

England, Scotland, Wales and Ireland FM Transmitters

Frequency Finder

MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
87.6	Mullingar	Spirit Radio	Irish Ind	Christian		
87.7	Cameron Barracks, Inverness	BFBS	Community	Contemp/Adult (for Army)	5.0E-05 Cameron Barracks	NH 679 452
87.7	Dundee	Bridge FM	Hospital RSL	Mixed Music	5.0E-05 Nine Wells Hospital	NO 390 303
87.7	Dundee	Bridge FM	Hospital RSL	Mixed Music	5.0E-05 Royal Victoria Hospital	NO 378 304
87.7	Poole	Drive-In Theatres <i>part time</i>	Cinema RSL	Film Soundtrack	5.0E-05 Farmer Palmer's Farm Pk	SY 939 927
87.7	Barnstaple	Fresh FM	Student RSL	New Music	5.0E-05 North Devon College	SS 551 323
87.7	Brechin, Angus	RNA FM	Hospital RSL	Mixed Music	5.0E-05 Brechin High School	NO 589 608
87.7	Montrose, Angus	RNA FM	Hospital RSL	Mixed Music	5.0E-05 Montrose Aacademy	NO 717 576
87.7	Forfar, Angus	RNA FM	Hospital RSL	Mixed Music	5.0E-05 Whitehills Hospital	NO 467 514
87.7	Silverstone Circuit, Northants	Silverstone Radio <i>part time</i>	Sports RSL	Motor Racing	.010 Silverstone Circuit, Nthnts	SP 671 425
87.7	Brae, Shetland	60 North FM	Tourist RSL	Mixed Format	.001 Brae Marina	HU 351 678
87.7	Bressay & Noss Nature Rsv, Shetland	60 North FM	Tourist RSL	Mixed Format	.001 Bressay & Noss Nature Rs	HU 489 376
87.7	Esha Ness, Shetland	60 North FM	Tourist RSL	Mixed Format	.001 Esha Ness	HU 206 785
87.7	Haroldswick, Shetland	60 North FM	Tourist RSL	Mixed Format	.001 Haroldswick	HP 643 134
87.7	Sumburgh Head, Shetland	60 North FM	Tourist RSL	Mixed Format	.001 Sumburgh Head	HU 407 079
87.7	Walls Marina, Shetland	60 North FM	Tourist RSL	Mixed Format	.001 Walls Marina	HU 243 492
87.7	Letterkenny, Donegal	Spirit Radio	Irish Ind	Christian		
87.8	NE Ireland, SE Northern Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	40.000 Clermont Carn	
87.8	West Galway	Connemara Community Radio	Irish Community	Mixed Format	1.000 Clifden	
87.8	Letterfrach, Galway	Connemara Community Radio	Irish Community	Mixed Format	.200 Ballyheer	
87.8	Aberystwyth	Radio Bronglais	Hospital RSL	Mixed Music	5.0E-05 Bronglais Hospital	SN 592 818
87.9	Gillingham, Kent	Hospital Radio Medway	Hospital RSL	Mixed Music	5.0E-05 Medway Maritime Hospital	TQ 769 676
87.9	Zeeland, Netherlands (4)	Omroep Zeeland	NOS	Dutch	15.000 Goes, Netherlands	
88.0	Wrexham area	Heart North Wales	Communicorp	Pop Hits from 90s to present	1.400 Wrexham	SJ 301 537
88.0	Tralee and Castelisland	Spirit Radio	Irish Ind	Christian	.100 Knight's Mountain	
88.0	Calais, France (6)	TSF Radio Calais	France	French		
88.1	N Cumbria & S W Scotland	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Sandale	NY 266 398
88.1	Devon and East Cornwall	Radio 2	BBC	Oldies, Adult, Mixed Music	160.000 North Hessary Tor	SX 578 742
88.1	North East Essex & South Suffolk	Radio 2	BBC	Oldies, Adult, Mixed Music	5.000 Manningtree	TM 123 295
88.1	North Uist	Radio 2	BBC	Oldies, Adult, Mixed Music	2.000 Cletraval	NF 751 716
88.1	West Surrey and NE Hampshire	Radio 2	BBC	Oldies, Adult, Mixed Music	4.000 Guildford	SU 975 486
88.1	North Islay	Radio 2	BBC	Oldies, Adult, Mixed Music	.080 Bowmore	NR 318 590
88.1	Deiniolen & Llanberis, Gwynedd	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Deiniolen	SH 576 621
88.1	Grantham, Lincolnshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Grantham	SK 905 337
88.1	Ballachulish, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	.025 Ballachulish	NN 059 593
88.1	Cirencester	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Cirencester Town	SP 023 021
88.1	Hay on Wye area	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Clyro	SO 204 432
88.1	Portree, Skye	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Penfilier	NG 489 417
88.1	Ffestiniog area, Gwynedd	Radio 2	BBC	Oldies, Adult, Mixed Music	.182 Ffestiniog	SH 709 392
88.1	Mallaig, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	.014 Mallaig	NM 676 965
88.1	Llanidloes, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.005 Llanidloes	SN 948 844
88.2	Moray	Radio 2	BBC	Oldies, Adult, Mixed Music	.500 Knock More	NJ 321 497
88.2	Bexhill, East Sussex	Radio 2	BBC	Oldies, Adult, Mixed Music	.012 Bexhill	TQ 744 080
88.2	Nailsworth & Stroud, Gloucs	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Nailsworth	ST 849 990
88.2	Newbury & West Berkshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Newbury	SU 494 687
88.2	Calne, Wiltshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.032 Calne	ST 997 699
88.2	Vale of Neath, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Rheola	SN 841 061
88.2	Betws-y-Coed, Llanrwst, N Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Betws-y-Coed	SH 825 582
88.2	North West Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	125.000 Truskmore	
88.2	South East County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000 Crosshaven	
88.3	Midlands	Radio 2	BBC	Oldies, Adult, Mixed Music	109.900 Sutton Coldfield	SK 113 003
88.3	Shetland Islands	Radio 2	BBC	Oldies, Adult, Mixed Music	43.000 Bressay	HU 503 387
88.3	Dundee, Angus and North Fife	Radio 2	BBC	Oldies, Adult, Mixed Music	17.000 Forfar	NO 482 409
88.3	Barmouth area, Gwynedd	Radio 2	BBC	Oldies, Adult, Mixed Music	.250 Llwyn Onn	SH 625 175
88.3	Ness of Lewis	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Ness of Lewis	NB 533 603
88.3	Patna & Dalmellington, Ayrshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Lethanhill	NS 438 105
88.3	Ullapool, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Ullapool	NH 142 935
88.3	Trowbridge area, Wiltshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Westwood	ST 817 598
88.3	Windermere & Ambleside, Cmb	Radio 2	BBC	Oldies, Adult, Mixed Music	.064 Windermere	SD 383 980
88.3	Dumbarton & Alexandria	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Millburn Muir	NS 378 796
88.3	Warrenpoint, Northern Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	.032 Rostrevor Forest	IJ 189 176
88.3	Wensleydale, North Yorks	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Wensleydale	SD 992 907
88.3	University of York	University Radio York	Student RSL	New Music	.001 University of York	SE 622 506
88.3	Brands Hatch Circuit, Kent	Radio Brands <i>part time</i>	Sports RSL	Motor Racing	.002 Brands Hatch Circuit	TQ 574 647
88.3	South West County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000 Castletownbere	
88.3	NE Donegal & North N Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000 Moville	
88.3	SE Tipperary & N Waterford	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000 Clonmel	
88.3	Waterford City	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.100 Waterford	

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88.4	Isle of Man	Radio 2	BBC	Oldies, Adult, Mixed Music	11.000 Douglas	SC 373 746
88.4	Carmarthenshire	Radio 2	BBC	Oldies, Adult, Mixed Music	3.000 Carmel	SN 576 153
88.4	Campbelltown, Argyll	Radio 2	BBC	Oldies, Adult, Mixed Music	.400 Campbelltown	NR 707 172
88.4	Folkestone area	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Folkestone	TR 229 382
88.4	Colwyn Bay area, North Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Penmaen Rhos	SH 877 779
88.4	Otley & Ilkley area, W Yorks	Radio 2	BBC	Oldies, Adult, Mixed Music	.064 Wharfedale	SE 198 485
88.4	Hebden Bridge, West Yorks	Radio 2	BBC	Oldies, Adult, Mixed Music	.025 Hebden Bridge	SD 988 267
88.4	Purley & Coulsdon, London	Radio 2	BBC	Oldies, Adult, Mixed Music	.025 Kenley	TQ 329 592
88.4	Ebbw Vale & Tredegar, S Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.030 Ebbw Vale	SO 159 088
88.4	Peebles, Border Region	Radio 2	BBC	Oldies, Adult, Mixed Music	.020 Peebles	NT 228 416
88.4	Porth area, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Porth	ST 029 919
88.4	Walsden, West Yorkshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Walsden South	SD 937 215
88.4	Manchester	Gaydio	Community	LGBTQ+	.035 Portland Tower	SJ 842 979
88.4	Casla, Galway	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.000 Casla	
88.4	Mid Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000 Knockmoyle	
88.4	Athlone, County Westmeath	Athlone Community Radio	Irish Community	Mixed Format	.100 Blyry	
88.4	South West Netherlands (4)	Slam FM	Netherlands	Dutch Dance	30.000 Roosendaal, Netherlands	
88.5	Central Southern England	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Rowridge	SZ 447 865
88.5	North East England	Radio 2	BBC	Oldies, Adult, Mixed Music	134.000 Pontop Pike	NZ 147 527
88.5	Skye, Harris, East N & S Uist	Radio 2	BBC	Oldies, Adult, Mixed Music	30.000 Skriag	NG 451 408
88.5	North Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	1.000 Barnstaple	SS 502 289
88.5	Largs, Rothesay, Clyde Mouth	Radio 2	BBC	Oldies, Adult, Mixed Music	.570 Rothesay	NS 125 691
88.5	Plymouth	Radio 2	BBC	Oldies, Adult, Mixed Music	.040 Plympton	SX 531 555
88.5	Bradford	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Idle	SE 163 374
88.5	Blaenavon & Abersychan	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Blaenavon	SO 277 063
88.5	Cwmafan, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Cwmafan	SS 798 936
88.5	County Dublin	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	5.000 Three Rock	
88.5	West County Waterford	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000 Dungarvan	
88.6	Milton Keynes and West Beds	Radio 2	BBC	Oldies, Adult, Mixed Music	10.000 Bow Brickhill	SP 914 342
88.6	Herefordshire & NE Gloucs	Radio 2	BBC	Oldies, Adult, Mixed Music	10.000 Ridge Hill	SO 630 333
88.6	West, South & Central Lancs	Radio 2	BBC	Oldies, Adult, Mixed Music	4.000 Winter Hill	SD 660 144
88.6	Fort Augustus area, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	1.000 Fort Augustus	NH 361 049
88.6	Penicuik, Lothian	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Penicuik	NT 229 597
88.6	Berwick-upon-Tweed	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Berwick-upon-Tweed	NT 980 547
88.6	Llangeinor, Pontycymer, M Gm	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Llangeinor	SS 905 886
88.6	Sheffield	Radio Sheffield	BBC	Mixed Format	.324 Tupton Hill, Sheffield	SK 324 870
88.6	Mitchelstown, County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.100 Mitchelstown	
88.7	Ceredigion & SW Gwynedd	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Blaenplwyf	SN 569 756
88.7	Aberdeenshire	Radio 2	BBC	Oldies, Adult, Mixed Music	150.000 Meldrum	NJ 760 329
88.7	Derry area	Radio 2	BBC	Oldies, Adult, Mixed Music	31.000 Londonderry	IC 404 176
88.7	South East Northern Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	4.000 Camlough	IJ 055 246
88.7	Torbay	Radio 2	BBC	Oldies, Adult, Mixed Music	.790 Beacon Hill	SX 857 620
88.7	South West Stirlingshire	Radio 2	BBC	Oldies, Adult, Mixed Music	1.000 Ben Gullipen	NN 598 045
88.7	West Halifax	Radio 2	BBC	Oldies, Adult, Mixed Music	.084 Luddenden	SE 048 248
88.7	Okehampton, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.070 Okehampton	SX 586 967
88.7	Abergavenny & Usk Valley	Radio 2	BBC	Oldies, Adult, Mixed Music	.040 Abergavenny	SO 244 126
88.7	Kirkconnel & Sanquhar, D & G	Radio 2	BBC	Oldies, Adult, Mixed Music	.040 Kirkconnel	NS 746 150
88.7	Wigtown Bay area, D & G	Radio 2	BBC	Oldies, Adult, Mixed Music	.064 Cambert Hill	NX 524 578
88.7	Corran and Onich, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Ardour	NM 989 626
88.7	Bantry, SW County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000 Bantry	
88.7	Dunquin, Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.050 Maamclassach	
88.7	Kilkenny City	Community Radio Kilkenny	Irish Community	Mixed Format		
88.7	Nord Pas de Calais, France (1)	France Musique	Radio France	French Classical	400.000 Lille, France	
88.8	Lincolnshire & E Yorkshire	Radio 2	BBC	Oldies, Adult, Mixed Music	16.000 Belmont	TF 217 837
88.8	London area	Radio 2	BBC	Oldies, Adult, Mixed Music	4.000 Crystal Palace	TQ 339 712
88.8	Bodmin area, Cornwall	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Penaligon Downs	SX 026 683
88.8	Ballycastle, Northern Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Ballycastle	ID 077 423
88.8	Isles of Scilly	Radio 2	BBC	Oldies, Adult, Mixed Music	.060 Isles of Scilly	SV 911 124
88.8	Newtownabbey, N Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	.020 Carrmoney Hill	IJ 336 829
88.8	Chippenham, Wiltshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Chippenham	ST 914 751
88.8	Strachur & Inveraray, Strathcl	Radio 2	BBC	Oldies, Adult, Mixed Music	.018 Strachur	NN 094 027
88.8	Rhondda Valley, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.006 Ton Pentre	SS 960 955
88.8	Jersey	Radio Jersey	BBC	Mixed Format	3.800 Les Platons	CI 925 273
88.8	West Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	160.000 Maghera	
88.8	Falcarragh, Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.150 Magheroarty	
88.9	NE Wales, Merseyside, Cheshire	Radio 2	BBC	Oldies, Adult, Mixed Music	16.000 Llangollen	SJ 209 488
88.9	Oban area, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	5.000 Oban	NM 850 290
88.9	Keighley area, West Yorks	Radio 2	BBC	Oldies, Adult, Mixed Music	1.000 Keighley	SE 069 444
88.9	Cambridge area	Radio 2	BBC	Oldies, Adult, Mixed Music	.260 Madingley, Cambridge	TL 392 594
88.9	West Berkshire & East Wilts	Radio 2	BBC	Oldies, Adult, Mixed Music	.125 Membury	SU 307 763
88.9	Girvan, Ayrshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Girvan	NX 211 981
88.9	Todmorden, West Yorks	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Todmorden	SD 957 241
88.9	Northampton	Radio 2	BBC	Oldies, Adult, Mixed Music	.124 Northampton	SP 760 647
88.9	Chard, Somerset	Radio 2	BBC	Oldies, Adult, Mixed Music	.033 Chard	ST 358 086
88.9	Swansea Valley, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.048 Varteg Hill	SN 776 077
88.9	Carmarthen	Radio 2	BBC	Oldies, Adult, Mixed Music	.007 Carmarthen	SN 412 213
88.9	Brecon, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Brecon	SO 030 299
88.9	George Eliot Hospital, Nuneaton	Anker Radio	Hospital RSL	Mixed Music	George Eliot Hospital	SP 356 906
88.9	County Monaghan	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.500 Monaghan	
88.9	North Inishowen	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.000 Malin	
88.9	Boulogne, France (5)	Fun Radio	France	French Pop	1.000 Boulogne, France	

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89.0	Teesside, S Durham, N Yorks	Radio 2	BBC	Oldies, Adult, Mixed Music	5.000 Bilsdale	SE 553 962
89.0	Perth area	Radio 2	BBC	Oldies, Adult, Mixed Music	.964 Kirkton Mailer	NO 102 210
89.0	Chesterfield	Radio 2	BBC	Oldies, Adult, Mixed Music	.400 Chesterfield	SK 383 764
89.0	Swindon area	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Blunsdon	SU 143 900
89.0	South Islay	Radio 2	BBC	Oldies, Adult, Mixed Music	.065 Port Ellen	NR 338 452
89.0	Kendal, Cumbria	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Kendal	SD 540 912
89.0	Bath	Radio 2	BBC	Oldies, Adult, Mixed Music	.082 Bath	ST 769 654
89.0	Gloucester & Cheltenham	Radio 2	BBC	Oldies, Adult, Mixed Music	.072 Churchdown Hill	SO 880 188
89.0	Exeter	Radio 2	BBC	Oldies, Adult, Mixed Music	.055 St Thomas	SX 898 922
89.0	Abertillery, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Abertillery	SO 244 023
89.0	Croeserw, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Croeserw	SS 858 952
89.0	Minehead, Somerset	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Minehead	SS 966 452
89.0	Central Isle of Man	Manx Radio FM	Independent	Mixed Format	4.000 Snaefell	SC 397 881
89.0	Mid Tipperary	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000 Suir Valley	
89.0	Kinsale, Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.010 Kinsale	
89.1	London & South East England	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Wrotham	TQ 595 604
89.1	Border Region	Radio 2	BBC	Oldies, Adult, Mixed Music	50.000 Ashkirk	NT 470 244
89.1	E Lewis, N Skye & W Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	50.000 Melvaig	NG 757 900
89.1	Central Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	2.800 Llandrindod Wells	SO 018 635
89.1	West Dorset	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Bridport	SY 453 915
89.1	Frome, Somerset	Radio 2	BBC	Oldies, Adult, Mixed Music	.060 Egford Hill	ST 764 481
89.1	Conwy & Llandudno, N Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Conwy	SH 781 765
89.1	West Kilbride area, Ayrshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 West Kilbride	NS 215 483
89.1	Larne, Northern Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Larne	ID 395 037
89.1	Llanfyllin, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.008 Llanfyllin	SJ 151 181
89.1	Combe Martin, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.004 Combe Martin	SS 582 462
89.1	Kingussie, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	.035 Kingussie	NN 769 985
89.1	Dartford Tunnel, Kent-Essex	Radio 2	BBC	Oldies, Adult, Mixed Music	Dartford Tunnel	TQ 571 769
89.1	North Central Birmingham	BRMB	Community	Oldies, Adult	.100 Barry Jackson Tower	SP 076 892
89.1	East Leicester	Soar Sound	Community	Mixed Format	Aylestone St James RFC	
89.1	East Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	50.000 Kippure	
89.1	Dingle Peninsula, County Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.030 Ballydavid	
89.2	Chalford & Stroud, Gloucs	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Chalford	SO 883 017
89.2	Pontypool & Cwmbran, S Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Pontypool	ST 284 990
89.2	Aberdare area, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.042 Aberdare	SO 034 013
89.2	Greenock & Firth of Clyde	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Rosneath	NS 258 811
89.2	Ogmore Vale, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Ogmore Vale	SS 929 894
89.2	Pitlochry & Aberfeldy, Perthshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.500 Pitlochry	NN 923 565
89.2	Newcastle	Pride Radio	Community	LGBTQ+	.050 Newcastle Shieldfield H	NZ 257 649
89.2	East Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	6.000 Holywell Hill	
89.2	Cork City and East County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	5.000 Spur Hill	
89.2	North Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000 Knockanore	
89.3	North West and Yorkshire	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Holme Moss	SE 095 041
89.3	Orkney Islands	Radio 2	BBC	Oldies, Adult, Mixed Music	41.000 Keelilyang Hill	HY 378 102
89.3	Pembrokeshire	Radio 2	BBC	Oldies, Adult, Mixed Music	20.000 Haverfordwest	SN 028 261
89.3	South Uist	Radio 2	BBC	Oldies, Adult, Mixed Music	1.000 Daliburgh	NF 736 216
89.3	Bristol	Radio 2	BBC	Oldies, Adult, Mixed Music	1.300 Ilchester Crescent	ST 577 700
89.3	Crieff area, Perthshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.125 Crieff	NN 814 200
89.3	Rhymney area, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.020 Rhymney	SO 127 042
89.3	Fort William area, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	4.000 Fort William	NN 117 772
89.3	S Kapdale, E Islay, Jura	Radio 2	BBC	Oldies, Adult, Mixed Music	2.200 South Knapdale	NR 837 748
89.3	Blandford, Dorset	BFBS (Blandford)	Community	Contemp/Adult (for Army)	.050 Blandford Garrison	ST 915 079
89.3	Belfast	Belfast 89 FM	Community	Oldies	.150 Belfast Europa Hotel	IJ 335 738
89.3	Central Mayo	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000 Castlebar	
89.3	Athlone	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.020 Athlone	
89.3	Dunkerque, France (6)	France Musique	Radio France	French Classical	Dunkerque, France	
89.4	Fermanagh and South Tyrone	Radio 2	BBC	Oldies, Adult, Mixed Music	9.800 Brougher Mountain	IH 350 527
89.4	South East Aberdeenshire	Radio 2	BBC	Oldies, Adult, Mixed Music	2.100 Durris	NO 763 897
89.4	Porthmadog area, Gwynedd	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Llandecwyn	SH 644 371
89.4	Hexham & Tyne Valley, Nthmb	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Newton	NZ 036 653
89.4	Teignmouth area, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Holcombe Down	SX 934 752
89.4	Weston-super-mare, Somerset	Radio 2	BBC	Oldies, Adult, Mixed Music	.040 Hutton	ST 361 588
89.4	Machynlleth, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.120 Machynlleth	SH 723 003
89.4	Kilkeel, Northern Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Kilkeel	IJ 281 180
89.4	Ventnor, Isle of Wight	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Ventnor	SX 567 783
89.4	Teignmouth area, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Holcombe Down	SX 934 752
89.4	Limerick city	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.500 Woodcock H, Limerick	
89.4	Fermoy & Mitchelstown, Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.050 Fermoy	
89.4	Boulogne and Calais, France (5)	France Musique	Radio France	French Classical	1.000 Boulogne, France	
89.4	West Bretagne, France (3)	France Musique	Radio France	French Classical	170.000 Brest, France	

