

Independent Local Radio (FM and AM)

All stations broadcast 24 hours, except where stated otherwise.

Stations owned by the same broadcaster often share overnight, and sometimes evening and weekend, programming.

Stations will often put separate adverts, and sometimes news and information, on different transmitters carrying the same programmes

Many stations broadcast different formats from that listed for a few hours a week in the evenings and weekend afternoons.

Stations are divided into the following regions:

London	North East England
South East England	South and Central Scotland
South West England and Wales	Northern Scotland
Eastern England	Northern Ireland
Central England and Wales	Isle of Man
North West England and Wales	

Access radio stations are not shown on the maps. AM station powers are 1W, FM station powers 50 mW. Coverage radii ~ 5 km. Sports stations broadcast up to 28 days per year.

STATION (NET/SH)	DAB Map reference	<input type="checkbox"/>
Format	Broadcaster	Coverage
Coverage area	Frequency Site	Power
<i>Airdate and historical notes</i>		
* denotes frequencies previously relayed corresponding FM or AM service		

Where no frequency is given, station will commence broadcasting on FM within 12 months

DAB denotes station also available on DAB digital radio. Digital local radio stations are listed separately. Coverage areas may differ.

DTV denotes station broadcasts on one or more digital TV system

NET denotes that 75% or more programmes are from a network. SH denotes most programmes shared with neighbouring station of the same name.

London

CAPITAL RADIO			DAB DTV LO1
Contemporary	Global Radio	9 650 000	
London area	95.8 Croydon	4.0	
<i>16/10/1973.</i>			

CHOICE FM			DAB LO3
Rhythm	Global Radio	4 580 000	
South and Central London	96.9 Croydon	0.05	
North London	107.1 Alexandra Palace	0.1	
<i>31/3/1990 (South). 31/5/2000 (North, opted out until 2004)</i>			

CLUB ASIA			DTV LO4
Asian	Independent	9 270 000	
East and Central London	963 Lea Bridge Road	1.0	
West and Central London	972 Glade Lane	1.0	
<i>1/9/2003</i>			
<i>(Replaced Liberty 3/7/1995 (as Radio Viva). Became Liberty in late 1996. Closed 2/7/2003)</i>			

GOLD (LONDON, NET)			DAB DTV LO2
Oldies	Global Radio	8 530 000	
London area	1548 Saffron Green	97.5	
<i>28/11/1988* as Capital Gold. Gold fro 3/8/2007.</i>			

HEART 106.2			DAB DTV LO5
Adult	Global Radio	9 650 000	
London area	106.2 Croydon	4.0	
<i>5/9/1995.</i>			

RADIO JACKIE			LO6
Adult, Oldies	Independent	1 150 000	
SW London & N Surrey	107.8 Tolworth Tower	0.8	
<i>1/3/1997 as Thames Radio. Radio Jackie from 19/10/2003</i>			

KISMAT ASIAN TALK RADIO			DTV LO8
Asian	Sunrise	7 440 000	
London	1035 Crystal Palace	2.5	
<i>1/9/1994 as Country 1035. Ritz from 2000. Easy Radio London from 2003 to 12/2004 (all Country formats). Kismat from 1/2005.</i>			

KISS 100 (NET)			DAB DTV LO9
Dance, Rhythm	Bauer	9 650 000	
London area	100.0 Croydon	2.0	
<i>1/9/1990.</i>			

LBC			DAB DTV LO10
Talk	Global Radio	9 650 000	
London area	97.3 Croydon	4.0	
<i>8/10/1994 as London Newstalk Radio. Renamed LBC 1/1/1996. Replaced London Talkback Radio, which split from original LBC on 2/10/1989. Moved to FM 6/1/2003</i>			

LBC NEWS			DAB LO11
News	Global Radio	8 530 000	
London area	1152 Saffron Green	23.5	
<i>8/10/1994 as London News Radio. News Direct from 27/11/1996. Replaced LBC Newstalk 6/10/1973-7/10/1994. LBC News on AM from 6/1/2003.</i>			

LONDON GREEK RADIO			LO12
Greek	Independent	2 980 000	
North London	103.3 Alexandra Palace	0.05	
<i>13/11/1989. Shared frequency with WNK (Dance) until 1994.</i>			

