

Eastern England

THE BEACH

Adult	Tindle	200 000	DAB EA1
Great Yarmouth & Lowestoft	103.4 Lowestoft	2.0	
Southwold area, Suffolk	97.4 Blythburgh	0.24	
Great Yarmouth	97.4 Great Yarmouth	0.05	
29/9/1996. Southwold added 2/2004. Gt Yarmouth relay 2007.			

BROADLAND FM

Contemporary	Global Radio	640 000	DAB EA2
East Norfolk and NE Suffolk	102.4 Stoke Holy Cross	3.3	
1/10/1984.			

CHILTERN FM (BEDFORD)

Contemporary	Global Radio	460 000	EA3
Bedfordshire & North Herts	96.9 Sandy Heath	0.9	
1/31982. Known as B97 from 1996 to 1999.			

CHILTERN FM (LUTON)

Contemporary	Global Radio	760 000	EA4
NW & C Herts, S Beds, E Bucks	97.6 Dunstable	1.0	
15/10/1981.			

CONNECT FM

Oldies, Adult	Forward	230 000	EA11
Kettering and Corby area	107.4 Geddington	0.2	
Wellingborough area	97.2 Wellingborough	0.1	
6/4/1990 as KCBC. Moved from AM to FM and Connect on 97.2 on 4/1998. Connect on 107.4 from 22/11/1999.			

DREAM 100 FM

Adult	Tindle	130 000	EA12
North East Essex	100.2 Telstar Nurseries	2.0	
7/10/1990 as Mellow 1557 on AM in Tendring only. Dream from 19/11/1998.			

DREAM 107.7 FM

Adult, Oldies	Tindle	210 000	EA13
Chelmsford & Central Essex	107.7 Church Green	0.1	
18/10/1998 as Chelmer FM. Dream from 18/2/2002.			

ESSEX FM

Contemporary	Global Radio	1 090 000	DAB EA14
South East Essex	96.3 South Benfleet	1.03	
Chelmsford & Central Essex	102.6 Bakers Wood	2.0	
Southend	97.5 Southend	0.1	
12/9/1981. Southend filler added 1998.			

FEN RADIO

Adult	UKRD	50 000	EA15
Wisbech and March area	107.5 Friday Bridge	0.1	
4/10/1999 as X-Cel FM. Star from 5/11/2001. Fen from 2004.			

GOLD (CAMBRIDGESHIRE, NET)

Oldies	Global Radio	500 000	DAB EA6
N Cambs, S Lincs, Rutland	1332 Gunthorpe	0.6	
14/4/1992* as WGMS. Joined Classic Gold network 18/3/1995. Gold from 3/8/2007.			

GOLD (ESSEX, NET)

Oldies	Global Radio	1 020 000	DAB EA10
South East Essex	1431 Rayleigh	0.35	
Central, North & SW Essex	1359 Bakers Wood	0.28	
16/7/1989* as Breeze. Joined Classic Gold Network 1/2001 as Classic Gold Breeze. Gold from 3/8/2007.			

GOLD (HERTS AND BEDS NET)

Oldies	Global Radio	1 580 000	EA5
Beds, NE Herts, SE Cambs	792 Kempston	0.275	
W & C Herts, S Beds, E Bucks	828 Lewsey Farm	0.2	
15/7/1990* as Chiltern Supergold. Became Classic Gold in 1996. Gold from 3/8/2007.			

GOLD (NORFOLK, NET)

Oldies	Global Radio	640 000	DAB EA8
East Norfolk and NE Suffolk	1152 Brundall	0.83	
24/9/1995* as Amber Radio. Joined Classic Gold Network in 1998 as Classic Gold Amber. Gold from 3/8/2007.			

GOLD (NORTHAMPTONSHIRE, NET)

Oldies	Global Radio	480 000	EA7
Northamptonshire	1557 Kings Heath	0.76	
15/7/1990* as Northants Radio Supergold. Joined Classic Gold Network in 1996. Gold from 3/8/2007.			

GOLD (SUFFOLK, NET)

Oldies	Global Radio	700 000	EA9
South and East Suffolk	1170 Foxhall Heath	0.28	
West Suffolk	1251 Great Barton	0.76	
24/9/1995* as Amber Radio. Joined Classic Gold Network in 1998 as Classic Gold Amber. Gold from 3/8/2007.			

HEREWARD FM

Contemporary	Global Radio	420 000	DAB EA16
N Cambridgeshire, S Lincs	102.7 Gunthorpe	4.0	
20/7/1980.			

HERTBEAT FM

Adult	Independent	300 000	EA17
Central and East Herts	106.9 Cole Green	0.25	
Stevenage area	106.7 Old Knebworth	0.1	
Hitchin and Letchworth, Herts	106.9 Letchworth	0.05	
3/3/2001. Hitchin & Letchworth added 9/2005.			

HORIZON FM

Contemporary	Global Radio	240 000	EA18
Milton Keynes area	103.3 Bow Brickhill	2.0	
15/10/1989.			

KISS 105-108 (NET)

Dance	Bauer	2 140 000	DAB EA31
Suffolk, S Norfolk & NE Essex	106.4 Mendlesham	20.0	
East Norfolk and NE Suffolk	106.1 Stoke Holy Cross	4.0	
South & Cent Cambridgeshire	105.6 Madingley	1.0	
Peterborough area	107.7 Gunthorpe	0.2	
22/11/1997 as Vibe FM. Kiss from 6/9/2006.			

KLFM

Adult, Contemporary	UKRD	200 000	EA19
West Norfolk	96.7 Great Massingham	2.6	
1/7/1992.			