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89.5	Oxon, Bucks, Berks, S Midlands	Radio 2	BBC	Oldies, Adult, Mixed Music	46.000 Oxford	SP 567 105
89.5	Ayrshire	Radio 2	BBC	Oldies, Adult, Mixed Music	10.000 Darvel	NS 557 341
89.5	Tobermory area, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	5.000 Glengorm	NM 465 565
89.5	Swansea area	Radio 2	BBC	Oldies, Adult, Mixed Music	.926 Kilvey Hill	SS 672 940
89.5	South Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Salcombe	SX 753 398
89.5	Axminster & Seaton, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.080 Axe Valley	SY 283 945
89.5	Innerleithen, Border	Radio 2	BBC	Oldies, Adult, Mixed Music	.020 Innerleithen	NT 325 368
89.5	Darwen, Lancashire	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Darwen	SD 708 223
89.5	Newbridge area, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.005 Pennar	ST 209 958
89.5	Ramsay, Isle of Man	Manx Radio FM	Independent	Mixed Format	.050 Ramsay	SC 449 945
89.5	Peel, Isle of Man	Manx Radio FM	Independent	Mixed Format	.062 Peel	SC 236 836
89.5	West County Galway	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	3.000 Clifden	
89.5	West Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	3.000 Killeaveeragh	
89.5	North East Wicklow	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	1.000 Greystones	
89.5	St Ita's Hospital, Portrane, Dublin	St Ita's Hospital Radio	Irish Hospital	Mixed Format	.020 Portrane	
89.6	Inverness & Moray Firth area	Radio 2	BBC	Oldies, Adult, Mixed Music	20.000 Rosemarkie	NH 762 623
89.6	Channel Islands	Radio 2	BBC	Oldies, Adult, Mixed Music	16.000 Les Platons	CI 925 273
89.6	North Northern Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	3.400 Limavady	IC 711 296
89.6	Tiverton, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.300 Gogwell	SS 967 111
89.6	Hastings	Radio 2	BBC	Oldies, Adult, Mixed Music	.500 Hastings	TQ 807 100
89.6	Whitby, North Yorkshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Whitby	NZ 904 113
89.6	Blairstown & Rattray, Perthshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.032 Rosemount	NO 203 435
89.6	Ferndale, South Wales	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Ferndale	ST 006 970
89.6	Llyswen area, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Llyswen	SO 137 361
89.6	Whalley, Lancashire	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Whalley	SD 729 352
89.6	Ludlow, Shropshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Ludlow	SO 498 741
89.6	Keswick, Cumbria	Radio 2	BBC	Oldies, Adult, Mixed Music	.060 Keswick Forest	NY 223 244
89.6	Welshpool, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.048 Long Mountain	SJ 265 057
89.6	Rugeley and Trent Valley	Cannock Chase Radio	Community	Mixed Format	.096 Rugeley	SK 035 179
89.6	Southall, West London	Westside Community Radio	Community	Rhythmic Music	.007 Rutherford Tower	TQ 136 812
89.6	South East Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	200.000 Mount Leinster	
89.6	West Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	3.000 Aranmore	
89.7	Norfolk and Suffolk	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Tacolneston	TM 131 958
89.7	West Cornwall	Radio 2	BBC	Oldies, Adult, Mixed Music	17.600 Redruth	SW 690 394
89.7	Lampeter & Teifi Valley, Ceredigion	Radio 2	BBC	Oldies, Adult, Mixed Music	.400 Mynydd Pencarreg	SN 577 430
89.7	Eyemouth and Border coast	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Eyemouth	NT 947 599
89.7	Whitehaven area, Cumbria	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Whitehaven	NX 992 123
89.7	Weardale, County Durham	Radio 2	BBC	Oldies, Adult, Mixed Music	.180 Weardale	NZ 025 384
89.7	Newhaven & Seaford, Sussex	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Newhaven	TQ 435 006
89.7	Lyme Regis, Dorset	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Lyme Regis	SY 345 935
89.7	Stranraer, D & G	Radio 2	BBC	Oldies, Adult, Mixed Music	.031 Stranraer	NX 111 632
89.7	Leatherhead area, Surrey	Radio 2	BBC	Oldies, Adult, Mixed Music	.025 Mickleham	TQ 163 538
89.7	Barnoldswick area, Lancs	Radio 2	BBC	Oldies, Adult, Mixed Music	.020 Barnoldswick	SD 897 490
89.7	Cornholme, West Yorkshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.020 Cornholme	SD 918 264
89.7	Caterham, Surrey	Radio 2	BBC	Oldies, Adult, Mixed Music	.015 Caterham	TQ 343 557
89.7	Kinlochleven, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	.010 Kinlochleven	NN 178 630
89.7	Ballybofey, Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	.500 Ballybofey	
89.7	Cork City	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	.050 Collins Barracks	
89.7	Lahinch, Clare	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	.100 Lahinch	
89.8	Anglesey & North Wales Coast	Radio 2	BBC	Oldies, Adult, Mixed Music	21.000 Llanddona	SH 582 810
89.8	Isle of Lewis	Radio 2	BBC	Oldies, Adult, Mixed Music	2.000 Eitshal	NB 305 302
89.8	Reading	Radio 2	BBC	Oldies, Adult, Mixed Music	1.000 Hemdean	SU 710 762
89.8	Matlock & Bakewell, Derbys	Radio 2	BBC	Oldies, Adult, Mixed Music	1.200 Stanton Moor	SK 246 637
89.8	Upper Tame Valley, Gt Mancs	Radio 2	BBC	Oldies, Adult, Mixed Music	.095 Saddleworth	SD 987 050
89.8	Leeds	Radio 2	BBC	Oldies, Adult, Mixed Music	.200 Beecroft Hill	SE 237 350
89.8	West Tyneside, Tyne & Wear	Radio 2	BBC	Oldies, Adult, Mixed Music	.042 Fenham	NZ 216 648
89.8	Llanrhaeadr ym Mochnant, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Llanrhaeadr ym Moch.	SJ 174 260
89.8	Salisbury, Wiltshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.013 Salisbury	SU 136 285
89.8	Dartmouth area, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.005 Kingswear	SX 887 511
89.8	Speyside, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	.720 Grantown	NJ 003 267
89.8	Burntwood, Staffordshire	Cannock Chase Radio	Community	Mixed Format	.050 Burntwood	SK 051 093
89.8	Co Longford and North Midlands	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	20.000 Cairn Hill	
89.8	North Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	4.000 Fanad	
89.8	Limerick City	Spirit Radio	Irish Ind	Christian	.400 Woodcock Hill	
89.9	Central Scotland	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Black Hill	NS 828 647
89.9	South Wales & West England	Radio 2	BBC	Oldies, Adult, Mixed Music	250.000 Wenvoe	ST 110 742
89.9	Sheffield	Radio 2	BBC	Oldies, Adult, Mixed Music	.320 Tupton Hill, Sheffield	SK 324 870
89.9	Scarborough area, N Yorks	Radio 2	BBC	Oldies, Adult, Mixed Music	.250 Oliver's Mount	TA 040 869
89.9	Haslingden area, Lancs	Radio 2	BBC	Oldies, Adult, Mixed Music	.083 Haslingden	SD 795 236
89.9	Ivybridge, Devon	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 Ivybridge	SX 631 538
89.9	North West Mayo	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	3.000 Achill	
89.9	Dublin	Spirit Radio	Irish Ind	Christian	.400 Three Rock	
89.9	East Bretagne, France (3)	France Musique	Radio France	French Classical	100.000 Rennes, France	
90.0	East Kent	Radio 2	BBC	Oldies, Adult, Mixed Music	11.000 Swingate	TR 334 429
90.0	South Cumbria & NW Lancs	Radio 2	BBC	Oldies, Adult, Mixed Music	10.000 Morecambe Bay	SD 239 791
90.0	Weymouth, Dorset	Radio 2	BBC	Oldies, Adult, Mixed Music	.130 Weymouth	SY 663 779
90.0	Buxton, Derbyshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Buxton	SK 060 753
90.0	High Wycombe	Radio 2	BBC	Oldies, Adult, Mixed Music	.050 High Wycombe	SU 856 942
90.0	Church Stretton, Shropshire	Radio Shropshire	BBC	Mixed Format	.010 Hazler Hill	SO 464 928
90.0	Selby, North Yorkshire	YO1 Radio	Community	Mixed Format		
90.0	South West Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish & Country	160.000 Mullaghanish	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
90.1	East & Central Northern Ireland	Radio 2	BBC	Oldies, Adult, Mixed Music	123.600 Divis	IJ 286 750
90.1	Camb, Beds, S Lincs, E Nthts	Radio 2	BBC	Oldies, Adult, Mixed Music	40.000 Peterborough	TL 127 913
90.1	Thurso & Wick area, Highland	Radio 2	BBC	Oldies, Adult, Mixed Music	10.000 Rumster Forest	ND 197 385
90.1	North Northumberland	Radio 2	BBC	Oldies, Adult, Mixed Music	5.600 Chatton	NU 105 264
90.1	Brighton and Worthing area	Radio 2	BBC	Oldies, Adult, Mixed Music	.600 Whitehawk Hill	TQ 330 045
90.1	Basingstoke	Radio 2	BBC	Oldies, Adult, Mixed Music	.020 Basingstoke	SU 643 479
90.1	Marlborough area, Wilts	Radio 2	BBC	Oldies, Adult, Mixed Music	.100 Marlborough	SU 209 688
90.1	Newcastle Emlyn area, Ceredigion	Radio 2	BBC	Oldies, Adult, Mixed Music	.088 Llandyfriog	SN 348 412
90.1	Dee Valley, Aberdeenshire	Radio 2	BBC	Oldies, Adult, Mixed Music	.042 Tullich	NO 379 984
90.1	Newtown, Powys	Radio 2	BBC	Oldies, Adult, Mixed Music	.036 Llandinam	SO 050 877
90.1	Dolgellau, Gwynedd	Radio 2	BBC	Oldies, Adult, Mixed Music	.016 Dolgellau	SH 727 185
90.1	Bournemouth	Hope FM	Community	Christian	.031 Poole House	SZ 074 938
90.1	Central Manchester	Legacy 90.1	Community	Rhythmic Music	.025 Hulme	SJ 830 961
90.1	Waterford City	Spirit Radio	Irish Ind	Christian	.400 Waterford	
90.1	Bray and Greystoes, Wicklow	Spirit Radio	Irish Ind	Christian	.200 Bray Head	
90.2	Thirsk & Northallerton area	Radio 2	BBC	Oldies, Adult, Mixed Music	5.000 Woolmoor	SE 457 881
90.2	Burnley & Colne Valley, Lancs	Radio 2	BBC	Oldies, Adult, Mixed Music	1.000 Pendle Forest	SD 825 384
90.2	Hay on Wye area	R Wales	BBC	Mixed Format	.010 Clyro	SO 204 432
90.2	Charlbury & Woodstock, Oxon	WRFM	Community	Mixed Format	.051 Stonesfield	SP 396 176
90.2	North County Tipperary	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000 Kilduff	
90.2	South West Netherlands (4)	100% NL	Netherlands	Dutch Adult, Oldies	50.000 Roosendaal, Netherlands	
90.3	N Cumbria & S W Scotland	Radio 3	BBC	Classical	250.000 Sandale	NY 266 398
90.3	Devon and East Cornwall	Radio 3	BBC	Classical	160.000 North Hessary Tor	SX 578 742
90.3	North East Essex & South Suffolk	Radio 3	BBC	Classical	5.000 Manningtree	TM 123 295
90.3	North Uist	Radio 3	BBC	Classical	2.000 Cletraval	NF 751 716
90.3	West Surrey and NE Hampshire	Radio 3	BBC	Classical	4.000 Guildford	SU 975 486
90.3	North Islay	Radio 3	BBC	Classical	.080 Bowmore	NR 318 590
90.3	Grantham, Lincolnshire	Radio 3	BBC	Classical	.050 Grantham	SK 905 337
90.3	Ballachulish, Highland	Radio 3	BBC	Classical	.025 Ballachulish	NN 059 593
90.3	Cirencester	Radio 3	BBC	Classical	.010 Cirencester Town	SP 023 021
90.3	Portree, Skye	Radio 3	BBC	Classical	.010 Penifler	NG 489 417
90.3	Mallaig, Highland	Radio 3	BBC	Classical	.014 Mallaig	NM 676 965
90.3	Deiniolen & Llanberis, Gwynedd	R Wales	BBC	Mixed Format	.050 Deiniolen	SH 576 621
90.3	Ffestiniog area, Gwynedd	R Wales	BBC	Mixed Format	.182 Ffestiniog	SH 709 392
90.3	Llanidloes, Powys	R Wales	BBC	Mixed Format	.005 Llanidloes	SN 948 844
90.3	Ennis, County Clare	Spirit Radio	Irish Ind	Christian	.200 Ben Dash	
90.3	Coolock, NE Dublin	NEAR FM	Irish Community	Mixed Format	.050 Coolock	
90.4	Moray	Radio 3	BBC	Classical	.500 Knock More	NJ 321 497
90.4	Nailsworth & Stroud, Gloucs	Radio 3	BBC	Classical	.100 Nailsworth	ST 849 990
90.4	Newbury & West Berkshire	Radio 3	BBC	Classical	.100 Newbury	SU 494 687
90.4	Calne, Wiltshire	Radio 3	BBC	Classical	.032 Calne	ST 997 699
90.4	South East Hertfordshire	Three Counties Radio	BBC	Mixed Format	.100 Epping Green	
90.4	Vale of Neath, South Wales	R Wales	BBC	Mixed Format	.010 Rheola	SN 841 061
90.4	Betws-y-Coed, Llanrwst, N Wales	R Wales	BBC	Mixed Format	.010 Betws-y-Coed	SH 825 582
90.4	North West Ireland	2FM	RTE	Contemporary, Adult	125.000 Truskmore	
90.4	South East County Cork	2FM	RTE	Contemporary, Adult	3.000 Crosshaven	
90.4	Dundalk	Spirit Radio	Irish Ind	Christian	.100 Dundalk	
90.4	Flanders, Belgium (6)	VRT Radio 3	VRT	Flemish	50.000 Egem, Belgium	
90.5	Midlands	Radio 3	BBC	Classical	109.900 Sutton Coldfield	SK 113 003
90.5	Shetland Islands	Radio 3	BBC	Classical	43.000 Bressay	HU 503 387
90.5	Dundee, Angus and North Fife	Radio 3	BBC	Classical	17.000 Forfar	NO 482 409
90.5	Ness of Lewis	Radio 3	BBC	Classical	.200 Ness of Lewis	NB 533 603
90.5	Patna & Dalmellington, Ayrshire	Radio 3	BBC	Classical	.200 Lethanhill	NS 438 105
90.5	Ullapool, Highland	Radio 3	BBC	Classical	.050 Ullapool	NH 142 935
90.5	Trowbridge area, Wiltshire	Radio 3	BBC	Classical	.050 Westwood	ST 817 598
90.5	Windermere & Ambleside, Cmb	Radio 3	BBC	Classical	.064 Windermere	SD 383 980
90.5	Dumbarton & Alexandria	Radio 3	BBC	Classical	.050 Millburn Muir	NS 378 796
90.5	Warrenpoint, Northern Ireland	Radio 3	BBC	Classical	.032 Rostrevor Forest	IJ 189 176
90.5	Wensleydale, North Yorks	Radio 3	BBC	Classical	.100 Wensleydale	SD 992 907
90.5	Barmouth area, Gwynedd	R Wales	BBC	Mixed Format	.250 Llwyn Onn	SH 625 175
90.5	South West County Cork	2FM	RTE	Contemporary, Adult	3.000 Castletownbere	
90.5	NE Donegal & North N Ireland	2FM	RTE	Contemporary, Adult	1.000 Monville	
90.5	SE Tipperary & N Waterford	2FM	RTE	Contemporary, Adult	1.000 Clonmel	
90.5	Waterford City	2FM	RTE	Contemporary, Adult	.100 Waterford	
90.5	Carlow	Spirit Radio	Irish Ind	Christian	.500 Killeslin	
90.6	Isle of Man	Radio 3	BBC	Classical	11.000 Douglas	SC 373 746
90.6	Carmarthenshire	Radio 3	BBC	Classical	3.000 Carmel	SN 576 153
90.6	Campbelltown, Argyll	Radio 3	BBC	Classical	.400 Campbelltown	NR 707 172
90.6	Folkestone area	Radio 3	BBC	Classical	.100 Folkestone	TR 229 382
90.6	Otley & Ilkley area, W Yorks	Radio 3	BBC	Classical	.064 Wharfedale	SE 198 485
90.6	Hebden Bridge, West Yorks	Radio 3	BBC	Classical	.025 Hebden Bridge	SD 988 267
90.6	Purley & Coulsdon, London	Radio 3	BBC	Classical	.025 Kenley	TQ 329 592
90.6	Ebbw Vale & Tredegar, S Wales	Radio 3	BBC	Classical	.030 Ebbw Vale	SO 159 088
90.6	Peebles, Border Region	Radio 3	BBC	Classical	.020 Peebles	NT 228 416
90.6	Porth area, South Wales	Radio 3	BBC	Classical	.010 Porth	ST 029 919
90.6	Walsden, West Yorkshire	Radio 3	BBC	Classical	.010 Walsden South	SD 937 215
90.6	Colwyn Bay area, North Wales	R Wales	BBC	Mixed Format	.100 Penmaen Rhos	SH 877 779
90.6	Manchester	Heritage Radio	Community	Muslim Community	.090 Manchester Duffield Court	SJ 841964
90.6	Casla, Galway	2FM	RTE	Contemporary, Adult	2.000 Casla	
90.6	Mid Kerry	2FM	RTE	Contemporary, Adult	1.000 Knockmoyle	
90.6	Athlone	Spirit Radio	Irish Ind	Christian	.040 Athlone	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
90.7	Central Southern England	Radio 3	BBC	Classical	250.000 Rowridge	SZ 447 865
90.7	North East England	Radio 3	BBC	Classical	134.000 Pontop Pike	NZ 147 527
90.7	Skye, Harris, East N & S Uist	Radio 3	BBC	Classical	30.000 Skriag	NG 451 408
90.7	North Devon	Radio 3	BBC	Classical	1.000 Barnstaple	SS 502 289
90.7	Largs, Rothesay, Clyde Mouth	Radio 3	BBC	Classical	.570 Rothesay	NS 125 691
90.7	Plymouth	Radio 3	BBC	Classical	.040 Plympton	SX 531 555
90.7	Bradford	Radio 3	BBC	Classical	.010 Idle	SE 163 374
90.7	Blaenavon & Abersychan	Radio 3	BBC	Classical	.010 Blaenavon	SO 277 063
90.7	Cwmafan, South Wales	R Wales	BBC	Mixed Format	.010 Cwmafan	SS 798 936
90.7	County Dublin	2FM	RTE	Contemporary, Adult	5.000 Three Rock	
90.7	West County Waterford	2FM	RTE	Contemporary, Adult	3.000 Dungarvan	
90.7	West Netherlands (4)	Financial News Radio	Netherlands	Dutch	100.000 Lopik, Netherlands	
90.8	Milton Keynes and West Beds	Radio 3	BBC	Classical	10.000 Bow Brickhill	SP 914 342
90.8	Herefordshire & NE Gloucs	Radio 3	BBC	Classical	10.000 Ridge Hill	SO 630 333
90.8	West, South & Central Lancs	Radio 3	BBC	Classical	4.000 Winter Hill	SD 660 144
90.8	Fort Augustus area, Highland	Radio 3	BBC	Classical	1.000 Fort Augustus	NH 361 049
90.8	Penicuik, Lothian	Radio 3	BBC	Classical	.200 Penicuik	NT 229 597
90.8	Berwick-upon-Tweed	Radio 3	BBC	Classical	.050 Berwick-upon-Tweed	NT 980 547
90.8	Llangeinor, Pontycymer, M Gm	R Wales	BBC	Mixed Format	.010 Llangeinor	SS 905 886
90.8	Dover, Kent	FBFS Gurkha Radio	Community	Nepali	Dover Community Centre	TR 326 430
90.8	Mitchelstown, County Cork	2FM	RTE	Contemporary, Adult	.100 Mitchelstown	
90.9	Ceredigion & SW Gwynedd	Radio 3	BBC	Classical	250.000 Blaenplwyf	SN 569 756
90.9	Aberdeenshire	Radio 3	BBC	Classical	150.000 Meldrum	NJ 760 329
90.9	Derry area	Radio 3	BBC	Classical	31.000 Londonderry	IC 404 176
90.9	Lincolnshire & E Yorkshire	Radio 3	BBC	Classical	16.000 Belmont	TF 217 837
90.9	South East Northern Ireland	Radio 3	BBC	Classical	4.000 Camlough	IJ 055 246
90.9	Torbay	Radio 3	BBC	Classical	.790 Beacon Hill	SX 857 620
90.9	South West Stirlingshire	Radio 3	BBC	Classical	1.000 Ben Gullipen	NN 598 045
90.9	West Halifax	Radio 3	BBC	Classical	.084 Luddenden	SE 048 248
90.9	Okehampton, Devon	Radio 3	BBC	Classical	.070 Okehampton	SX 586 967
90.9	Abergavenny & Usk Valley	Radio 3	BBC	Classical	.040 Abergavenny	SO 244 126
90.9	Kirkconnel & Sanquhar, D & G	Radio 3	BBC	Classical	.040 Kirkconnel	NS 746 150
90.9	Wigtown Bay area, D & G	Radio 3	BBC	Classical	.064 Cambert Hill	NX 524 578
90.9	Corran and Onich, Highland	Radio 3	BBC	Classical	.050 Ardgour	NM 989 626
90.9	Bantry, SW County Cork	2FM	RTE	Contemporary, Adult	1.000 Bantry	
90.9	Dunquin, Kerry	2FM	RTE	Contemporary, Adult	.050 Maamclassach	
90.9	Cork City	Spirit Radio	Irish Ind	Christian	.500 Holly Hill	
90.9	Kilkenny City	Dreamtime Radio	Irish Institution	Mixed Format	.010 SOS Kilkenny City	
91.0	London area	Radio 3	BBC	Classical	4.000 Crystal Palace	TQ 339 712
91.0	Bodmin area, Cornwall	Radio 3	BBC	Classical	.200 Penalgion Downs	SX 026 683
91.0	Ballycastle, Northern Ireland	Radio 3	BBC	Classical	.100 Ballycastle	ID 077 423
91.0	Isles of Scilly	Radio 3	BBC	Classical	.060 Isles of Scilly	SV 911 124
91.0	Newtownabbey, N Ireland	Radio 3	BBC	Classical	.020 Carnmoney Hill	IJ 336 829
91.0	Chippenham, Wiltshire	Radio 3	BBC	Classical	.010 Chippenham	ST 914 751
91.0	Strachur & Inveraray, Strathcl	Radio 3	BBC	Classical	.018 Strachur	NN 094 027
91.0	Rhondda Valley, South Wales	Radio 3	BBC	Classical	.006 Ton Pentre	SS 960 955
91.0	Leicester	Sabras Radio	Independent	Asian	.200 Leicester Corah Works	SK 587 054
91.0	West Ireland	2FM	RTE	Contemporary, Adult	160.000 Maghera	
91.0	Falcarragh, Donegal	2FM	RTE	Contemporary, Adult	.150 Magheroarty	
91.1	Channel Islands	Radio 3	BBC	Classical	16.000 Les Platons	CI 925 273
91.1	Oban area, Highland	Radio 3	BBC	Classical	5.000 Oban	NM 850 290
91.1	Keighley area, West Yorks	Radio 3	BBC	Classical	1.000 Keighley	SE 069 444
91.1	Cambridge area	Radio 3	BBC	Classical	.260 Madingley, Cambridge	TL 392 594
91.1	West Berkshire & East Wilts	Radio 3	BBC	Classical	.125 Membury	SU 307 763
91.1	Girvan, Ayrshire	Radio 3	BBC	Classical	.100 Girvan	NX 211 981
91.1	Todmorden, West Yorks	Radio 3	BBC	Classical	.100 Todmorden	SD 957 241
91.1	Northampton	Radio 3	BBC	Classical	.124 Northampton	SP 760 647
91.1	Chard, Somerset	Radio 3	BBC	Classical	.033 Chard	ST 358 086
91.1	Swansea Valley, South Wales	Radio 3	BBC	Classical	.048 Varteg Hill	SN 776 077
91.1	NE Wales, Merseyside, Cheshire	R Wales	BBC	Mixed Format	16.000 Llangollen	SJ 209 488
91.1	Carmarthen	R Wales	BBC	Mixed Format	.007 Carmarthen	SN 412 213
91.1	Brecon, Powys	R Wales	BBC	Mixed Format	.010 Brecon	SO 030 299
91.1	County Monaghan	2FM	RTE	Contemporary, Adult	2.500 Monaghan	
91.1	North Innishowen	2FM	RTE	Contemporary, Adult	2.000 Malin	
91.1	Dunkerque, France (6)	Skyrock	France	French Rap	1.000 Dunkerque, France	
91.2	Teesside, S Durham, N Yorks	Radio 3	BBC	Classical	5.000 Bilsdale	SE 553 962
91.2	Perth area	Radio 3	BBC	Classical	.964 Kirkton Mailer	NO 102 210
91.2	Chesterfield	Radio 3	BBC	Classical	.400 Chesterfield	SK 383 764
91.2	Swindon area	Radio 3	BBC	Classical	.200 Blunsdon	SU 143 900
91.2	South Islay	Radio 3	BBC	Classical	.065 Port Ellen	NR 338 452
91.2	Kendal, Cumbria	Radio 3	BBC	Classical	.100 Kendal	SD 540 912
91.2	Bath	Radio 3	BBC	Classical	.082 Bath	ST 769 654
91.2	Gloucester & Cheltenham	Radio 3	BBC	Classical	.072 Churchdown Hill	SO 880 188
91.2	Exeter	Radio 3	BBC	Classical	.055 St Thomas	SX 898 922
91.2	Minehead, Somerset	Radio 3	BBC	Classical	.010 Minehead	SS 966 452
91.2	Abertillery, South Wales	R Wales	BBC	Mixed Format	.010 Abertillery	SO 244 023
91.2	Croeserw, South Wales	R Wales	BBC	Mixed Format	.010 Croeserw	SS 858 952
91.2	Central Isle of Man	Energy FM	Independent	Contemporary	1.200 Snaefell	SC 397 881
91.2	Mid Tipperary	2FM	RTE	Contemporary, Adult	3.000 Suir Valley	
91.2	Kinsale, Cork	2FM	RTE	Contemporary, Adult	.010 Kinsale	
91.2	Killarney, County Kerry	Spirit Radio	Irish Ind	Christian		

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
91.3	London & South East England	Radio 3	BBC	Classical	250.000 Wrotham	TQ 595 604
91.3	Border Region	Radio 3	BBC	Classical	50.000 Ashkirk	NT 470 244
91.3	E Lewis, N Skye & W Highland	Radio 3	BBC	Classical	50.000 Melvaig	NG 757 900
91.3	West Dorset	Radio 3	BBC	Classical	.200 Bridport	SY 453 915
91.3	Frome, Somerset	Radio 3	BBC	Classical	.060 Egford Hill	ST 764 481
91.3	West Kilbride area, Ayrshire	Radio 3	BBC	Classical	.050 West Kilbride	NS 215 483
91.3	Larne, Northern Ireland	Radio 3	BBC	Classical	.100 Larne	ID 395 037
91.3	Combe Martin, Devon	Radio 3	BBC	Classical	.004 Combe Martin	SS 582 462
91.3	Kingussie, Highland	Radio 3	BBC	Classical	.035 Kingussie	NN 769 985
91.3	Dartford Tunnel, Kent-Essex	Radio 3	BBC	Classical	Dartford Tunnel	TQ 571 769
91.3	Central Powys	R Wales	BBC	Mixed Format	2.800 Llandrindod Wells	SO 018 635
91.3	Conwy & Llandudno, N Wales	R Wales	BBC	Mixed Format	.050 Conwy	SH 781 765
91.3	Llanfyllin, Powys	R Wales	BBC	Mixed Format	.008 Llanfyllin	SJ 151 181
91.3	Sandwell, West Midlands	Raaj FM	Community	Punjabi	.025 Sandwell West Bromwich	SP 007 909
91.3	East Ireland	2FM	RTE	Contemporary, Adult	50.000 Kippure	
91.3	Dingle Peninsula, County Kerry	2FM	RTE	Contemporary, Adult	.030 Ballydavid	
91.4	Chalford & Stroud, Gloucs	Radio 3	BBC	Classical	.100 Chalford	SO 883 017
91.4	Aberdare area, South Wales	Radio 3	BBC	Classical	.042 Aberdare	SO 034 013
91.4	Greenock & Firth of Clyde	Radio 3	BBC	Classical	.050 Rosneath	NS 258 811
91.4	Pitlochry & Aberfeldy, Perthshire	Radio 3	BBC	Classical	.500 Pitlochry	NN 923 565
91.4	Pontypool & Cwmbran, S Wales	R Wales	BBC	Mixed Format	.050 Pontypool	ST 284 990
91.4	Ogmore Vale, South Wales	R Wales	BBC	Mixed Format	.010 Ogmore Vale	SS 929 894
91.4	East Donegal	2FM	RTE	Contemporary, Adult	6.000 Holywell Hill	
91.4	Cork City and East County Cork	2FM	RTE	Contemporary, Adult	5.000 Spur Hill	
91.4	North Kerry	2FM	RTE	Contemporary, Adult	1.000 Knockanore	
91.5	North West and Yorkshire	Radio 3	BBC	Classical	250.000 Holme Moss	SE 095 041
91.5	Orkney Islands	Radio 3	BBC	Classical	41.000 Keelylang Hill	HY 378 102
91.5	Pembrokeshire	Radio 3	BBC	Classical	20.000 Haverfordwest	SN 028 261
91.5	South Uist	Radio 3	BBC	Classical	1.000 Daliburgh	NF 736 216
91.5	Bristol	Radio 3	BBC	Classical	1.300 Ilchester Crescent	ST 577 700
91.5	Crieff area, Perthshire	Radio 3	BBC	Classical	.125 Crieff	NN 814 200
91.5	Fort William area, Highland	Radio 3	BBC	Classical	4.000 Fort William	NN 117 772
91.5	S Kapdale, E Islay, Jura	Radio 3	BBC	Classical	2.200 South Knapdale	NR 837 748
91.5	Rhymney area, South Wales	R Wales	BBC	Mixed Format	.020 Rhymney	SO 127 042
91.5	Isle of Wight	Angel Radio (Isle of Wight)	Community	Nostalgia	.025 Newport	SZ 513 873
91.5	Central Mayo	2FM	RTE	Contemporary, Adult	3.000 Castlebar	
91.5	Athlone	2FM	RTE	Contemporary, Adult	.100 Athlone	
91.5	Basse Normandie, France (2)	France Culture	Radio France	French Talk	50.000 Caen, France	
91.5	Boulogne, France (5)	Europe 2	France	French Contemporary	1.000 Boulogne, France	
91.6	Fermanagh and South Tyrone	Radio 3	BBC	Classical	9.800 Brougher Mountain	IH 350 527
91.6	South East Aberdeenshire	Radio 3	BBC	Classical	2.100 Durris	NO 763 897
91.6	Hexham & Tyne Valley, Nthmb	Radio 3	BBC	Classical	.100 Newton	NZ 036 653
91.6	Teignmouth area, Devon	Radio 3	BBC	Classical	.100 Holcombe Down	SX 934 752
91.6	Weston-super-mare, Somerset	Radio 3	BBC	Classical	.040 Hutton	ST 361 588
91.6	Kilkeel, Northern Ireland	Radio 3	BBC	Classical	.200 Kilkeel	IJ 281 180
91.6	Porthmadog area, Gwynedd	R Wales	BBC	Mixed Format	.200 Llandecwyn	SH 644 371
91.6	Machynlleth, Ceredigion	R Wales	BBC	Mixed Format	.120 Machynlleth	SH 723 003
91.6	Limerick city	2FM	RTE	Contemporary, Adult	2.500 Woodcock H, Limerick	
91.6	Fermoy & Mitchelstown, Cork	2FM	RTE	Contemporary, Adult	.050 Fermoy	
91.6	Dunkerque, France (6)	Europe 1	France	French Talk	1.000 Dunkerque, France	
91.7	Oxon, Bucks, Berks, S Midlands	Radio 3	BBC	Classical	46.000 Oxford	SP 567 105
91.7	Ayrshire	Radio 3	BBC	Classical	10.000 Darvel	NS 557 341
91.7	Tobermory area, Highland	Radio 3	BBC	Classical	5.000 Glengorm	NM 465 565
91.7	Swansea area	Radio 3	BBC	Classical	.926 Kilvey Hill	SS 672 940
91.7	South Devon	Radio 3	BBC	Classical	.200 Salcombe	SX 753 398
91.7	Axminster & Seaton, Devon	Radio 3	BBC	Classical	.080 Axe Valley	SY 283 945
91.7	Innerleithen, Border	Radio 3	BBC	Classical	.020 Innerleithen	NT 325 368
91.7	Darwen, Lancashire	Radio 3	BBC	Classical	.010 Darwen	SD 708 223
91.7	Ventnor, Isle of Wight	Radio 3	BBC	Classical	.050 Ventnor	SZ 567 783
91.7	Newbridge area, South Wales	R Wales	BBC	Mixed Format	.005 Pennar	ST 209 958
91.7	West County Galway	2FM	RTE	Contemporary, Adult	3.000 Clifden	
91.7	West Kerry	2FM	RTE	Contemporary, Adult	3.000 Kilkeeveragh	
91.7	North East Wicklow	2FM	RTE	Contemporary, Adult	1.000 Greystones	
91.7	Galway City	Spirit Radio	Irish Ind	Christian	.400 Tonabrocky	
91.8	Inverness & Moray Firth area	Radio 3	BBC	Classical	20.000 Rosemarkie	NH 762 263
91.8	North Northern Ireland	Radio 3	BBC	Classical	3.400 Limavady	IC 711 296
91.8	Tiverton, Devon	Radio 3	BBC	Classical	.300 Gogwell	SS 967 111
91.8	Hastings	Radio 3	BBC	Classical	.500 Hastings	TQ 807 100
91.8	Whitby, North Yorkshire	Radio 3	BBC	Classical	.100 Whitby	NZ 904 113
91.8	Blairgowrie & Rattray, Perthshire	Radio 3	BBC	Classical	.032 Rosemount	NO 203 435
91.8	Whalley, Lancashire	Radio 3	BBC	Classical	.010 Whalley	SD 729 352
91.8	Ludlow, Shropshire	Radio 3	BBC	Classical	.010 Ludlow	SO 498 741
91.8	Keswick, Cumbria	Radio 3	BBC	Classical	.060 Keswick Forest	NY 223 244
91.8	Welshpool, Powys	R Wales	BBC	Mixed Format	.048 Long Mountain	SJ 265 057
91.8	Ferndale, South Wales	R Wales	BBC	Mixed Format	.010 Ferndale	ST 006 970
91.8	Llyswen area, Powys	R Wales	BBC	Mixed Format	.010 Llyswen	SO 137 361
91.8	Hayes area, W London	Hayes FM	Community	Mixed Format	.020 St Anselms Church	TQ 098 796
91.8	South East Ireland	2FM	RTE	Contemporary, Adult	200.000 Mount Leinster	
91.8	West Donegal	2FM	RTE	Contemporary, Adult	3.000 Aranmore	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
91.9	Norfolk and Suffolk	Radio 3	BBC	Classical	250.000 Tacolneston	TM 131 958
91.9	West Cornwall	Radio 3	BBC	Classical	17.600 Redruth	SW 690 394
91.9	Eyemouth and Border coast	Radio 3	BBC	Classical	.100 Eyemouth	NT 947 599
91.9	Whitehaven area, Cumbria	Radio 3	BBC	Classical	.100 Whitehaven	NX 992 123
91.9	Upper Tame Valley, Gt Mancs	Radio 3	BBC	Classical	.095 Saddleworth	SD 987 050
91.9	Weardale, County Durham	Radio 3	BBC	Classical	.180 Weardale	NZ 025 384
91.9	Newhaven & Seaford, Sussex	Radio 3	BBC	Classical	.100 Newhaven	TQ 435 006
91.9	Lyme Regis, Dorset	Radio 3	BBC	Classical	.050 Lyme Regis	SY 345 935
91.9	Stranraer, D & G	Radio 3	BBC	Classical	.031 Stranraer	NX 111 632
91.9	Leatherhead area, Surrey	Radio 3	BBC	Classical	.025 Mickleham	TQ 163 538
91.9	Barnoldswick area, Lancs	Radio 3	BBC	Classical	.020 Barnoldswick	SD 897 490
91.9	Cornholme, West Yorkshire	Radio 3	BBC	Classical	.020 Cornholme	SD 918 264
91.9	Caterham, Surrey	Radio 3	BBC	Classical	.015 Caterham	TQ 343 557
91.9	Kinlochleven, Highland	Radio 3	BBC	Classical	.010 Kinlochleven	NN 178 630
91.9	Lampeter & Teifi Valley, Ceredigion	R Wales	BBC	Mixed Format	.400 Mynydd Pencarreg	SN 577 430
91.9	Ballybofey, Donegal	2FM	RTE	Contemporary, Adult	.500 Ballybofey	
91.9	Lahinch, Clare	2FM	RTE	Contemporary, Adult	.100 Lahinch	
92.0	Anglesey & North Wales Coast	Radio 3	BBC	Classical	21.000 Llanddona	SH 582 810
92.0	Isle of Lewis	Radio 3	BBC	Classical	2.000 Eitshal	NB 305 302
92.0	Reading	Radio 3	BBC	Classical	1.000 Hemdean	SU 710 762
92.0	Matlock & Bakewell, Derbys	Radio 3	BBC	Classical	1.200 Stanton Moor	SK 246 637
92.0	Leeds	Radio 3	BBC	Classical	.200 Beecroft Hill	SE 237 350
92.0	West Tyneside, Tyne & Wear	Radio 3	BBC	Classical	.042 Fenham	NZ 216 648
92.0	Salisbury, Wiltshire	Radio 3	BBC	Classical	.013 Salisbury	SU 136 285
92.0	Dartmouth area, Devon	Radio 3	BBC	Classical	.005 Kingswear	SX 887 511
92.0	Speyside, Highland	Radio 3	BBC	Classical	.720 Grantown	NJ 003 267
92.0	Llanrhaeadr ym Mochnant, Powys	R Wales	BBC	Mixed Format	.050 Llanrhaeadr ym Moch.	ST 174 260
92.0	Lutterworth and Magna Park	Cross Counties Radio	Community	Mixed Format	.099 Lutterworth Magna Park	SP 515 856
92.0	Newham, E London	NuSound Radio	Community	Asian	.025 Stratford New Town	TQ 384 854
92.0	Co Longford and North Midlands	2FM	RTE	Contemporary, Adult	20.000 Cairn Hill	
92.0	North Donegal	2FM	RTE	Contemporary, Adult	4.000 Fanad	
92.0	Cork City	2FM	RTE	Contemporary, Adult	.050 Collins Barracks	
92.0	Haute Normandie, France (2)	France Musique	Radio France	French Classical	100.000 Rouen, France	
92.0	Boulogne, France (5)	Radio 6	France	French	Boulogne, France	
92.1	Central Scotland	Radio 3	BBC	Classical	250.000 Black Hill	NS 828 647
92.1	South Wales & West England	Radio 3	BBC	Classical	250.000 Wenvoe	ST 110 742
92.1	Sheffield	Radio 3	BBC	Classical	.320 Tupton Hill, Sheffield	SK 324 870
92.1	Scarborough area, N Yorks	Radio 3	BBC	Classical	.250 Oliver's Mount	TA 040 869
92.1	Haslingden area, Lancs	Radio 3	BBC	Classical	.083 Haslingden	SD 795 236
92.1	Ivybridge, Devon	Radio 3	BBC	Classical	.050 Ivybridge	SX 631 538
92.1	West Hertfordshire	Three Counties Radio	BBC	Mixed Format	.050 Hemel Hempstead	TL 088 045
92.1	North West Mayo	2FM	RTE	Contemporary, Adult	3.000 Achill	
92.1	Drogheda	Spirit Radio	Irish Ind	Christian		
92.2	South Cumbria & NW Lancs	Radio 3	BBC	Classical	10.000 Morecambe Bay	SD 239 791
92.2	Thirsk & Northallerton area	Radio 3	BBC	Classical	5.000 Woolmoor	SE 457 881
92.2	Weymouth, Dorset	Radio 3	BBC	Classical	.130 Weymouth	SY 663 779
92.2	Bexhill, East Sussex	Radio 3	BBC	Classical	.012 Bexhill	TQ 744 080
92.2	Buxton, Derbyshire	Radio 3	BBC	Classical	.100 Buxton	SK 060 753
92.2	High Wycombe	Radio 3	BBC	Classical	.050 High Wycombe	SU 856 942
92.2	South West Ireland	2FM	RTE	Contemporary, Adult	160.000 Mullaghinish	
92.2	Hammersmith & Fulham, London	Nomad Radio	Community	Somali Community	.200 Hammersmith Kings St	TQ 229 785
92.2	Dudley	Black Country Radio	Community	Mixed Format	.060 Dudley King Street	SO 942 900
92.2	Isle of Sheppey	Sheppey FM	Community	Mixed Format	.100 Sheerness	TQ 921 750
92.2	Naas and Newbridge, Kildare	Spirit Radio	Irish Ind	Christian	.500 Saggart	
92.2	Dunkerque, France (6)	Fun Radio	France	French Pop	1.000 Dunkerque, France	
92.3	East & Central Northern Ireland	Radio 3	BBC	Classical	123.600 Divis	IJ 286 750
92.3	Cambs, Beds, S Lincs, E Nthnts	Radio 3	BBC	Classical	40.000 Peterborough	TL 127 913
92.3	Thurso & Wick area, Highland	Radio 3	BBC	Classical	10.000 Rumster Forest	ND 197 385
92.3	North Northumberland	Radio 3	BBC	Classical	5.600 Chatton	NU 105 264
92.3	Brighton and Worthing area	Radio 3	BBC	Classical	.600 Whitehawk Hill	TQ 330 045
92.3	Basingstoke	Radio 3	BBC	Classical	.020 Basingstoke	SU 643 479
92.3	Marlborough area, Wilts	Radio 3	BBC	Classical	.100 Marlborough	SU 209 688
92.3	Dee Valley, Aberdeenshire	Radio 3	BBC	Classical	.042 Tullich	NO 379 984
92.3	Newcastle Emlyn area, Ceredigion	R Wales	BBC	Mixed Format	.088 Llandyfriog	SN 348 412
92.3	Newtown, Powys	R Wales	BBC	Mixed Format	.036 Llandinam	SO 050 877
92.3	Dolgellau, Gwynedd	R Wales	BBC	Mixed Format	.016 Dolgellau	SH 727 185
92.3	Verwood area, Dorset	Forest FM	Community	Mixed Format	.025 Crane Valley Golf Club	SU 067 090
92.3	Runcorn & Widnes, Cheshire	Halton FM	Community	Mixed Format	.025 Halton	SJ 537 818
92.4	East Kent	Radio 3	BBC	Classical	11.000 Swingate	TR 334 429
92.4	West Yorkshire	Radio Leeds	BBC	Mixed Format	4.600 Holme Moss	SE 095 041
92.4	Hay on Wye area	Radio Cymru	BBC	Welsh	.010 Clyro	SO 204 432
92.4	North County Tipperary	2FM	RTE	Contemporary, Adult	3.000 Kilduff	
92.4	South London	Rainbow Radio	Community	African	.060 Crystal Palace	TQ 339 712
92.4	Navan, County Meath	Spirit Radio	Irish Ind	Christian		

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
92.5	N Cumbria & S W Scotland	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Sandale	NY 266 398
92.5	Devon and East Cornwall	Radio 4 FM	BBC	Talk, News, Entertainment	160.000 North Hessary Tor	SX 578 742
92.5	North East Essex & South Suffolk	Radio 4 FM	BBC	Talk, News, Entertainment	5.000 Manningtree	TM 123 295
92.5	West Surrey and NE Hampshire	Radio 4 FM	BBC	Talk, News, Entertainment	4.000 Guildford	SU 975 486
92.5	Grantham, Lincolnshire	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Grantham	SK 905 337
92.5	Cirencester	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Cirencester Town	SP 023 021
92.5	North Uist	Radio Scotland (Highland)	BBC	Mixed Format	2.000 Clettraval	NF 751 716
92.5	North Islay (mono)	Radio Scotland (Central)	BBC	Mixed Format	.080 Bowmore	NR 318 590
92.5	Ballachulish, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.025 Ballachulish	NN 059 593
92.5	Portree, Skye	Radio Scotland (Highland)	BBC	Mixed Format	.010 Penflier	NG 489 417
92.5	Mallaig, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.014 Mallaig	NM 676 965
92.5	Deiniolen & Llanberis, Gwynedd	Radio Cymru	BBC	Welsh	.050 Deiniolen	SH 576 621
92.5	Ffestiniog area, Gwynedd	Radio Cymru	BBC	Welsh	.182 Ffestiniog	SH 709 392
92.5	Llanidloes, Powys	Radio Cymru	BBC	Welsh	.005 Llanidloes	SN 948 844
92.5	Kilkee, Clare	Radio Corca Baiscinn	Irish Community	Mixed Format	.050 Kilkee	
92.5	North West Dublin	Phoenix FM	Irish Community	Mixed Format	.050 Falcon Apartments	
92.6	Burnley & Colne Valley, Lancs	Radio 3	BBC	Classical	1.000 Pendle Forest	SD 825 384
92.6	Nailsworth & Stroud, Gloucs	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Nailsworth	ST 849 990
92.6	Newbury & West Berkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Newbury	SU 494 687
92.6	Calne, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.032 Calne	ST 997 699
92.6	Moray	Radio Scotland (Highland)	BBC	Mixed Format	.500 Knoch More	NJ 321 497
92.6	Vale of Neath, South Wales	Radio Cymru	BBC	Welsh	.010 Rheola	SN 841 061
92.6	Betws-y-Coed, Llanrwst, N Wales	Radio Cymru	BBC	Welsh	.010 Betws-y-Coed	SH 825 582
92.6	St Albans	Mix 92.6	Community	Mixed Format	.150 St Albans	TL 150 076
92.6	North West Ireland	Raidio na Gaeltachta	RTE	Irish	125.000 Truskmore	
92.6	South East County Cork	Raidio na Gaeltachta	RTE	Irish	3.000 Crosshaven	
92.6	West Netherlands (4)	NOS Radio 2	NOS	Dutch Adult, Oldies, Easy	100.000 Lopik, Netherlands	
92.6	Dunkerque, France (6)	France Bleu Nord	Radio France	French Oldies	Dunkerque, France	
92.7	Midlands	Radio 4 FM	BBC	Talk, News, Entertainment	109.900 Sutton Coldfield	SK 113 003
92.7	Trowbridge area, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Westwood	ST 817 598
92.7	Windermere & Ambleside, Cmb	Radio 4 FM	BBC	Talk, News, Entertainment	.064 Windermere	SD 383 980
92.7	Wensleydale, North Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Wensleydale	SD 992 907
92.7	Shetland Islands	Radio Scotland (Shetland)	BBC	Mixed Format	43.000 Bressay	HU 503 387
92.7	Dundee, Angus and North Fife	Radio Scotland (Central)	BBC	Mixed Format	17.000 Forfar	NO 482 409
92.7	Ness of Lewis	Radio Scotland (Highland)	BBC	Mixed Format	.200 Ness of Lewis	NB 533 603
92.7	Patna & Dalmellington, Ayrshire	Radio Scotland (Central)	BBC	Mixed Format	.200 Lethanhill	NS 438 105
92.7	Ullapool, Highland	Radio Scotland (Central)	BBC	Mixed Format	.050 Ullapool	NH 142 935
92.7	Dumbarton & Alexandria	Radio Scotland (Central)	BBC	Mixed Format	.050 Millburn Muir	NS 378 796
92.7	Warrenpoint, Northern Ireland	Radio Ulster	BBC	Mixed Format	.032 Rostrevor Forest	IJ 189 176
92.7	Barmouth area, Gwynedd	Radio Cymru (West)	BBC	Welsh	.250 Llwyn Onn	SH 625 175
92.7	South West County Cork	Raidio na Gaeltachta	RTE	Irish	3.000 Castletownbere	
92.7	NE Donegal & North N Ireland	Raidio na Gaeltachta	RTE	Irish	1.000 Merville	
92.7	SE Tipperary & N Waterford	Raidio na Gaeltachta	RTE	Irish	1.000 Clonmel	
92.7	Waterford City	Raidio na Gaeltachta	RTE	Irish	.100 Waterford	
92.7	Boulogne, France (5)	Skyrock	France	French Rap	1.000 Boulogne, France	
92.8	Isle of Man	Radio 4 FM	BBC	Talk, News, Entertainment	11.000 Douglas	SC 373 746
92.8	Carmarthenshire	Radio 4 FM	BBC	Talk, News, Entertainment	3.000 Carmel	SN 576 153
92.8	Otley & Ilkley area, W Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.064 Wharfedale	SE 198 485
92.8	Hebden Bridge, West Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.025 Hebden Bridge	SD 988 267
92.8	Purley & Coulsdon, London	Radio 4 FM	BBC	Talk, News, Entertainment	.025 Kenley	TQ 329 592
92.8	Ebbw Vale & Tredegar, S Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.030 Ebbw Vale	SO 159 088
92.8	Porth area, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Porth	ST 029 919
92.8	Walsden, West Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Walsden South	SD 937 215
92.8	Manchester	Unity Radio	Community	Dance and Rhythm	.037 Portland Tower	SJ 842 979
92.8	Campbeltown, Argyll	Radio Scotland (Central)	BBC	Mixed Format	.400 Campbeltown	NR 707 172
92.8	Peebles, Border Region	Radio Scotland (Borders)	BBC	Mixed Format	.020 Peebles	NT 228 416
92.8	Colwyn Bay area, North Wales	Radio Cymru	BBC	Welsh	.100 Penmaen Rhos	SH 877 779
92.8	Mid Kerry	Raidio na Gaeltachta	RTE	Irish	1.000 Knockmoyle	
92.8	Casla, Galway	Raidio na Gaeltachta	RTE	Irish	2.000 Casla	
92.9	Central Southern England	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Rowridge	SZ 447 865
92.9	North East England	Radio 4 FM	BBC	Talk, News, Entertainment	134.000 Pontop Pike	NZ 147 527
92.9	North Devon	Radio 4 FM	BBC	Talk, News, Entertainment	1.000 Barnstaple	SS 502 289
92.9	Plymouth	Radio 4 FM	BBC	Talk, News, Entertainment	.040 Plympton	SX 531 555
92.9	Bradford	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Idle	SE 163 374
92.9	Blaenavon & Abersychan	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Blaenavon	SO 277 063
92.9	Cwmafan, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Cwmafan	SS 798 936
92.9	Skye, Harris, East N & S Uist	Radio Scotland (Highland)	BBC	Mixed Format	30.000 Skriag	NG 451 408
92.9	Largs, Rothesay, Clyde Mouth	Radio Scotland (Central)	BBC	Mixed Format	.570 Rothesay	NS 125 691
92.9	County Dublin	Raidio na Gaeltachta	RTE	Irish	5.000 Three Rock	
92.9	West County Waterford	Raidio na Gaeltachta	RTE	Irish	3.000 Dungarvan	
93.0	Milton Keynes and West Beds	Radio 4 FM	BBC	Talk, News, Entertainment	10.000 Bow Brickhill	SP 914 342
93.0	Herefordshire & NE Gloucs	Radio 4 FM	BBC	Talk, News, Entertainment	10.000 Ridge Hill	SO 630 333
93.0	West, South & Central Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	4.000 Winter Hill	SD 660 144
93.0	Berwick-upon-Tweed	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Berwick-upon-Tweed	NT 980 547
93.0	Llangeinor, Pontycymer, M Gm	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Llangeinor	SS 905 886
93.0	Fort Augustus area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	1.000 Fort Augustus	NH 361 049
93.0	Crubenmore & Dalwhinnie, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.200 Crubenmore	NN 666 904
93.0	Penicuik, Lothian	Radio Scotland (Central)	BBC	Mixed Format	.200 Penicuik	NT 229 597
93.0	Glasgow	Revival FM	Community	Christian	.100 Glasgow Dundavale Court	NS 588 661
93.0	Mitchelstown, County Cork	Raidio na Gaeltachta	RTE	Irish	.100 Mitchelstown	
93.0	West Bretagne, France (3)	France Bleu Breiz Izel	Radio France	French Oldies	170.000 Brest, France	

