: <i>Smooth</i>		

SMOOTH RADIO (NORTH EAST)

Easy Listening, Oldies	Communicorp	2 500 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
Tyneside, Durham, S Nthmb		FM 97.5
Hexham & Tyne Valley		FM 96.4
West Tyneside, Tyne & Wear		FM 107.5
Teeside		FM 107.7
8/1/2008. <i>National plus local news 4/10/2010-23/3/2014</i> .		

SMOOTH RADIO (NORTH WEST)

Easy Listening, Oldies	Communicorp	5 670 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Merseyside and West Cheshire		DABs 10C
North West England		FM 100.4
1/9/1994 as <i>JFM (Jazz, Soul)</i> . 1995: <i>Jazz FM</i> . 3/2004: <i>Smooth FM (Soul)</i> . 2007: <i>Easy listening format</i> . <i>National plus local news 4/10/2010-23/3/2014</i> .		

SMOOTH RADIO (SCOTLAND)

Easy Listening, Oldies	Global Radio	1 900 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Glasgow and Clydeside area		FM 105.2
7/9/2004 <i>Saga FM</i> . 26/3/2007: <i>Smooth</i> .		

SMOOTH RADIO (WEST MIDLANDS)

Easy Listening, Oldies	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
West Midlands region		FM 105.7
16/10/2001: <i>Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)</i>		

SMOOTH EXTRA

Easy Listening, Oldies	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)		DAB+ 11D
Scotland (D1 Mux)		DAB+ 12A
Airdate: 27/12/2014. DAB+ from 6/6/2019.		

SMOOTH CHILL

Chill-out music	Global Radio	
London area, Surrey, W Kent, Herts, Luton (Mx 1)		a DAB+ 12C
3/2005: <i>Chill (Coverage cut 08-09/2009)</i> . 3/2/2019: <i>Smooth Chill</i>		

SMOOTH COUNTRY

Format: Country Music		
Broadcaster: Global Radio		
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABs 12A
Kent and Eastern London		DABs 11C
Sussex		DABs 10B
East, South and Central Dorset		DABs 11B
Berkshire and North Hampshire		DABs 12D
Swindon area		DABs 11C
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		DABs 12C
Cornwall		DABs 11B
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
Birmingham area, West Midlands, SE Staffs		DABs 11C
Most of Essex		DABs 12D
South and Central Cambridgeshire		DABs 11C
East Norfolk		DABs 10B
North Cambridgeshire, Huntingdon, S Lincs		DABs 12D
East Yorkshire and North Lincolnshire		DABs 10D
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABm 12A
Airdate: 3/9/2019		

SOLAR RADIO

Soul	Independent	
North East Birmingham		DAB+ 9A
Brighton area		DAB+ 9A
Central London		DAB+ 9A
Norwich		DAB+ 9A

SOMER VALLEY FM

Mixed Format	Community	
Bristol		DABs 9A
Midsomer Norton, Somerset		FM 97.5

SOUNDART RADIO

Mixed Format	Community	
Totnes		FM 102.5

THE SOURCE

Mixed Format	Community	
Falmouth & Penryn		FM 96.1

SOUL KALEEJ

Arabic Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A

SPARK FM

Contemporary, New Music	Community	
Sunderland		FM 107.0

SPECTRUM RADIO

Mixed Format	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
Norwich		DAB+ 9A

SPEYSOUND RADIO

Mixed Format	Community	
Badenoch & Strathspey		FM 107.1

SPICE FM

Asian	Community	
Newcastle		FM 98.8

SPIRE FM

Adult, Oldies	UKRD (Bauer)	100 000
South Wiltshire		FM 102.0
20/9/1992.		

SPIRIT FM

Adult, Oldies	UKRD (Bauer)	240 000
Chichester and Bognor Regis		FM 96.6
Littlehampton and Arundel		FM 102.3
North West Sussex		FM 106.6
21/4/1996. 1997: <i>+Littlehampton</i> . 2005: <i>+Midhurst</i>		