LINCS FM

Adult, Contemporary	Lincs	680 000	DAB EA20
Lincolnshire & S Humberside	102.2 Belmont	6.4	
Grantham, Lincolnshire	96.7 Grantham	0.05	
Scunthorpe, North Lincolnshire	97.6 Trent View Flats	0.025	
1/3/1992. Grantham relay added 1995. Scunthorpe added 1999.			

LITE FM

Adult	Forward	150 000	EA21
Peterborough area	106.8 Gunthorpe	0.1	
24/7/1999.			

MERCURY FM (HERTFORDSHIRE)

Contemporary	Independent	390 000	EA22
West Hertfordshire	96.6 Pimlico	0.5	
22/10/1994 as Oasis. 96.6 Classic Hits from 1995. Oasis again from 1997. Mercury from 2000.			

NORTHANTS FM

Contemporary	Global Radio	480 000	EA23
Northamptonshire	96.6 Northampton	4.0	
1/10/1986.			

NORTH NORFOLK RADIO

Adult	Tindle	120 000	EA24
North East Norfolk	96.2 Stody	2.58	
North West Norfolk	103.2 Bunkers Hill	0.25	
Cromer, Sheringham, Norfolk	103.2 Aylmerton	0.25	
Fakenham	96.2 Fakenham	0.01	
10/11/2003. Fakenham added 11/2005.			

RADIO NORWICH

Adult	Tindle/ Independent	300 000	EA32
Norwich area	99.9 Stoke Holy Cross	0.5	
7/2006.			

Q103

Contemporary	Global Radio	460 000	DAB EA25
South & Cent Cambridgeshire	103.0 Madingley	1.0	
Newmarket, Suffolk	97.4 Iccwell Hill	0.004	
Haverhill, Suffolk	97.4 Haverhill	0.01	
12/2/1989 as CNFM. Renamed in 1995. Haverhill added 2007			

RUTLAND RADIO

Oldies, Soft	Lincs	4 500	EA26
Rutland	107.2 Manton	0.1	
Stamford, Lincs	97.4 East Casterton	0.048	
13/12/1998.			

SGR COLCHESTER

Contemporary	Global Radio	200 000	EA27
Opts out of SGR FM			
Colchester & North East Essex	96.1 Wivenhoe Park	0.5	
17/10/1993.			

SGR FM

Contemporary	Global Radio	650 000	EA28
South and East Suffolk	97.1 Foxhall Heath	3.4	
West Suffolk	96.4 Great Barton	2.0	
East: 28/10/1975 as Radio Orwell., West: 6/11/1982 as Saxon Radio. Both became SGR FM in 1992.			

SOUTHEND RADIO

Adult, Oldies	Independent	320 000	EA34
Southend area	105.1 Maitland House	0.312	
28/3/2008.			

STAR 107

Adult	UKRD	270 000	EA29
Cambridge area	107.9 Limekiln Hill	0.1	
Ely and Littleport area	107.1 Littleport	0.15	
107.9: 23/3/1998 as Cambridge Cafe Radio, then Cambridge Red. The Eagle from 31/7/2000. Star from 21/6/2001. 107.1: 4/10/1999 as X-Cel FM. Star from 5/11/2001. Merged 2004			

TEN 17

Contemporary	Global Radio	100 000	EA30
Harlow area	101.7 Rye Hill	0.1	
1/5/1993 (Mercury FM 2000-1).			

TOWN FM

Adult	Tindle	300 000	EA33
Ipswich area	102.0 Warren Heath	1.2	
19/10/2006.			

COMMUNITY RADIO (EASTERN ENGLAND)

DIVERSE FM	Ethnic	
Luton	102.8 Farley Hill	0.025
FUTURE FM	Mixed Format	
Norwich	96.9 Markham Tower	0.025
GARRISON FM (COLCHESTER)	Adult (for Army and families)	
Colchester	107.0 Colchester Garrison	0.03
GRAVITY FM	Mixed Format	
Grantham, Lincolnshire		
IPSWICH COMMUNITY RADIO	Mixed Format	
Ipswich	105.7 Suffolk College	0.015
KOOL AM	Pop (School)	
Harlow		
LINDUM RADIO	Mixed Format, Nostalgia, Easy	
Lincoln		
PHOENIX FM	Mixed Format	
Brentwood	98.0 Brentwood	0.025
SAINT FM	Mixed Format	
Burnham-on-Crouch area	94.7 Mayland Hill	0.025
SIREN FM	New Music, Pop	
Lincoln	107.3 Lincoln University	0.025
209 RADIO	Mixed Format	
Cambridge	105.0 Cambridge	0.025
TULIP RADIO	Mixed Format	
Spalding, Lincolnshire		
RADIO VERULAM	Mixed Format	
St Albans	92.6 St Albans	0.05

INSTITUTION RADIO (EASTERN ENGLAND)

Basildon Hospital R	Basildon Hospital, Essex	1287
Blue Bull Radio	RAF Marham, Kings Lynn	1278
Cambridge University R	Cambridge University	1350
Crush AM	Univ. Hertfordshire, Hatfield	1278
Radio Diamonds	Rushden and Diamonds FC	1503
Future AM	Woodbridge Prison, Suffolk	1350
Garrison Radio	ATR Bassingbourne	1287
Hospital Radio Yare	James Paget H, Gt Yarmouth	1350
Hemel Hospital Radio	Hemel Hempstead General H	1350
Radio Hotspot	Royal Hosp. Sch, Holbrook, Suff.	1287
Kool AM	Burnt Mill Comp., Harlow	1134
Livewire	Univ. East Anglia, Norwich	1350
Luton & Dunstable H R	Luton & Dunstable hospitals	1134
RED	University of Essex, Colchester	1404
St Albans Hospital R	St Albans Hospital	1287
Radio West Suffolk	W Suffolk Hosp Bury St Edmunds	1350