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93.1	Lincolnshire & E Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	16.000 Belmont	TF 217 837
93.1	Torbay	Radio 4 FM	BBC	Talk, News, Entertainment	.790 Beacon Hill	SX 857 620
93.1	Folkestone area	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Folkestone	TR 229 382
93.1	West Halifax	Radio 4 FM	BBC	Talk, News, Entertainment	.084 Luddenden	SE 048 248
93.1	Okehampton, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.070 Okehampton	SX 586 967
93.1	Abergavenny & Usk Valley	Radio 4 FM	BBC	Talk, News, Entertainment	.040 Abergavenny	SO 244 126
93.1	Aberdeenshire	Radio Scotland (Aberdeen)	BBC	Mixed Format	150.000 Meldrum	NJ 760 329
93.1	South West Stirlingshire	Radio Scotland (Central)	BBC	Mixed Format	1.000 Ben Gullipen	NN 598 045
93.1	Blair Atholl, Perthshire	Radio Scotland (Central)	BBC	Mixed Format	.100 Blair Atholl	NN 894 698
93.1	Kirkconnel & Sanquhar, D & G	Radio Scotland (Central)	BBC	Mixed Format	.040 Kirkconnel	NS 746 150
93.1	Wigtown Bay area, D & G	Radio Scotland (Dumfries)	BBC	Mixed Format	.064 Cambret Hill	NX 524 578
93.1	Corran and Onich, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.050 Ardgour	NM 989 626
93.1	Derry area	Radio Ulster/ Radio Foyle	BBC	Mixed Format	31.000 Londonderry	IC 404 176
93.1	South East Northern Ireland	Radio Ulster	BBC	Mixed Format	4.000 Camlough	IJ 055 246
93.1	Ceredigion & SW Gwynedd	Radio Cymru	BBC	Welsh	250.000 Blaenplwyf	SN 569 756
93.1	Bantry, SW County Cork	Raidio na Gaeltachta	RTE	Irish	1.000 Bantry	
93.1	Dunquin, Kerry	Raidio na Gaeltachta	RTE	Irish	.050 Maamclassach	
93.1	Kilkenny	Spirit Radio	Irish Ind	Christian	.200 Johnswell	
93.1	Cork City	Life FM	Irish Community	Christian	.500 Cork City	
93.2	London area	Radio 4 FM	BBC	Talk, News, Entertainment	4.000 Crystal Palace	TQ 339 712
93.2	Bodmin area, Cornwall	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Penalgion Downs	SX 026 683
93.2	Ballycastle, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Ballycastle	ID 077 423
93.2	Isles of Scilly	Radio 4 FM	BBC	Talk, News, Entertainment	.060 Isles of Scilly	SJ 911 124
93.2	Newtownabbey, N Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.020 Carnmoney Hill	IJ 336 829
93.2	Chippenham, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Chippenham	ST 914 751
93.2	Guernsey and Sark	Radio Guernsey	BBC	Mixed Format	1.000 Les Touillets	CI 582 511
93.2	Strachur & Inveraray, Strathclyde	Radio Scotland (Central)	BBC	Mixed Format	.018 Strachur	NN 094 027
93.2	Rhondda Valley, South Wales	Radio Cymru	BBC	Welsh	.006 Ton Pentre	SS 960 955
93.2	Bristol	Bristol Community FM	Community	Mixed Format	.020 Barton Hill	ST 610 731
93.2	Central Sheffield	Sheffield Live	Community	Mixed Format	.031 Tupton Hill, Sheffield	SK 324 870
93.2	West Ireland	Raidio na Gaeltachta	RTE	Irish	160.000 Maghera	
93.2	Falcarragh, Donegal	Raidio na Gaeltachta	RTE	Irish	.150 Magheraorty	
93.3	NE Wales, Merseyside, Cheshire	Radio 4 FM	BBC	Talk, News, Entertainment	16.000 Liangollen	SJ 209 488
93.3	Keighley area, West Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	1.000 Keighley	SE 069 444
93.3	Cambridge area	Radio 4 FM	BBC	Talk, News, Entertainment	.260 Maddingley, Cambridge	TL 392 594
93.3	West Berkshire & East Wilts	Radio 4 FM	BBC	Talk, News, Entertainment	.125 Membury	SU 307 763
93.3	Todmorden, West Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Todmorden	SD 957 241
93.3	Northampton	Radio 4 FM	BBC	Talk, News, Entertainment	.124 Northampton	SP 760 647
93.3	Chard, Somerset	Radio 4 FM	BBC	Talk, News, Entertainment	.033 Chard	ST 358 086
93.3	Oban area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	5.000 Oban	NM 850 290
93.3	Girvan, Ayrshire	Radio Scotland (Central)	BBC	Mixed Format	.100 Girvan	NX 211 981
93.3	Swansea Valley, South Wales	Radio Cymru	BBC	Welsh	.048 Varteg Hill	SN 776 077
93.3	Carmarthen	Radio Cymru	BBC	Welsh	.007 Carmarthen	SN 412 213
93.3	Brecon, Powys	Radio Cymru	BBC	Welsh	.010 Brecon	SO 030 299
93.3	County Monaghan	Raidio na Gaeltachta	RTE	Irish	2.500 Monaghan	
93.3	North Innishowen	Raidio na Gaeltachta	RTE	Irish	2.000 Malin	
93.3	Dunkerque, France (6)	Radio Rencontre	France	French	Dunkerque, France	
93.4	Teesside, S Durham, N Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	5.000 Bilsdale	SE 553 962
93.4	Chesterfield	Radio 4 FM	BBC	Talk, News, Entertainment	.400 Chesterfield	SK 383 764
93.4	Swindon area	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Blunsdon	SU 143 900
93.4	Kendal, Cumbria	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Kendal	SD 540 912
93.4	Bath	Radio 4 FM	BBC	Talk, News, Entertainment	.082 Bath	ST 769 654
93.4	Gloucester & Cheltenham	Radio 4 FM	BBC	Talk, News, Entertainment	.072 Churchdown Hill	SO 880 188
93.4	Exeter	Radio 4 FM	BBC	Talk, News, Entertainment	.055 St Thomas	SX 898 922
93.4	Abertillery, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Abertillery	SO 244 023
93.4	Minehead, Somerset	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Minehead	SS 966 452
93.4	Perth area	Radio Scotland (Central)	BBC	Mixed Format	.964 Kirkton Mailer	NO 102 210
93.4	South Islay (mono)	Radio Scotland (Central)	BBC	Mixed Format	.065 Port Ellen	NR 338 452
93.4	Croeserw, South Wales	Radio Cymru	BBC	Welsh	.010 Croeserw	SS 858 952
93.4	North Isle of Man	Energy FM	Independent	Contemporary	.100 Jurby	SC 365 991
93.4	Mid Tipperary	Raidio na Gaeltachta	RTE	Irish	3.000 Suir Valley	
93.4	Kinsale, Cork	Raidio na Gaeltachta	RTE	Irish	.010 Kinsale	
93.4	Sligo	Spirit Radio	Irish Ind	Christian	Slieve Glah	
93.5	London & South East England	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Wrotham	TQ 595 604
93.5	West Dorset	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Bridport	SY 453 915
93.5	Frome, Somerset	Radio 4 FM	BBC	Talk, News, Entertainment	.060 Egford Hill	ST 764 481
93.5	Llanfyllin, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.008 Llanfyllin	SJ 151 181
93.5	Combe Martin, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.004 Combe Martin	SS 582 462
93.5	Dartford Tunnel, Kent-Essex	Radio 4 FM	BBC	Talk, News, Entertainment	Dartford Tunnel	TQ 571 769
93.5	Border Region	Radio Scotland (Borders)	BBC	Mixed Format	50.000 Ashkirk	NT 470 244
93.5	E Lewis, N Skye & W Highland	Radio Scotland (Highland)	BBC	Mixed Format	50.000 Melvaig	NG 757 900
93.5	West Kilbride area, Ayrshire	Radio Scotland (Central)	BBC	Mixed Format	.050 West Kilbride	NS 215 483
93.5	Kingussie, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.035 Kingussie	NN 769 985
93.5	Larne, Northern Ireland	Radio Ulster	BBC	Mixed Format	.100 Larne	ID 395 037
93.5	Central Powys	Radio Cymru	BBC	Welsh	2.800 Llandrindod Wells	SO 018 635
93.5	Conwy & Llandudno, N Wales	Radio Cymru	BBC	Welsh	.050 Conwy	SH 781 765
93.5	East Birmingham	Unity FM	Community	Muslim Community	.150 Birmingham East	SP 089 860
93.5	East Ireland	Raidio na Gaeltachta	RTE	Irish	50.000 Kippure	
93.5	Dingle Peninsula, County Kerry	Raidio na Gaeltachta	RTE	Irish	.030 Ballydavid	
93.5	East Bretagne, France (3)	France Inter	Radio France	French Mixed format	100.000 Rennes, France	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
93.6	Chalford & Stroud, Gloucs	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Chalford	SO 883 017
93.6	Ogmore Vale, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Ogmore Vale	SS 929 894
93.6	Greenock & Firth of Clyde	Radio Scotland (Central)	BBC	Mixed Format	.050 Rosneath	NS 258 811
93.6	Pitlochry & Aberfeldy, Perthshire	Radio Scotland (Central)	BBC	Mixed Format	.500 Pitlochry	NN 923 565
93.6	Pontypool & Cwmbarn, S Wales	Radio Cymru	BBC	Welsh	.050 Pontypool	ST 284 990
93.6	Aberdare area, South Wales	Radio Cymru	BBC	Welsh	.042 Aberdare	SO 034 013
93.6	Newcastle and Gateshead	Radio Tyneside	Community	Mixed Format/ Hospital	.102 Royal Victoria Infirmary	NZ 243 652
93.6	East Donegal	Raidio na Gaeltachta	RTE	Irish	6.000 Holywell Hill	
93.6	Cork City and East County Cork	Raidio na Gaeltachta	RTE	Irish	5.000 Spur Hill	
93.6	North Kerry	Raidio na Gaeltachta	RTE	Irish	1.000 Knockanore	
93.7	North West and Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Holme Moss	SE 095 041
93.7	Bristol	Radio 4 FM	BBC	Talk, News, Entertainment	1.300 Ilchester Crescent	ST 577 700
93.7	Rhymney area, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.020 Rhymney	SO 127 042
93.7	Orkney Islands	Radio Scotland (Orkney)	BBC	Mixed Format	41.000 Keelyleang Hill	HY 378 102
93.7	South Uist	Radio Scotland (Highland)	BBC	Mixed Format	1.000 Daliburgh	NF 736 216
93.7	Crieff area, Perthshire	Radio Scotland (Central)	BBC	Mixed Format	.125 Crieff	NN 814 200
93.7	Fort William area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	4.000 Fort William	NN 117 772
93.7	S Kapdale, E Islay, Jura	Radio Scotland (Central)	BBC	Mixed Format	2.200 South Knapdale	NR 837 748
93.7	Pembrokeshire	Radio Cymru	BBC	Welsh	20.000 Haverfordwest	SN 028 261
93.7	Alderney	Island FM	Tindle	Adult	.010 Fort Albert	CI 868 805
93.7	Portsmouth	Express FM	Community	Mixed Format	.020 Ladywood House	SZ 645 999
93.7	Knock Hill Circuit, Fife	Knockhill FM part time	Sports RSL	Motor Racing	.002 Knock Hill Circuit, Fife	NT 063 942
93.7	Thrupton Circuit, Andover	Radio Thrupton part time	Sports RSL	Motor Racing	Thrupton Circuit, Andover	
93.7	Central Mayo	Raidio na Gaeltachta	RTE	Irish	3.000 Castlebar	
93.7	Athlone	Raidio na Gaeltachta	RTE	Irish	.020 Athlone	
93.7	St Joseph's Hospital, Clonmel	South Tipperary General Hospital R	Irish Hospital	Mixed Format	.001 Clonmel	
93.8	Hexham & Tyne Valley, Nthmb	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Newton	NZ 036 653
93.8	Teignmouth area, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Holcombe Down	SX 934 752
93.8	Weston-super-mare, Somerset	Radio 4 FM	BBC	Talk, News, Entertainment	.040 Hutton	ST 361 588
93.8	Ventnor, Isle of Wight	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Ventnor	SZ 567 783
93.8	South East Aberdeenshire	Radio Scotland (Aberdeen)	BBC	Mixed Format	2.100 Durris	NO 763 897
93.8	Fermanagh and South Tyrone	Radio Ulster	BBC	Mixed Format	9.800 Brougher Mountain	IH 350 527
93.8	Kilkeel, Northern Ireland	Radio Ulster	BBC	Mixed Format	.200 Kilkeel	IJ 281 180
93.8	Porthmadog area, Gwynedd	Radio Cymru	BBC	Welsh	.100 Llandecwyn	SH 644 371
93.8	Machynlleth, Powys	Radio Cymru	BBC	Welsh	.120 Machynlleth	SH 723 003
93.8	Limerick city	Raidio na Gaeltachta	RTE	Irish	2.500 Woodcock H, Limerick	
93.8	Fermoy & Mitchelstown, Cork	Raidio na Gaeltachta	RTE	Irish	.050 Fermoy	
93.9	Oxon, Bucks, Berks, S Midlands	Radio 4 FM	BBC	Talk, News, Entertainment	46.000 Oxford	SP 567 105
93.9	South Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Salcombe	SX 753 398
93.9	Axminster & Seaton, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.080 Axe Valley	SY 283 945
93.9	Darwen, Lancashire	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Darwen	SD 708 223
93.9	Newbridge area, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.005 Pennar	ST 209 958
93.9	Ayrshire	Radio Scotland (Central)	BBC	Mixed Format	10.000 Darvel	NS 557 341
93.9	Tobermory area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	5.000 Glengorm	NM 465 565
93.9	Innerleithen, Border	Radio Scotland (Borders)	BBC	Mixed Format	.020 Innerleithen	NT 325 368
93.9	Swansea area	Radio Wales	BBC	Mixed Format	.926 Kilvey Hill	SS 672 940
93.9	West County Galway	Raidio na Gaeltachta	RTE	Irish	3.000 Clifden	
93.9	West Kerry	Raidio na Gaeltachta	RTE	Irish	3.000 Kilkeavragh	
93.9	North East Wicklow	Raidio na Gaeltachta	RTE	Irish	1.000 Greystones	
93.9	South Dublin	South Dublin Community R	Irish Community	Mixed Format	.100 Dundrum	
94.0	North Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	3.400 Limavady	IC 711 296
94.0	Tiverton, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.300 Gogwell	SS 967 111
94.0	Whitby, North Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Whitby	NZ 904 113
94.0	Ferndale, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Ferndale	ST 006 970
94.0	Whalley, Lancashire	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Whalley	SD 729 352
94.0	Ludlow, Shropshire	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Ludlow	SO 498 741
94.0	Keswick, Cumbria	Radio 4 FM	BBC	Talk, News, Entertainment	.060 Keswick Forest	NY 223 244
94.0	Welshpool, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.048 Long Mountain	SJ 265 057
94.0	Llswen area, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Llswen	SO 137 361
94.0	Inverness & Moray Firth area	Radio Scotland (Highland)	BBC	Mixed Format	20.000 Rosemarkie	NH 762 623
94.0	Blaigowrie & Rattray, Perthshire	Radio Scotland (Central)	BBC	Mixed Format	.032 Rosemount	NO 203 435
94.0	Glencorse Barracks, Edinburgh	BFBS (Edinburgh)	Community	Contemp/Adult (for Army)	.005 Glencorse Barracks	NT 246 624
94.0	Cannock Chase, Staffordshire	Cannock Chase Radio	Community	Mixed Format	.050 Cannock	SJ 981 105
94.0	Newham, East London	Revive FM	Community	Muslim Community	.100 Forest Gate Mosque	TQ 405 850
94.0	South East Ireland	Raidio na Gaeltachta	RTE	Irish	200.000 Mount Leinster	
94.0	West Donegal	Raidio na Gaeltachta	RTE	Irish	3.000 Aranmore	
94.0	Haute Normandie, France (2)	France Culture	Radio France	French Talk	100.000 Rouen, France	

England, Scotland, Wales and Ireland FM Transmitters

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
94.1	Norfolk and Suffolk	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Tacolneston	TM 131 958
94.1	West Cornwall	Radio 4 FM	BBC	Talk, News, Entertainment	17.600 Redruth	SW 690 394
94.1	Whitehaven area, Cumbria	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Whitehaven	NX 992 123
94.1	Upper Tame Valley, Gt Mancs	Radio 4 FM	BBC	Talk, News, Entertainment	.095 Saddleworth	SD 987 050
94.1	Weardale, County Durham	Radio 4 FM	BBC	Talk, News, Entertainment	.180 Weardale	NZ 025 384
94.1	Newhaven & Seaford, Sussex	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Newhaven	TQ 435 006
94.1	Lyme Regis, Dorset	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Lyme Regis	SY 345 935
94.1	Leatherhead area, Surrey	Radio 4 FM	BBC	Talk, News, Entertainment	.025 Mickleham	TQ 163 538
94.1	Barnoldswick area, Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	.020 Barnoldswick	SD 897 490
94.1	Cornholme, West Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.020 Cornholme	SD 918 264
94.1	Caterham, Surrey	Radio 4 FM	BBC	Talk, News, Entertainment	.015 Caterham	TQ 343 557
94.1	Eyemouth and Border coast	Radio Scotland (Borders)	BBC	Mixed Format	.100 Eyemouth	NT 947 599
94.1	Stranraer, D & G	Radio Scotland (Dumfries)	BBC	Mixed Format	.031 Stranraer	NX 111 632
94.1	Kinlochleven, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.010 Kinlochleven	NN 178 630
94.1	Lampeter & Teifi Valley, Ceredigion	Radio Cymru	BBC	Welsh	.400 Mynydd Pencarreg	SN 577 430
94.1	Central Leicester	Leicester Community Radio	Community	Rhythmic Music	.025 St Peter's Highfield Church	SK 599 039
94.1	Ballybofey, Donegal	Raidio na Gaeltachta	RTE	Irish	.500 Ballybofey	
94.1	Cork City	Raidio na Gaeltachta	RTE	Irish	.050 Collins Barracks	
94.1	Lahinch, Clare	Raidio na Gaeltachta	RTE	Irish	.100 Lahinch	
94.2	Reading	Radio 4 FM	BBC	Talk, News, Entertainment	1.000 Hemdean	SU 710 762
94.2	Matlock & Bakewell, Derbys	Radio 4 FM	BBC	Talk, News, Entertainment	1.200 Stanton Moor	SK 246 637
94.2	Hastings	Radio 4 FM	BBC	Talk, News, Entertainment	.500 Hastings	TQ 807 100
94.2	Leeds	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Beecroft Hill	SE 237 350
94.2	West Tyneside, Tyne & Wear	Radio 4 FM	BBC	Talk, News, Entertainment	.042 Fenham	NZ 216 648
94.2	Llanrhaeadr ym Mochant, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Llanrhaeadr ym Moch.	SJ 174 260
94.2	Salisbury, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.013 Salisbury	SU 136 285
94.2	Dartmouth area, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.005 Kingswear	SX 887 511
94.2	Isle of Lewis	Radio Scotland (Highland)	BBC	Mixed Format	2.000 Eitshal	NB 305 302
94.2	Dalnacardoch, Perthshire	Radio Scotland (Central)	BBC	Mixed Format	.025 Dalnacardoch Wood	NN 720 714
94.2	Anglesey & North Wales Coast	Radio Cymru	BBC	Welsh	21.000 Llanddona	SH 582 810
94.2	Co Longford and North Midlands	Raidio na Gaeltachta	RTE	Irish	20.000 Cairn Hill	
94.2	North Donegal	Raidio na Gaeltachta	RTE	Irish	4.000 Fanad	
94.2	Regional Hospital, Dooradoyle	Limerick Regional Hospital Radio	Irish Hospital	Mixed Format	.001 Dooradoyle, Limerick	
94.3	South Wales & West England	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Wenvoe	ST 110 742
94.3	Sheffield	Radio 4 FM	BBC	Talk, News, Entertainment	.320 Tupton Hill, Sheffield	SK 324 870
94.3	Scarborough area, N Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.250 Oliver's Mount	TA 040 869
94.3	Haslingden area, Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	.083 Haslingden	SD 795 236
94.3	Ivybridge, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Ivybridge	SX 631 538
94.3	Central Scotland	Radio Scotland (Central)	BBC	Mixed Format	250.000 Black Hill	NS 828 647
94.3	Donnington Park Circuit, Leics	Donnington FM part time	Sports RSL	Motor Racing	.002 Donnington Park, Leics	SK 423 258
94.3	North West Mayo	Raidio na Gaeltachta	RTE	Irish	3.000 Achill	
94.4	East Kent	Radio 4 FM	BBC	Talk, News, Entertainment	11.000 Swingate	TR 334 429
94.4	South Cumbria & NW Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	10.000 Morecambe Bay	SD 239 791
94.4	Thirsk & Northallerton area	Radio 4 FM	BBC	Talk, News, Entertainment	5.000 Woolmoor	SE 457 881
94.4	Weymouth, Dorset	Radio 4 FM	BBC	Talk, News, Entertainment	.130 Weymouth	SY 663 779
94.4	Buxton, Derbyshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Buxton	SK 060 753
94.4	High Wycombe	Radio 4 FM	BBC	Talk, News, Entertainment	.050 High Wycombe	SU 856 942
94.4	Salford and Swinton, Manchester	Salford City Radio	Community	Mixed Format	.025 Swinton Civic Centre	SD 775 016
94.4	South London	Select Radio	Community	Dance Music	.062 Dulwich Countisbury H	TQ 343 723
94.4	South West Ireland	Raidio na Gaeltachta	RTE	Irish	160.000 Mullaghinish	
94.5	Cambs, Beds, S Lincs, E Nthnts	Radio 4 FM	BBC	Talk, News, Entertainment	40.000 Peterborough	TL 127 913
94.5	North Northumberland	Radio 4 FM	BBC	Talk, News, Entertainment	5.600 Chatton	NU 105 264
94.5	Brighton and Worthing area	Radio 4 FM	BBC	Talk, News, Entertainment	.600 Whitehawk Hill	TQ 330 045
94.5	Basingstoke	Radio 4 FM	BBC	Talk, News, Entertainment	.020 Basingstoke	SU 643 479
94.5	Marlborough area, Wilts	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Marlborough	SU 209 688
94.5	Newtown, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.036 Llandinam	SO 050 877
94.5	Thurso & Wick area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	10.000 Rumster Forest	ND 197 385
94.5	Dee Valley, Aberdeenshire	Radio Scotland (Aberdeen)	BBC	Mixed Format	.042 Tullich	NO 379 984
94.5	East & Central Northern Ireland	Radio Ulster	BBC	Mixed Format	123.600 Divis	IJ 286 750
94.5	Newcastle Emlyn area, Ceredigion	Radio Cymru	BBC	Welsh	.088 Llandyfriog	SN 348 412
94.5	Dolgellau, Gwynedd	Radio Cymru	BBC	Welsh	.016 Dolgellau	SH 727 185
94.5	Wexford	Spirit Radio	Irish Ind	Christian	Wexford	
94.6	Burnley & Colne Valley, Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	1.000 Pendle Forest	SD 825 384
94.6	Perth area	Radio 4 FM	BBC	Talk, News, Entertainment	.964 Kirkton Mailer	NO 102 210
94.6	Swansea area	Radio 4 FM	BBC	Talk, News, Entertainment	.926 Kilvey Hill	SS 672 940
94.6	Bexhill, East Sussex	Radio 4 FM	BBC	Talk, News, Entertainment	.012 Bexhill	TQ 744 080
94.6	Speyside, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.720 Granttown	NJ 003 267
94.6	Henley, Oxon & Marlow, Bucks	Radio Berkshire	BBC	Mixed Format	.250 Henley	SU 780 822
94.6	Stoke-on-Trent area	Radio Stoke	BBC	Mixed Format	6.100 Alsagers Bank	SJ 812 478
94.6	Porth area, South Wales	Radio Wales	BBC	Mixed Format	.010 Porth	ST 029 919
94.6	Herne Bay, Kent	Radio Cabin	Community	Mixed Format	.025 Herne Bay Council Office	TR 178 681
94.6	Cranbrook area, Devon	East Devon Radio	Community	Mixed Format	.025 Aylesbeare	SY 048 905
94.6	Wimborne area, Dorset	Radio Wimborne	Community	Mixed Format	.050 Wimborne	SZ 014 983
94.6	East Kildare and SE Meath	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	1.000 Saggart	
94.6	Bray and Greystones, Wicklow	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	.200 Bray Head	
94.6	Graiguenamanagh, Kilkenny	KCLR	Irish Ind	Adult, Oldies, Talk	.040 Glencourn	
94.6	Claremorris, Co Mayo	Claremorris Community Radio	Irish Community	Mixed Format	.040 Claremorris	
94.6	Roscommon Town	Ros FM	Irish Community	Mixed Format	.100 Roscommon	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
94.7	South Islay	Radio 4 FM	BBC	Talk, News, Entertainment	.065 Port Ellen	NR 338 452
94.7	Ballachulish, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.025 Ballachulish	NN 059 593
94.7	Mallaig, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.014 Mallaig	NM 676 965
94.7	Herefordshire	BBC Hereford and Worcester	BBC	Mixed Format	2.000 Ridge Hill	SO 630 333
94.7	S W Scotland & N Cumbria	Radio Scotland (Dumfries)	BBC	Mixed Format	250.000 Sandale	NY 266 398
94.7	Chesterfield	Radio Sheffield	BBC	Mixed Format	.400 Chesterfield	SK 383 764
94.7	Aylesbury area	Three Counties Radio	BBC	Mixed Format	.400 Quainton Hill	SP 750 213
94.7	Newbridge area, South Wales	Radio Cymru	BBC	Welsh	.005 Pennar	ST 209 958
94.7	Crowborough, Sussex	Ashdown Radio	Community	Mixed Format	.027 Crowborough	TQ 514 310
94.7	Maldon, Essex	Caroline Coastal	Community	Mixed Format	.100 Maldon Blue Boar Hotel	TL 849 071
94.7	Dewsbury	Radio Sangam	Community	Asian	.030 Dewsbury Hospital	SE 230 228
94.7	Winchester	Winchester Radio	Community	Oldies, Easy Listening	.050 Winchester RHCH	SU 470 293
94.7	Ballybofey, Donegal	Highland Radio	Bauer (Ireland)	Adult, Irish & Country, Talk	.100 Ballybofey	
94.7	Ballyshannon & Bundoran, Don.	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	.040 Ballyshannon	
94.7	North & Central Co. Tipperary	Spin South West	Bauer (Ireland)	Contemporary	4.800 Devil's Bit	
94.7	Nord Pas de Calais, France (1)	France Bleu Nord	Radio France	French Oldies	400.000 Lille, France	
94.8	Skye, Harris, East N & S Uist	Radio 4 FM	BBC	Talk, News, Entertainment	30.000 Skriag	NG 451 408
94.8	Channel Islands	Radio 4 FM	BBC	Talk, News, Entertainment	16.000 Les Platons	CI 925 273
94.8	Moray	Radio 4 FM	BBC	Talk, News, Entertainment	.500 Knock More	NJ 321 497
94.8	Coventry and N Warwickshire	BBC CWR	BBC	Mixed Format	2.200 Meriden	SP 255 844
94.8	North Devon	Radio Devon	BBC	Mixed Format	1.000 Huntshaw Cross	SS 527 221
94.8	Anglesey & North Wales Coast	Radio Wales	BBC	Mixed Format	10.000 Llanddona	SH 582 810
94.8	Rhondda Valley, South Wales	Radio Wales	BBC	Mixed Format	.006 Ton Pentre	SS 960 955
94.8	York	Jorvik FM	Community	Mixed Format	.100 York Askrigg House	SE 580 517
94.8	Cork City and SE County Cork	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	3.200 Churchfield	
94.8	Bantry, County Cork	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	.200 Bantry	
94.8	County Cavan	Northern Sound	Radio Kerry	Adult, Oldies, I&C, Talk	4.000 Sliabh Glach	
94.8	Suir Estuary, Waterford	WLR FM	Irish Ind	Adult, Oldies, Talk	.200 Waterford Harbour	
94.8	Kilrush SW Clare	Radio Corca Baiscinn	Irish Community	Mixed Format	.500 Kilrush	
94.9	Shetland Islands	Radio 4 FM	BBC	Talk, News, Entertainment	43.000 Bressay	HU 503 387
94.9	Dundee, Angus and North Fife	Radio 4 FM	BBC	Talk, News, Entertainment	17.000 Forfar	NO 482 409
94.9	Derry area	Radio 4 FM	BBC	Talk, News, Entertainment	10.000 Londonderry	IC 404 176
94.9	Patna & Dalmellington, Ayrshire	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Lethanhill	NS 438 105
94.9	Bristol area	Radio Bristol	BBC	Mixed Format	.500 Dundry East	ST 573 665
94.9	Lincolnshire	Radio Lincolnshire	BBC	Mixed Format	6.000 Belmont	TF 217 837
94.9	London area	Radio London	BBC	Mixed Format	4.000 Crystal Palace	TQ 339 712
94.9	Dartford Tunnel, Kent-Essex	Radio London	BBC	Mixed Format	Dartford Tunnel	TQ 571 769
94.9	Oulton Park Circuit, Cheshire	Oulton FM part time	Sports RSL	Motor Racing	.002 Oulton Park, Cheshire	SJ 592 649
94.9	South East County Wicklow	East Coast Radio	Irish Ind	Adult, Talk	9.500 Avoca	
94.9	County Dublin	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	3.000 Three Rock	
95.0	Peebles, Border Region	Radio 4 FM	BBC	Talk, News, Entertainment	.020 Peebles	NT 228 416
95.0	Stroud area, Gloucestershire	Radio Gloucestershire	BBC	Mixed Format	.100 Stroud	SO 836 077
95.0	Ludlow, Shropshire	Radio Shropshire	BBC	Mixed Format	.010 Ludlow	SO 498 741
95.0	Newhaven & Seaford, Sussex	Radio Sussex	BBC	Mixed Format	.100 Newhaven	TQ 435 006
95.0	Teesside, S Durham, N Yorks	Radio Tees	BBC	Mixed Format	9.886 Bilsdale	SE 553 962
95.0	Ebbw Vale & Tredegar, S Wales	Radio Wales	BBC	Mixed Format	.030 Ebbw Vale	SO 159 088
95.0	Ogmore Vale, South Wales	Radio Cymru	BBC	Welsh	.010 Ogmore Vale	SS 929 894
95.0	Glasgow	Celtic Music Radio	Community	Celtic Music	.100 Glasgow	NS 595 657
95.0	Sidmouth, Devon	East Devon Radio	Community	Mixed Format	.025 Sidmouth Golf Club	SY 114 872
95.0	Wolverton & North Milton Keynes	MKFM	Community	Mixed Format	.020 Wolverton Stratford Road	SP 811 411
95.0	Southampton	Fiesta FM	Community	Spanish	.050 Midanbury	SU 447 142
95.0	Leicester	Radio 2 Funky	Community	Rhythmic Music	.025 Leicester Granby Street	SK 591 042
95.0	County Limerick	95 FM Limerick	Onic	Adult, Talk	10.000 Woodcock Hill	
95.1	North Uist	Radio 4 FM	BBC	Talk, News, Entertainment	2.000 Clettraval	NF 751 716
95.1	Isle of Lewis	Radio 4 FM	BBC	Talk, News, Entertainment	2.000 Eitshal	NB 305 302
95.1	Largs, Rothesay, Clyde Mouth	Radio 4 FM	BBC	Talk, News, Entertainment	.570 Rothesay	NS 125 691
95.1	Strachur & Inveraray, Strathclyde	Radio 4 FM	BBC	Talk, News, Entertainment	.018 Strachur	NN 094 027
95.1	Corran and Onich, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Ardour	NM 989 626
95.1	Greater Manchester	Radio Manchester	BBC	Mixed Format	4.600 Holme Moss	SE 095 041
95.1	East Norfolk and North Suffolk	Radio Norfolk	BBC	Mixed Format	4.000 Stoke Holy Cross	TG 258 026
95.1	Newark and East Notts	Radio Nottingham	BBC	Mixed Format	.200 Newark	SK 873 538
95.1	Horsham	Radio Sussex	BBC	Mixed Format	.032 Horsham	TQ 176 307
95.1	Ballycastle, Northern Ireland	Radio Ulster	BBC	Mixed Format	.100 Ballycastle	ID 077 423
95.1	Carmarthenshire	Radio Wales	BBC	Mixed Format	3.000 Carmel	SN 576 153
95.1	Blaenavon & Abersychan	Radio Wales	BBC	Mixed Format	.010 Blaenavon	SO 277 063
95.1	Rye, East Sussex	Cinque Ports Radio	Community	Mixed Format	.050 Hub on Rye Hill	TQ 919 216
95.1	Mount Vernon Hospital, Northolt	Radio Mount Vernon	Hospital RSL	Mixed Music	2.0E-03 Mount Vernon Hospital	TQ 075 919
95.1	West County Waterford	WLR FM	Irish Ind	Adult, Oldies, Talk	10.000 Dungarvan	
95.1	Waterford City	WLR FM	Irish Ind	Adult, Oldies, Talk	.010 Waterford City Centre	
95.2	Fort Augustus area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	1.000 Fort Augustus	NH 361 049
95.2	Campbeltown, Argyll	Radio 4 FM	BBC	Talk, News, Entertainment	.400 Campbeltown	NR 707 172
95.2	East Cornwall & West Devon	Radio Cornwall	BBC	Mixed Format	5.000 Caradon Hill	SX 273 707
95.2	Kendal, Cumbria	Radio Cumbria	BBC	Mixed Format	.200 Kendal	SD 540 912
95.2	Oxfordshire and West Bucks	Radio Oxford	BBC	Mixed Format	5.800 Oxford	SP 567 105
95.2	Abergavenny & Usk Valley	Radio Wales	BBC	Mixed Format	.040 Abergavenny	SO 244 126
95.2	South and West Fife	Original (Tayside and Fife)	DC Thompson	Oldies, Adult	.200 Knock Hill	NT 054 937
95.2	Northern East Yorkshire	Great Driffield Radio	Community	Mixed Format	.200 Eddisfield Airfield	TA 011 696
95.2	NE Ireland, SE Northern Ireland	Lyric FM	RTE	Classical, Jazz	40.000 Clermont Carn	
95.2	Lahinch and Ennistimon, Clare	Clare FM	Irish Ind	Adult, Oldies, Talk	.500 Ennistimon	
95.2	Fermoy & Mitchelstown, Co Cork	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	.100 Fermoy	
95.2	West County Donegal	Highland Radio	Bauer (Ireland)	Adult, Country	2.000 Arranmore Island	
95.2	Dunkerque, France (6)	RTL	France	French Talk	1.000 Dunkerque, France	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
95.3	Aberdeenshire	Radio 4 FM	BBC	Talk, News, Entertainment	150.000 Meldrum	NJ 760 329
95.3	Oban area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	5.000 Oban	NM 850 290
95.3	Crieff area, Perthshire	Radio 4 FM	BBC	Talk, News, Entertainment	.125 Crieff	NN 814 200
95.3	Girvan, Ayrshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Girvan	NX 211 981
95.3	Kirkconnel & Sanquhar, D & G	Radio 4 FM	BBC	Talk, News, Entertainment	.040 Kirkconnel	NS 746 150
95.3	Wigtown Bay area, D & G	Radio 4 FM	BBC	Talk, News, Entertainment	.064 Cambret Hill	NX 524 578
95.3	Matlock & Bakewell, Derbys	Radio Derby	BBC	Mixed Format	1.200 Stanton Moor	SK 246 637
95.3	South East Essex	BBC Essex	BBC	Mixed Format	1.260 South Benfleet	TQ 790 867
95.3	Dartford Tunnel, Kent-Essex	BBC Essex	BBC	Mixed Format	Dartford Tunnel	TQ 571 769
95.3	West Halifax	Radio Leeds	BBC	Mixed Format	.066 Luddenden	SE 048 248
95.3	Otley & Ilkley area, W Yorks	Radio Leeds	BBC	Mixed Format	.064 Wharfedale	SE 198 485
95.3	Brighton and Worthing area	Radio Sussex	BBC	Mixed Format	1.000 Whitehawk Hill	TQ 330 045
95.3	Newtownabbey, N Ireland	Radio Ulster	BBC	Mixed Format	.020 Carmoney Hill	IJ 336 829
95.3	Ceredigion & SW Gwynedd	Radio Wales	BBC	Mixed Format	120.000 Blaenplwyf	SN 569 756
95.3	Thorne-Moorends, South Yorks	TMCR	Community	Mixed Format	.025 Thorne - Bridge Street	SE 690 132
95.3	Harrogate	Harrogate Hospital Radio	Hospital RSL	Mixed Format	Harrogate District Hospital	SE 317 553
95.3	Lancaster	Bailrigg FM	Student RSL	New Music	.002 Lancaster University	SD 486 572
95.3	West County Limerick	95 FM Limerick	Onic	Adult, Talk	.200 Barnagh	
95.3	Lorha, North East Co. Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	.200 Lorha	
95.3	South East Co. Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	.063 Barrancullia	
95.3	Carrick on Suir, Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	.150 Carrick-on-Suir	
95.4	East Berkshire	Radio Berkshire	BBC	Mixed Format	.500 Windsor Castle	SU 968 770
95.4	Tyneside, Durham, S Nthmblnd	Radio Newcastle	BBC	Mixed Format	10.000 Pontop Pike	NZ 147 527
95.4	North Northern Ireland	Radio Ulster	BBC	Mixed Format	3.400 Limavady	IC 711 296
95.4	Wrexham area	Radio Wales	BBC	Mixed Format	.700 Wrexham	SJ 301 537
95.4	Blaby, Leicestershire	Cross Counties Radio	Community	Mixed Format	.206 Blaby	SP 564 694
95.4	West County Cork	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	9.500 Nowen Hill	
95.4	Athlone and W Westmeath	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.200 Athlone	
95.4	Westport, Mayo	MWR FM	Irish Ind	Adult, Irish & Country, Talk	.100 Westport	
95.4	West Bretagne, France (3)	France Inter	Radio France	French Mixed format	170.000 Brest, France	
95.5	Penicuik, Lothian	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Penicuik	NT 229 597
95.5	Blaigowrie & Rattray, Perthshire	Radio 4 FM	BBC	Talk, News, Entertainment	.032 Rosemount	NO 203 435
95.5	Carmarthen	Radio 4 FM	BBC	Talk, News, Entertainment	.007 Carmarthen	SN 412 213
95.5	East and Central Lancashire	Radio Lancashire	BBC	Mixed Format	1.600 Hameldon Hill	SD 808 288
95.5	Central Nottinghamshire	Radio Nottingham	BBC	Mixed Format	2.000 Fishponds Hill	SK 514 606
95.5	Somerset	BBC Somerset	BBC	Mixed Format	5.000 Mendip	ST 563 488
95.5	Lowestoft area, Suffolk	Radio Suffolk	BBC	Mixed Format	2.000 Lowestoft	TM 523 942
95.5	Bedfordshire & North Herts	Three Counties Radio	BBC	Mixed Format	1.200 Sandy Heath	TL 204 494
95.5	Swansea Valley, South Wales	Radio Wales	BBC	Mixed Format	.048 Varteg Hill	SN 776 077
95.5	Scarborough area, N Yorks	Radio York	BBC	Mixed Format	.250 Oliver's Mount	TA 040 869
95.5	Tonbridge, Kent	West Kent Radio	Community	Mixed Format	.025 Tonbridge High Street	TQ 590 463
95.5	Kilrush, Clare	Clare FM	Irish Ind	Adult, Oldies, Talk	2.000 Kilrush	
95.5	South County Meath	LM FM	Onic	Adult, Oldies, Talk	.630 Red Gap, Saggart	
95.5	Balina, Mayo	MWR FM	Irish Ind	Adult, Irish & Country, Talk	.200 Carrowmore	
95.5	Boulogne, France (5)	France Bleu Nord	Radio France	French Oldies	1.000 Boulogne, France	
95.6	Thurso & Wick area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	10.000 Rumster Forest	ND 197 385
95.6	Fermanagh and South Tyrone	Radio 4 FM	BBC	Talk, News, Entertainment	9.800 Brougher Mountain	IH 350 527
95.6	Kinlochleven, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Kinlochleven	NN 178 630
95.6	S Kapdale, E Islay, Jura	Radio 4 FM	BBC	Talk, News, Entertainment	2.200 South Knapdale	NR 837 748
95.6	North Cumbria	Radio Cumbria	BBC	Mixed Format	15.000 Sandale	NY 266 398
95.6	North Norfolk	Radio Norfolk	BBC	Mixed Format	2.126 West Runton	TG 186 412
95.6	West Midlands	Radio WM	BBC	Mixed Format	11.400 Sutton Coldfield	SK 113 003
95.6	Reading	B Radio (Reading)	Community	Contemporary	.108 Reading Fountain House	SU 712 733
95.6	Isle of Sheppey, Kent	BRFM	Community	Mixed Format	.025 Minster	TQ 968 733
95.6	Eastbourne area	Seahaven FM	Community	Mixed Format	.026 Butts Brow, Hailsham	TQ 580 015
95.6	North East County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.800 NE Cork Relay	
95.6	North County Wexford	South East Radio	Tindle	Adult, Oldies, I&C, Talk	4.000 Mount Leinster	
95.6	Birdhill, West Co. Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	.400 Birdhill	
95.6	Basse Normandie, France (2)	France Musique	Radio France	French Classical	50.000 Caen, France	
95.7	E Lewis, N Skye & W Highland	Radio 4 FM	BBC	Talk, News, Entertainment	50.000 Melvaig	NG 757 900
95.7	North Islay	Radio 4 FM	BBC	Talk, News, Entertainment	.080 Bowmore	NR 318 590
95.7	Kingussie, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.035 Kingussie	NN 769 985
95.7	North Cambridgeshire	Radio Cambridgeshire	BBC	Mixed Format	5.200 Peterborough	TL 127 913
95.7	Plymouth area	Radio Devon	BBC	Mixed Format	1.000 Plympton	SX 531 555
95.7	Llanfyllin, Powys	Radio Cymru	BBC	Welsh	.008 Llanfyllin	SJ 151 181
95.7	Lydney area, Gloucestershire	Dean Radio	Community	Mixed Format	.025 Bream	SO 605 060
95.7	Tonypreail, South Wales	GTFM	Community	Mixed Format	.020 Tonypreail	ST 008 882
95.7	Penistone, South Yorkshire	Penistone Community Radio	Community	Mixed Format	.050 Hoylandswaine	SE 259 045
95.7	Tullamore, Offaly	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.020 Tullamore	
95.7	North and East Wicklow	Radio Nova	Irish Ind	Classic Rock	.200 Bray Head	
95.7	Boyle, Roscommon	Shannonside 104 FM	Radio Kerry	Adult, Oldies, Contemp, Talk	.050 Boyle	
95.7	Flanders, Belgium (6)	VRT Radio 1	VRT	Flemish	50.000 Egem, Belgium	