RADIO ST AUSTELL BAY

Mixed Format	Community	
St Austell, Cornwall		FM 105.6

STAFFORD FM

Mixed Format	Community	
Stafford		FM 107.3

STAR 107

Adult	Independent	270 000
Cambridge		DABs 7D
Ely and Littleport area		a FM 107.1
Saffron Walden, Essex		FM 107.3
Cambridge area		b FM 107.9
a: 4/10/1999: <i>X-Cel FM</i> . 5/11/2001: <i>Star</i> b: 23/3/1998: <i>Cambridge Cafe Radio</i> . 1998: <i>Cambridge Red</i> . 31/7/2000: <i>The Eagle</i> . 21/6/2001: <i>Star</i> . Both: 2004: <i>Stations Merged</i> ; <i>Saffron Walden added 2019</i>		

STARPOINT			SWANSEA SOUND			T		
Soul	Community		Oldies	Bauer	450 000	TAKEOVER RADIO (LEICESTER)		
Brighton area		DAB+ 9A	Swansea, Neath Port Talbot and Carmarthenshire		DABs 12A	Childrens	Community	
North East Birmingham		DAB+ 9A	Swansea area		AM 1170	Leicester		FM 103.2
Portsmouth		DAB+7D	30/9/1974.			TAKEOVER RADIO (ASHFIELD)		
STRAWBERRY RADIO			SWINDON 105			TAKEOVER RADIO (ASHFIELD)		
Adult	Independent		Mixed Format	Community		Childrens	Community	
Manchester		DAB+ 10B	Swindon		FM 105.5	Sutton in Ashfield area		FM 106.9
STRAY FM			SWITCH RADIO			TALK SPORT		
Adult, Oldies	UKRD (Bauer)	250 000	Mixed Format	Community		Format: Sport Broadcaster: Wireless		
York and North Yorkshire		DABs 10C	North East Birmingham		DAB+ 9A	England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Harrogate area		a FM 97.2	NE Birmingham & Solihull		FM 107.5	Scotland (D1 Mux)		DABm 12A
Pateley Bridge, North Yorks		b FM 107.1				London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
Ilkley area, West Yorks		b FM 107.1				Glasgow, Edinburgh, Central Scotland		DABm 11D
Skipton town		b FM 107.1				Aberdeen, Aberdeenshire		DABm 11C
Craven District, incl Skipton		b FM 107.8				Ayrshire		DABm 11B
a: 4/7/1994.						<i>Seven AM transmitters, marked below, will close in late 2019 or early 2020 subject to Ofcom approval</i>		
b: 4/5/1997: Yorkshire Dales Radio on AM. 1999: Fresh R. 2007: +Ilkley and Pateley FM. 2012: Move to FM and join Stray FM.						London & South East England		AM 1089
SUFFOLK FIRST			SUKH SAGAR			TALK SPORT		
Oldies, Country	Bauer		Asian religious	Independent		West Kent, N Sussex, E Surrey		AM 1053
Suffolk		DABm 10C	Satellite 0150			North Sussex and East Surrey		AM 1107
SUN FM			SUNNY GOVAN RADIO			TALK SPORT		
Adult, Oldies	Nation Broadcasting	390 000	Mixed Format	Community		South East Kent & S East Sussex		AM 1107
Sunderland area		FM 103.4	Govan, Glasgow		FM 103.5	Brighton and South Sussex		AM 1053
5/11/1990: Wear FM. 1/7/1995: Sun City. 1997: Sun FM.						S Hampshire & Isle of Wight		AM 1107
SUNRISE RADIO (UK)			SUNOH RADIO			TALK SPORT		
Format: Asian	Broadcaster: Independent		Asian	Independent		Bournemouth area		AM 1053
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		DABm 11A	Glasgow, Edinburgh, Central Scotland		DABm 11D	Exeter area <i>To close</i>		AM 1053
East and Central London		AM 963				Torbay area <i>To close</i>		AM 1107
West and Central London		AM 972				Plymouth area <i>To close</i>		AM 1053
Airdate (London): 1/9/2003: Club Asia. 2009: Buzz Asia. 12/2013: Sunrise R2. 2/2014: Sunrise Radio. (Replaced 3/7/1995: Radio Viva. 1996-2/7/2003: Liberty Radio).						West Cornwall <i>To close</i>		AM 1089
Airdate (National DAB): 29/2/2016.						South Wales & West England		AM 1089
SUNRISE RADIO (YORKSHIRE)			SUNRISE RADIO (LUDLOW)			TALK SPORT		
Asian	Independent	430 000	Adult, Oldies	Laser	110 000	Central England		AM 1053
Bradford, Calderdale and Kirklees Districts		DABm 11B	S Shropshire & N Herefordshire		FM 105.9	Norfolk and Suffolk		AM 1053
Manchester		DAB+m 10B	FM transmitter is to relocate to Clee Hill on a new frequency			Lincs, Peterborough, KingsLynn		AM 1107
Glasgow		DAB+ 10B	S Shropshire & N Herefordshire		AM 855	Nottinghamshire, E Derbyshire		AM 1071
Bradford area		FM 103.2	18/10/1992 on AM. FM added 5/2013.			Merseyside and North East Wales		AM 1107
9/12/1989: Bradford City Radio. 1991: Sunrise.						NW England, Yorks, N Wales		AM 1089
SUNSHINE RADIO (LUDLOW)			SUNSHINE (HEREFORDSHIRE AND MONMOUTHSHIRE)			TALK SPORT		
Adult, Oldies	Laser	110 000	Adult, Oldies	Laser	220 000	East Yorkshire and North Lincolnshire		AM 1053
S Shropshire & N Herefordshire		FM 105.9	Herefordshire and Worcestershire		DABs 12A	Teeside, S Durham, N Yorks		AM 1053
FM transmitter is to relocate to Clee Hill on a new frequency			Gloucestershire		DABs 10C	Tyneside, N Durham, S Nthmb		AM 1071
S Shropshire & N Herefordshire		AM 855	Herefordshire		FM 106.2	SW Scotland, N & W Cumbria		AM 1053
18/10/1992 on AM. FM added 5/2013.			East Monmouthshire		FM 107.0	Central Scotland		AM 1089
