

# Independent Local Radio (FM and AM)

All stations broadcast 24 hours, except where stated otherwise.

Stations owned by the same broadcaster often share overnight, and sometimes evening and weekend, programming.

Stations will often put separate adverts, and sometimes news and information, on different transmitters carrying the same programmes

Many stations broadcast different formats from that listed for a few hours a week in the evenings and weekend afternoons.

Stations are divided into the following regions:

London	North East England
South East England	South and Central Scotland
South West England and Wales	Northern Scotland
Eastern England	Northern Ireland
Central England and Wales	Isle of Man
North West England and Wales	

Access radio stations are not shown on the maps. AM station powers are 1W, FM station powers 50 mW. Coverage radii ~ 5 km. Sports stations broadcast up to 28 days per year.

**STATION (NET/SH)**      DAB Map reference   
 Format                      Broadcaster              Coverage  
 Details of any opt-outs  
 Coverage area              Frequency Site              Power  
 Airdate and historical notes  
 \* denotes frequencies previously relayed corresponding FM or AM service

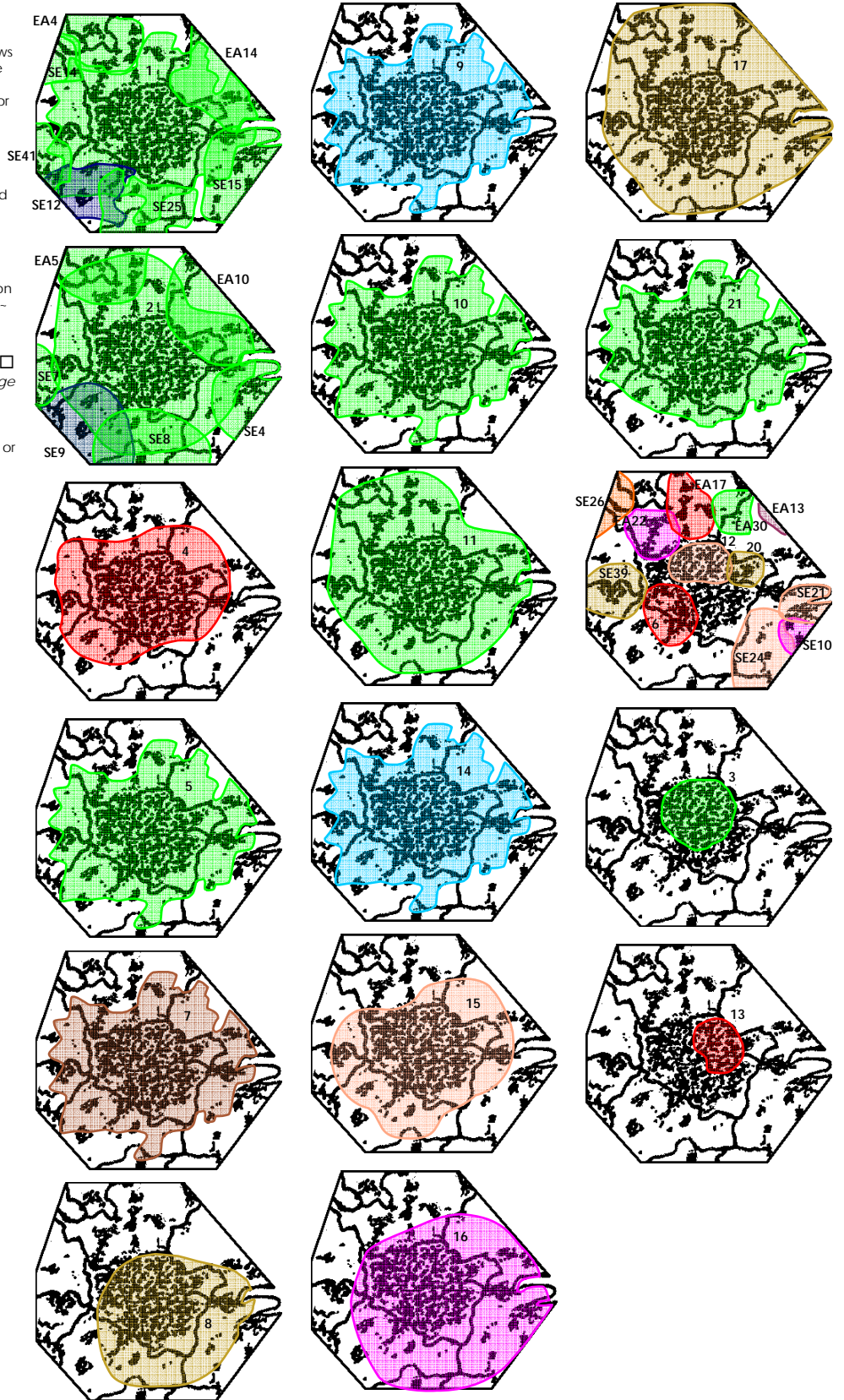
Where no frequency is given, station will commence broadcasting on FM within 12 months