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95.8	Central Scotland	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Black Hill	NS 828 647
95.8	Exeter area	Radio Devon	BBC	Mixed Format	.452 St Thomas	SX 898 922
95.8	Cirencester	Radio Gloucestershire	BBC	Mixed Format	.080 Cirencester	SP 004 057
95.8	Merseyside & West Cheshire	Radio Merseyside	BBC	Mixed Format	7.100 Allerton Park	SJ 421 866
95.8	Whitby, North Yorkshire	Radio Tees	BBC	Mixed Format	.108 Whitby	NZ 904 113
95.8	Aberdare area, South Wales	Radio Wales	BBC	Mixed Format	.042 Aberdare	SO 034 013
95.8	London area	Capital (London)	Global Radio	Contemporary	4.000 Croydon	TQ 332 696
95.8	Dartford Tunnel, Kent-Essex	Capital (London)	Global Radio	Contemporary	Dartford Tunnel	TQ 571 769
95.8	West County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	10.000 Nowen Hill	
95.8	Fermoy, County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.050 Fermoy	
95.8	Galway City	Galway Bay FM	Irish Ind	Adult, Talk	.500 Tonabrocky	
95.8	West County Galway	Galway Bay FM	Irish Ind	Adult, Talk	.500 Clifden	
95.8	Co Louth & N Co Meath	LM FM	Onic	Adult, Talk	10.000 Mount Oriel	
95.8	Clonmel, County Tipperary	Spirit Radio	Irish Ind	Christian		
95.9	South East Aberdeenshire	Radio 4 FM	BBC	Talk, News, Entertainment	2.100 Durris	NO 763 897
95.9	South Uist	Radio 4 FM	BBC	Talk, News, Entertainment	1.000 Daliburgh	NF 736 216
95.9	Fort William area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	4.000 Fort William	NN 117 772
95.9	East Yorkshire & N Lincolnshire	Radio Humberside	BBC	Mixed Format	8.750 High Hunsley	SE 945 350
95.9	East Suffolk	Radio Suffolk	BBC	Mixed Format	2.000 Aldeburgh	TM 442 596
95.9	Pembrokeshire	Radio Wales	BBC	Mixed Format	20.000 Haverfordwest	SN 028 261
95.9	Newport area	Radio Wales	BBC	Mixed Format	.500 Christchurch	ST 353 896
95.9	Thanet, Kent	Heart South	Global Radio	Pop Hits from 90s to present	.270 Thanet	TR 366 678
95.9	Andover, Hampshire	Andover Radio	Community	Mixed Format	.025 Quality Hotel, Andover	SU 374 451
95.9	Hailsham, East Sussex	Hailsham FM	Community	Mixed Format	.075 Hailsham	TQ 591 094
95.9	Torbay Hospital, Torquay	Torbay Hospital Radio	Hospital RSL	Mixed Music	0.002 Torbay Hospital	ST 899 659
95.9	East County Clare	Clare FM	Irish Ind	Adult, Oldies, Talk	2.000 Woodcock Hill	
96.0	East & Central Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	123.600 Divis	IJ 286 750
96.0	Orkney Islands	Radio 4 FM	BBC	Talk, News, Entertainment	41.000 Keelylang Hill	HY 378 102
96.0	S & Central Cambridgeshire	Radio Cambridgeshire	BBC	Mixed Format	1.000 Madingley, Cambridge	TL 392 594
96.0	Isles of Scilly	Radio Cornwall	BBC	Mixed Format	.060 Isles of Scilly	SV 911 124
96.0	Buxton, Derbyshire	Radio Derby	BBC	Mixed Format	.100 Buxton	SK 060 753
96.0	Okehampton, Devon	Radio Devon	BBC	Mixed Format	.100 Okehampton	SX 586 967
96.0	North Northumberland	Radio Newcastle	BBC	Mixed Format	5.600 Chatton	NU 105 264
96.0	Shropshire	Radio Shropshire	BBC	Mixed Format	4.800 The Wrekin	SJ 628 082
96.0	West Dorset	Greatest Hits Radio	Bauer	Oldies	.062 Bridport	SY 453 915
96.0	Cobin & Monkstown, Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.200 Carrigaline	
96.0	Callan, County Kilkenny	KCLR	Irish Ind	Adult, Oldies, Talk	1.000 Corbally Wood	
96.0	Johnstown/Urtingford, Kilkenny	KCLR	Irish Ind	Adult, Oldies, Talk	.200 Boggan	
96.0	Ashourne, County Mayo	LM FM	Onic	Adult, Talk	.020 Ashourne	
96.1	Tobermory area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	5.000 Glengorm	NM 465 565
96.1	Speyside, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.720 Grantown	NJ 003 267
96.1	Ness of Lewis	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Ness of Lewis	NB 533 603
96.1	Ullapool, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Ullapool	NH 142 935
96.1	Innerleithen, Border	Radio 4 FM	BBC	Talk, News, Entertainment	.020 Innerleithen	NT 325 368
96.1	Portree, Skye	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Penifiler	NG 489 417
96.1	South Cumbria	Radio Cumbria	BBC	Mixed Format	3.200 Morecambe Bay	SD 239 791
96.1	S Hampshire E Dorset & IOW	Radio Solent	BBC	Mixed Format	10.000 Rowridge	SZ 447 865
96.1	Merthyr Tydfil area, South Wales	Radio Wales	BBC	Mixed Format	.025 Merthyr Tydfil	SO 057 065
96.1	Newtown, Powys	Radio Cymru	BBC	Welsh	.036 Llandinam	SO 050 877
96.1	Rotherham and E Sheffield area	Greatest Hits Radio	Bauer	Oldies	.400 Rotherham	SK 432 913
96.1	Colchester & North East Essex	Heart East	Global Radio	Pop Hits from 90s to present	.500 Wivenhoe Park	TM 028 239
96.1	Ashford area, Kent	Heart South	Global Radio	Pop Hits from 90s to present	.225 Wye	TR 066 472
96.1	Central Fife	Original (Tayside and Fife)	DC Thompson	Oldies, Adult	.500 Purin Hill	NO 252 059
96.1	Northampton	Revolution Radio	Community	Rhythmic and Pop Music	.140 Northampton Moulton Pk	SP 768 646
96.1	Falmouth & Penryn, Cornwall	The Source	Community	Mixed Format	.025 Penryn	SW 769 347
96.1	North County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	2.000 Mount Hillery	
96.1	Castlepollard, N Westmeath	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.020 Castlepollard	
96.1	County Mayo	MWR FM	Irish Ind	Adult, Irish & Country, Talk	10.000 Kiltimagh	
96.2	Coventry	Capital (Midlands)	Global Radio	Contemporary	.100 Samuel Vale House	SP 332 796
96.2	South Nottinghamshire	Capital (Midlands)	Global Radio	Contemporary	1.000 Mapperley Ridge	SK 583 424
96.2	North East Norfolk	Greatest Hits Radio	Bauer	Oldies	2.580 Stody	TG 073 333
96.2	Fakenham, Norfolk	Greatest Hits Radio	Bauer	Oldies	.010 Fakenham	TF 926 302
96.2	East Greater Manchester	Greatest Hits Radio	Bauer	Oldies	.100 Oldham Civic Centre	SD 923 051
96.2	Aylesbury area	Greatest Hits Radio	Bauer	Oldies	1.000 Quanton Hill	SP 750 213
96.2	Scarborough & East N Yorks	Greatest Hits Radio	Bauer	Oldies	.625 Olivers Mount	SX 040 869
96.2	North and Central Devon	Heart South West	Global Radio	Pop Hits from 90s to present	2.500 Huntshaw Cross	SS 527 221
96.2	West Tyneside, Tyne & Wear	Heart North East	Global Radio	Pop Hits from 90s to present	.050 Fenham	NZ 216 648
96.2	Tunbridge Wells area, Kent	KM-FM	Kent Messenger	Contemporary	.190 Tunbridge Wells	TQ 607 440
96.2	Shetland Islands	SIBC	Independent	Contemporary, Adult	4.000 Bressay	HU 503 387
96.2	Clonakilty, SW County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.100 Clonakilty	
96.2	Macroom, West Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.030 Macroom	
96.2	North & East County Wicklow	East Coast Radio	Irish Ind	Adult, Talk	10.000 Bray Head	
96.2	Borris, South Carlow	KCLR	Irish Ind	Adult, Oldies, Talk	.200 Glencoum	
96.2	South West Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	4.000 Cahirciveen	
96.2	Laois	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.040 Portlaoise	
96.2	North Co Wexford	South East Radio	Tindle	Adult, Oldies, I&C, Talk	.050 Gorey	
96.2	Enniscorthy, Wexford	South East Radio	Tindle	Adult, Oldies, I&C, Talk	.010 Enniscorthy	
96.2	Wexford town	South East Radio	Tindle	Adult, Oldies, I&C, Talk	.010 Wexford town	
96.2	Santa Pod Circuit, Northants	Nitro FM part time	Sports RSL	Motor Racing	.001 Santa Pod Circuit, Northants	SP 960 610
96.2	Dunkerque, France (6)	Europe 2	France	French Contemporary	1.000 Dunkerque, France	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
96.3	North Wales Coast	Capital (NW & Wales)	Global Radio	Contemporary	1.250 Great Orme Head	SH 766 834
96.3	Leeds area	Greatest Hits Radio	Bauer	Oldies	2.500 Tingley	SE 279 266
96.3	South East Essex	Heart East	Global Radio	Pop Hits from 90s to present	.920 South Benfleet	TQ 790 867
96.3	Bristol area	Heart South West	Global Radio	Pop Hits from 90s to present	1.940 Dundry	ST 551 669
96.3	Glasgow Area	Nation Radio (Scotlandf)	Nation	Oldies	4.076 Cathkin Braes	NS 625 582
96.3	Corby	Corby Radio	Community	Mixed Format	.025 Corby	SP 881 885
96.3	Plymouth	Cross Rhythms Plymouth	Community	Christian	.060 Mannamead	SX 487 504
96.3	Newhaven & Seaford area	Seahaven FM	Community	Mixed Format	.200 Newhaven MCA	TQ 446 001
96.3	County Monaghan	Northern Sound	Radio Kerry	Adult, Oldies, I&C, Talk	10.000 Monaghan	
96.4	North Northern Ireland	Downtown Radio	Bauer	Oldies, Adult	2.000 Limavady	IC 711 296
96.4	North Cumbria	Greatest Hits Radio	Bauer	Oldies	1.250 Caldbeck	NY 299 425
96.4	East Cheshire	Greatest Hits Radio	Bauer	Oldies	.250 Sutton Common	SJ 933 676
96.4	West Surrey and NE Hampshire	Greatest Hits Radio	Bauer	Oldies	3.000 Guildford	SU 975 486
96.4	Grimsby area	Greatest Hits Radio	Bauer	Oldies	.100 Grimsby ATE	TA 272 096
96.4	West Suffolk	Heart East	Global Radio	Pop Hits from 90s to present	2.000 Great Barton	TL 886 686
96.4	Torbay	Heart South West	Global Radio	Pop Hits from 90s to present	1.000 Beacon Hill	SX 951 620
96.4	Swansea area	Hits Radio (South Wales)	Bauer	Contemporary, 10s, 00s	1.380 Kilvey Hill	SS 672 940
96.4	Birmingham area	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	10.000 Sutton Coldfield	SK 113 003
96.4	Folkestone	KM-FM	Kent Messenger	Contemporary	.200 Folkestone	TR 229 382
96.4	Hexham & Tyne Valley, Nthmb	Smooth Radio (North East)	Communicorp	Oldies, Easy Listening	.200 Newton	NZ 036 653
96.4	Perth area	Tay FM	Bauer	Contemporary, 10s, 00s	.800 Perth	NO 108 212
96.4	Dundee	Tay FM	Bauer	Contemporary, 10s, 00s	.100 Tay Bridge	NO 430 284
96.4	Corby, Northants	Corby Radio	Community	Mixed Format	.025 Corby	SP 881 885
96.4	County Clare	Clare FM	Irish Ind	Adult, Oldies, Talk	5.000 Maghera	
96.4	Cork city and East County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	1.000 Holyhill	
96.4	Bantry, SW County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.200 Bantry	
96.4	South County Wexford	South East Radio	Tindle	Adult, Oldies, I&C, Talk	.200 Forth Mountain	
96.4	New Ross, Wexford	South East Radio	Tindle	Adult, Oldies, I&C, Talk	.020 New Ross	
96.5	Mansfield & Ashfields, Notts	Capital (Midlands)	Global Radio	Contemporary	.050 Fishponds Hill	SK 514 606
96.5	West Lancashire	Greatest Hits Radio	Bauer	Oldies	.100 Blackpool Tower	SD 306 360
96.5	Stranraer area, D & G	Greatest Hits Radio (Scotland)	Bauer	Oldies	.000 Cairn Pat	NX 044 563
96.5	Taunton area	Heart South West	Global Radio	Pop Hits from 90s to present	.100 Taunton	ST 240 225
96.5	Marlborough area, Wilts	Heart South West	Global Radio	Pop Hits from 90s to present	.050 Marlborough	SU 209 688
96.5	Bolton	Bolton FM	Community	Mixed Format	.200 Bolton Dove Mill	SD 695 078
96.5	Isle of Bute, Argyll	Bute FM	Community	Mixed Format	.025 Rothsay Town	NS 089 645
96.5	Penzance, Cornwall	Coast FM	Community	Mixed Format	.026 Penzance Cricket Club	SW 467 309
96.5	Greenwich area, London	Maritime Radio	Community	Mixed Format	.050 Shrewsbury House	TQ 441 770
96.5	Dundalk area, Louth	LM FM	Onic	Adult, Talk	.500 Dundalk	
96.5	Carlingford & Omeath, Louth	LM FM	Onic	Adult, Talk	.500 Carlingford	
96.5	Drogheda	LM FM	Onic	Adult, Talk	.100 Drogheda	
96.5	Athboy, County Meath	LM FM	Onic	Adult, Talk	.040 Athboy	
96.5	Trim, County Meath	LM FM	Onic	Adult, Talk	.040 Trim	
96.5	Central and East Westmeath	Midlands 103	Irish Ind	Adult, Oldies, Irish&Country, Talk	.250 Mullingar	
96.5	Haute Normandie, France (2)	France Inter	Radio France	French Mixed format	100.000 Rouen, France	
96.6	Fermanagh and South Tyrone	Downtown Radio	Bauer	Oldies, Adult	8.200 Brougher Mountain	IH 350 527
96.6	Chichester & Bognor Regis	Greatest Hits Radio	Bauer	Oldies	.200 The Trundle	SU 873 112
96.6	Blandford area, Dorset	Greatest Hits Radio	Bauer	Oldies	.100 North Dorset Council	ST 888 071
96.6	Northamptonshire	Heart East	Global Radio	Pop Hits from 90s to present	4.000 Northampton	SP 760 647
96.6	West Hertfordshire	Heart Hertfordshire	Communicorp	Pop Hits from 90s to present	1.000 Pimlico (Hemel Hempstead	TL 088 045
96.6	Tavistock, Devon (mono)	Heart South West	Global Radio	Pop Hits from 90s to present	.040 Tavistock	SX 485 716
96.6	Teesside, S Durham, N Yorks	Hits Radio (Teesside)	Bauer	Contemporary, 10s, 00s	9.550 Bilsdale	SE 553 962
96.6	Speyside, Highland	Moray Firth Radio	Bauer	Contemporary, 10s, 00s	.450 Cairngorm ski lift	NJ 006 048
96.6	Lampeter & Teifi Valley <i>To Close</i>	Nation Radio (Wales)	Nation	Oldies, Adult	.400 Mynydd Pencarreg	SN 577 430
96.6	Kirkcaldy, Fife	Original (Tayside and Fife)	DC Thompson	Oldies, Adult	.010 Kirkcaldy	NT 289 926
96.6	Newcastle under Lyme, Staffs	Cross Rhythms City Radio	Community	Contemporary, Christian	.025 Hanchurch - Duke Lodge	SJ 839 400
96.6	Frome, Somerset	Frome FM	Community	Mixed Format	.025 Frome	ST 774 478
96.6	Gloucester	Gloucester FM	Community	Rhythmic Music	.020 Gloucester Royal Hospital	SO 842 186
96.6	Fort William area, Highland	Nevis Radio	Community	Adult, Contemporary	.300 Creag a' Chàil	NN 137 748
96.6	Arbroath, Angus	RNA FM	Independent	Mixed Music	.020 Arbroath Infirmary	NO 634 404
96.6	County Kilkenny	KCLR	Irish Ind	Adult, Oldies, Talk	10.000 Johnswell	
96.6	Killarney, County Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	.400 Killarney	
96.7	North and West Kent	Radio Kent	BBC	Mixed Format	8.700 Wrotham	TQ 595 604
96.7	Dartford Tunnel, Kent-Essex	Radio Kent	BBC	Mixed Format	Dartford Tunnel	TQ 571 769
96.7	Ayrshire	Clyde 1	Bauer	Contemporary, 10s, 00s	2.200 Darvel	NS 557 341
96.7	West Norfolk	Greatest Hits Radio	Bauer	Oldies	2.600 Great Massingham	TF 788 228
96.7	Grantham, Lincolnshire	Greatest Hits Radio	Bauer	Oldies	.050 Grantham	SK 905 337
96.7	Ashbourne area, Derbyshire	Greatest Hits Radio	Bauer	Oldies	.200 Ashbourne	SK 182 474
96.7	Winchester & Southampton	Heart South	Global Radio	Pop Hits from 90s to present	.500 Crabwood Farm	SU 4490295
96.7	Merseyside & West Cheshire	Hits Radio (Liverpool)	Bauer	Contemporary, 10s, 00s	8.200 Allerton Park	SJ 421 866
96.7	Mersey Tunnel	Hits Radio (Liverpool)	Bauer	Contemporary, 10s, 00s	.002 Mersey Tunnel	SJ 340 902
96.7	Kidderminster area	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	.100 Kidderminster	SO 808 739
96.7	Fraseburgh area, Aberdeenshire	Moray Firth Radio	Bauer	Contemporary, 10s, 00s	.100 Mormond Hill	NJ 982 569
96.7	Wick, Highland	Moray Firth Radio	Bauer	Contemporary, 10s, 00s	.020 Newton Wick	ND 348 498
96.7	Belfast area	Q Radio	Northern Media	Adult	.550 Black Mountain	IJ 278 727
96.7	Sheffield	Link FM	Community	Asian	.025 Sheffield	SK 332 875
96.7	Halifax	Phoenix Radio	Community	Mixed Format	.025 Halifax	SE 103 242
96.7	County Dublin	Lyric FM	RTE	Classical, Jazz	5.000 Three Rock	