SUNSHINE RADIO			SUNSHINE (HEREFORDSHIRE AND MONMOUTHSHIRE)			TALK SPORT		
Christian	Community		Adult, Oldies	Laser	220 000	Dundee, Angus and North Fife		AM 1053
East Belfast		FM 104.9	Herefordshire and Worcestershire		DABs 12A	Aberdeen and Aberdeenshire <i>To close</i>		AM 1089
SUSY RADIO			SUNSHINE RADIO (LUDLOW)			TALK SPORT		
Mixed Format	Community		Adult, Oldies	Laser	110 000	North Scotland <i>To close</i>		AM 1053
Reigate and Redhill, Surrey		FM 103.4	S Shropshire & N Herefordshire		AM 855	Belfast & East Northern Ireland		AM 1089
SWANSEA BAY RADIO			SUNSHINE RADIO (LUDLOW)			TALK SPORT		
Adult, Oldies	Nation Broadcasting	400 000	Adult, Oldies	Laser	110 000	Derry area <i>To close</i>		AM 1089
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire			S Shropshire & N Herefordshire		FM 105.9	96% → 93% daytime coverage		
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D	FM transmitter is to relocate to Clee Hill on a new frequency			Marginal reception is available in most other areas except parts of NW Scotland and Fermanagh		
Swansea area		FM 102.1	S Shropshire & N Herefordshire		AM 855	Satellite 0108, DTT 723, Cable 927		
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio			18/10/1992 on AM. FM added 5/2013.			Airdate: 14/2/1995 as Talk Radio (Talk and News format), Sport phased in 1998-2000. Talk Sport from 17/1/2000		
SWANSEA BAY RADIO			SUNSHINE RADIO (LUDLOW)			TALK SPORT		
Adult, Oldies	Nation Broadcasting	400 000	Adult, Oldies	Laser	110 000	TALK SPORT 2		
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire			S Shropshire & N Herefordshire		FM 105.9	Format: Sport	Broadcaster: Wireless	
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D	FM transmitter is to relocate to Clee Hill on a new frequency			Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		DABm 11A
Swansea area		FM 102.1	S Shropshire & N Herefordshire		AM 855	Aberdeen, Aberdeenshire		DABm 11C
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio			18/10/1992 on AM. FM added 5/2013.			Airdate: 15/3/2016.		
SWANSEA BAY RADIO			SUNSHINE RADIO (LUDLOW)			TALK RADIO		
Adult, Oldies	Nation Broadcasting	400 000	Adult, Oldies	Laser	110 000	Format: Talk	Broadcaster: Wireless	
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire			S Shropshire & N Herefordshire		FM 105.9	Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		DABm 11A
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D	FM transmitter is to relocate to Clee Hill on a new frequency			Aberdeen, Aberdeenshire		DABm 11C
Swansea area		FM 102.1	S Shropshire & N Herefordshire		AM 855	Airdate: 21/3/2016.		
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio			18/10/1992 on AM. FM added 5/2013.			TAMESIDE COMMUNITY RADIO		
SWANSEA BAY RADIO			SUNSHINE RADIO (LUDLOW)			TALK RADIO		
Adult, Oldies	Nation Broadcasting	400 000	Adult, Oldies	Laser	110 000	Mixed Format	Community	
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire			S Shropshire & N Herefordshire		FM 105.9	Tameside		FM 103.6
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D	FM transmitter is to relocate to Clee Hill on a new frequency			RADIO TAMWORTH		
Swansea area		FM 102.1	S Shropshire & N Herefordshire		AM 855	Pop, New Music	Community	
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio			18/10/1992 on AM. FM added 5/2013.			Tamworth, Staffs		FM 106.8
SWANSEA BAY RADIO			SUNSHINE RADIO (LUDLOW)			TAY FM		
Adult, Oldies	Nation Broadcasting	400 000	Adult, Oldies	Laser	110 000	Contemporary, 10s, 00s	Bauer	410 000
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire			S Shropshire & N Herefordshire		FM 105.9	Part of Hits Radio Network (Scotland)		
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D	FM transmitter is to relocate to Clee Hill on a new frequency			Dundee, Angus, Perth & Kinross, North Fife		DABs 11B
Swansea area		FM 102.1	S Shropshire & N Herefordshire		AM 855	Dundee		FM 96.4
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio			18/10/1992 on AM. FM added 5/2013.			Perth area		FM 96.4
SWANSEA BAY RADIO			SUNSHINE RADIO (LUDLOW)			TAY FM		
Adult, Oldies	Nation Broadcasting	400 000	Adult, Oldies	Laser	110 000	Dundee, Angus and North Fife		FM 102.8
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire			S Shropshire & N Herefordshire		FM 105.9	9/1/1995*. 2007: +Dundee relay.		
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D	FM transmitter is to relocate to Clee Hill on a new frequency			TAY FM		
Swansea area		FM 102.1	S Shropshire & N Herefordshire		AM 855	TAY FM		
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio			18/10/1992 on AM. FM added 5/2013.			TAY FM		