LONDON TURKISH RADIO			LO13
Turkish	Independent	1 420 000	
North London	1584 Hackney	0.2	
<i>17/8/1995.</i>			

MAGIC 105.4			DAB DTV LO14
Soft, Oldies	Bauer	9 650 000	
London area	105.4 Croydon	4.0	
<i>9/7/1990 as Melody (Soft, Nostalgic Format) . Nostalgic phased out 1996-98. New name phased in 9/1998-11/1998.</i>			

PREMIER RADIO			DAB DTV LO15
Christian, Soft	Independent	8 800 000	
London	1332 Bow	1.0	
NE London, SE Herts, SW Essex	1305 Chingford	0.25	
E London & Thames Estuary	1413 Dartford Marshes	0.5	
South London & East Surrey	1305 North Looe	0.5	
W London, E Berks & N Surrey	1413 Heathrow	0.5	
<i>10/6/1995.</i>			

SMOOTH RADIO (LONDON)			DAB LO7
Oldies, Easy, (Jazz overnight)	GMG	9 650 000	
London area	102.2 Croydon	2.0	
<i>4/3/1990 as Jazz FM. Known as JFM 1994-95. Smooth from 7/6/2005. Oldies/Easy from 26/3/2007</i>			

SOUTH LONDON RADIO			LO19
Soul, Adult	Sunrise	540 000	
Lewisham and surrounds	107.3 Bredgar	0.8	
<i>8/2/1999 as FLR, then Fusion from 2000 and Time from 7/2004. South London Radio from 5/2007</i>			

SPECTRUM RADIO			LO16
Ethnic	Independent	8 430 000	
London area	558 Crystal Palace	1.0	
<i>25/6/1990.</i>			

SUNRISE RADIO LONDON (NET)			DAB DTV LO17
Asian	Sunrise	10 410 000	
London area	1458 Brookman's Park	125	
<i>5/11/1989 in West London. Coverage extended 1/1/1994.</i>			

TIME 106.8 FM			LO18
Adult, Soul	Sunrise	430 000	
Greenwich and Bexley	106.8 Shooters Hill	.087	
<i>18/3/1990 as RTM. Millenium from 1997. Time from 10/3/3</i>			

TIME 107.5 FM			LO20
Adult, Soul	Sunrise	480 000	
Romford, Barking, Dagenham	107.5 Lambourne House	0.34	
<i>18/5/1998 as Active FM (Adult/ Soul). Soul FM from 18/3/2002. Time from 7/2004.</i>			

XFM (LONDON, NET)			DAB DTV LO21
Modern Rock	Global Radio	9 210 000	
London area	104.9 Crystal Palace	2.9	
<i>1/9/1997.</i>			

COMMUNITY RADIO (LONDON)			
DESI RADIO	Asian		
Southall, W London	1602 Glade Lane	0.07	
HAYES FM	Mixed Format		
Hayes area, W London,	91.8 St Anselms Church	0.025	
LIFE FM	Mixed Format		
Stonebridge & Harlesden	103.6m Harlesden	0.025	
LINK FM	Mixed Format		
Romford, Barking, Dagenham	92.2 Harold Hill	0.025	
NUSOUND RADIO	Mixed Format		
Newham, E London	92.0 Forest Gate	0.025	
ON FM	Mixed Format (Irish audience)		
West London	101.4 Hammersmith	0.025	
RESONANCE FM	Experimental		
Central London	104.4 Guys Hospital T	0.02	
SOUND RADIO	Ethnic		
East London	1503 Bow	0.1	
TGR SOUND	Mixed Format		
Bexley, SE London	103.7m Belvedere	0.025	
RADIO UMMAH	Asian (Islamic)		
Newham, E London	94.0 Goodmayes	0.025	
VOICE OF AFRICA RADIO	African		
Newham, E London	94.3 Plaistow	0.025	
WESTSIDE COMMUNITY R	Mixed Ethnic		
Southall, W London	89.6 Windmill Business C.	0.05	

INSTITUTION RADIO (LONDON)		
Palace Radio	Crystal Palace FC, S London	1278