England, Scotland, Wales and Ireland FM Transmitters

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
96.8	South Wales & West England	Radio Cymru	BBC	Welsh	250.000	Wenvoe	ST 110 742
96.8	Border Region	Greatest Hits Radio (Scotland)	Bauer	Oldies	5.000	Selkirk	NT 500 294
96.8	Lochinver & Enard Bay, Highland	Radio Wester Ross	Independent	Adult	.500	Polbain	NB 999 109
96.8	Ilkeston, Derbyshire	Erewash Sound	Community	Mixed Format	.025	Ilkeston	SK 464 416
96.8	South East and Central Anglesey	Mon FM	Community	Mixed Format	.400	Penmynydd	SH 514 748
96.8	Kinsale County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.200	Kinsale	
96.8	Youghal, County Cork	Cork's 96 FM	Onic	Adult, Contemporary, Talk	.200	Youghal	
96.8	County Galway	Galway Bay FM	Irish Ind	Adult, Talk	10.000	Knokroe	
96.8	West Netherlands (4)	NOS Radio 3	NOS	Dutch Contemporary	100.000	Lopik, Netherlands	
96.8	Dunkerque, France (6)	France Culture	Radio France	French Talk		Dunkerque, France	
96.9	South and Central London	Capital Xtra	Global Radio	Contemporary Rap and R&B	.030	Crystal Palace	TQ 339 712
96.9	Stafford	Greatest Hits Radio	Bauer	Oldies	.200	Pye Green	SJ 987 145
96.9	Bedfordshire & North Herts	Heart East	Global Radio	Pop Hits from 90s to present	.740	Sandy Heath	TL 204 494
96.9	South Cumbria & NW Lancs	Heart North West	Global Radio	Pop Hits from 90s to present	3.200	Morecambe Bay	SD 239 791
96.9	Newhaven & Seaford, Sussex	Heart South	Global Radio	Pop Hits from 90s to present	.100	Newhaven	TQ 435 006
96.9	East Yorkshire & N Lincolnshire	Hits Radio (East Yorkshire)	Bauer	Contemporary, 10s, 00s	9.400	High Hunsley	SE 945 350
96.9	East Aberdeenshire	Northsound One	Bauer	Contemporary, 10s, 00s	10.500	Durris	NO 763 897
96.9	South Manchester	ALL FM	Community	Mixed Format	.050	Longsight	SJ 875 951
96.9	East County Donegal and Derry	iRadio	Bauer	Contemporary	9.500	Scalp Mountain	
96.9	Co Carlow & S Co Kildare	KCLR	Irish Ind	Adult, Oldies, Talk	4.000	Rossmore	
97.0	Dumbarton & Alexandria	Clyde 1	Bauer	Contemporary, 10s, 00s	.050	Millburn Muir	NS 378 796
97.0	Coventry & Warwickshire	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	2.000	Shillington	SP 410 836
97.0	Dumfriesshire	Greatest Hits Radio (Scotland)	Bauer	Oldies	1.000	Riddings Hill	NX 903 779
97.0	Dover and Folkestone area	Heart South	Global Radio	Pop Hits from 90s to present	.500	Dover	TR 274 397
97.0	Reading	Heart South	Global Radio	Pop Hits from 90s to present	.500	Broad Street Mall	SU 713 733
97.0	Plymouth area	Heart South West	Global Radio	Pop Hits from 90s to present	2.000	Plympton	SX 531 555
97.0	Exeter area	Heart South West	Global Radio	Pop Hits from 90s to present	.900	St Thomas	SX 898 922
97.0	Rochdale	Crescent Radio	Community	Asian	.102	Stoneyfield	SD 896 126
97.0	Devizes, Wiltshire	Fantasy	Community	Mixed Format	.025	Devizes	SU 006 613
97.0	Glen Coe, Highland	Nevis Radio	Community	Adult, Contemporary	.250	Glencoe	NN 261 516
97.0	NE Ireland, SE Northern Ireland	2FM	RTE	Contemporary, Adult	40.000	Clermont Carn	
97.0	Central and East County Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	40.000	Mullaghanish	
97.1	Channel Islands	Radio 1	BBC	New Music, Contemporary	16.000	Les Platons	CI 925 273
97.1	Wirral and North East Clywd	Capital (NW & Wales)	Global Radio	Contemporary	1.000	Storeton	SJ 314 841
97.1	Carmarthenshire	Radio Carmarthenshire	Nation	Adult, Oldies	2.910	Carmel	SN 576 153
97.1	Larne, Northern Ireland	Downtown Radio	Bauer	Oldies, Adult	.080	Larne	ID 395 037
97.1	Haslemere area, Surrey	Greatest Hits Radio	Bauer	Oldies	.275	Haslemere	SU 886 331
97.1	Penistone area, South Yorks	Greatest Hits Radio	Bauer	Oldies	.050	Penistone	SE 259 045
97.1	South and East Suffolk	Heart East	Global Radio	Pop Hits from 90s to present	3.400	Foxhall Heath	TM 212 445
97.1	Yeovil area	Heart South West	Global Radio	Pop Hits from 90s to present	.400	Chedington	ST 501 050
97.1	Tyneside, N Durham, S Nthmb	Hits Radio (North East)	Bauer	Contemporary, 10s, 00s	10.000	Burnhope	NZ 184 474
97.1	Tyne Tunnel	Hits Radio (North East)	Bauer	Contemporary, 10s, 00s	.015	Tyne Tunnel	NZ 330 659
97.1	Nottingham	Faza AWP	Community	Asian	.040	Forest Road East	SK 582 428
97.1	Luton	Radio Lab	Community	Mixed Format	.025	Luton	TL 075 211
97.1	North West Mayo	MWR FM	Irish Ind	Adult, I&C, Talk	3.200	Achill	
97.1	Castlebar, County Mayo	MWR FM	Irish Ind	Adult, I&C, Talk	.050	Moneenbradagh	
97.1	South County Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	10.000	Scrothea	
97.1	Roscrea, NE Co. Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	.200	Roscrea	
97.2	Dorchester & Weymouth	Greatest Hits Radio	Bauer	Oldies	.625	Bincombe Hill	SY 678 857
97.2	Harrogate area	Greatest Hits Radio	Bauer	Oldies	.600	Harlow Hill	SE 288 542
97.2	Swindon area & Cirencester	Heart South West	Global Radio	Pop Hits from 90s to present	.700	Blunsdon	SU 143 900
97.2	Bristol	Hits Radio (West)	Bauer	Contemporary, 10s, 00s	.300	Pur Down	ST 610 764
97.2	Wolverhampton area	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	2.000	Turners Hill	SO 969 887
97.2	South and East IOM	Manx Radio FM	Independent	Mixed Format	11.800	Camane	SC 372 746
97.2	Wellingborough area, Northants	Smooth Radio (East Midlands)	Communicorp	Oldies, Easy Listening	.115	Irchester	SP 927 647
97.2	Coleraine area	Q Radio	Northern Media	Adult	.310	Maddybenny More	IC 847 376
97.2	Cambridge	Cam FM	Community	New Music	.025	Cambridge Univ Library	TL 441 584
97.2	St Just, Cornwall	Coast FM	Community	Mixed Format	.100	Lands End Radio Station	SW 379 308
97.2	Grantham, Lincolnshire	Hive FM	Community	Mixed Format	.050	Grantham Totemic House	SK 911 343
97.2	Brighton	Radio Reverb	Community	Mixed Format	.070	Brighton Racecourse	TQ 330 050
97.2	Wythenshawe, Manchester	Wythenshawe FM	Community	Mixed Format	.050	Wythenshawe	SJ 827 871
97.2	Youghal, Co Cork	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	.500	Youghal	
97.2	Gort, County Galway	Galway Bay FM	Irish Ind	Adult, Talk	.050	Gort	
97.2	Tralee area, County Kerry	Radio Kerry	Irish Ind	Adult, Oldies, I&C, Talk	.500	Sliabh Mish	
97.2	Central Leitrim & NW Cavan	Shannonside 104 FM	Radio Kerry	Adult, Oldies, I&C, Talk	.400	Slieve Anierin	
97.3	Lothian and Fife	Forth 1	Bauer	Contemporary, 10s, 00s	6.900	Craigkelly	NT 233 872
97.3	Ilfracombe area, Devon	Heart South West	Global Radio	Pop Hits from 90s to present	.100	Ilfracombe	SS 507 465
97.3	London area	LBC	Global Radio	Talk	4.000	Croydon	TQ 332 696
97.3	Taunton	Apple FM	Community	Mixed Format	.025	Musgrave Park Hospital	TQ 215 241
97.3	Blaenau Gwent	BGFM	Community	Mixed Format	.050	Brynmaur	SO 190 123
97.3	Leicester	Kohinoor FM	Community	Asian	.048	Leicester	SK 610 043
97.3	Leek, Staffordshire	Moorlands Radio	Community	Mixed Format	.025	Leek - Stockwell Villas	SJ 985 568
97.3	S Kildare, E Laois, N Carlow	KFM	Irish Ind	Soft, Talk	5.000	Rossmore	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
97.4	Newport area	Capital (South Wales)	Communicorp	Contemporary	.500 Christchurch	ST 353 896
97.4	East & Central Northern Ireland	Cool FM	Bauer	Contemporary, 10s, 00s	3.200 Black Mountain	IJ 278 727
97.4	Southwold area, Suffolk	Greatest Hits Radio	Bauer	Oldies	.240 Blythburgh	TM 453 752
97.4	Great Yarmouth	Greatest Hits Radio	Bauer	Oldies	.050 Great Yarmouth	TG 520 076
97.4	Stamford area, Lincs	Greatest Hits Radio	Bauer	Oldies	.025 New Stamford College	TF 035 078
97.4	N Dorset, SW Wilts, SE Somerset	Greatest Hits Radio	Bauer	Oldies	.125 Shaftesbury	ST 864 235
97.4	Haverhill, Suffolk	Heart East	Global Radio	Pop Hits from 90s to present	.100 Haverhill	TL 662 449
97.4	Newmarket, Suffolk	Heart East	Global Radio	Pop Hits from 90s to present	.004 Icwel Hill	TL 640 635
97.4	Banbury & Brackley area	Heart South	Global Radio	Pop Hits from 90s to present	.300 Farthinghoe	SP 532 387
97.4	West, South & Central Lancs	Hits Radio (Lancashire)	Bauer	Contemporary, 10s, 00s	2.000 Winter Hill	SD 660 144
97.4	Sheffield	Hits Radio (South Yorkshire)	Bauer	Contemporary, 10s, 00s	.400 Tipton Hill, Sheffield	SK 324 870
97.4	Inverness & Moray Firth area	Moray Firth Radio (Inverness)	Bauer	Contemporary, 10s, 00s	10.000 Mouteagle	NH 639 580
97.4	Cardigan, Newcastle Emlyn <i>Close</i>	Nation Radio (Wales)	Nation	Oldies, Adult	.400 Penwaun	SN 154 442
97.4	Canterbury	Canterbury Student Radio	Community	New Music	.025 Eliot College	TR 141 596
97.4	Scarborough	Coast and County Radio	Community	Mixed Format	.050 Oliver's Mount B	TA 040 870
97.4	Dunoon, Argyll	Dunoon Community Radio	Community	Mixed Format	.025 Dunoon	NS 173 765
97.4	North County Cork	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	4.000 Bweeng	
97.4	Cobin & Monkstown, Co Cork	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	.500 Carrigaline	
97.4	East County Galway	Galway Bay FM	Irish Ind	Adult, Talk	2.000 Redmount Hill	
97.4	Connemara, County Galway	Galway Bay FM	Irish Ind	Adult, Talk	1.000 Seanafaistin	
97.4	Balbriggan, North Co Dublin	98FM	Bauer (Ireland)	Adult	.100 Strifeland	
97.5	Carmarthen	Radio Carmarthenshire	Nation	Adult, Oldies	.020 Carmarthen	SN 412 213
97.5	Llanelli	Radio Carmarthenshire	Nation	Adult, Oldies	.200 Llanelli	SN 510 023
97.5	Girvan, Ayrshire	Clyde 1	Bauer	Contemporary, 10s, 00s	.150 Girvan	NX 211 981
97.5	Southend, Essex	Heart East	Global Radio	Pop Hits from 90s to present	.100 Southend Telephone Exch	TQ 874 859
97.5	Portsmouth area	Heart South	Global Radio	Pop Hits from 90s to present	.850 Fort Widley	SU 657 065
97.5	Horsham	Heart South	Global Radio	Pop Hits from 90s to present	.030 Horsham	TQ 176 307
97.5	Pitlochry & Aberfeldy, Perthshire	Heartland FM	Independent	Mixed Music	.115 Faire Mhor	NN 993 583
97.5	Bradford area	Hits Radio (West Yorkshire)	Bauer	Contemporary, 10s, 00s	.500 Idle	SE 163 374
97.5	Tyneside, N Durham, S Nthmb	Smooth Radio (North East)	Communicorp	Oldies, Easy Listening	9.000 Burnhope	NZ 184 474
97.5	Nottingham	Kemet Radio	Community	Rhythmic Music	.025 Nottingham	SK 560 407
97.5	Marlow, Bucks	Marlow FM	Community	Mixed Format	.025 Marlow	SU 859 858
97.5	Ferndale, South Wales	Rhondda Community Radio	Community	Mixed Format	.025 Ferndale Shooting Club	ST 007 970
97.5	Midsomer Norton, Somerset	Somer Valley FM	Community	Mixed Format	.050 Clandown	ST 681 563
97.5	Carrickmacross & Kingscourt	Northern Sound	Radio Kerry	Adult, Oldies, I&C, Talk	.200 Carrickmacross	
97.5	East County Waterford	WLR FM	Irish Ind	Adult, Oldies, Talk	10.000 Carrickpherish	
97.5	Ballymacarbry, NE Waterford	WLR FM	Irish Ind	Adult, Oldies, Talk	.020 Ballymacarbry	
97.6	Folkestone area	Radio Kent	BBC	Mixed Format	.100 Folkestone	TR 229 382
97.6	West Lothian	Forth 1	Bauer	Contemporary, 10s, 00s	.100 Black Hill	NS 828 647
97.6	Scunthorpe area	Greatest Hits Radio	Bauer	Oldies	.025 Trent View Flats	SE 882 092
97.6	NW & C Herts, S Beds, E Bucks	Heart East	Global Radio	Pop Hits from 90s to present	1.000 Zouches Farm	TL 044 210
97.6	Herefordshire	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	.800 Ridge Hill	SO 630 333
97.6	Aberdeen	Northsound One	Bauer	Contemporary, 10s, 00s	.025 Balgownie	NJ 927 104
97.6	Ballycastle, Northern Ireland	Q Radio	Northern Media	Adult	.031 Drumeeny	ID 124 396
97.6	North and East County Kildare	KFM	Irish Ind	Soft, Talk	4.000 Slieve Thule	
97.6	North County Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	2.000 Knockanore	
97.6	Dingle, County Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	.400 Lispolo	
97.6	South West County Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	5.000 Keeper Hill	
97.7	N Cumbria & S W Scotland	Radio 1	BBC	New Music, Contemporary	250.000 Sandale	NY 266 398
97.7	Devon and East Cornwall	Radio 1	BBC	New Music, Contemporary	160.000 North Hessary Tor	SX 578 742
97.7	North East Essex & South Suffolk	Radio 1	BBC	New Music, Contemporary	5.000 Manningtree	TM 123 295
97.7	North Uist	Radio 1	BBC	New Music, Contemporary	2.000 Cletraval	NF 751 716
97.7	West Surrey and NE Hampshire	Radio 1	BBC	New Music, Contemporary	4.000 Guildford	SU 975 486
97.7	Hastings	Radio 1	BBC	New Music, Contemporary	.500 Hastings	TQ 807 100
97.7	North Islay	Radio 1	BBC	New Music, Contemporary	.080 Bowmore	NR 318 590
97.7	Deiniolen & Llanberis, Gwynedd	Radio 1	BBC	New Music, Contemporary	.050 Deiniolen	SH 576 621
97.7	Grantham, Lincolnshire	Radio 1	BBC	New Music, Contemporary	.050 Grantham	SK 905 337
97.7	Ballachulish, Highland	Radio 1	BBC	New Music, Contemporary	.025 Ballachulish	NN 059 593
97.7	Cirencester	Radio 1	BBC	New Music, Contemporary	.010 Cirencester Town	SP 023 021
97.7	Portree, Skye	Radio 1	BBC	New Music, Contemporary	.010 Penifler	NG 489 417
97.7	Ffestiniog area, Gwynedd	Radio 1	BBC	New Music, Contemporary	.182 Ffestiniog	SH 709 392
97.7	Mallaig, Highland	Radio 1	BBC	New Music, Contemporary	.014 Mallaig	NM 676 965
97.7	Llanidloes, Powys	Radio 1	BBC	New Music, Contemporary	.005 Llanidloes	SN 948 844
97.7	Greater Manchester	Radio X	Global Radio	Modern Rock	1.000 Sunley Building	SJ 844 983
97.7	Stocksbridge, South Yorks	Penistone Community Radio	Community	Mixed Format	.025 Wortley	SK 308 994
97.7	Dundalk	Dundalk FM	Irish Community	Mixed Format	.025 Dundalk	
97.8	Burnley & Colne Valley, Lancs	Radio 1	BBC	New Music, Contemporary	1.000 Pendle Forest	SD 825 384
97.8	Moray	Radio 1	BBC	New Music, Contemporary	.500 Knock More	NJ 321 497
97.8	Nailsworth & Stroud, Gloucs	Radio 1	BBC	New Music, Contemporary	.100 Nailsworth	ST 849 990
97.8	Newbury & West Berkshire	Radio 1	BBC	New Music, Contemporary	.100 Newbury	SU 494 687
97.8	Calne, Wiltshire	Radio 1	BBC	New Music, Contemporary	.032 Calne	ST 997 699
97.8	Vale of Neath, South Wales	Radio 1	BBC	New Music, Contemporary	.010 Rheola	SN 841 061
97.8	Betws-y-Coed, Llanrwst, N Wales	Radio 1	BBC	New Music, Contemporary	.010 Betws-y-Coed	SH 825 582
97.8	Croydon and South London	Croydon FM	Community	Rhythmic Music	.053 Croydon	TQ 332 696
97.8	Basildon, Essex	Gateway FM	Community	Mixed Format	.200 Basildon University Hosp	TQ 701 873
97.8	Brighton	Gaydio	Community	LGBTQ+	.050 Brighton Race Course	TQ 330 050
97.8	Leeds	LDC Radio	Community	Dance Music	.100 Leeds Birnsall Grange	SE 270 335
97.8	North West Ireland	Lyric FM	RTE	Classical, Jazz	125.000 Truskmore	
97.8	South East County Cork	Lyric FM	RTE	Classical, Jazz	3.000 Crosshaven	
97.8	Zeeland, Netherlands (4)	NOS Radio 2	NOS	Dutch Adult, Oldies, Easy	50.000 Philippine, Netherlands	
97.8	West Bretagne, France (3)	France Culture	Radio France	French Talk	170.000 Brest, France	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
97.9	Midlands	Radio 1	BBC	New Music, Contemporary	109.900 Sutton Coldfield	SK 113 003
97.9	Shetland Islands	Radio 1	BBC	New Music, Contemporary	43.000 Bressay	HU 503 387
97.9	Dundee, Angus and North Fife	Radio 1	BBC	New Music, Contemporary	17.000 Forfar	NO 482 409
97.9	Barmouth area, Gwynedd	Radio 1	BBC	New Music, Contemporary	.250 Llwyn Onn	SH 625 175
97.9	Ness of Lewis	Radio 1	BBC	New Music, Contemporary	.200 Ness of Lewis	NB 533 603
97.9	Patna & Dalmellington, Ayrshire	Radio 1	BBC	New Music, Contemporary	.200 Lethanhill	NS 438 105
97.9	Ullapool, Highland	Radio 1	BBC	New Music, Contemporary	.050 Ullapool	NH 142 935
97.9	Trowbridge area, Wiltshire	Radio 1	BBC	New Music, Contemporary	.050 Westwood	ST 817 598
97.9	Windermere & Ambleside, Cmb	Radio 1	BBC	New Music, Contemporary	.064 Windermere	SD 383 980
97.9	Dumbarton & Alexandria	Radio 1	BBC	New Music, Contemporary	.050 Millburn Muir	NS 378 796
97.9	Warrenpoint, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.032 Rostrevor Forest	IJ 189 176
97.9	Wensleydale, North Yorks	Radio 1	BBC	New Music, Contemporary	.100 Wensleydale	SD 992 907
97.9	South West County Cork	Lyric FM	RTE	Classical, Jazz	3.000 Castletownbere	
97.9	NE Donegal & North N Ireland	Lyric FM	RTE	Classical, Jazz	1.000 Moville	
97.9	SE Tipperary & N Waterford	Lyric FM	RTE	Classical, Jazz	1.000 Clonmel	
97.9	Waterford City	Lyric FM	RTE	Classical, Jazz	.100 Waterford	
98.0	Isle of Man	Radio 1	BBC	New Music, Contemporary	11.000 Douglas	SC 373 746
98.0	Carmarthenshire	Radio 1	BBC	New Music, Contemporary	3.000 Carmel	SN 576 153
98.0	Campbeltown, Argyll	Radio 1	BBC	New Music, Contemporary	.400 Campbeltown	NR 707 172
98.0	Colwyn Bay area, North Wales	Radio 1	BBC	New Music, Contemporary	.100 Penmaen Rhos	SH 877 779
98.0	Otley & Ilkley area, W Yorks	Radio 1	BBC	New Music, Contemporary	.064 Wharfedale	SE 198 485
98.0	Hebden Bridge, West Yorks	Radio 1	BBC	New Music, Contemporary	.025 Hebden Bridge	SD 988 267
98.0	Purley & Coulsdon, London	Radio 1	BBC	New Music, Contemporary	.025 Kenley	TQ 329 592
98.0	Ebbw Vale & Tredegar, S Wales	Radio 1	BBC	New Music, Contemporary	.030 Ebbw Vale	SO 159 088
98.0	Peebles, Border Region	Radio 1	BBC	New Music, Contemporary	.020 Peebles	NT 228 416
98.0	Porth area, South Wales	Radio 1	BBC	New Music, Contemporary	.010 Porth	ST 029 919
98.0	Walsden, West Yorkshire	Radio 1	BBC	New Music, Contemporary	.010 Walsden South	SD 937 215
98.0	High Wycombe area	Three Counties Radio (Bucks)	BBC	Mixed Format	.181 High Wycombe	SU 856 942
98.0	Brentwood, Essex	Phoenix FM	Community	Mixed Format	.052 Brentwood Gibraltar H	TQ 593 918
98.0	Bristol	Ujima Radio	Community	Rhythmic Music	.025 Bristol	ST 603 740
98.0	Casla, Galway	Lyric FM	RTE	Classical, Jazz	2.000 Casla	
98.0	Mid Kerry	Lyric FM	RTE	Classical, Jazz	1.000 Knockmoyle	
98.0	Nord Pas de Calais, France (1)	France Culture	Radio France	French Talk	400.000 Lille, France	
98.1	North East England	Radio 1	BBC	New Music, Contemporary	134.000 Pontop Pike	NZ 147 527
98.1	Skye, Harris, East N & S Uist	Radio 1	BBC	New Music, Contemporary	30.000 Skriag	NG 451 408
98.1	North Devon	Radio 1	BBC	New Music, Contemporary	1.000 Barnstaple	SS 502 289
98.1	Largs, Rothesay, Clyde Mouth	Radio 1	BBC	New Music, Contemporary	.570 Rothesay	NS 125 691
98.1	Plymouth	Radio 1	BBC	New Music, Contemporary	.040 Plympton	SX 531 555
98.1	Bradford	Radio 1	BBC	New Music, Contemporary	.010 Idle	SE 163 374
98.1	Blaenavon & Abersychan	Radio 1	BBC	New Music, Contemporary	.010 Blaenavon	SO 277 063
98.1	Cwmafan, South Wales	Radio 1	BBC	New Music, Contemporary	.010 Cwmafan	SS 798 936
98.1	Barry, South Wales	Bro Radio	Community	Mixed Format	.025 Barry Avberry House	ST 110 687
98.1	West County Waterford	Lyric FM	RTE	Classical, Jazz	3.000 Dungarvan	
98.1	Dublin Region	98FM	Bauer (Ireland)	Adult	5.000 Three Rock	
98.2	Central Southern England	Radio 1	BBC	New Music, Contemporary	250.000 Rowridge	SZ 447 865
98.2	Milton Keynes and West Beds	Radio 1	BBC	New Music, Contemporary	10.000 Bow Brickhill	SP 914 342
98.2	Herefordshire & NE Gloucs	Radio 1	BBC	New Music, Contemporary	10.000 Ridge Hill	SO 630 333
98.2	West, South & Central Lancs	Radio 1	BBC	New Music, Contemporary	4.000 Winter Hill	SD 660 144
98.2	Fort Augustus area, Highland	Radio 1	BBC	New Music, Contemporary	1.000 Fort Augustus	NH 361 049
98.2	Penicuik, Lothian	Radio 1	BBC	New Music, Contemporary	.200 Penicuik	NT 229 597
98.2	Berwick- upon- Tweed	Radio 1	BBC	New Music, Contemporary	.050 Berwick- upon- Tweed	NT 980 547
98.2	Llangeinor, Pontycymer, M Gm	Radio 1	BBC	New Music, Contemporary	.010 Llangeinor	SS 905 886
98.2	Mitchelstown, County Cork	Lyric FM	RTE	Classical, Jazz	.100 Mitchelstown	
98.3	Ceredigion & SW Gwynedd	Radio 1	BBC	New Music, Contemporary	250.000 Blaenplwyf	SN 569 756
98.3	Aberdeenshire	Radio 1	BBC	New Music, Contemporary	150.000 Meldrum	NJ 760 329
98.3	Derry area	Radio 1	BBC	New Music, Contemporary	31.000 Londonderry	IC 404 176
98.3	Lincolnshire & E Yorkshire	Radio 1	BBC	New Music, Contemporary	16.000 Belmont	TF 217 837
98.3	South East Northern Ireland	Radio 1	BBC	New Music, Contemporary	4.000 Camlough	IJ 055 246
98.3	South West Stirlingshire	Radio 1	BBC	New Music, Contemporary	1.000 Ben Gullipen	NN 598 045
98.3	Folkestone area	Radio 1	BBC	New Music, Contemporary	.100 Folkestone	TR 229 382
98.3	West Halifax	Radio 1	BBC	New Music, Contemporary	.084 Luddenden	SE 048 248
98.3	Okehampton, Devon	Radio 1	BBC	New Music, Contemporary	.070 Okehampton	SX 586 967
98.3	Abergavenny & Usk Valley	Radio 1	BBC	New Music, Contemporary	.040 Abergavenny	SO 244 126
98.3	Kirkconnel & Sanquhar, D & G	Radio 1	BBC	New Music, Contemporary	.040 Kirkconnel	NS 746 150
98.3	Wigtown Bay area, D & G	Radio 1	BBC	New Music, Contemporary	.064 Cambret Hill	NX 524 578
98.3	Corran and Onich, Highland	Radio 1	BBC	New Music, Contemporary	.050 Ardgour	NM 989 626
98.3	Bantry, SW County Cork	Lyric FM	RTE	Classical, Jazz	1.000 Bantry	
98.3	Dunquin, Kerry	Lyric FM	RTE	Classical, Jazz	.050 Maamclassach	
98.3	Cork City	UCC 98.3	Irish Student	New Music	.400 Farmer's Cross	
98.3	East Bretagne, France (3)	France Culture	Radio France	French Talk	100.000 Rennes, France	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
98.4	Torbay	Radio 1	BBC	New Music, Contemporary	.790 Beacon Hill	SX 857 620
98.4	Bodmin area, Cornwall	Radio 1	BBC	New Music, Contemporary	.200 Penalgion Downs	SX 026 683
98.4	West Berkshire & East Wilts	Radio 1	BBC	New Music, Contemporary	.125 Membury	SU 307 763
98.4	Ballycastle, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.100 Ballycastle	ID 077 423
98.4	Isles of Scilly	Radio 1	BBC	New Music, Contemporary	.060 Isles of Scilly	SV 911 124
98.4	Newtownabbey, N Ireland	Radio 1	BBC	New Music, Contemporary	.020 Carrmoney Hill	IJ 336 829
98.4	Chippenham, Wiltshire	Radio 1	BBC	New Music, Contemporary	.010 Chippenham	ST 914 751
98.4	Strachur & Inveraray, Strathclyde	Radio 1	BBC	New Music, Contemporary	.018 Strachur	NN 094 027
98.4	Rhondda Valley, South Wales	Radio 1	BBC	New Music, Contemporary	.006 Ton Pentre	SS 960 955
98.4	Ramsay, Isle of Man	Energy FM	Independent	Contemporary	.040 Ramsay	SC 449 945
98.4	Belper, Amber Valley, Derbys	Amber Sound	Community	Mixed Format	.025 Belper King Street	SK 350 475
98.4	St Athan and Roose, South Wales	Bro Radio	Community	Mixed Format	.050 St Athan Community Cent	ST 013 679
98.4	Barrhead, Nr Glasgow <i>Off Air</i>	Pulse FM	Community	Mixed Format	.025 St Luke's School, Barrhead	NS 506 577
98.4	West Ireland	Lyric FM	RTE	Classical, Jazz	160.000 Maghera	
98.4	Falcarragh, Donegal	Lyric FM	RTE	Classical, Jazz	.150 Magheroarty	
98.5	NE Wales, Merseyside, Cheshire	Radio 1	BBC	New Music, Contemporary	16.000 Liangollen	SJ 209 488
98.5	London area	Radio 1	BBC	New Music, Contemporary	4.000 Crystal Palace	TQ 339 712
98.5	Oban area, Highland	Radio 1	BBC	New Music, Contemporary	5.000 Oban	NM 850 290
98.5	Keighley area, West Yorks	Radio 1	BBC	New Music, Contemporary	1.000 Keighley	SE 069 444
98.5	Cambridge area	Radio 1	BBC	New Music, Contemporary	.260 Madingley, Cambridge	TL 392 594
98.5	Girvan, Ayrshire	Radio 1	BBC	New Music, Contemporary	.100 Girvan	NX 211 981
98.5	Todmorden, West Yorks	Radio 1	BBC	New Music, Contemporary	.100 Todmorden	SD 957 241
98.5	Northampton	Radio 1	BBC	New Music, Contemporary	.124 Northampton	SP 760 647
98.5	Chard, Somerset	Radio 1	BBC	New Music, Contemporary	.033 Chard	ST 358 086
98.5	Swansea Valley, South Wales	Radio 1	BBC	New Music, Contemporary	.048 Varteg Hill	SN 776 077
98.5	Carmarthen	Radio 1	BBC	New Music, Contemporary	.007 Carmarthen	SN 412 213
98.5	Brecon, Powys	Radio 1	BBC	New Music, Contemporary	.010 Brecon	SO 030 299
98.5	Edinburgh	BFBS (Edinburgh)	Community	Contemp/Adult (for Army)	.020 Edinburgh Garrison	NT 227 683
98.5	County Monaghan	Lyric FM	RTE	Classical, Jazz	2.500 Monaghan	
98.5	North Inishowen	Lyric FM	RTE	Classical, Jazz	2.000 Malin	
98.5	Boulogne, France (5)	Transat FM	France	French	Boulogne, France	
98.6	Teesside, S Durham, N Yorks	Radio 1	BBC	New Music, Contemporary	5.000 Bilsdale	SE 553 962
98.6	Perth area	Radio 1	BBC	New Music, Contemporary	.964 Kirkton Mailer	NO 102 210
98.6	Chesterfield	Radio 1	BBC	New Music, Contemporary	.400 Chesterfield	SK 383 764
98.6	Swindon area	Radio 1	BBC	New Music, Contemporary	.200 Blunsdon	SU 143 900
98.6	South Islay	Radio 1	BBC	New Music, Contemporary	.065 Port Ellen	NR 338 452
98.6	Kendal, Cumbria	Radio 1	BBC	New Music, Contemporary	.100 Kendal	SD 540 912
98.6	Bath	Radio 1	BBC	New Music, Contemporary	.082 Bath	ST 769 654
98.6	Gloucester & Cheltenham	Radio 1	BBC	New Music, Contemporary	.072 Churchdown Hill	SO 880 188
98.6	Exeter	Radio 1	BBC	New Music, Contemporary	.055 St Thomas	SX 898 922
98.6	Abertillery, South Wales	Radio 1	BBC	New Music, Contemporary	.010 Abertillery	SO 244 023
98.6	Croeserw, South Wales	Radio 1	BBC	New Music, Contemporary	.010 Croeserw	SS 858 952
98.6	Minehead, Somerset	Radio 1	BBC	New Music, Contemporary	.010 Minehead	SS 966 452
98.6	Portsmouth & Havant, Hampshire	Angel Radio	Community	Nostalgia	.200 Fort Widley	SU 657 065
98.6	South and East IOM	Energy FM	Independent	Contemporary	2.000 Carnane	SC 372 746
98.6	Hillfields Coventry	Hillz FM	Community	Mixed Format, Rhythmic	.050 Coventry Pioneer House	SP 341 797
98.6	Mid Tipperary	Lyric FM	RTE	Classical, Jazz	3.000 Suir Valley	
98.6	Kinsale, Cork	Lyric FM	RTE	Classical, Jazz	.010 Kinsale	
98.6	Flanders, Belgium (6)	VRT Radio 2 (East Flanders)	VRT	Flemish	50.000 Egem, Belgium	
98.7	Border Region	Radio 1	BBC	New Music, Contemporary	50.000 Ashkirk	NT 470 244
98.7	E Lewis, N Skye & W Highland	Radio 1	BBC	New Music, Contemporary	50.000 Melvaig	NG 757 900
98.7	Central Powys	Radio 1	BBC	New Music, Contemporary	2.800 Llandrindod Wells	SO 018 635
98.7	West Dorset	Radio 1	BBC	New Music, Contemporary	.200 Bridport	SY 453 915
98.7	Frome, Somerset	Radio 1	BBC	New Music, Contemporary	.060 Egford Hill	ST 764 481
98.7	Conwy & Llandudno, N Wales	Radio 1	BBC	New Music, Contemporary	.050 Conwy	SH 781 765
98.7	West Kilbride area, Ayrshire	Radio 1	BBC	New Music, Contemporary	.050 West Kilbride	NS 215 483
98.7	Larne, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.100 Larne	ID 395 037
98.7	Llanfyllin, Powys	Radio 1	BBC	New Music, Contemporary	.008 Llanfyllin	SJ 151 181
98.7	Combe Martin, Devon	Radio 1	BBC	New Music, Contemporary	.004 Combe Martin	SS 582 462
98.7	Kingussie, Highland	Radio 1	BBC	New Music, Contemporary	.035 Kingussie	NN 769 985
98.7	Cardiff	Radio Cardiff	Community	Rhythmic Music	.025 Butetown	ST 187 752
98.7	East Ireland	Lyric FM	RTE	Classical, Jazz	50.000 Kippure	
98.7	Dingle Peninsula, County Kerry	Lyric FM	RTE	Classical, Jazz	.030 Ballydavid	
98.8	London & South East England	Radio 1	BBC	New Music, Contemporary	250.000 Wrotham	TQ 595 604
98.8	Chalford & Stroud, Gloucs	Radio 1	BBC	New Music, Contemporary	.100 Chalford	SO 883 017
98.8	Pontypool & Cwmbran, S Wales	Radio 1	BBC	New Music, Contemporary	.050 Pontypool	ST 284 990
98.8	Aberdare area, South Wales	Radio 1	BBC	New Music, Contemporary	.042 Aberdare	SO 034 013
98.8	Greenock & Firth of Clyde	Radio 1	BBC	New Music, Contemporary	.050 Rosneath	NS 258 811
98.8	Ogmore Vale, South Wales	Radio 1	BBC	New Music, Contemporary	.010 Ogmore Vale	SS 929 894
98.8	Pitlochry & Aberfeldy, Perthshire	Radio 1	BBC	New Music, Contemporary	.500 Pitlochry	NN 923 565
98.8	Dartford Tunnel, Kent-Essex	Radio 1	BBC	New Music, Contemporary	Dartford Tunnel	TQ 571 769
98.8	Newcastle-upon-Tyne	Spice FM	Community	Asian	.025 West Road, Newcastle	NZ 221 646
98.8	East Donegal	Lyric FM	RTE	Classical, Jazz	6.000 Holywell Hill	
98.8	Cork City and East County Cork	Lyric FM	RTE	Classical, Jazz	5.000 Spur Hill	
98.8	North Kerry	Lyric FM	RTE	Classical, Jazz	1.000 Knockanore	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
98.9	North West and Yorkshire	Radio 1	BBC	New Music, Contemporary	250.000 Holme Moss	SE 095 041
98.9	Orkney Islands	Radio 1	BBC	New Music, Contemporary	41.000 Keelyleang Hill	HY 378 102
98.9	Pembrokeshire	Radio 1	BBC	New Music, Contemporary	20.000 Haverfordwest	SN 028 261
98.9	South Uist	Radio 1	BBC	New Music, Contemporary	1.000 Daliburgh	NF 736 216
98.9	Bristol	Radio 1	BBC	New Music, Contemporary	1.300 Ilchester Crescent	ST 577 700
98.9	Crieff area, Perthshire	Radio 1	BBC	New Music, Contemporary	.125 Crieff	NN 814 200
98.9	Rhymney area, South Wales	Radio 1	BBC	New Music, Contemporary	.020 Rhymney	SO 127 042
98.9	Fort William area, Highland	Radio 1	BBC	New Music, Contemporary	4.000 Fort William	NN 117 772
98.9	S Kapdale, E Islay, Jura	Radio 1	BBC	New Music, Contemporary	2.200 South Knapdale	NR 837 748
98.9	Ferndown area, Dorset	Forest FM	Community	Mixed Format		
98.9	Central Mayo	Lyric FM	RTE	Classical, Jazz	3.000 Castlebar	
98.9	Athlone	Lyric FM	RTE	Classical, Jazz	.020 Athlone	
98.9	West Netherlands (4)	NOS Radio 1	NOS	Dutch News, Talk	100.000 Lopik, Netherlands	
99.0	Fermanagh and South Tyrone	Radio 1	BBC	New Music, Contemporary	9.800 Brougher Mountain	IH 350 527
99.0	South East Aberdeenshire	Radio 1	BBC	New Music, Contemporary	2.100 Durris	NO 763 897
99.0	Porthmadog area, Gwynedd	Radio 1	BBC	New Music, Contemporary	.100 Llandecwyn	SH 644 371
99.0	Hexham & Tyne Valley, Nthmb	Radio 1	BBC	New Music, Contemporary	.100 Newton	NZ 036 653
99.0	Teignmouth area, Devon	Radio 1	BBC	New Music, Contemporary	.100 Holcombe Down	SX 934 752
99.0	Weston-super-mare, Somerset	Radio 1	BBC	New Music, Contemporary	.040 Hutton	ST 361 588
99.0	Machynlleth, Powys	Radio 1	BBC	New Music, Contemporary	.120 Machynlleth	SH 723 003
99.0	Kilkeel, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.200 Kilkeel	IJ 281 180
99.0	Ventnor, Isle of Wight	Radio 1	BBC	New Music, Contemporary	.050 Ventnor	SZ 567 783
99.0	Alderney	Radio Guernsey	BBC	Mixed Format	.025 Fort Albert	CI 868 805
99.0	Limerick city	Lyric FM	RTE	Classical, Jazz	2.500 Woodcock H, Limerick	
99.0	Fermoy & Mitchelstown, Cork	Lyric FM	RTE	Classical, Jazz	.050 Fermoy	
99.0	Dunkerque, France (6)	France Info	Radio France	French News	1.000 Dunkerque, France	
99.1	Oxon, Bucks, Berks, S Midlands	Radio 1	BBC	New Music, Contemporary	46.000 Oxford	SP 567 105
99.1	Ayrshire	Radio 1	BBC	New Music, Contemporary	10.000 Darvel	NS 557 341
99.1	Tobermory area, Highland	Radio 1	BBC	New Music, Contemporary	5.000 Glengorm	NM 465 565
99.1	Swansea area	Radio 1	BBC	New Music, Contemporary	.926 Kilvey Hill	SS 672 940
99.1	South Devon	Radio 1	BBC	New Music, Contemporary	.200 Salcombe	SX 753 398
99.1	Axminster & Seaton, Devon	Radio 1	BBC	New Music, Contemporary	.080 Axe Valley	SY 283 945
99.1	Innerleithen, Border	Radio 1	BBC	New Music, Contemporary	.020 Innerleithen	NT 325 368
99.1	Darwen, Lancashire	Radio 1	BBC	New Music, Contemporary	.010 Darwen	SD 708 223
99.1	Newbridge area, South Wales	Radio 1	BBC	New Music, Contemporary	.005 Pennar	ST 209 958
99.1	West County Galway	Lyric FM	RTE	Classical, Jazz	3.000 Clifden	
99.1	West Kerry	Lyric FM	RTE	Classical, Jazz	3.000 Kilkeeveragh	
99.1	North East Wicklow	Lyric FM	RTE	Classical, Jazz	1.000 Greystones	
99.2	Inverness & Moray Firth area	Radio 1	BBC	New Music, Contemporary	20.000 Rosemarkie	NH 762 623
99.2	North Northern Ireland	Radio 1	BBC	New Music, Contemporary	3.400 Limavady	IC 711 296
99.2	Tiverton, Devon	Radio 1	BBC	New Music, Contemporary	.300 Gogwell	SS 967 111
99.2	Bexhill, East Sussex	Radio 1	BBC	New Music, Contemporary	.012 Bexhill	TQ 744 080
99.2	Whitby, North Yorkshire	Radio 1	BBC	New Music, Contemporary	.100 Whitby	NZ 904 113
99.2	Blairgowrie & Rattray, Perthshire	Radio 1	BBC	New Music, Contemporary	.032 Rosemount	NO 203 435
99.2	Ferndale, South Wales	Radio 1	BBC	New Music, Contemporary	.010 Ferndale	ST 006 970
99.2	Llyswen area, Powys	Radio 1	BBC	New Music, Contemporary	.010 Llyswen	SO 137 361
99.2	Whalley, Lancashire	Radio 1	BBC	New Music, Contemporary	.010 Whalley	SD 729 352
99.2	Ludlow, Shropshire	Radio 1	BBC	New Music, Contemporary	.010 Ludlow	SO 498 741
99.2	Keswick, Cumbria	Radio 1	BBC	New Music, Contemporary	.060 Keswick Forest	NY 223 244
99.2	Welshpool, Powys	Radio 1	BBC	New Music, Contemporary	.048 Long Mountain	SJ 265 057
99.2	South East Ireland	Lyric FM	RTE	Classical, Jazz	200.000 Mount Leinster	
99.2	West Donegal	Lyric FM	RTE	Classical, Jazz	3.000 Aranmore	
99.2	Calais, France (6)	RTL 2	France	French Dance	1.000 Calais, France	
99.3	Norfolk and Suffolk	Radio 1	BBC	New Music, Contemporary	250.000 Tacolneston	TM 131 958
99.3	West Cornwall	Radio 1	BBC	New Music, Contemporary	17.600 Redruth	SW 690 394
99.3	Lampeter & Teifi Valley, Ceredigion	Radio 1	BBC	New Music, Contemporary	.400 Mynydd Pencarreg	SN 577 430
99.3	Eyemouth and Border coast	Radio 1	BBC	New Music, Contemporary	.100 Eyemouth	NT 947 599
99.3	Whitehaven area, Cumbria	Radio 1	BBC	New Music, Contemporary	.100 Whitehaven	NX 992 123
99.3	Upper Tame Valley, Gt Manco	Radio 1	BBC	New Music, Contemporary	.095 Saddleworth	SD 987 050
99.3	Weardale, County Durham	Radio 1	BBC	New Music, Contemporary	.180 Weardale	NZ 025 384
99.3	Newhaven & Seaford, Sussex	Radio 1	BBC	New Music, Contemporary	.100 Newhaven	TQ 435 006
99.3	Lyme Regis, Dorset	Radio 1	BBC	New Music, Contemporary	.050 Lyme Regis	SY 345 935
99.3	Stranraer, D & G	Radio 1	BBC	New Music, Contemporary	.031 Stranraer	NX 111 632
99.3	Leatherhead area, Surrey	Radio 1	BBC	New Music, Contemporary	.025 Mickleham	TQ 163 538
99.3	Barnoldswick area, Lancs	Radio 1	BBC	New Music, Contemporary	.020 Barnoldswick	SD 897 490
99.3	Cornholme, West Yorkshire	Radio 1	BBC	New Music, Contemporary	.020 Cornholme	SD 918 264
99.3	Caterham, Surrey	Radio 1	BBC	New Music, Contemporary	.015 Caterham	TQ 343 557
99.3	Kinlochleven, Highland	Radio 1	BBC	New Music, Contemporary	.010 Kinlochleven	NN 178 630
99.3	Epping, Essex	Forest Gold Radio	Hospital RSL	Mixed Format	1.0E-03 St Margaret's Hospital	TL 468 028
99.3	Ballybofey, Donegal	Lyric FM	RTE	Classical, Jazz	.500 Ballybofey	
99.3	Cork City	Lyric FM	RTE	Classical, Jazz	.050 Collins Barracks	
99.3	Lahinch, Clare	Lyric FM	RTE	Classical, Jazz	.100 Lahinch	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
99.4	Anglesey & North Wales Coast	Radio 1	BBC	New Music, Contemporary	21.000 Llanddona	SH 582 810
99.4	Isle of Lewis	Radio 1	BBC	New Music, Contemporary	2.000 Eitshal	NB 305 302
99.4	Reading	Radio 1	BBC	New Music, Contemporary	1.000 Hemdean	SU 710 762
99.4	Matlock & Bakewell, Derbys	Radio 1	BBC	New Music, Contemporary	1.200 Stanton Moor	SK 246 637
99.4	Leeds	Radio 1	BBC	New Music, Contemporary	.200 Beecroft Hill	SE 237 350
99.4	West Tyneside, Tyne & Wear	Radio 1	BBC	New Music, Contemporary	.042 Fenham	NZ 216 648
99.4	Llanrhaeadr ym Mochnant, Powys	Radio 1	BBC	New Music, Contemporary	.050 Llanrhaeadr ym Moch.	SJ 174 260
99.4	Salisbury, Wiltshire	Radio 1	BBC	New Music, Contemporary	.013 Salisbury	SU 136 285
99.4	Dartmouth area, Devon	Radio 1	BBC	New Music, Contemporary	.005 Kingswear	SX 887 511
99.4	Speyside, Highland	Radio 1	BBC	New Music, Contemporary	.720 Grantown	NJ 003 267
99.4	Walsall	Ambur Radio	Community	Asian	.100 Walsall Townend House	SP 011 987
99.4	Croydon and South London	Croydon FM	Community	Rhythmic Music		
99.4	Co Longford and North Midlands	Lyric FM	RTE	Classical, Jazz	20.000 Cairn Hill	
99.4	North Donegal	Lyric FM	RTE	Classical, Jazz	4.000 Fanad	
99.5	Central Scotland	Radio 1	BBC	New Music, Contemporary	250.000 Black Hill	NS 828 647
99.5	South Wales & West England	Radio 1	BBC	New Music, Contemporary	250.000 Wenvoe	ST 110 742
99.5	East Kent	Radio 1	BBC	New Music, Contemporary	11.000 Swingate	TR 334 429
99.5	Sheffield	Radio 1	BBC	New Music, Contemporary	.320 Tupton Hill, Sheffield	SK 324 870
99.5	Scarborough area, N Yorks	Radio 1	BBC	New Music, Contemporary	.250 Oliver's Mount	TA 040 869
99.5	Haslingden area, Lancs	Radio 1	BBC	New Music, Contemporary	.083 Haslingden	SD 795 236
99.5	Ivybridge, Devon	Radio 1	BBC	New Music, Contemporary	.050 Ivybridge	SX 631 538
99.5	North West Mayo	Lyric FM	RTE	Classical, Jazz	3.000 Achill	
99.6	South Cumbria & NW Lancs	Radio 1	BBC	New Music, Contemporary	10.000 Morecambe Bay	SD 239 791
99.6	Thirsk & Northallerton area	Radio 1	BBC	New Music, Contemporary	5.000 Woolmoor	SE 457 881
99.6	Weymouth, Dorset	Radio 1	BBC	New Music, Contemporary	.130 Weymouth	SY 663 779
99.6	Buxton, Derbyshire	Radio 1	BBC	New Music, Contemporary	.100 Buxton	SK 060 753
99.6	High Wycombe	Radio 1	BBC	New Music, Contemporary	.050 High Wycombe	SU 856 942
99.6	Coventry	Radio Panj	Community	Punjabi	.020 William Bachelor House	SP 334 796
99.6	Chingford, NE London	Scout Radio	RSL	Mixed Format	1.0E-03 Gilwell Park, Chingford	TQ 386 963
99.6	South West Ireland	Lyric FM	RTE	Classical, Jazz	160.000 Mullaghanish	
99.6	Basse Normandie, France (6)	France Inter	Radio France	French Mixed format	50.000 Caen, France	
99.7	East & Central Northern Ireland	Radio 1	BBC	New Music, Contemporary	123.600 Divis	IJ 286 750
99.7	Cambs, Beds, S Lincs, E Nthts	Radio 1	BBC	New Music, Contemporary	40.000 Peterborough	TL 127 913
99.7	Thurso & Wick area, Highland	Radio 1	BBC	New Music, Contemporary	10.000 Rumster Forest	ND 197 385
99.7	North Northumberland	Radio 1	BBC	New Music, Contemporary	5.600 Chatton	NU 105 264
99.7	Brighton and Worthing area	Radio 1	BBC	New Music, Contemporary	.600 Whitehawk Hill	TQ 330 045
99.7	Basingstoke	Radio 1	BBC	New Music, Contemporary	.020 Basingstoke	SU 643 479
99.7	Marlborough area, Wilts	Radio 1	BBC	New Music, Contemporary	.100 Marlborough	SU 209 688
99.7	Newcastle Emlyn area, Ceredigion	Radio 1	BBC	New Music, Contemporary	.088 Llanyfriog	SN 348 412
99.7	Dee Valley, Aberdeenshire	Radio 1	BBC	New Music, Contemporary	.042 Tullich	NO 379 984
99.7	Newtown, Powys	Radio 1	BBC	New Music, Contemporary	.036 Llandinam	SO 050 877
99.7	Dolgellau, Gwynedd	Radio 1	BBC	New Music, Contemporary	.016 Dolgellau	SH 727 185
99.7	Oldham	Oldham FM	Community	Mixed Format	.025 Oldham	SD 923 051
99.8	Hay on Wye area	Radio 1	BBC	New Music, Contemporary	.010 Clyro	SO 204 432
99.8	Burnley, Nelson and Colne	Capital (North West)	Global Radio	Contemporary	.750 Pendle Forest	SD 825 384
99.8	Hull area	Nation Radio (Hull)	Nation	Oldies	6.250 Humber Bridge North Pier	TA 025 253
99.8	Southampton	Awaaz FM	Community	Asian	.044 Midanbury	SU 447 142
99.8	Knowsley, Merseyside	KCC Live	Community	Mixed Format	.025 Knowsley	SJ 442 908
99.8	Aberdeen	SHMU FM	Community	Mixed Format	.025 Stewart Park Court	NJ 917 082
99.8	North County Tipperary	Raidio na Gaeltachta	RTE	Irish	3.000 Kilduff	
99.8	Zeeland, Netherlands (4)	NOS Radio 3	NOS	Dutch Contemporary	30.000 Goes, Netherlands	
99.9	N Cumbria & S W Scotland	Classic FM	Global Radio	Light Classical	250.000 Sandale	NY 266 398
99.9	Norwich area	Greatest Hits Radio	Bauer	Oldies	.500 Stoke Holy Cross	TG 258 026
99.9	Witney, Oxfordshire	WRFM	Community	Mixed Format	.015 Witney West	SP 334 105
99.9	North West Co Wicklow	East Coast Radio	Irish Ind	Adult, Talk	4.800 Saggart	
99.9	Limerick	Wired FM	Irish Student	New Music	.400 Meelick	
99.9	Boulogne and Calais, France (5)	France Culture	Radio France	French Talk	1.000 Boulogne, France	
100.0	Devon and East Cornwall	Classic FM	Global Radio	Light Classical	160.000 North Hessary Tor	SX 578 742
100.0	Dumbarton & Alexandria	Heart Scotland	Global Radio	Pop Hits from 90s to present	.100 Millburn Muir	NS 378 796
100.0	London area	Hits Radio	Bauer	Contemporary, 10s, 00s	2.000 Croydon	TQ 332 696
100.0	North West Ireland	Today FM	Bauer (Ireland)	Adult, Talk	250.000 Truskmore	
100.0	South East County Cork	Today FM	Bauer (Ireland)	Adult, Talk	6.000 Crosshaven	
100.0	Drogheda	Today FM	Bauer (Ireland)	Adult, Talk	.100 Drogheda	
100.1	Midlands	Classic FM	Global Radio	Light Classical	250.000 Sutton Coldfield	SK 113 003
100.1	Dundee, Angus and North Fife	Classic FM	Global Radio	Light Classical	10.625 Angus	NO 394 407
100.1	Kendal, Cumbria	Smooth Lakes	Global Radio	Oldies, Easy Listening	.200 Kendal	SD 540 912
100.1	Balbriggan, North Co Dublin	Radio Nova	Irish Ind	Classic Rock	.100 Strifeland	
100.1	NE Donegal & North N Ireland	Today FM	Bauer (Ireland)	Adult, Talk	2.000 Moville	
100.1	SE Tipperary & N Waterford	Today FM	Bauer (Ireland)	Adult, Talk	2.000 Clonmel	
100.1	Waterford City	Today FM	Bauer (Ireland)	Adult, Talk	.200 Waterford	
100.1	Haute Normandie, France (2)	France Bleu Haute Normandie	Radio France	French Oldies	115.000 Rouen, France	
100.1	Flanders, Belgium (6)	VRT Radio 2 (West Flanders)	VRT	Flemish	50.000 Egem, Belgium	
100.2	South and East Isle of Man	Classic FM	Global Radio	Light Classical	1.000 Douglas	SC 373 746
100.2	Bath	Classic FM	Global Radio	Light Classical	.200 Bath	ST 769 654
100.2	North East Essex	Greatest Hits Radio	Bauer	Oldies	2.000 Clacton	TM 183 163
100.2	Portadown, Northern Ireland	ABC	Community	Mixed Format	.025 Portadown	IJ 034 547
100.2	Llantwit Major area, South Wales	Bro Radio	Community	Mixed Format	.200 Llantwit Major Rugby Club	SS 972 687
100.2	Romney Marsh, Kent	Cinque Ports Radio	Community	Mixed Format	.025 Ivychurch	TR 022 277
100.2	Mountain Ash, South Wales	GTFM	Community	Mixed Format	.046 Mountain Ash GC	SO 038 003
100.2	Mid Kerry	Today FM	Bauer (Ireland)	Adult, Talk	2.000 Knockmoyle	