TAY 2

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife	DABs 11B	
Dundee, Angus and North Fife	AM 1161	
Perth area	AM 1584	
17/10/1980: <i>Radio Tay (mixed format)</i> . 9/11/1995: <i>Radio Tay AM</i> . 1/2015: <i>Tay 2</i> .		

TD1 RADIO

Mixed Format	Community	
Galashiels, Scottish Borders		FM 106.5

TEMPO FM

Mixed Format	Community	
Wetherby, W Yorks		FM 107.4

10 RADIO

Mixed Format	Community	
Wiveliscombe, Somerset		FM 105.3

TFM

Contemporary, 10s, 00s	Bauer	1 070 000
Part of Hits Radio Network (England). Shares all programmes with Metro Radio.		
Tees Valley and County Durham	DABs 11B	
Teeside, Durham, N Yorks	FM 96.6	
24/6/1975: <i>Radio Tees</i> . 1/1/1988: <i>TFM</i> . 8/4/2013: <i>All programming taken from Metro</i> .		

THREE FM

Adult/Oldies	Independent	65 000
Ramsay, Isle of Man		FM 104.2
Port Erin, Isle of Man		FM 104.2
South and East Isle of Man		FM 105.0
Peel and West Isle of Man		FM 106.2
Central Isle of Man		FM 106.6
18/11/2004.		

3TFM

Mixed Format	Community	
Saltcoats, Ayrshire		FM 103.1

TIME 107.5 FM

Adult, Soul	Lyca Media	480 000
Romford, Barking, Dagenham		FM 107.5
18/5/1998 as <i>Active FM (Adult/ Soul)</i> . <i>Soul FM</i> from 18/3/2002. <i>Time</i> from 7/2004.		

RADIO TIRCOED

Mixed Format	Community	
NW Swansea		FM 106.5

TMCR

Mixed Format	Community	
Thorne-Moorends, South Yorks		FM 95.3

STONE FM

Mixed Format	Community	
Taunton		FM 107.8

TOTAL ACCESS LIKELY TO CLOSE

Contemporary, New Music	Scala (Bauer)	
Swansea, Neath Port Talbot and Carmarthenshire	DABs 12A	
Stoke-on-Trent, West Staffordshire, South Cheshire	DABs 12D	
Bradford, Calderdale and Kirklees Districts	DABs 11B	
1/1/2018.		