DAB denotes station also available on DAB digital radio. Digital local radio stations are listed separately. Coverage areas may differ.

DTV denotes station broadcasts on one or more digital TV system

NET denotes that 75% or more programmes are from a network. SH denotes most programmes shared with neighbouring station of the same name.

## London



<b>CAPITAL RADIO</b> DAB DTV LO1 ■			<b>SUNRISE RADIO LONDON (NET)</b> DAB DTV LO17 ■		
Contemporary	Global Radio	9 650 000	Asian	Sunrise	10 410 000
London area	95.8 Croydon	4.0	London area	1458 Brookman's Park	125
16/10/1973.			5/11/1989 in West London. Coverage extended 1/11/1994.		
<b>CHOICE FM</b> DAB LO3 ■			<b>TIME 107.5 FM</b> LO20 ■		
Rhythm	Global Radio	4 580 000	Adult, Soul	Sunrise	480 000
South and Central London	96.9 Croydon	0.05	Romford, Barking, Dagenham	107.5 Lambourne House	0.34
North London	107.1 Alexandra Palace	0.1	18/5/1998 as Active FM (Adult/ Soul). Soul FM from 18/3/2002.		
31/3/1990 (South). 31/5/2000 (North, opted out until 2004)			Time from 7/2004.		
<b>CLUB ASIA</b> DTV LO4 ■			<b>XFM (LONDON. NET)</b> DAB DTV LO21 ■		
Asian	Independent	9 270 000	Modern Rock	Global Radio	9 270 000
East and Central London	963 Lea Bridge Road	1.0	London area	104.9 Crystal Palace	2.9
West and Central London	972 Glade Lane	1.0	1/9/1997.		
1/9/2003 (Replaced Liberty 3/7/1995 (as Radio Viva). Became Liberty in late 1996. Closed 2/7/2003)			<b>COMMUNITY RADIO (LONDON)</b>		
<b>GOLD (LONDON. NET)</b> DAB DTV LO2 ■			<b>BANG RADIO</b> Mixed Format		
Oldies	Global Radio	8 530 000	Stonebridge & Harlesden	103.6m Harlesden	0.025
London area	1548 Saffron Green	97.5	28/11/1988* as Capital Gold. Gold fro 3/8/2007.		
<b>HEART 106.2</b> DAB DTV LO5 ■			<b>DESI RADIO</b> Asian		
Adult	Global Radio	9 650 000	Southall, W London	1602 Glade Lane	0.07
London area	106.2 Croydon	4.0	<b>HAYES FM</b> Mixed Format		
5/9/1995.			Hayes area, W London, 91.8 St Anselms Church 0.025		
<b>RADIO JACKIE</b> LO6 ■			<b>LINK FM</b> Mixed Format		
Adult, Oldies	Independent	1 150 000	Romford, Barking, Dagenham	92.2 Harold Hill	0.025
SW London & N Surrey	107.8 Tolworth Tower	0.8	<b>NUSOUND RADIO</b> Mixed Format		
1/3/1997 as Thames Radio. Radio Jackie from 19/10/2003			Newham, E London 92.0 Forest Gate 0.025		
<b>KISMAT ASIAN TALK RADIO</b> DTV LO8 ■			<b>ON FM</b> Mixed Format (Irish audience)		