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100.3	Central Southern England	Classic FM	Global Radio	Light Classical	250.000	Rowridge	SZ 447 865
100.3	North East England	Classic FM	Global Radio	Light Classical	130.000	Pontop Pike	NZ 147 527
100.3	Bradford	Classic FM	Global Radio	Light Classical	.500	Idle	SE 163 374
100.3	Glasgow and Clydeside area	Heart Scotland	Global Radio	Pop Hits from 90s to present	20.000	Black Hill	NS 828 647
100.3	County Dublin and Meath	Radio Nova	Irish Ind	Classic Rock	5.000	Three Rock	
100.3	West County Waterford	Today FM	Bauer (Ireland)	Adult, Talk	6.000	Cappoquinn	
100.4	Milton Keynes and West Beds	Classic FM	Global Radio	Light Classical	10.000	Bow Brickhill	SP 914 342
100.4	Herefordshire & Gloucester	Classic FM	Global Radio	Light Classical	4.800	Ridge Hill	SO 630 333
100.4	Medway towns	KM-FM	Kent Messenger	Contemporary	.280	Gillingham	TQ 776 667
100.4	North West England	Smooth Radio (North West)	Communicorp	Oldies, Easy Listening	5.000	Winter Hill	SD 660 144
100.4	Redhill	Radio Redhill	Hospital RSL	Mixed Music		East Surrey Hospital	TQ 285 482
100.4	Calais, France (6)	Radio 6	France	French		Calais, France	
100.5	Aberdeenshire	Classic FM	Global Radio	Light Classical	150.000	Meldrum	NJ 760 329
100.5	Derry area	Classic FM	Global Radio	Light Classical	31.000	Londonderry	IC 404 176
100.5	Pembrokeshire, W Carmarthens	Classic FM	Global Radio	Light Classical	7.300	Preseli	SN 172 306
100.5	Lincolnshire	Classic FM	Global Radio	Light Classical	6.400	Belmont	TF 217 837
100.5	Totnes area, Devon	Heart South West	Global Radio	Pop Hits from 90s to present	.300	Totnes	SX 795 598
100.5	South East Northern Ireland	Q Radio	Northern Media	Adult	1.000	Camlough	IJ 055 246
100.5	Downpatrick, Northern Ireland	Q Radio	Northern Media	Adult	.200	Downpatrick NI Water	IJ 499 447
100.5	North Somerset	Digital Hits One	Community	Mixed Format	.200	Fry's Hill	ST 437 557
100.5	East Kildare, NW Wicklow	Radio Nova	Irish Ind	Classic Rock	.100	Saggart	
100.6	South, Central & West London	Classic FM	Global Radio	Light Classical	2.000	Crystal Palace	TQ 339 712
100.6	Halifax	Sunrise Radio (Yorkshire)	Sunrise	Asian	.050	Calderdale College	SE 084 248
100.6	Keighley	Sunrise Radio (Yorkshire)	Sunrise	Asian	.025	Keighley Middlemoor Farm	SE 081 435
100.6	Lisburn, Northern Ireland	BFBS Northern Ireland	Community	Contemp/Adult (for Army)	.020	Lisburn	IJ 262 659
100.6	West Ireland	Today FM	Bauer (Ireland)	Adult, Talk	316.000	Maghera	
100.7	West and North Gwynedd	Classic FM	Global Radio	Light Classical	18.750	Arfon	SH 476 463
100.7	Teesside, S Durham, N Yorks	Heart North East	Global Radio	Pop Hits from 90s to present	9.550	Bilsdale	SE 553 962
100.7	West Midlands region	Heart West Midlands	Global Radio	Pop Hits from 90s to present	11.000	Sutton Coldfield	SK 113 003
100.7	S & Central Cambridgeshire	Hits Radio	Bauer	Contemporary, 10s, 00s	.754	Madingley, Cambridge	TL 392 594
100.7	County Monaghan	Today FM	Bauer (Ireland)	Adult, Talk	5.000	Monaghan	
100.7	West Netherlands (4)	Q Music	Netherlands	Dutch Adult	100.000	Lopik, Netherlands	
100.7	Dunkerque, France (6)	Kestrel FM	France	French		Dunkerque, France	
100.8	Swindon	Classic FM	Global Radio	Light Classical	.720	Blunsdon	SU 143 900
100.8	Porlock, Somerset	Greatest Hits Radio	Bauer	Oldies	.108	Porlock	SS 883 462
100.8	Dartmouth area, Devon	Heart South West	Global Radio	Pop Hits from 90s to present	.100	Dartmouth	SX 866 508
100.8	Windermere & Ambleside, Cmb	Smooth Lakes	Global Radio	Oldies, Easy Listening	.120	Windermere	SD 383 980
100.8	Truro, Cornwall	CHBN	Community	Mixed Format	.025	Treliske	SW 798 453
100.8	Cumbernauld & Kirkintilloch	Revival FM	Community	Christian	.100	Corrie Farm	NS 690 791
100.8	Bovington Camp, Dorset	BFBS (Blandford)	Community	Contemp/Adult (for Army)		Bovington Camp	SY 831 889
100.8	Mid Tipperary	Today FM	Bauer (Ireland)	Adult, Talk	6.000	Suir Valley	
100.8	Kinsale, Cork	Today FM	Bauer (Ireland)	Adult, Talk	.020	Kinsale	
100.9	London & South East England	Classic FM	Global Radio	Light Classical	250.000	Wrotham	TQ 595 604
100.9	Border Region	Classic FM	Global Radio	Light Classical	5.400	Selkirk	NT 500 294
100.9	Dartford Tunnel, Kent-Essex	Classic FM	Global Radio	Light Classical		Dartford Tunnel	TQ 571 769
100.9	East Ireland	Today FM	Bauer (Ireland)	Adult, Talk	100.000	Kippure	
101.0	West Tyneside and Tyne Valley	Classic FM	Global Radio	Light Classical	.050	Fenham	NZ 216 648
101.0	South Wales & West England	Hits Radio (West)	Bauer	Contemporary, 10s, 00s	40.000	Mendip	ST 563 488
101.0	Holywood, Northern Ireland	BFBS Northern Ireland	Community	Contemp/Adult (for Army)	.025	Palace Barracks	IJ 392 777
101.0	West Glasgow	RNIB Connect Radio	Community	Talk (Visually Impaired)	.025	Glasgow	NS 547 688
101.0	East Donegal	Today FM	Bauer (Ireland)	Adult, Talk	12.000	Holywell Hill	
101.0	Cork City and East County Cork	Today FM	Bauer (Ireland)	Adult, Talk	10.000	Spur Hill	
101.0	North Kerry	Today FM	Bauer (Ireland)	Adult, Talk	2.000	Knockanore	
101.1	North West and Yorkshire	Classic FM	Global Radio	Light Classical	250.000	Holme Moss	SE 095 041
101.1	Ceredigion	Classic FM	Global Radio	Light Classical	10.000	Blaenplwyf	SN 569 756
101.1	Lothian and Fife	Heart Scotland	Global Radio	Pop Hits from 90s to present	10.000	Craigkelly	NT 233 872
101.1	Greenock & Firth of Clyde	Heart Scotland	Global Radio	Pop Hits from 90s to present	.100	Rosneath	NS 258 811
101.1	Kilkeel, Northern Ireland	Q Radio	Northern Media	Adult	.042	Kilkeel	IJ 281 180
101.1	Newcastle, Northern Ireland	Q Radio	Northern Media	Adult	.113	Tullybrannigan Road	IJ 360 319
101.1	Southampton	Unity 101	Community	Asian	.150	Midanbury Broadway	SU 448 142
101.1	Alton, Hampshire	Wey Valley Radio	Community	Mixed Format	.050	Thadden Grange	SU 684 391
101.1	Central Mayo	Today FM	Bauer (Ireland)	Adult, Talk	6.000	Castlebar	
101.2	Hexham & Tyne Valley, Nthmb	Heart North East	Global Radio	Pop Hits from 90s to present	.200	Newton	NZ 036 653
101.2	Sunderland	Heart North East	Global Radio	Pop Hits from 90s to present	.070	Hendon	NZ 409 556
101.2	South Devon	Heart South West	Global Radio	Pop Hits from 90s to present	1.250	Kingsbridge	SX 721 431
101.2	Fermanagh and South Tyrone	Q Radio	Northern Media	Adult	8.200	Brougher Mountain	IH 350 527
101.2	NE Aberdeenshire	Coast Radio	Independent	Adult	1.374	Mormond Hill	NJ 982 569
101.2	Swanage area, Dorset	Purbeck Coast FM	Community	Mixed Format	.100	Nine Barrow Down	SZ 010 812
101.2	Limerick city	Today FM	Bauer (Ireland)	Adult, Talk	5.000	Woodcock H, Limerick	
101.2	Fermoy, Cork	Today FM	Bauer (Ireland)	Adult, Talk	.200	Fermoy	
101.2	North West Netherlands (4)	Sky Radio	Netherlands	Dutch Adult	200.000	Hilversum, Netherlands	
101.3	Oxon, Bucks, Berks, S Midlands	Classic FM	Global Radio	Light Classical	46.000	Oxford	SP 567 105
101.3	Ayrshire	Classic FM	Global Radio	Light Classical	8.000	Darvel	NS 557 341
101.3	Swansea area	Classic FM	Global Radio	Light Classical	1.000	Kilvey Hill	SS 672 940
101.3	West County Galway	Today FM	Bauer (Ireland)	Adult, Talk	6.000	Clifden	
101.3	West Kerry	Today FM	Bauer (Ireland)	Adult, Talk	6.000	Kilkeeveragh	
101.3	North East Wicklow	Today FM	Bauer (Ireland)	Adult, Talk	1.000	Greystones	
101.3	Galway	Flirt FM	Irish Student	New Music	.400	Tonabrocky	
101.3	Dunkerque, France (6)	NRJ	France	French Adult	1.000	Dunkerque, France	

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101.4	Inverness & Moray Firth area	Classic FM	Global Radio	Light Classical	11.000 Mouteagle	NH 639 580
101.4	Bristol	Classic FM	Global Radio	Light Classical	.200 Pur Down	ST 610 764
101.4	Keswick, Cumbria	Smooth Lakes	Global Radio	Oldies, Easy Listening	.100 Keswick Forest	NY 223 244
101.4	Derby	Smooth Radio (East Midlands)	Communicorp	Oldies, Easy Listening	.190 Drum Hill	SK 375 425
101.4	South West London	Flex FM	Community	Rhythmic New Music	.105 Wandsworth	TQ 241 736
101.4	Brighton	1BTN	Community	Dance	.025 Brighton Racecourse	TQ 330 051
101.4	South West London	Rinse FM	Community	Rhythmic New Music	Wandsworth	TQ 241 736
101.4	Newry, Northern Ireland	IUR FM	Community	Mixed Format	.020 Newry Golf Club	IJ 077 238
101.4	Leconfield, East Yorkshire	BFBS Gurkha Radio	Community	Nepali	.002 Normandy Barracks	TA 021 434
101.4	South East Ireland	Today FM	Bauer (Ireland)	Adult, Talk	400.000 Mount Leinster	
101.4	Abbeyfeale, West Co. Limerick	West Limerick 102	Irish Community	Mixed Format	.200 Abbeyfeale	
101.5	Norfolk and Suffolk	Classic FM	Global Radio	Light Classical	250.000 Tacolneston	TM 131 958
101.5	West Cornwall	Classic FM	Global Radio	Light Classical	10.000 Redruth	SW 690 394
101.5	Coventry	Radio Plus	Community	Christian Contemporary	.025 Coventry	SP 331 790
101.5	Leconfield, East Yorkshire	BFBS Gurkha Radio	Community	Nepali	.002 Blandford Garrison	ST 915 079
101.5	Balbriggan, North Co Dublin	Q102.2	Onic	Soft, Oldies	.100 Strifeland	
101.5	Flanders, Belgium ⁶	MNM	VRT	Flemish	50.000 Egem, Belgium	
101.6	North Wales Coast	Classic FM	Global Radio	Light Classical	2.500 Great Orme Head	SH 766 834
101.6	Teesside and South Durham	Classic FM	Global Radio	Light Classical	1.910 Bilsdale	SE 553 962
101.6	Leeds	Classic FM	Global Radio	Light Classical	.300 Beecroft Hill	SE 237 350
101.6	Lichfield & Tamworth area	Capital (Midlands)	Global Radio	Contemporary	.063 Lichfield	SK 164 043
101.6	Fourmarks & Alresford, Hants	Greatest Hits Radio	Bauer	Oldies	.075 Medstead	SU 672 360
101.6	Hindhead area, Surrey	Greatest Hits Radio	Bauer	Oldies	.065 Hindhead	SU 886 356
101.6	Sevenoaks area, Kent	KM-FM	Kent Messenger	Contemporary	.400 Wrotham	TQ 595 604
101.6	Slough	Asian Star	Community	Asian	.025 Slough	SU 979 798
101.6	North Donegal	Today FM	Bauer (Ireland)	Adult, Talk	8.000 Fanad	
101.6	Glin and Foynes, Co. Limerick	West Limerick 102	Irish Community	Mixed Format	.300 Killadysert	
101.6	Boulogne, France (5)	RFM Nord	France	French Adult	Boulogne, France	
101.7	Central Scotland	Classic FM	Global Radio	Light Classical	250.000 Black Hill	NS 828 647
101.7	South Wales & West England	Classic FM	Global Radio	Light Classical	250.000 Wenvoe	ST 110 742
101.7	Sheffield	Classic FM	Global Radio	Light Classical	.500 Tupton Hill, Sheffield	SK 324 870
101.7	Harlow, Essex & East Herts	Heart East	Global Radio	Pop Hits from 90s to present	.100 Rye Hill	TL 449 067
101.7	North West Mayo	Today FM	Bauer (Ireland)	Adult, Talk	6.000 Achill	
101.8	East Kent	Classic FM	Global Radio	Light Classical	5.200 Dover	TR 274 397
101.8	South Cumbria and NW Lancs	Classic FM	Global Radio	Light Classical	6.400 Morecambe Bay	SD 239 791
101.8	Reading	Classic FM	Global Radio	Light Classical	.500 Hemdean	SU 710 762
101.8	Wirksworth, Derbyshire	Greatest Hits Radio	Bauer	Oldies	.045 Hardhurst Farm	SK 297 529
101.8	Uttoxeter, Staffordshire	Greatest Hits Radio	Bauer	Oldies	.050 Uttoxeter	SK 112 362
101.8	Petersfield, Hampshire	Greatest Hits Radio	Bauer	Oldies	.100 Rams Walk	SU 748 233
101.8	Tyneside, N Durham, S Nthmb	Heart North East	Global Radio	Pop Hits from 90s to present	10.000 Burnhope	NZ 184 474
101.8	Dewsbury, West Yorkshire	Branch FM	Community	Christian	.025 Dewsbury	SE 252 230
101.8	Stoke-on-Trent	Cross Rhythms City Radio	Community	Contemporary, Christian	.125 Stoke-on-Trent	SJ 917 496
101.8	Market Weighton area, E Yorks	Vixen 101	Community	Mixed Format	.025 Market Weighton	SE 903 421
101.8	Wolverhampton	WCR	Community	Mixed Format	.025 Wolverhampton Mander H	SO 914 986
101.8	Stoke Mandeville, Bucks	Stoke Mandeville Hospital R	Hospital RSL	Mixed Music	2.0E-03 Stoke Mandeville Hospital	SP 829 117
101.8	South West Ireland	Today FM	Bauer (Ireland)	Adult, Talk	316.000 Mullaghanish	
101.8	County Dublin	Today FM	Bauer (Ireland)	Adult, Talk	2.000 Three Rock	
101.9	East & Central Northern Ireland	Classic FM	Global Radio	Light Classical	250.000 Divis	IJ 286 750
101.9	Cambs, Beds, S Lincs, E Nthnts	Classic FM	Global Radio	Light Classical	40.000 Peterborough	TL 127 913
101.9	Brighton and Worthing area	Classic FM	Global Radio	Light Classical	.500 Whitehawk Hill	TQ 330 045
101.9	Ivybridge, Devon	Heart South West	Global Radio	Pop Hits from 90s to present	.500 Ivybridge	SX 631 538
101.9	Zeeland, Netherlands (4)	Sky Radio	Netherlands	Dutch Adult	50.000 Goes, Netherlands	
102.0	S & C Warwickshire, E Worcs	Capital (Midlands)	Global Radio	Contemporary	3.000 Lark Stoke	SP 187 427
102.0	Greater Manchester	Capital (North West)	Global Radio	Contemporary	1.000 Sunley Building	SJ 844 983
102.0	South Wiltshire	Greatest Hits Radio	Bauer	Oldies	1.250 Camp Hill	SU 112 337
102.0	Alton & Bordon area, Hants	Greatest Hits Radio	Bauer	Oldies	.100 Brockham Hill	SU 723 428
102.0	Barnsley	Greatest Hits Radio	Bauer	Oldies	.450 Ardsley	SE 390 061
102.0	Matlock & Bakewell, Derbys	Greatest Hits Radio	Bauer	Oldies	.080 Stanton Moor	SK 246 637
102.0	Hastings	Heart South	Global Radio	Pop Hits from 90s to present	.200 Hastings	TQ 807 100
102.0	Ryde & North East Isle of Wight	Isle of Wight Radio	Independent	Adult	.020 Ryde Pier	SZ 593 936
102.0	Ventnor, SE Isle of Wight	Isle of Wight Radio	Independent	Adult	.020 Ventnor	SZ 567 783
102.0	Cowes, Isle of Wight	Isle of Wight Radio	Independent	Adult	.007 Cowes	SZ 496 903
102.0	Ipswich area	Nation Radio (Suffolk)	Bauer	Oldies, Adult	1.020 Warren Heath	TM 190 425
102.0	Dundee	Original (Tayside and Fife)	DC Thompson	Oldies, Adult	.200 Dundee Law	NO 392 313
102.0	Ilkley, West Yorkshire	Drystone Radio	Community	Mixed Format	.070 Ilkley Upper Austby Farm	SE 103 502
102.0	N Wexford, S Carlow, Kilkenny	Beat 102-103	Irish Ind	Contemporary	12.600 Mount Leinster	
102.0	Cork University Hospital, Wilton	CUH FM	Irish Hospital	Mixed format	.002 Cork University Hospital	
102.1	Swansea area	Swansea Bay Radio	Nation	Adult, Oldies	1.250 Kilvey Hill	SS 672 940
102.1	Enniskillen, Northern Ireland	Q Radio	Northern Media	Adult	.037 Coles Hill	IH 225 438
102.1	Loughborough area	Sabras Radio	Independent	Asian	.200 University Tower	SK 524 190
102.1	Bletchley, Milton Keynes	MKFM	Community	Mixed Format	.100 Bletchley - MK Stadium	SP 869 353
102.1	Castlefin and Lifford, Donegal	Highland Radio	Bauer (Ireland)	Adult, Irish & Country, Talk	1.250 Feirm Hill	
102.1	County Galway	iRadio	Bauer	Contemporary	9.500 Derrybrien	
102.1	Flanders, Belgium (6)	Studio Brussel	VRT	Flemish	50.000 Egem, Belgium	