TOTALLY RADIO

Mixed Music	Community	
Based: Brighton		
Brighton area		DAB+ 9A
Norwich		DAB+ 9A
Portsmouth		DAB+7D

TOUCH RADIO

Adult, Contemporary	Quidem	1 340 000
North East Birmingham		DAB+ 9A
Coventry		a FM 96.2
Lichfield & Tamworth area		b FM 101.6
S & C Warwicks, E Worcs		c FM 102.0
Burton & Swadlincote area		b FM 102.4
Warwick & Leamington Spa		c FM 107.3
a: 28/8/1990: <i>Radio Harmony (Ethnic and mixed format)</i> . 1995: <i>Kix (Dance and Pop)</i> . 16/1/2006: <i>Touch</i> . b: 1/6/1998: <i>Centre FM</i> . 5/2006: <i>Touch</i> . c: 24/5/1996: <i>The Bear</i> . 16/1/2006: <i>Touch</i> . 7/4/2008: <i>+Warwick (initially with some separate programmes)</i> .		

TOWER FM

Adult	Scala (Bauer)	450 000
Bolton and Bury area		FM 107.4
20/3/1999.		

TOWN RADIO

Oldies, Adult	Lincs (Bauer)	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Radio Norwich		
Suffolk		DABm 10C
19/10/2006.		

TRAX FM

Oldies, Adult	Lincs (Bauer)	390 000
South Yorkshire, North Notts, Chesterfield		
Doncaster area		DABs 11C
North Nottinghamshire		a FM 107.1
a: 5/9/1999. b: 2/11/1998.		

TUNDO FM

Mixed Format	Community	
Llandudno, Wales		FM 107.8

TWO LOCHS RADIO

Mixed Music	Independent	2 000
Loch Gairloch, W Highland		FM 106.0
Lochs Ewe & Maree, W Hghld		FM 106.6
11/2003.		

TWR

Christian	Independent	
Satellite 0138		

RADIO TYNESIDE

Mixed Format, Hospital	Community	
Newcastle and Gateshead		FM 93.6

U**U105**

Oldies, Easy, Talk	Wireless Group	700 000
Northern Ireland		
Belfast area		DABm 12D
14/11/2005. FM 105.8		

UCB 1

Format: Christian Contemporary Music		
Broadcaster: UCB	Based: Stoke-on-Trent	
England, Wales and Northern Ireland (D1 Mux) DABm 11D		
Scotland (D1 Mux) DABm 12A		
Airdate 26/04/1993 as <i>UCB UK (Analogue satellite)</i> , DAB from 2007. <i>UCB 1</i> from 1/2016.		

UCB 2

Format: Christian Soft Adult Contemporary Music		
Broadcaster: UCB	Based: Stoke-on-Trent	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux) DABm 11A		
Airdate on SD Mux: 29/2/2016 (previously <i>UCB Inspirational</i>)		

UCB IRELAND

Christian	UCB Ireland	
Satellite 0214		

UCKFIELD FM

Mixed Format	Community	
Uckfield, East Sussex		FM 105.0

UJIMA RADIO

Rhythmic Music	Community	
Bristol		DABs 9A
Bristol		FM 98.0

UNION JACK

Format: British Pop and Rock Music		
Broadcaster: Oxis Media		
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux) DAB+ 11A		
Airdate: 3/9/2016.		

UNITED DJS

Oldies	Community	
Glasgow		DAB+ 10B
Norwich		DAB+ 9A
Portsmouth		DAB+7D

UNITY RADIO

Dance and Rhythm	Community	
Manchester		DAB+m 10B
Manchester		FM 92.8

UNITY FM

Muslim Community	Community	
North East Birmingham		DAB+m 9A
East Birmingham		FM 93.5

UNITY 101

Asian	Community	
Southampton		FM 101.1

RADIO UP

Contemporary	Communicorp	
Hertfordshire, Bedfordshire, Buckinghamshire		
Northamptonshire		DABm 10D
North Cambridgeshire, Huntingdon, S Lincs		DABm 12D