Asian	Sunrise	7 440 000	West London	101.4 Hammersmith	0.025
London	1035 Crystal Palace	2.5	<b>RESONANCE FM</b> Experimental		
1/9/1994 as Country 1035. Ritz from 2000. Easy Radio London from 2003 to 12/2004 (all Country formats). Kismat from 1/2005.			Central London 104.4 Guys Hospital T 0.02		
<b>KISS 100 (NET)</b> DAB DTV LO9 ■			<b>RADIO UMMAH</b> Asian (Islamic)		
Dance, Rhythm	Bauer	9 650 000	Newham, E London	94.0 Goodmayes	0.025
London area	100.0 Croydon	2.0	<b>VOICE OF AFRICA RADIO</b> African		
1/9/1990.			Newham, E London 94.3 Plaistow 0.025		
<b>LBC</b> DAB DTV LO10 ■			<b>WESTSIDE COMMUNITY R</b> Mixed Ethnic		
Talk	Global Radio	9 650 000	Southall, W London	89.6 Windmill Business C.	0.05
London area	97.3 Croydon	4.0	<b>INSTITUTION RADIO (LONDON)</b>		
8/10/1994 as London Newstalk Radio. Renamed LBC 1/1/1996. Replaced London Talkback Radio, which split from original LBC on 2/10/1989. Moved to FM 6/1/2003			Palace Radio Crystal Palace FC, S London 1278		
<b>LBC NEWS</b> DAB LO11 ■					
News	Global Radio	8 530 000			
London area	1152 Saffron Green	23.5			
8/10/1994 as London News Radio. News Direct from 27/11/1996. Replaced LBC Newstalk 6/10/1973-7/10/1994. LBC News on AM from 6/1/2003.					
<b>LONDON GREEK RADIO</b> LO12 ■					
Greek	Independent	2 980 000			
North London	103.3 Alexandra Palace	0.05			
13/11/1989. Shared frequency with WNK (Dance) until 1994.					
<b>LONDON TURKISH RADIO</b> LO13 ■					
Turkish	Independent	1 420 000			
North London	1584 Hackney	0.2			
17/8/1995.					
<b>MAGIC 105.4</b> DAB DTV LO14 ■					
Soft, Oldies	Bauer	9 650 000			
London area	105.4 Croydon	4.0			
9/7/1990 as Melody (Soft, Nostalgic Format). Nostalgic phased out 1996-98. New name phased in 9/1998-11/1998.					
<b>PREMIER RADIO</b> DAB DTV LO15 ■					
Christian, Soft	Independent	8 800 000			
London	1332 Bow	1.0			
NE London, SE Herts, SW Essex	1305 Chingford	0.25			
E London & Thames Estuary	1413 Dartford Marshes	0.5			
South London & East Surrey	1305 North Looe	0.5			
W London, E Berks & N Surrey	1413 Heathrow	0.5			
10/6/1995.					
<b>SMOOTH RADIO (LONDON)</b> DAB LO7 ■					
Oldies, Easy, (Jazz overnight)	GMG	9 650 000			
London area	102.2 Croydon	2.0			
4/3/1990 as Jazz FM. Known as JFM 1994-95. Smooth from 7/6/2005. Oldies/Easy from 26/3/2007					
<b>SPECTRUM RADIO</b> LO16 ■					
Ethnic	Independent	8 430 000			
London area	558 Crystal Palace	1.0			
25/6/1990.					