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102.2	Birmingham area	Capital (Midlands)	Global Radio	Contemporary	.972 Metropolitan House	SP 055 862
102.2	Penicuik, Lothian	Forth 1	Bauer	Contemporary, 10s, 00s	.500 Penicuik	NT 229 597
102.2	East Cornwall & West Devon	Greatest Hits Radio	Bauer	Adult, Oldies	2.500 Caradon Hill	SX 273 707
102.2	Workington	Greatest Hits Radio	Bauer	Oldies	.815 Broughton Moor	NY 058 330
102.2	Lincolnshire	Greatest Hits Radio	Bauer	Oldies	6.400 Belmont	TF 217 837
102.2	West Wiltshire	Heart South West	Global Radio	Pop Hits from 90s to present	.500 Naish Hill	ST 947 686
102.2	Lerwick, Shetland	SIBC	Independent	Contemporary, Adult	.025 Lerwick	HU 475 415
102.2	London area	Smooth Radio	Global Radio	Oldies, Easy Listening	2.000 Croydon	TQ 332 696
102.2	Ullapool, Highland	Radio Wester Ross	Independent	Adult	.700 Ullapool	NH 142 935
102.2	South West Waterford	Beat 102-103	Irish Ind	Contemporary	6.000 Dungarvan	
102.2	Dublin Region	Q102.2	Onic	Soft, Oldies	5.000 Three Rock	
102.2	Mid West County Limerick	West Limerick 102	Irish Community	Mixed Format	.630 Knockanimpfa	
102.3	Largs, Rothesay, Clyde Mouth	Clyde 1	Bauer	Contemporary, 10s, 00s	.600 Rothesay	NS 125 691
102.3	Ballymena and Antrim	Downtown Radio	Bauer	Oldies, Adult	.625 Portglenone	ID 008 028
102.3	Berwick-upon-Tweed	Greatest Hits Radio (Scotland)	Bauer	Oldies	.010 Berwick-upon-Tweed	NT 980 547
102.3	Littlehampton and Arundel	Greatest Hits Radio	Bauer	Oldies	.480 Hammerpot	TQ 072 055
102.3	Thirsk area, North Yorkshire	Greatest Hits Radio	Bauer	Oldies	.044 Calvert's Carpets	SE 429 819
102.3	Windermere & Ambleside, Cmb	Heart North West	Global Radio	Pop Hits from 90s to present	.040 Windermere	SD 383 980
102.3	Bournemouth area	Heart South	Global Radio	Pop Hits from 90s to present	2.000 Nine Barrow Down	SZ 009 811
102.3	Pontypridd area, South Wales	Heart South Wales	Global Radio	Pop Hits from 90s to present	.500 Eglwysilan	ST 099 911
102.3	Market Harborough, Leics	HFM	Community	Mixed Format	.125 Little Oxendon Farm	SP 727 840
102.3	Mallaig, Arisaig & SE Skye	Nevis Radio	Community	Adult, Contemporary	.800 Cnoc Malagan	NG 654 081
102.3	North West County Clare	Spin South West	Bauer (Ireland)	Contemporary	1.000 Ennistymon	
102.4	Burton & Swadlincote area	Capital (Midlands)	Global Radio	Contemporary	.060 Burton	SK 266 227
102.4	Derry area	Downtown Radio	Bauer	Oldies, Adult	10.000 Londonderry	IC 404 176
102.4	Peel, Isle of Man	Energy FM	Independent	Contemporary	.430 Beary Peak	SC 295 832
102.4	Wigan and Skelmersdale area	Greatest Hits Radio	Bauer	Oldies	.100 Billinge Hill	SD 523 016
102.4	Minehead and Watchet	Greatest Hits Radio	Bauer	Oldies	4.000 Minehead North	SS 965 472
102.4	Bridlington, East Yorkshire	Greatest Hits Radio	Bauer	Oldies	.100 Buckley Barn	TA 165 714
102.4	East Norfolk and NE Suffolk	Heart East	Global Radio	Pop Hits from 90s to present	3.300 Stoke Holy Cross	TG 258 026
102.4	East Sussex	Heart South	Global Radio	Pop Hits from 90s to present	8.200 Heathfield	TQ 566 220
102.4	Gloucester/Cheltenham area	Heart South West	Global Radio	Pop Hits from 90s to present	2.000 Churchdown Hill	SO 880 188
102.4	Hartlepool	Radio Hartlepool	Community	Mixed Format	.025 Hartlepool	NZ 505 326
102.4	Ballachulish & L Leven, Highland	Nevis Radio	Community	Adult, Contemporary	1.600 Glenachulish	NN 034 591
102.4	South Rotherham	Redroad FM	Community	Mixed Format	.025 Wales Sheffield	SK 477 826
102.4	South Tipperary	Beat 102-103	Irish Ind	Contemporary	10.000 Clonmel	
102.4	South East Laois	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.200 Gales Hill	
102.5	Glasgow and Clydeside area	Clyde 1	Bauer	Contemporary, 10s, 00s	24.500 Black Hill	NS 828 647
102.5	Penrith, Cumbria	Greatest Hits Radio	Bauer	Oldies	.100 Penrith	NY 531 313
102.5	Huddersfield & Halifax area	Hits Radio (West Yorkshire)	Bauer	Contemporary, 10s, 00s	2.000 Vicars Lot	SE 071 172
102.5	Thurso & Wick area, Highland	Moray Firth Radio	Bauer	Contemporary, 10s, 00s	1.200 Ben Dorrery	ND 063 551
102.5	Pembrokeshire	Radio Pembrokeshire	Nation	Adult, Oldies	20.000 Haverfordwest	SN 028 261
102.5	Newtownabbey, N Ireland	Q Radio	Northern Media	Adult	.020 Carnmoney Hill	IJ 336 829
102.5	Bangor, N Ireland	Q Radio	Northern Media	Adult	.080 Bangor	IJ 500 817
102.5	Aldershot, Mytchett, Pirbright	BFBS (Aldershot)	Community	Contemp/Adult (for Army)	.020 Aldershot	SU 864 512
102.5	St Neots, Cambridgeshire	Black Cat Radio	Community	Mixed Format	.200 Paxton Hill	TL 206 626
102.5	Stourbridge	Black Country Radio	Community	Mixed Format	.050 Brierley Hill St Michaels	SO 916 869
102.5	Leicester	EAVA FM	Community	Asian, Rhythmic Music	.026 Central Leicester	SK 592 063
102.5	South West Anglesey	Mon FM	Community	Mixed Format	.200 Gwalchmai	SH 389 767
102.5	North Anglesey	Mon FM	Community	Mixed Format	.250 Amlwch Nebo	SH 471 907
102.5	Newcastle	Nova Radio North East	Community	Mixed Format	.025 Newcasrle-upon-Tyne	NZ 218 648
102.5	Totnes, Devon	Soundart Radio	Community	Mixed Format	.050 Dartington Higher Close	SX 800 628
102.5	County Sligo	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	5.000 Truskmore	
102.5	Mid County Kerry	Spin South West	Bauer (Ireland)	Contemporary	4.800 Knockmoyle	
102.5	Killaloe, Clare	Spin South West	Bauer (Ireland)	Contemporary	.080 Killaloe	
102.5	Calais, France (6)	RFM Nord	France	French Adult	50.000 Caen, France	
102.6	Chelmsford & Central Essex	Heart East	Global Radio	Pop Hits from 90s to present	1.980 Bakers Wood	TL 660 034
102.6	Oxfordshire and West Bucks	Heart South	Global Radio	Pop Hits from 90s to present	9.000 Oxford	SP 567 105
102.6	Somerset	Heart South West	Global Radio	Pop Hits from 90s to present	4.000 Mendip	ST 563 488
102.6	Alnwick area, Northumberland	Hits Radio (North East)	Bauer	Contemporary, 10s, 00s	.200 Shilbottle	NU 191 081
102.6	Stoke-on-Trent area	Hits Radio (Staffs & Cheshire)	Bauer	Contemporary, 10s, 00s	4.000 Alsagers Bank	SJ 812 478
102.6	Richmond area, North Yorks	Nation Radio (North East)	Nation	Oldies, Adult	.070 Richmond	NZ 163 018
102.6	Doncaster	Sine FM	Community	Mixed Format	.125 Doncaster Civic Centre	SE 577 030
102.6	Gorey, County Wexford	Beat 102-103	Independent	Contemporary	.100 Gorey	
102.6	Cork city	C103	Onic	Adult, Oldies, I&C, Talk	10.000 Holly Hill	
102.6	Gortahokk, NE Donegal	Highland Radio	Bauer (Ireland)	Adult, Irish & Country, Talk	.200 Crockananevee	
102.6	Borris in Ossary, Laois	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.020 Borris in Ossary	
102.6	Stradbally, Laois	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.020 Stradbally	
102.6	Basse Normandie, France (2)	France Bleu Basse Normandie	Radio France	French Oldies	50.000 Caen, France	
102.7	Keighley area, West Yorks	Radio Leeds	BBC	Mixed Format	.500 Keighley	SE 069 444
102.7	N Cambridgeshire & S Lincs	Heart East	Global Radio	Pop Hits from 90s to present	4.000 Gunthorpe	TF 187 036
102.7	North Sussex and East Surrey	Heart South	Global Radio	Pop Hits from 90s to present	3.600 Reigate	TQ 256 521
102.7	Skye, Harris, East N & S Uist	Radio Skye	Independent	Mixed Format, Gaelic	9.040 Skriaj	NG 451 408
102.7	Carlisle	Radio Carlisle	Community	Mixed Format	.200 Carlisle Civic Centre	NY 402 563
102.7	NE Ireland, SE Northern Ireland	Raidio na Gaeltachta	RTE	Irish	40.000 Clermont Carn	
102.7	Bantry, W County Cork	C103	Onic	Adult, Oldies, I&C, Talk	.200 Bantry	
102.7	Counties Clare and Limerick	Spin South West	Bauer (Ireland)	Contemporary	9.500 Maghera	
102.7	West Netherlands (4)	Radio 538	Netherlands	Dutch Contemporary	100.000 Rotterdam, Netherlands	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
102.8	Derby, Burton & S Derbyshire	Capital (Midlands)	Global Radio	Contemporary	.920 Drum Hill	SK 375 425
102.8	Chorley, Lancashire	Capital (North West)	Global Radio	Contemporary	.050 Chorley St George's	SD 585 175
102.8	West Cornwall	Greatest Hits Radio	Bauer	Adult, Oldies	10.200 Redruth	SW 690 394
102.8	Welshpool area, Powys	Heart North Wales	Communicorp	Pop Hits from 90s to present	.200 Long Mountain	SJ 265 057
102.8	Canterbury area	Heart South	Global Radio	Pop Hits from 90s to present	1.000 Dunkirk	TR 078 590
102.8	Worcestershire	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	1.000 Great Malvern	SO 774 464
102.8	Moray	Moray Firth Radio	Bauer	Contemporary, 10s, 00s	.913 Tor Sliasg	NJ 425 581
102.8	Durham and North County Durham	Nation Radio (North East)	Nation	Oldies, Adult	.330 Sacriston	NZ 245 466
102.8	Dundee, Angus and North Fife	Tay FM	Bauer	Contemporary, 10s, 00s	5.250 Angus	NO 394 407
102.8	Bollington, Cheshire	Canalside Radio	Community	Mixed Format	.100 Bollington Clarence Mill	SJ 934 782
102.8	Luton	Diverse FM	Community	Rhythmic Music	.226 Felpersham Court, Luton	TL 076 211
102.8	Poole	Hot	Community	Rhythmic Music	.100 Canford Heath	SZ 037 939
102.8	York	YO1 Radio	Community	Mixed Format	.101 York Hospital	SE 602 531
102.8	East Waterford	Beat 102-103	Independent	Contemporary	10.000 Carrickperish	
102.9	N Hampshire & W Berkshire	Heart South	Global Radio	Pop Hits from 90s to present	4.000 Hannington	SU 527 568
102.9	Barnsley and Rotherham	Hits Radio (South Yorkshire)	Bauer	Contemporary, 10s, 00s	.500 Ardsley	SE 390 061
102.9	Leamington Spa & Warwick	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	.050 Leamington Spa	SP 329 663
102.9	Cardarthenshire	Nation Radio (Wales)	Nation	Oldies, Adult	3.200 Carmel	SN 576 153
102.9	Derry area	Q Radio	Northern Media	Adult	5.127 Foyle Hill	IC 397 164
102.9	North East County Cork	C103	Onic	Adult, Oldies, I&C, Talk	.800 NE Cork Relay	
102.9	East County Wicklow	East Coast Radio	Irish Ind	Adult, Talk	15.800 Ballyguile	
102.9	West County Wicklow	East Coast Radio	Irish Ind	Adult, Talk	1.900 Baltinglass	
102.9	West Kerry	Spin South West	Bauer (Ireland)	Contemporary	9.500 Caheriveen	
102.9	Killarney, County Kerry	Spin South West	Bauer (Ireland)	Contemporary	.200 Killarney	
102.9	Castlebar, Mayo	Community Radio Castlebar	Irish Community	Mixed Format	.080 Castlebar	
103.0	West and North Gwynedd	Capital Cymru → Capital	Global Radio	Welsh → Contemporary,	18.750 Arfon	SH 476 463
103.0	Wigtown Bay area, D & G	Greatest Hits Radio (Scotland)	Bauer	Oldies	.064 Cambret Hill	NX 524 578
103.0	S & Central Cambridgeshire	Heart East	Global Radio	Pop Hits from 90s to present	1.000 Madingley, Cambridge	TL 392 594
103.0	East Devon	Heart South West	Global Radio	Pop Hits from 90s to present	1.000 Stockland Hill	ST 222 014
103.0	Stroud area, Gloucestershire	Heart South West	Global Radio	Pop Hits from 90s to present	.100 Stroud	SO 836 077
103.0	Weston-Super-Mare	Heart South West	Global Radio	Pop Hits from 90s to present	.100 Worlebury Hill	ST 325 637
103.0	Bath	Heart South West	Global Radio	Pop Hits from 90s to present	.080 Bath	ST 769 654
103.0	Greater Manchester	Hits Radio Manchester	Bauer	Contemporary, 10s, 00s	4.000 Saddleworth	SD 987 050
103.0	West Tyneside, Tyne & Wear	Hits Radio (North East)	Bauer	Contemporary, 10s, 00s	.050 Fenham	NZ 216 648
103.0	Isle of Lewis	Isles FM	Independent	Mixed format, Gaelic	3.590 Eitshal	NB 305 302
103.0	Peterhead area, Aberdeenshire	Northsound One	Bauer	Contemporary, 10s, 00s	.174 Stirling Hill	NK 124 411
103.0	Hawes area, N Yorkshire	Dales Radio	Community	Mixed Format	.100 Hawes – Creamery	SD 871 896
103.0	Ingleton area, North Yorkshire	Dales Radio	Community	Mixed Format	.100 Ingleton	SD 693 724
103.0	Kirky Stephen, Cumbria	Dales Radio	Community	Mixed Format	.100 Kirky Stephen	NY 771 084
103.0	Melton Mowbray	The Eye	Community	Mixed Format	.084 White Lodge	SK 723 239
103.0	Kinsale County Cork	C103	Onic	Adult, Oldies, I&C, Talk	.200 Kinsale	
103.0	Youghal, County Cork	C103	Onic	Adult, Oldies, I&C, Talk	.200 Youghal	
103.0	Glencolumbkille, Donegal	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	.100 Glencolumbkille	
103.0	Limerick City	Spin South West	Bauer (Ireland)	Contemporary	2.400 Woodcock Hill	
103.1	Stirling and Falkirk area	Central FM	New Wave Media	Adult, Contemporary	.500 Earls Hill	NS 718 884
103.1	South East Northern Ireland	Downtown Radio	Bauer	Oldies, Adult	2.000 Camlough	IJ 055 246
103.1	Peebles, Border Region	Greatest Hits Radio (Scotland)	Bauer	Oldies	.035 Peebles	NT 228 416
103.1	Whitby, North Yorkshire	Greatest Hits Radio	Bauer	Oldies	.080 Whitby	NZ 904 113
103.1	West Kent	Heart South	Global Radio	Pop Hits from 90s to present	4.000 Bluebell Hill	TQ 757 613
103.1	Shropshire	Hits Radio (West Midlands)	Bauer	Contemporary, 10s, 00s	2.700 The Wrekin	SJ 628 082
103.1	Nelson, Lancashire	Awaz 103.1	Community	Asian	.015 Brierfields	SD 861 362
103.1	Saltcoats, Ayrshire	3TFM	Community	Mixed Format	.025 Saltcoats	NS 255426
103.1	North East Wales Coast	Sound Radio Wales	Community	Mixed Format		
103.1	Pocklington, East Yorkshire	Vixen 101	Community	Mixed Format	.050 Pocklington Judsons	SE802 489
103.1	South County Wexford	Beat 102-103	Irish Ind	Contemporary	.500 Forth Mountain	
103.1	Carrick on Suir & SW Kilkenny	Beat 102-103	Independent	Contemporary	.200 Suir Valley	
103.1	Longford, Roscommon, Leitrim	iRadio	Bauer	Contemporary	9.500 Cairn Hill	
103.1	North West County Mayo	Bauer	Bauer	Contemporary	3.000 Achill	
103.1	Connemara, County Galway	iRadio	Bauer	Contemporary	1.000 Seanafaistin	
103.1	Balbriggan, North Co Dublin	FM 104	Onic	Contemporary	.100 Strifeland	
103.1	East Bretagne, France (3)	France Bleu Armorique	Radio France	French Oldies	125.000 Rennes, France	
103.2	South Hampshire and Wight	Capital (South Coast)	Global Radio	Contemporary	2.000 Chillerton Down	SZ 475 835
103.2	Cardiff area	Capital (South Wales)	Communicorp	Contemporary	2.000 Wenallt	ST 153 835
103.2	North West Norfolk	Greatest Hits Radio	Bauer	Oldies	.250 Bunkers Hill	TF 903 388
103.2	Cromer & Sheringham, Norfolk	Greatest Hits Radio	Bauer	Oldies	.250 Aylmerton	TG 188 408
103.2	Kendal, Cumbria	Heart North West	Global Radio	Pop Hits from 90s to present	.100 Kendal	SD 540 912
103.2	Hexham & Tyne Valley, Nthmb	Hits Radio (North East)	Bauer	Contemporary, 10s, 00s	.120 Newton	NZ 036 653
103.2	Mansfield & Ashfields, Notts	Mansfield 103.2 FM	Independent	Adult	.100 Fishponds Hill	SK 514 606
103.2	South Durham & W Teesside	Nation Radio (North East)	Nation	Oldies, Adult	.285 Darlington Beaumont Hill	NZ 284 187
103.2	Bradford area	Sunrise Radio (Yorkshire)	Sunrise	Asian	.500 Idle	SE 163 374
103.2	Preston	Juice Radio	Community	Contemporary	.025 Preston	SD 542 291
103.2	Egham	Insanity	Community	New Music, Pop	.025 Egham	SU 998 707
103.2	Peterborough	Peterborough Community R	Community	Mixed Format	.100 Peterborough	TL 195 988
103.2	Dublin	Dublin City FM	Irish Community	Mixed Format	.500 Three Rock	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
103.3	Ceredigion	Nation Radio (Wales)	Nation	Oldies, Adult	5.800 Blaenplwyf	SN 569 756
103.3	Greenock & Firth of Clyde	Clyde 1	Bauer	Contemporary, 10s, 00s	.100 Rosneath	NS 258 811
103.3	Whaley Bridge, New Mills, Derbys	Greatest Hits Radio	Bauer	Oldies	.200 Buxworth Hawkhurst Farm	SK 002 814
103.3	Castleton to Heathersage, Derbys	Greatest Hits Radio	Bauer	Oldies	.035 Hope Valley	SK 178 838
103.3	Milton Keynes area	Heart East	Global Radio	Pop Hits from 90s to present	2.000 Bow Brickhill	SP 914 342
103.3	Penicuik, Lothian	Heart Scotland	Global Radio	Pop Hits from 90s to present	.500 Penicuik	NT 229 597
103.3	North London	London Greek Radio	Independent	Greek	.200 Cholmeley Lodge	TQ 287 874
103.3	Wincanton, Somerset	Ninesprings Radio	Community	Mixed Format	.026 Wincanton Racecourse	ST 710 297
103.3	Bury St Edmunds, Suffolk	RWS FM	Community	Mixed Format	.050 Bury St Edmunds	TL 850 627
103.3	West County Cork	C103	Onic	Adult, Oldies, I&C, Talk	10.000 Nowen Hill	
103.3	Fermoy, County Cork	C103	Onic	Adult, Oldies, I&C, Talk	.050 Fermoy	
103.3	East County Donegal & Derry	Highland Radio	Bauer (Ireland)	Adult, Irish & Country, Talk	10.000 Scalp Mountain	
103.3	West County Galway	iRadio	Bauer	Contemporary	4.000 Clifden	
103.3	Galway City	iRadio	Bauer	Contemporary	.500 Tonabrocky	
103.3	North County Monaghan (m)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.500 Monaghan	
103.3	West Central County Tipperary	Tipp FM	Irish Ind	Adult	.500 Laghtseeifin	
103.3	Boulogne, France (5)	France Inter	Radio France	French Mixed format	1.000 Boulogne, France	
103.3	Dunkerque, France (6)	France Inter	Radio France	French Mixed format	Dunkerque, France	
103.4	Devon and East Cornwall	Radio Devon	BBC	Mixed Format	15.000 North Hessary Tor	SX 578 742
103.4	Wrexham and West Cheshire	Capital (NW & Wales)	Global Radio	Contemporary	1.400 Wrexham	SJ 301 537
103.4	Newcastle, Northern Ireland	Downtown Radio	Bauer	Oldies, Adult	.200 Newcastle	IJ 362 302
103.4	Newtownabbey and Belfast	Downtown Radio	Bauer	Oldies, Adult	.010 Carmoney Hill	IJ 336 829
103.4	Whitehaven area, Cumbria	Greatest Hits Radio	Bauer	Oldies	.400 Whitehaven	NX 992 123
103.4	Great Yarmouth & Lowestoft	Greatest Hits Radio	Bauer	Oldies	2.000 Lowestoft	TM 523 942
103.4	Eymouth and Border coast	Greatest Hits Radio (Scotland)	Bauer	Oldies	.500 Eymouth	NT 947 599
103.4	Henley, Oxon	Heart South	Global Radio	Pop Hits from 90s to present	.100 Henley	SU 780 822
103.4	Doncaster and Rotherham area	Hits Radio (South Yorkshire)	Bauer	Contemporary, 10s, 00s	1.500 Clifton	SK 518 959
103.4	Sunderland area	Nation Radio (North East)	Nation	Oldies, Adult	.180 Haining	NE 356 509
103.4	Bradley Stoke, Bristol	Bradley Stoke Radio	Community	Mixed Format	.025 Bradley Stoke	ST 612 825
103.4	Reigate and Redhill, Surrey	Susy Radio	Community	Mixed Format	.050 The Cattery, Reigate	TQ 258 521
103.5	West Kilbride area, Ayrshire	Radio 4 FM	BBC	Talk, News, Entertainment	.050 West Kilbride	NS 215 483
103.5	Swansea Valley, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.048 Varteg Hill	SN 776 077
103.5	Larne, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Larne	ID 395 037
103.5	Ffestiniog area, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.182 Ffestiniog	SH 709 392
103.5	Central and North Essex	BBC Essex	BBC	Mixed Format	12.000 Great Braxted	TL 870 149
103.5	South Wiltshire	Radio Wiltshire	BBC	Mixed Format	2.000 Newton Barrow	SU 099 354
103.5	Abergavenny & Usk Valley	Radio Cymru	BBC	Welsh	.040 Abergavenny	SO 244 126
103.5	Tobermory area, Highland	Radio nan Gaidheal	BBC	Gaelic	5.000 Glengorm	NM 465 565
103.5	Northallerton & Bedale, N Yorks	Greatest Hits Radio	Bauer	Oldies	.200 Northallerton	SE 365 942
103.5	Brighton and Worthing area	Heart South	Global Radio	Pop Hits from 90s to present	.900 Whitehawk Hill	TQ 330 045
103.5	Lancaster and Morecambe	Beyond Radio	Community	Mixed Format	.100 Ashton Memorial	SD 488 613
103.5	South Craven area, N Yorks	Drystone Radio	Community	Mixed Format	.150 Valley Farm	SE 013 434
103.5	Long Eaton, Derbyshire	Erewash Sound	Community	Mixed Format	.100 Risley	SK 450 373
103.5	Hornsea area, East Yorkshire	Seaside Radio	Community	Mixed Format	.075 Hornsea	TA 201 463
103.5	Govan, Glasgow	Sunny Govan Radio	Community	Mixed Format	.025 Glasgow	NS 536 640
103.5	Cobin & Monkstown, Cork	C103	Onic	Adult, Oldies, I&C, Talk	.200 Carrigaline	
103.5	Laois, Offaly & Westmeath	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	2.500 Slabh Bloom Mountain	
103.5	Balbriggan, North Co Dublin	Spin FM (Dublin)	Bauer (Ireland)	Contemporary	.100 Strifeland	
103.6	Anglesey & North Wales Coast	Radio 4 FM	BBC	Talk, News, Entertainment	21.000 Llanddona	SH 582 810
103.6	Inverness & Moray Firth area	Radio 4 FM	BBC	Talk, News, Entertainment	20.000 Rosemarkie	NH 762 623
103.6	Stranraer, D & G	Radio 4 FM	BBC	Talk, News, Entertainment	.031 Stranraer	NX 111 632
103.6	Croeserw, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Croeserw	SS 858 952
103.6	Machynlleth, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.120 Machynlleth	SH 723 003
103.6	Dolgellau, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.016 Dolgellau	SH 727 185
103.6	Weston-super-mare, Somerset	Radio Bristol	BBC	Mixed Format	.100 Hutton	ST 361 588
103.6	East Northamptonshire	Radio Northampton	BBC	Mixed Format	.820 Geddington	SP 908 839
103.6	Swindon area	Radio Wiltshire	BBC	Mixed Format	.500 Blunsdon	SU 143 900
103.6	Welshpool, Powys	Radio Cymru	BBC	Welsh	.048 Long Mountain	SJ 265 057
103.6	North Islay (mono)	Radio nan Gaidheal	BBC	Gaelic	.080 Bowmore	NR 318 590
103.6	Stonebridge & Harlesden (mono)	The Beat London	Community	Rhythmic Contemporary	.025 Harlesden	TQ 219 834
103.6	Lincoln	Lincoln City Radio	Community	Oldies, Mixed Format	.063 Lincoln Cathedral	SK 977 718
103.6	Tameside	Tameside Community Radio	Community	Mixed Format	.025 Harrop Edge	SJ 984 964
103.6	Ballymena Showground, N Ireland	Ballymena Gossip Drive-In	RSL	Christian	.001 Ballymena Showground	ID 117 038
103.7	Lampeter & Teifi Valley, Ceredigion	Radio 4 FM	BBC	Talk, News, Entertainment	.400 Mynydd Pencarreg	SN 577 430
103.7	South & Central Warwickshire	BBC CWR	BBC	Mixed Format	1.400 Lark Stoke	SP 187 427
103.7	Hexham & Tyne Valley, Nthmb	Radio Newcastle	BBC	Mixed Format	.100 Newton	NZ 036 653
103.7	Central & S North Yorkshire	Radio York	BBC	Mixed Format	2.000 Acklam Wold	SE 795 619
103.7	Dundee, Angus and North Fife	Radio nan Gaidheal	BBC	Gaelic	17.000 Forfar	NO 482 409
103.7	North Uist	Radio nan Gaidheal	BBC	Gaelic	2.000 Cletraval	NF 751 716
103.7	Ballachulish, Highland	Radio nan Gaidheal	BBC	Gaelic	.025 Ballachulish	NN 059 593
103.7	S Kapdale, E Islay, Jura	Radio nan Gaidheal	BBC	Gaelic	2.200 South Knapdale	NR 837 748
103.7	Jersey	Channel FM	Tindle	Adult	4.000 Fremont Point	CI 908 280
103.7	North Isle of Man	Manx Radio FM	Independent	Mixed Format	4.000 Jurby	SQ 365 991
103.7	Southend, Essex	Funky SX	Community	Rhythmic Contemporary	.025 Southend University Hosp	TQ 865 873
103.7	Guildford	Kane FM	Community	Rhythmic Music	.025 Guildford	SU 975 486
103.7	Biddulph and Leek area, Staffs	Moorlands Radio	Community	Mixed Format	.050 Biddulph Rails Farm	SJ 915 585
103.7	North County Cork	C103	Onic	Adult, Oldies, I&C, Talk	5.000 Mount Hillery	
103.7	Macroom, County Cork	C103	Onic	Adult, Oldies, I&C, Talk	.015 Macroom	
103.7	County Mayo	iRadio	Bauer	Contemporary	9.500 Castlebar	
103.7	Nord Pas de Calais, France (1)	France Inter	Radio France	French Mixed format	400.000 Lille, France	

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103.8	Central Powys	Radio 4 FM	BBC	Talk, News, Entertainment	2.800 Llandrindod Wells	SO 018 635
103.8	Greenock & Firth of Clyde	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Rosneath	NS 258 811
103.8	South Nottinghamshire	Radio Nottingham	BBC	Mixed Format	.900 Mapperley Ridge	SK 583 424
103.8	Dorchester & Weymouth	BBC Radio Solent for Dorset	BBC	Mixed Format	.700 Bincombe Hill	SY 678 857
103.8	NW & C Herts, S Beds, E Bucks	Three Counties Radio	BBC	Mixed Format	.715 Zouches Farm	TL 044 210
103.8	Llanrhaeadr ym Mochnant, Powys	Radio Cymru	BBC	Welsh	.050 Llanrhaeadr ym Moch.	SJ 174 260
103.8	Burgess Hill, Sussex	Mid Sussex Radio	Community	Mixed Format	.026 Tower House, Burgess Hill	TQ 318 188
103.8	Belfast	Juice	Community	LGBTQ+	.025 Conway Mill Belfast	IJ 324 743
103.8	Dublin Region	Spin FM (Dublin)	Bauer (Ireland)	Contemporary	5.000 Three Rock	
103.9	Border Region	Radio 4 FM	BBC	Talk, News, Entertainment	50.000 Ashkirk	NT 470 244
103.9	Pitlochry & Aberfeldy, Perthshire	Radio 4 FM	BBC	Talk, News, Entertainment	.500 Pitlochry	NN 923 565
103.9	Warrenpoint, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.032 Rostrevor Forest	IJ 189 176
103.9	Kilkeel, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.200 Kilkeel	IJ 281 180
103.9	West Cornwall	Radio Cornwall	BBC	Mixed Format	17.800 Redruth	SW 690 394
103.9	West, South & Central Lancs	Radio Lancashire	BBC	Mixed Format	1.820 Winter Hill	SD 660 144
103.9	Leeds	Radio Leeds	BBC	Mixed Format	.100 Beecroft Hill	SE 237 350
103.9	South Suffolk	Radio Suffolk	BBC	Mixed Format	5.000 Manningtree	TM 123 295
103.9	South Wales	Radio Wales	BBC	Mixed Format	40.000 Wenvoe	ST 110 742
103.9	E Lewis, N Skye & W Highland	Radio nan Gaidheal	BBC	Gaelic	50.000 Melvaig	NG 757 900
103.9	Clonakilty, SW County Cork	C103	Onic	Adult, Oldies, I&C, Talk	.100 Clonakilty	
103.9	North County Tipperary	Tipp FM	Irish Ind	Adult	3.160 Kilduff	
103.9	Southampton	Voice FM	Community	New Music (Student)	.100 Southampton Solent U	SU 422 122
103.9	Boulogne, France (5)	Europe 1	France	French Talk	Boulogne, France	
104.0	Ceredigion & SW Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	250.000 Blaenplwyf	SN 569 756
104.0	Nuneaton, Warwickshire	BBC CWR	BBC	Mixed Format	.050 Nuneaton	SP 340 938
104.0	Worcestershire	BBC Hereford and Worcester	BBC	Mixed Format	2.000 Great Malvern	SO 774 464
104.0	North Sussex and East Surrey	Radio Surrey	BBC	Mixed Format	4.000 Reigate	TQ 256 521
104.0	Largs, Rothesay, Clyde Mouth	Radio nan Gaidheal	BBC	Gaelic	.570 Rothesay	NS 125 691
104.0	Kingussie, Highland	Radio nan Gaidheal	BBC	Gaelic	.035 Kingussie	NN 769 985
104.0	Huntingdon	HCR FM	Community	Mixed Format	.050 Huntingdon	TL 248 726
104.0	West County Donegal	iRadio	Bauer	Contemporary	2.000 Arranmore Island	
104.0	Youghal, Cork	Community Radio Youghal	Irish Community	Mixed Format	.040 Youghal	
104.1	Deiniolen & Llanberis, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Deiniolen	SH 576 621
104.1	Dumbarton & Alexandria	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Millburn Muir	NS 378 796
104.1	N Hampshire & W Berkshire	Radio Berkshire	BBC	Mixed Format	4.000 Hannington	SU 527 568
104.1	West Cumbria	Radio Cumbria	BBC	Mixed Format	.970 Whitehaven	NX 992 123
104.1	Keswick, Cumbria	Radio Cumbria	BBC	Mixed Format	.060 Keswick Forest	NY 223 244
104.1	South Yorkshire & North Notts	Radio Sheffield	BBC	Mixed Format	4.400 Holme Moss	SE 095 041
104.1	South West Shropshire	Radio Shropshire	BBC	Mixed Format	.040 Clun	SO 324 799
104.1	Stafford	Radio Stoke	BBC	Mixed Format	.070 Stafford	SJ 923 232
104.1	Blaenavon & Abersychan	Radio Cymru	BBC	Welsh	.010 Blaenavon	SO 277 063
104.1	Lothian and Fife	Radio nan Gaidheal	BBC	Gaelic	2.500 Craigkelly	NT 233 872
104.1	Roscommon/Long'd/S Leitrim	Shannonside 104 FM	Radio Kerry	Adult, Oldies, I&C, Talk	2.500 Slieve Bawn	
104.2	Windermere & Ambleside, Cmb	Radio Cumbria	BBC	Mixed Format	.064 Windermere	SD 383 980
104.2	East Kent	Radio Kent	BBC	Mixed Format	11.000 Swingate	TR 334 429
104.2	Northamptonshire	Radio Northampton	BBC	Mixed Format	4.000 Northampton	SP 760 647
104.2	Swansea area	Radio Cymru	BBC	Welsh	.926 Kilvey Hill	SS 672 940
104.2	Aberdeenshire	Radio nan Gaidheal	BBC	Gaelic	150.000 Meldrum	NJ 760 329
104.2	South Uist	Radio nan Gaidheal	BBC	Gaelic	1.000 Daliburgh	NF 736 216
104.2	Strachur & Inveraray, Strathcl	Radio nan Gaidheal	BBC	Gaelic	.018 Strachur	NN 094 027
104.2	Fort William area, Highland	Radio nan Gaidheal	BBC	Gaelic	4.000 Fort William	NN 117 772
104.2	Port Erin, Isle of Man	Three FM	Independent	Adult, Oldies	.050 Cronk ny Arrey	SC 193 670
104.2	Ramsay, Isle of Man	Three FM	Independent	Adult, Oldies	.050 Ramsay	SC 449 947
104.2	Bridgwater, Somerset	Segdgemoor FM	Community	Mixed Format	.170 Westfield House	ST 294 367
104.2	West County Limerick	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	9.500 Woodcock Hill	
104.2	West County Galway	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	.500 Clifden	
104.2	Cobin & Monkstown, County Cork	Red FM	Irish Ind	Contemporary, Dance	.630 Coolsallagh	
104.3	Ayrshire	Radio 4 FM	BBC	Talk, News, Entertainment	10.000 Darvel	NS 557 341
104.3	Rhondda Valley, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.006 Ton Pentre	SS 960 955
104.3	Torbay	Radio Devon	BBC	Mixed Format	1.000 Beacon Hill	SX 857 620
104.3	West Wiltshire	Radio Wiltshire	BBC	Mixed Format	.715 Naish Hill	ST 947 686
104.3	Thirsk & Northallerton area	Radio York	BBC	Mixed Format	.500 Woolmoor	SE 457 881
104.3	NE Wales, Merseyside, Cheshire	Radio Cymru	BBC	Welsh	16.000 Llangollen	SJ 209 488
104.3	Abertillery, South Wales	Radio Cymru	BBC	Welsh	.010 Abertillery	SO 244 023
104.3	Isle of Lewis	Radio nan Gaidheal	BBC	Gaelic	2.000 Eitshal	NB 305 302
104.3	Portree, Skye	Radio nan Gaidheal	BBC	Gaelic	.010 Penifler	NG 489 417
104.3	Mallaig, Highland	Radio nan Gaidheal	BBC	Gaelic	.014 Mallaig	NM 676 965