URF

New Music (Student)	Community	
Brighton area		DAB+ 9A

UWS RADIO

New Music	Student RSL	
Ayrshire		DABm 11B
University of Paisley, Ayr		FM 87.7

V**VECTIS RADIO**

Mixed Format	Community	
Newport, Isle of Wight		FM 104.6

RADIO VERULAM

Mixed Format	Community	
St Albans		FM 92.6

VIBE FM

New Music, Pop	Community	
Watford, Herts		FM 107.6

VIBE FM

Mixed Format	Community	
Enniskillen		FM 105.3

VIKING FM

Contemporary, 10s, 00s	Bauer	960 000
Part of Hits Radio Network (England)		
East Yorkshire and North Lincolnshire	DABs 11B	
East Yorkshire and North Lincolnshire	FM 96.9	
17/4/1984.		

VIRGIN RADIO

Format: Rock Music		
Broadcaster: Wireless		
Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux)	DABm 11A	
Aberdeen, Aberdeenshire	DABm 11C	
Satellite 0215/736		
Airdate: 30/3/2016.		

VIRGIN RADIO ANTHEMS

Format: Classic Rock Music		
Broadcaster: Wireless		
Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux)	DAB+ 11A	
Airdate: 25/12/2018.		

VIRGIN RADIO CHILLED

Format: Soft Rock Music		
Broadcaster: Wireless		
Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux)	DAB+ 11A	
Airdate: 25/12/2018.		

VISITOR RADIO (CAMBRIDGE)

Tourist Information	Independent	
Cambridge		DAB+m 7D

VIXEN 101

Mixed Format	Community	
Mkt Weighton & Pocklington		FM 101.8

THE VOICE

Mixed Format	Community	
East Devon, Exeter and Torbay	DABm 11C	
North and Central Devon	DABm 10C	
Barnstaple, Devon	FM 106.1	
Bideford, Devon	FM 107.8	
Ilfracombe, Devon	FM 107.8	

VOICE FM

New Music	Community (Student)	
Southampton		FM 103.9

VOICE FM

Mixed Format	Community	
Middlesborough		FM 104.5

VOICE OF ISLAM

Islamic	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	

W**RADIO WARRINGTON**

Mixed Format	Community	
Warrington		AM 1332

WAVE FM

Adult	Scala (Bauer)	330 000
Blackpool area		FM 96.5
25/5/1992: Radio Wave. 1998: Wave FM.		

WAVE 80s LIKELY TO CLOSE

80s Music	Scala (Bauer)	
Swansea, Neath Port Talbot and Carmarthenshire	DABs 12A	
1/1/2018.		

THE WAVE 96.4

Contemporary	Scala (Bauer)	400 000
Swansea, Neath Port Talbot and Carmarthenshire	DABs 12A	
Swansea area	FM 96.4	
30/9/1995*: Sound Wave. 1998: The Wave.		

WAVE 102

Adult	DC Thompson	150 000
Dundee		a FM 102.0
Perth area		b FM 106.6
a: 30/8/1999: Discovery FM. 3/2000: Wave.		
b: 5/11/2008: Perth FM. 4/2011: Heartland. 1/2017: Wave		

WAVE 105

Oldies, Adult	Bauer	2 020 000
South Hampshire and Isle of Wight	DABs 11C	
East, South and Central Dorset	DABs 11B	
S Hampshire, W Sussex, Wight	FM 105.2	
Bournemouth area	FM 105.8	
14/6/1998.		

WAVES RADIO

Adult	Independent	60 000
Aberdeen, Aberdeenshire	DABm 11C	
North East Aberdeenshire	FM 101.2	
6/12/1997.		

WCR

Mixed Format	Community	
Warmminster		FM 105.5

WCR FM

Mixed Format	Community	
Wolverhampton		FM 101.8

WEATHER 24/7 RADIO

Weather	Independent	
Aldershot and Woking area	DAB+m 8A	
Norwich	DAB+m 9A	
Portsmouth	DAB+7D	

WESSEX FM

Adult, Oldies	UKRD (Bauer)	150 000
West Dorset		FM 96.0
Dorchester and Weymouth		FM 97.2
4/9/1993.		

WEST FM

Contemporary, 10s, 00s	Bauer	320 000
Part of Hits Radio Network (Scotland)		
Ayrshire	DABs 11B	
Ayrshire	FM 96.7	
Girvan, Ayrshire	FM 97.5	
Largs, Rothesay, Clyde Mouth	FM 106.7	
1997* (previously relayed West Sound)		

WEST HULL COMMUNITY RADIO

Mixed Format	Community	
West Hull		FM 106.9

WEST SOMERSET RADIO

Mixed Format	Community	
Minehead		FM 104.4

WEST SOUND

Oldies	Bauer	420 000
All programmes from Greatest Hits Network (Scotland)		
Ayrshire	DABs 11B	
Ayrshire	AM 1035	
16/10/1981.		

WEST SOUND (SOUTH)

Oldies, Adult	Bauer	140 000
Opts out of Greatest Hits Network (Scotland)		
Stranraer area, D & G		FM 96.5
Dumfriesshire		FM 97.0
Wigtown Bay area, D & G		FM 103.0
21/5/1990: South West Sound. 1997: + Stranraer and Wigtown Bay. 2008: West Sound.		

WESTSIDE COMMUNITY RADIO

Rhythmic Music	Community	
Southall, W London		FM 89.6

WEY VALLEY RADIO

Mixed Format	Community	
Alton, Hampshire		FM 101.1

WINCHESTER RADIO

Oldies, Easy Listening	Community	
Winchester		FM 94.7

RADIO WINCHCOMBE

Mixed Format	Community	
Winchcombe, Gloucs		FM 107.1

WIRE FM

Adult	Scala (Bauer)	310 000
Warrington, Runcorn, Widnes		FM 107.2
1/9/1998.		

WISH FM

Adult	Scala (Bauer)	550 000
Wigan & Skelmersdale area		FM 102.4
1/4/1997.		

WITNEY RADIO

Mixed Format	Community	
Witney, Oxfordshire		FM 99.9

RADIO WOKING

Mixed Format	Community	
Aldershot and Woking area		DABs 8A

WRN EUROPE

News, Talk	Independent	
Satellite 0122/728, Cable 920		
Carries programmes from various international broadcasters		

WYCOMBE SOUND

Mixed Format	Community	
High Wycombe		FM 106.6

WYTHENSHAW FM

Mixed Format	Community	
Wythenshawe, Gt Manc		FM 97.2

XYZ**RADIO X**

Format: Rock Music
 Broadcaster: Global Radio
 England, Wales and Northern Ireland (D1 Mux) DAB+ 11D
 Scotland (D1 Mux) DAB+ 12A
 London area FM 104.9
 Greater Manchester FM 97.7
 Satellite 0113/723, Cable 960
 Airdate: 1/9/1997 as XFM in London, 6/2000: Other areas on DAB, 23/1/2006 Absorbed Storm network (airdate 31/1/2001), 15/3/2006 added FM in Manchester, 21/9/2015: Renamed Radio X and joined national DAB. Switched to DAB+ on 25/10/2019

RADIO XL

Asian Independent 3 560 000
 Shropshire, Wolverhampton, Black Country DABm 11B
 West Midlands AM 1260
 30/5/1995.

XS MANCHESTER

Rock, Talk Communicorp 2 300 000
 Manchester DAB+ 10B
 Greater Manchester FM 106.1
 6/5/2008: Rock Radio. 5/9/2011: Real Radio XS. 1/3/2016: XS Manchester

YOUR RADIO

Adult Independent 220 000
 Glasgow DABs 10B
 Dumbarton area FM 103.0
 Helensburgh FM 106.9
 30/5/2001: Castle Rock FM. 11/2003: Your Radio. 12/2003: +Helensburgh area.

YOUR FM

Mixed Format Community
 Stockport FM 107.8

YOUTHCOMM RADIO

Pop, New Music Community
 Worcester FM 106.7

YO1 RADIO

Mixed Format Community
 York FM 102.8

YORKSHIRE COAST RADIO

Adult, Oldies UKRD (Bauer) 160 000
 York and North Yorkshire a DABs 10C
 Scarborough & E North Yorks a FM 96.2
 Bridlington, East Yorkshire b FM 102.4
 Whitby, North Yorkshire a FM 103.1
 a: 7/11/1993. b: 7/11/1999.

YORVIK RADIO

Mixed Format Community
 York FM 94.8

ZACK FM

Mixed Format Community
 Cambridge DAB+ 7D
 Norwich DAB+ 9A
 Forest Heath, Suffolk FM 105.3

ZEST LIVERPOOL

Adult Independent
 North East Wales, West Cheshire and Merseyside DAB+ 10D

ZETLAND FM

Mixed Format Community
 Redcar and East Teeside FM 105.0

ZONE ONE RADIO

Mixed Format Community
 Central London DAB+ 9A

Institution Radio

Services are only intended for reception in the immediate vicinity of the institution, though the AM services will be receivable within a few kilometres. Institutional licences used to supplement coverage of larger scale services are included in the main list.

HOSPITALS

FM Stations		
Bridge FM	Royal Dundee Liff Hospital	87.7
	Nine Wells Hospital, Dundee	87.7
	Royal Victoria Hospital, Dundee	87.7
	Ashludie Hospital, Monifieth	87.7
	Hospital, Aberystwyth	87.8
	Hospital, Carmarthen	87.7
	Luton & Dunstable Hospital	87.7
	Derriford Hospital, Plymouth	87.7
	Stoke Mandeville H, Aylesbury	87.7
AM Stations		
Radio Bronglais	George Eliot Hosp, Nuneaton	1386
Hospital R Glangwili	Basildon Hospital, Essex	1287
Luton & Dunstable H R	Loughborough Hospital	1386
Hospital R Plymouth	Royal Oldham Hospital	1350
Stoke Mandeville H R	St Richards Hosp, Chichester	1431
AM Stations		
Anker Radio	Claterbridge Hospital, Wirral	1386
Basildon Hospital R	Singleton Hospital, Swansea	1386
Carillon Radio	Leicester General Hospital	1287
Radio Cavell	Hemel Hempstead General H	1350
Chichester Hospital R	James Paget H, Gt Yarmouth	1350
Radio Clatterbridge	Hull Royal Infirmary	1350
Radio City Swansea	Luton & Dunstable hospital	1134
Radio Gwendolen	Princess Royal H, Haywards H	1350
Hemel Hospital Radio	Rotherham District General H	1350
Hospital Radio Yare	East Surrey Hospital, Redhill	1431
Kingstown Radio	Northern General, Sheffield	1431
Luton & Dunstable H R	Bishops Stortford Hospital	1350
Mid Downs H R	Bassetlaw Dist. Gen, Worksop	1278
Radio Nightingale		
Radio Redhill		
Sheffield Hospital Radio		
Radio Stortford		
Trust AM		

UNIVERSITIES, COLLEGES AND SCHOOLS

FM Stations		
Bailrigg FM	Lancaster University	87.7
Fresh FM	N Devon College, Barnstaple	87.7
HCC Radio	Honiton Community College	87.7
Storm FM	University of Bangor	87.7
Xpression	University of Exeter	87.7
AM Stations		
Acacia Radio	Acacia C., Kirkby-in-Ashfield	1287
Blast 1386	Reading College	1386
The Hub	University of Bristol	1449
RAW R	University of Warwick	1251
University Radio York	University of York	1350

SPORTS VENUES (PART-TIME)

FM Stations		
Radio Brands	Brands Hatch Circuit, Kent	87.7
The Baggies	West Bromwich Albion FC	102.7
Donnington FM	Donnington Park Circuit, Leics	87.7
Knockhill FM	Knock Hill Circuit, Fife	87.7
Nitro FM	Santa Pod Circuit, Northants	96.2
Radio Silverstone	Silverstone Circuit, Northants	87.7
Somerset Cricket	Somerset County Cricket Club	87.7
Radio Thruxton	Thruxton Circuit, Andover	87.7
AM Stations		
Radio Silverstone	Silverstone Circuit, Northants	1602
(Radio Silverstone uses FM and AM for different events)		

OTHER INSTITUTIONS

FM Stations		
Cornucopia Radio	Cornucopia Park, St Austell	87.7
Creatly Park Radio	Creatly Park, Exeter	87.7
Moonbeamers Drive-In	Drive-in, Billericay, Essex	87.7
Moonlight, Drive-in	Drive-in, Castleford, W Yorks	97.7
Moonlight, Drive-in	Drive-in, Paddock Wood, Kent	106.1
60 North FM (Tourist)	Brae, Shetland	87.7
	Bressay & Ross Nature Rsv, Shetl	87.7
	Esha Ness, Shetland	87.7
	Haroldswick, Shetland	87.7
	Sumburgh Head, Shetland	87.7
	Walls Marina, Shetland	87.7
AM Stations		
Brill AM	Brill Village, Buckinghamshire	1449