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104.4	Conwy & Llandudno, N Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Conwy	SH 781 765
104.4	Newcastle Emlyn area, Ceredigion	Radio 4 FM	BBC	Talk, News, Entertainment	.088 Llanyfriog	SN 348 412
104.4	Reading	Radio Berkshire	BBC	Mixed Format	1.000 Fountain Ho, Reading	SU 711 733
104.4	Redditch area	BBC Hereford and Worcester	BBC	Mixed Format	.100 Headless Cross	SP 038 661
104.4	West Tyneside, Tyne & Wear	Radio Newcastle	BBC	Mixed Format	.042 Fenham	NZ 216 648
104.4	West Norfolk	Radio Norfolk	BBC	Mixed Format	3.670 Great Massingham	TF 788 228
104.4	Llyswen area, Powys	Radio Cymru	BBC	Welsh	.010 Llyswen	SO 137 361
104.4	Kinlochleven, Highland	Radio nan Gaidheal	BBC	Gaelic	.010 Kinlochleven	NN 178 630
104.4	Penicuik, Lothian	Radio nan Gaidheal	BBC	Gaelic	.200 Penicuik	NT 229 597
104.4	Chelmsford	Chelmsford Community Radio	Community	Mixed Format	.050 Chelmsford	TL 706 069
104.4	Central London	Resonance FM	Community	Experimental	.050 Guys Hospital Tower	TQ 329 800
104.4	Mid Holderness, East Yorkshire	Seaside Radio	Community	Mixed Format	.080 Garton GT Motor Engineer	TA 265 355
104.4	Minehead	West Somerset Radio	Community	Mixed Format	.050 Minehead North	SS 964 473
104.4	Holywood, Northern Ireland	BFBS Gurkha Radio	Community	Nepali	Palace Barracks	IJ 392 777
104.4	Arklow, County Wicklow	East Coast Radio	Irish Ind	Adult, Talk	.400 Barranisky E, Arklow	
104.4	Dublin Region	FM 104	Onic	Contemporary	10.000 Three Rock	
104.4	Co Sligo, N Leitrim, S Donegal	iRadio	Bauer	Contemporary	9.500 Truskmore	
104.4	Zeeland, Netherlands (4)	NOS Radio 1	NOS	Dutch News, Talk	50.000 Goes, Netherlands	
104.5	Dee Valley, Aberdeenshire	Radio 4 FM	BBC	Talk, News, Entertainment	.042 Tullich	NO 379 984
104.5	South Derbyshire & East Staffs	Radio Derby	BBC	Mixed Format	3.800 Drum Hill	SK 375 425
104.5	North Lancashire	Radio Lancashire	BBC	Mixed Format	2.100 Lancaster	SD 490 662
104.5	East Sussex	Radio Sussex	BBC	Mixed Format	10.000 Heathfield	TQ 566 220
104.5	Milton Keynes area	Three Counties Radio	BBC	Mixed Format	2.200 Bow Brickhill	SP 914 342
104.5	Cwmafan, South Wales	Radio Cymru	BBC	Welsh	.010 Cwmafan	SS 798 936
104.5	Porth area, South Wales	Radio Cymru	BBC	Welsh	.010 Porth	ST 029 919
104.5	Perth area	Radio nan Gaidheal	BBC	Gaelic	.964 Kirkton Mailer	NO 102 210
104.5	Middlesbrough	CVFM	Community	Mixed Format	.025 Middlesbrough	NZ 494 199
104.5	Yeovil area, Somerset	Ninesprings Radio	Community	Mixed Format	.100 Huish Park, Yeovil	ST 528 170
104.5	North Innishowen	Highland Radio	Bauer (Ireland)	Adult, Irish & Country, Talk	2.000 Back Mountain	
104.5	West County Cork	Red FM	Irish Ind	Contemporary	10.000 Nowen Hill	
104.6	South East Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	4.000 Camlough	IJ 055 246
104.6	Eyemouth and Border coast	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Eyemouth	NT 947 599
104.6	Colwyn Bay area, North Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Penmaen Rhos	SH 877 779
104.6	Bath	Radio Bristol	BBC	Mixed Format	.082 Bath	ST 769 654
104.6	Kidderminster area	BBC Hereford and Worcester	BBC	Mixed Format	.500 Kidderminster	SO 808 739
104.6	Upper Tame Valley, Gt Mancs	Radio Manchester	BBC	Mixed Format	.100 Saddleworth	SD 987 050
104.6	West Surrey and NE Hampshire	Radio Surrey	BBC	Mixed Format	4.000 Guildford	SU 975 486
104.6	West Suffolk	Radio Suffolk	BBC	Mixed Format	1.900 Great Barton	TL 886 686
104.6	Carmarthenshire	Radio Cymru	BBC	Welsh	3.000 Carmel	SN 576 153
104.6	Ebbw Vale & Tredegar, S Wales	Radio Cymru	BBC	Welsh	.030 Ebbw Vale	SO 159 088
104.6	Llangeinor, Pontycymer, M Gm	Radio Cymru	BBC	Welsh	.010 Llangeinor	SS 905 886
104.6	Thurso & Wick area, Highland	Radio nan Gaidheal	BBC	Gaelic	10.000 Rumster Forest	ND 197 385
104.6	Oban area, Highland	Radio nan Gaidheal	BBC	Gaelic	5.000 Oban	NM 850 290
104.6	Newport, Isle of Wight	Vectis Radio	Community	Mixed Format	.095 Newport Golf Course	SZ 511 873
104.6	West Ireland	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	9.500 Maghera	
104.6	West Roscommon	Shannonside 104 FM	Radio Kerry	Adult, Oldies, I&C, Talk	.500 Fairmount	
104.7	Aberdare area, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.042 Aberdare	SO 034 013
104.7	Brecon, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Brecon	SO 030 299
104.7	Gloucester/ Cheltenham area	Radio Gloucestershire	BBC	Mixed Format	2.000 Churchdown Hill	SO 880 188
104.7	Grantham, Lincolnshire	Radio Lincolnshire	BBC	Mixed Format	.050 Grantham	SK 905 337
104.7	Deeside, North Wales	Radio Cymru	BBC	Welsh	.250 Treffynnon	SH 181 771
104.7	Skye, Harris, East N & S Uist	Radio nan Gaidheal	BBC	Gaelic	30.000 Skriag	NG 451 408
104.7	Glasgow and Clydeside area	Radio nan Gaidheal	BBC	Gaelic	10.000 Black Hill	NS 828 647
104.7	Fort Augustus area, Highland	Radio nan Gaidheal	BBC	Gaelic	1.000 Fort Augustus	NH 361 049
104.7	Speyside, Highland	Radio nan Gaidheal	BBC	Gaelic	.720 Grantown	NJ 003 267
104.7	Central & S North Yorkshire	Greatest Hits Radio	Bauer	Oldies	2.500 Acklam Wold	SE 795 619
104.7	Guernsey	Island FM	Tindle	Adult	1.250 Les Touillets	CI 582 511
104.7	Sherborne, Dorset	Abbey 104	Community	Mixed Format	.025 Sherborne	ST 640 179
104.7	Burnham on Crouch & Southminster	Caroline Coastal	Community	Mixed Format	.075 Althorne	TQ 911 988
104.7	Ludgershall and Tidworth, Wiltshire	Castledown FM	Community	Mixed Format	.050 Ludgershall	SU 254 503
104.7	Northampton	Embrace Radio	Community	Mixed Format	.140 Northampton Moulton Pk	SP 768 646
104.7	Rossendale, Lancashire	Rossendale Radio	Community	Mixed Format	.050 Hardmans Business Centr	SD 805 223
104.7	Brill, Bucks	Brill Oldies Radio	RSL	Oldies	5.0E-05 Brill	SP 655 138
104.7	East Innishowen	Highland Radio	Bauer (Ireland)	Adult, Irish & Country, Talk	.400 Moville	
104.7	Ardara & Glenties, Donegal	Highland Radio	Bauer (Ireland)	Adult, Irish & Country, Talk	.200 Mulmosog	
104.7	S Meath, N Kildare, W Wicklow	iRadio	Bauer	Contemporary	1.000 Saggart	
104.7	Calais, France (6)	France Inter	Radio France	French Mixed format	1.000 Calais, France	
104.8	Barmouth area, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.250 Llwyn Onn	SH 625 175
104.8	Pontypool & Cwmbran, S Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.050 Pontypool	ST 284 990
104.8	Vale of Neath, South Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Rheola	SN 841 061
104.8	Llanidloes, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.005 Llanidloes	SN 948 844
104.8	West Sussex	Radio Sussex	BBC	Mixed Format	2.000 Burton Down	SU 965 131
104.8	Biggleswade and Sandy, Beds	Biggles FM	Community	Mixed Format	.100 Potton	TL 216 490
104.8	Leyland, Lancashire	Radio Leyland	Community	Mixed Format	.050 Leyland- Farington	SD 548 231
104.8	Cavan and South Monaghan	iRadio	Bauer	Contemporary	2.500 Sliebh Glah	
104.8	South West Co Tipperary	Tipperary Mid West Radio	Irish Community	Mixed Format	10.000 Dangandargan	

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104.9	Pembrokeshire	Radio 4 FM	BBC	Talk, News, Entertainment	20.000 Haverfordwest	SN 028 261
104.9	South West Stirlingshire	Radio 4 FM	BBC	Talk, News, Entertainment	1.000 Ben Gullipen	NN 598 045
104.9	Porthmadog area, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.100 Llandecwyn	SH 644 371
104.9	Hay on Wye area	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Clyro	SO 204 432
104.9	Betws-y-Coed, Llanrwst, N Wales	Radio 4 FM	BBC	Talk, News, Entertainment	.010 Betws-y-Coed	SH 825 582
104.9	Leicestershire	Radio Leicester	BBC	Mixed Format	8.000 Copt Oak	SK 483 126
104.9	Marlborough area, Wilts	Radio Wiltshire	BBC	Mixed Format	.100 Marlborough	SU 209 688
104.9	Rhymney area, South Wales	Radio Cymru	BBC	Welsh	.020 Rhymney	SO 127 042
104.9	Ferndale, South Wales	Radio Cymru	BBC	Welsh	.010 Ferndale	ST 006 970
104.9	Inverness & Moray Firth area	Radio nan Gaidheal	BBC	Gaelic	20.000 Rosemarkie	NH 762 623
104.9	Ness of Lewis	Radio nan Gaidheal	BBC	Gaelic	.200 Ness of Lewis	NB 533 603
104.9	South Islay (mono)	Radio nan Gaidheal	BBC	Gaelic	.065 Port Ellen	NR 338 452
104.9	Ullapool, Highland	Radio nan Gaidheal	BBC	Gaelic	.050 Ullapool	NH 142 935
104.9	Corran and Onich, Highland	Radio nan Gaidheal	BBC	Gaelic	.050 Ardour	NM 989 626
104.9	South & Central Gt Manchester	Greatest Hits Radio	Bauer	Oldies	.320 Ratcliffe Towers	SJ 897 898
104.9	London area	Radio X	Global Radio	Modern Rock	2.900 Crystal Palace	TQ 339 712
104.9	East Belfast	Sunshine Radio	Community	Christian	.025 Lower Braniel Road	IJ 390 721
104.9	Settle area, North Yorkshire	Dales Radio	Community	Mixed Format	0.050 Giggleswick	SD 802 644
104.9	Grassington area, N Yorkshire	Dales Radio	Community	Mixed Format	0.050 Grassington	SE 086 647
104.9	Leyburn area, N Yorkshire	Dales Radio	Community	Mixed Format	0.050 Leyburn	SE 106 910
104.9	Sedbergh, Cumbria	Dales Radio	Community	Mixed Format	0.050 Sedbergh Town	SD 657 918
104.9	Dover, Kent	Dover Community Radio	Community	Mixed Format	0.050 Guston	TR 321 436
104.9	Galway County and City	Classic Hits Radio	Classic Hits R	Oldies, Easy, Talk	9.500 Mervue	
105.0	South and East IOM	Three FM	Independent	Adult, Oldies	2.000 Carnane	SC 372 746
105.0	Uckfield, Sussex	Ashdown Radio	Community	Mixed Format	.300 Uckfield	TQ 484 208
105.0	Southwold, Suffolk	Blyth Valley Radio	Community	Mixed Format	.025 Reydon	TM 490 770
105.0	Wrexham	Wrexham Premier Radio	Community	Mixed Format	.080 Wrexham Ty Pawb	SJ 337 504
105.0	Cambridge	Cambridge 105	Community	Mixed Format	.025 Cambridge	TL 455 577
105.0	Redcar and East Teesside	Zetland FM	Community	Mixed Format	.025 Park Farm Dunsdale	NZ 601 198
105.0	County Louth & NE Co Meath	iRadio	Bauer	Contemporary	4.900 Mount Oriel	
105.0	South Donegal	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	9.800 Mount Charles	
105.0	Tobercurry, South West Sligo	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	.200 Tobercurry	
105.0	North Inishowen	Inishowen Community Radio	Irish Community	Mixed Format	Malin	
105.1	West and South Yorkshire, York	Capital (Yorkshire)	Global Radio	Contemporary	2.580 Emley Moor	SE 222 128
105.1	Southend, Essex	Radio Essex	Adventure	Contemporary	.476 Southend Telephone Exch	TQ 874 859
105.1	East Cornwall and West Devon	Heart South West	Global Radio	Pop Hits from 90s to present	2.500 Caradon Hill	SX 273 707
105.1	Luton	Inspire FM	Community	Muslim	.060 Luton Felpersham Court	TL 076 211
105.1	Oxford	First FM	Community	Mixed Format	.284 Oxford Windrush Tower	SP 552 028
105.1	Portlethen area, Aberdeenshire	Mearns FM	Community	Mixed Format	.049 Portlethen	NO 924 966
105.1	South Gloucestershire	Thornbury Radio	Community	Mixed Format	.050 Thornbury	ST 663 901
105.1	Youghal, Cork	Red FM	Irish Ind	Contemporary	.500 Youghal	
105.2	Maughold area, Isle of Man	Energy FM	Independent	Contemporary	.050 Ballasaig	SC 472 908
105.2	Port Erin, Isle of Man	Energy FM	Independent	Contemporary	.040 Mull Hill	SC 190 676
105.2	West Midlands	Greatest Hits Radio	Bauer	Oldies	11.000 Sutton Coldfield	SK 113 003
105.2	S Hampshire, W Sussex, IOW	Greatest Hits Radio	Bauer	Oldies, Adult	10.000 Chiltonton Down	SZ 475 835
105.2	Carmarthenshire	Heart South Wales	Global Radio	Pop Hits from 90s to present	3.000 Carmel	SN 576 153
105.2	Abergavenny & Usk Valley	Heart South Wales	Global Radio	Pop Hits from 90s to present	.300 Abergavenny	SO 244 126
105.2	Glasgow and Clydeside area	Smooth Radio Scotland	Global Radio	Oldies, Easy Listening	30.000 Black Hill	NS 828 647
105.2	Harleston, Norfolk	Park Radio	Community	Mixed Format	.024 Harleston	TM 249 828
105.2	Kinsale, County Cork	Red FM	Irish Ind	Contemporary	.200 Kinsale	
105.2	Nord Pas de Calais, France (1)	France Info	Radio France	French News	400.000 Lille, France	
105.3	Tyneside, N Durham, S Nthmb	Capital (North East)	Global Radio	Contemporary	10.000 Burnhope	NZ 184 474
105.3	Turriff & Aberchirder, Aberdeenshire	Deveron FM	Community	Mixed Format	.025 Turriff	NJ 713 495
105.3	Derry	Drive 105	Community	Mixed Format	.025 Londonderry	IC 437 149
105.3	Withernsea area, East Yorkshire	Seaside Radio	Community	Mixed Format	.200 Withernsea	TA 342 280
105.3	Wiveliscombe area, Somerset	10 Radio	Community	Mixed Format	.025 Milverton	ST 106 262
105.3	Enniskillen	Vibe FM	Community	Mixed Format	.025 Enniskillen	IH 237 440
105.3	Eynsham, Oxfordshire	WRFM	Community	Mixed Format	.025 Eynsham	SP 430 095
105.3	Wychwood and Chilson, Oxon	WRFM	Community	Mixed Format	.025 Ascott-under-Wychwood	SP 289 191
105.3	Forest Heath, Suffolk	Zack FM	Community	Mixed Format	.100 Mildenhall St Mary's Ch	TL 710 746
105.4	Leicestershire and Rutland	Capital (Midlands)	Global Radio	Contemporary	5.000 Skeffington	SK 739 036
105.4	North West England	Heart North West	Global Radio	Pop Hits from 90s to present	5.000 Winter Hill	SD 660 144
105.4	Mersey Tunnel	Heart North West	Global Radio	Pop Hits from 90s to present	.002 Mersey Tunnel	SJ 340 902
105.4	Cardiff and Vale of Glamorgan	Heart South Wales	Global Radio	Pop Hits from 90s to present	5.000 St Hilary	ST 026 741
105.4	London area	Magic	Bauer	Classic Adult Hits	4.000 Croydon	TQ 332 696
105.4	Dartford Tunnel, Kent-Essex	Magic	Bauer	Classic Adult Hits	Dartford Tunnel	TQ 571 769
105.4	North East Fife	Original (Tayside and Fife)	DC Thompson	Oldies, Adult	.100 Allanhill Farm	NO 520 141
105.4	Folkestone Kent	BFBS Gurkha Radio	Community	Nepali	.025 Shorncliffe MoD Tower	TR 196 358
105.4	Bantry, W County Cork	Red FM	Irish Ind	Contemporary	.200 Bantry	
105.4	Fermoy, County Cork	Red FM	Irish Ind	Contemporary	.200 Fermoy	
105.5	Torbay	Greatest Hits Radio	Bauer	Oldies	1.160 Beacon Hill	SX 857 620
105.5	Brighton	Platform B	Community	New Music	.050 Sussex Heights Tower	TQ 306 042
105.5	Whitby	Coast and County Radio	Community	Mixed Format	.025 Whitby Football Club	NZ 890 113
105.5	Milton Keynes	The Point	Community	Oldies	.050 Milton Keynes Saxon Gate	SP 850 390
105.5	Swindon	Swindon 105	Community	Mixed Format	.025 Swindon Football Stadium	SU 159 850
105.5	Warminster	WCR	Community	Mixed Format	.050 Warminster	ST 873 451
105.5	NE Ireland, SE Northern Ireland	Today FM	Bauer (Ireland)	Adult, Talk	80.000 Clermont Carn	
105.5	Basse Normandie, France (2)	France Info	Radio France	French News	50.000 Caen, France	
105.5	Bretagne, France (3)	France Info	Radio France	French News	Rennes & Brest, France	

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105.6	West Tyneside, Tyne & Wear	Capital (North East)	Global Radio	Contemporary	.050 Fenham	NZ 216 648
105.6	Bradford area	Capital (Yorkshire)	Global Radio	Contemporary	.500 Idle	SE 163 374
105.6	Sheffield and Rotherham	Capital (Yorkshire)	Global Radio	Contemporary	.250 Tipton Hill, Sheffield	SK 324 870
105.6	S & Central Cambridgeshire	Greatest Hits Radio	Bauer	Oldies	1.000 Madingley, Cambridge	TL 392 594
105.6	Newbury, Berkshire	Greatest Hits Radio	Bauer	Oldies	.100 Newbury	SU 452 648
105.6	Yeovil area	Greatest Hits Radio	Bauer	Oldies	.430 Charlock Hill	ST 614 180
105.6	Maidstone	KM-FM	Kent Messenger	Contemporary	.500 Coxheath	TQ 742 508
105.6	St Austell, Cornwall	Chaos	Community	Mixed Format	.025 St Austell Sreda	SX 022 547
105.6	Cinderford area, Gloucestershire	Dean Radio	Community	Mixed Format	.025 Belle Vue, Cinderford	SO 658 140
105.6	Athlone	iRadio	Bauer	Contemporary	.500 Athlone	
105.6	Birr, County Offaly	iRadio	Bauer	Contemporary	.500 Birr	
105.6	Calais, France (6)	France Info	Radio France	French News	1.000 Calais, France	
105.7	Lothian and Fife	Capital (Scotland)	Communicorp	Contemporary	10.000 Craigkelly	NT 233 872
105.7	North Wales Coast	Heart North Wales	Communicorp	Pop Hits from 90s to present	1.250 Great Orme Head	SH 766 834
105.7	Pembrokeshire	Heart South Wales	Global Radio	Pop Hits from 90s to present	9.400 Presely	SN 172 306
105.7	West Midlands region	Smooth Radio (West Midlands)	Global Radio	Oldies, Easy Listening	11.000 Sutton Coldfield	SK 113 003
105.7	Ipswich	Ipswich Community Radio	Community	Mixed Format	.030 Ipswich Hospital	TM 193 448
105.7	Stonehaven area, Aberdeenshire	Mearns FM	Community	Mixed Format	.150 Stonehaven	NO 875 846
105.7	North County Cork	Red FM	Irish Ind	Contemporary	4.900 Nagles	
105.7	Haute Normandie, France (2)	France Info	Radio France	French News	100.000 Rouen, France	
105.8	Hexham & Tyne Valley, Nthmb	Capital (North East)	Global Radio	Contemporary	.150 Newton	NZ 036 653
105.8	East Yorkshire & N Lincolnshire	Capital (Yorkshire)	Global Radio	Contemporary	9.400 High Hunsley	SE 945 350
105.8	London area	Greatest Hits Radio	Bauer	Oldies	4.000 Crystal Palace	TQ 339 712
105.8	Dartford Tunnel, Kent-Essex	Greatest Hits Radio	Bauer	Oldies	Dartford Tunnel	TQ 571 769
105.8	East Dorset	Greatest Hits Radio	Bauer	Oldies	.625 Poole	SZ 037 921
105.8	Belfast Area	U105	Onic	Oldies, Soft, Talk	.960 Black Mountain	IJ 278 727
105.8	Keynsham, NE Somerset	Keynsham Town Comm R	Community	Mixed Format	.260 Burnett Business Park	ST 668 661
105.8	Dartmouth, Devon	Skylark Radio	Community	Experimental	.200 Princetown	SX 583 742
105.8	Offaly and Laois (m)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	4.000 Cappard	
105.9	Merseyside and West Cheshire	Greatest Hits Radio	Bauer	Oldies	7.570 Allerton Park	SJ 421 866
105.9	Newport area	Heart South Wales	Global Radio	Pop Hits from 90s to present	1.000 Christchurch	ST 353 896
105.9	Merthyr Tydfil and Aberdare	Heart South Wales	Global Radio	Pop Hits from 90s to present	.025 Heolgerrig	SO 020 055
105.9	Ludlow and N Herefordshire	Sunshine Radio	Sunshine Group	Adult, Oldies	.500 Woofferton	SO 511 691
105.9	Bishop Auckland, Co. Durham	Bishop FM	Community	Mixed Format	.100 High Etherley	NZ 163 281
105.9	Portsoy & Cornhill, Aberdeenshire	Deveron FM	Community	Mixed Format	.025 Portsoy	NJ 599 659
105.9	Folkestone, Kent	Radio Folkestone	Community	Mixed Format	.025 Folkestone	TR 218 373
105.9	Monifieth, Angus	RNA FM	Independent	Mixed Music	.025 Monifieth High School	NO 484 322
106.0	East Midlands	Greatest Hits Radio	Bauer	Oldies	8.000 Copt Oak	SK 483 126
106.0	Swansea area	Heart South Wales	Global Radio	Pop Hits from 90s to present	1.000 Kibvelo Hill	SS 672 940
106.0	Carmarthen	Heart South Wales	Global Radio	Pop Hits from 90s to present	.020 Carmarthen	SN 412 213
106.0	Newtown, Powys	Heart North Wales	Communicorp	Pop Hits from 90s to present	.040 Llandinam	SO 050 877
106.0	Canterbury area	KM-FM	Kent Messenger	Contemporary	.230 Rough Common	TR 125 598
106.0	South Hampshire and Wight	Nation Radio (South)	Nation	Oldies, Adult	4.000 Chillerton Down	SZ 475 835
106.0	Cookstown & Maghera, N Ireland	Q Radio	Northern Media	Adult	.600 Tulnagee Quarry	IH 824 874
106.0	Loch Gairloch, West Highland	Radio Wester Ross	Independent	Mixed Music	.600 Port Henderson	NG 763 940
106.0	Dublin Region (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	10.000 Three Rock	
106.1	Glasgow and Clydeside area	Capital (Scotland)	Communicorp	Contemporary	20.000 Black Hill	NS 828 647
106.1	Ebbw Vale & Tredgar, South Wales	Heart South Wales	Global Radio	Pop Hits from 90s to present	.020 Ebbw Vale	SO 159 088
106.1	East Norfolk and NE Suffolk	Hits Radio	Bauer	Contemporary, 10s, 00s	4.000 Stoke Holy Cross	TG 258 026
106.1	Greater Manchester	XS Manchester → Radio X 90s	Communicorp	Rock, Talk → 90s Rock	1.000 Sunley Building	SJ 844 983
106.1	Brize Norton, Oxfordshire	BFBS Brize Norton	Community	Contemp/Adult (for Army)	.027 RAF Brize Norton	SP 288 065
106.1	Penarth, South Wales	Bro Radio	Community	Mixed Format	.030 Penarth	ST 180 706
106.1	Ottery St Mary area, Devon	East Devon Radio	Community	Mixed Format	.025 Finnimore Industrial Est	TQ 343 723
106.1	Newquay, Cornwall	Radio Newquay	Community	Mixed Format	.200 Newquay Live Theatre	SW 829 601
106.1	Rhondda Valley, South Wales	Rhondda Community Radio	Community	Mixed Format	.026 Nant y Gwydden landfill	SS 981 943
106.1	Barnstaple, Devon	The Voice	Community	Mixed Format	.050 Barnstaple	SS 551 323
106.1	Cork City and East County Cork	Red FM	Irish Ind	Contemporary	10.000 Spur Hill	
106.1	West County Galway	Connemara Community R	Irish Community	Mixed Format	.200 Tulligbeg	
106.2	London area	Heart London	Global Radio	Pop Hits from 90s to present	4.000 Croydon	TQ 332 696
106.2	Dartford Tunnel, Kent-Essex	Heart London	Global Radio	Pop Hits from 90s to present	Dartford Tunnel	TQ 571 769
106.2	Fishguard & Newport, Pems	Heart South Wales	Global Radio	Pop Hits from 90s to present	.500 Fishguard	SM 944 391
106.2	West and South Yorkshire, York	Heart Yorkshire	Communicorp	Pop Hits from 90s to present	2.580 Emley Moor	SE 222 128
106.2	Portree, Skye	Radio Skye	Independent	Mixed Format, Gaelic	.030 Portree	NG 482 440
106.2	Sleat Peninsula, Skye	Radio Skye	Independent	Mixed Format, Gaelic	.100 Sabhal Mòr Ostaig	NG 650 062
106.2	Herefordshire	Sunshine 106.2	Sunshine Group	Adult, Oldies	1.600 Ridge Hill	SO 630 333
106.2	Peel and West Isle of Man	Three FM	Independent	Adult, Oldies	.324 Beary Peark	SC 295 832
106.2	Inverbervie, Aberdeenshire	Mearns FM	Community	Mixed Format	.025 Inverbervie	NO 828 717
106.2	Peterborough	Salaam Radio	Community	Muslim Community	.040 Peterborough	TL 195 988
106.2	Offaly and Laois	iRadio	Bauer	Contemporary	4.000 Cappard	
106.2	Dundalk area, County Louth	iRadio	Bauer	Contemporary	.250 Dundalk	
106.2	Drogheda	iRadio	Bauer	Contemporary	.250 Drogheda	
106.2	Calais, France (6)	France Bleu Nord	Radio France	French Oldies	1.000 Calais, France	
106.3	Bridgend area	Bridge FM	Nation	Adult, Oldies	.500 Mynydd Baeden	SS 972 855
106.3	Chester/ South Flintshire	Dee FM	Dee Radio	Adult, Oldies	.130 The Steam Mill	SJ 413 666
106.3	South East Fife	Original (Tayside and Fife)	DC Thompson	Oldies, Adult	.150 East Neuk	NO 568 088
106.3	Peterhead area, Aberdeenshire	Original 106	DC Thompson	Oldies, Adult	.175 Peterhead FC	NK 122 467
106.3	Aberdeen	Original 106	DC Thompson	Oldies, Adult	.025 Balgowrie	NJ 927 104
106.3	Maghera, Northern Ireland	Q Radio	Northern Media	Adult	.031 Seefin Hill	IC 817 027
106.3	Barrow-in-Furness, Cumbria	Cando FM	Community	Mixed Format	.015 Barrow-in-Furness	SD 1986 91
106.3	Dorchester, Dorset	Keep 106	Community	Oldies, Easy Listening	.096 Bincombe Barn	SY 677 858
106.3	Milton Keynes	MKFM	Community	Mixed Format	.050 Milton Keynes Saxon Gate	SP 851 391
106.3	Coventry	Vanny Radio	Community	Rhythmic Contemporary	.010 William Batchelor House	SP 334 796

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
106.4	Teesside, S Durham, N Yorks	Capital (North East)	Global Radio	Contemporary	9.550 Bilsdale	SE 553 962
106.4	Suffolk, South Norfolk, NE Essex	Greatest Hits Radio	Bauer	Oldies	20.000 Mendlesham	TM 122 641
106.4	Buxton, Derbyshire	Greatest Hits Radio	Bauer	Oldies	.250 Buxton	SK 060 753
106.4	Glossop area, Derbyshire	Greatest Hits Radio	Bauer	Oldies	.250 Glossop	SK 022 953
106.4	Andover area	Greatest Hits Radio	Bauer	Oldies	.100 Andover	SU 372 445
106.4	Bicester, Oxfordshire	Greatest Hits Radio	Bauer	Oldies	.030 Bicester	SP 592 231
106.4	Wallingford, Oxfordshire	Greatest Hits Radio	Bauer	Oldies	.030 Wallingford	SU 617 901
106.4	Wantage, Oxfordshire	Greatest Hits Radio	Bauer	Oldies	.030 Wantage	SU 398 878
106.4	Witney, Oxfordshire	Greatest Hits Radio	Bauer	Oldies	.023 Witney	SP 353 099
106.4	Burgess Hill & Haywards Heath	More Radio	MSH	Adult, Oldies	.390 Haywards Heath	TQ 338 229
106.4	Belfast	Blast FM	Community	New Music	.025 Europa Hotel Belfast	IJ 335 738
106.4	Coleraine, Northern Ireland	Coast FM	Community	Mixed Format	.025 Ballygalley GC	ID 380 075
106.4	ExemOUTH, Devon	East Devon Radio	Community	Mixed Format	.200 ExemOUTH	SY 034 838
106.4	North East County Cork (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	.500 Nagles	
106.4	Dublin	Raidio Na Life	Irish Community	Irish	2.000 Three Rock	
106.5	Campbelltown	Argyll FM	Independent	Adult, Contemporary	.500 Campbelltown	NR 742 212
106.5	Preston and Leyland area	Capital (North West)	Global Radio	Contemporary	.133 Bee Lane	SD 543 266
106.5	Shrewsbury area	Greatest Hits Radio	Bauer	Oldies	.500 Shelton	SJ 465 135
106.5	Bristol area	Magic	Bauer	Classic Adult Hits	1.000 Dundry East	ST 573 665
106.5	Aldergrave, Northern Ireland	BFBS Northern Ireland	Community	Contemp/Adult (for Army)	.025 RAF Aldergrave	IJ 154 797
106.5	Thurso & Wick area, Highland	Caithness FM	Community	Mixed Format	1.260 Ben Dorrery	ND 063 551
106.5	NE Hampshire & NW Surrey	Glow Radio	Community	Contemporary	.200 Fenborough Meads	SU869 555
106.5	Bedford	Intobeats	Community	Rhythmic New Music	.055 Bedford Murdock Road	TL 044 517
106.5	NW Swansea	Swansea Live Radio	Community	Mixed Format	.050 Tirocoed	SN 620 001
106.5	Galashiels, Scottish Borders	TD1 Radio	Community	Mixed Format	.040 Galashiels Golf Club	NT 494 366
106.5	Boulogne, France (5)	France Info	Radio France	French News	1.000 Boulogne, France	
106.6	Chapel-en-le-Frith, Derbyshire	Greatest Hits Radio	Bauer	Oldies	.040 Chapel-en-le-Frith Quentin	SK 062 809
106.6	North West Sussex	Greatest Hits Radio	Bauer	Oldies	Midhurst	SU 912 250
106.6	Chard and Ilminster, Somerset	Greatest Hits Radio	Bauer	Oldies	.250 Windwhistle	ST 384 096
106.6	Bournemouth area	Nation Radio (South)	Nation	Oldies, Adult	.500 West Howe	SZ 043 951
106.6	Winchester	Nation Radio (South)	Nation	Oldies, Adult	.020 Crabwood Farm	SU 449 295
106.6	Perth area	Original (Tayside and Fife)	DC Thompson	Oldies, Adult	.254 Kirkton Mailer	NO 102 210
106.6	East Midlands and Lincoln	Smooth Radio (East Midlands)	Communicorp	Oldies, Easy Listening	10.800 Waltham	SK 809 233
106.6	Central Isle of Man	Three FM	Independent	Adult, Oldies	.202 Snaefell	SC 397 881
106.6	Lochs Ewe & Maree, W Highland	Radio Wester Ross	Independent	Mixed Music	2.000 Cliff Hill	NG 850 799
106.6	Bradford	BCB	Community	Mixed Format	.200 Idle	SE 163 374
106.6	Wivenhoe, NE Essex	Colne Radio	Community	Mixed Format	.025 Wivenhoe	TM 043 226
106.6	Ashington, Northumberland	Koast Radio	Community	Mixed Format	.300 Ashington	NZ 283 866
106.6	North Manchester	North Manchester FM	Community	Mixed Format	.100 Manchester Kentmere Ct	SD 875 035
106.6	High Wycombe	Wycombe Sound	Community	Mixed Format	.100 High Wycombe	SU 851 926
106.7	Largs, Rothesay, Clyde Mouth	Clyde 1	Bauer	Contemporary	.600 Rothesay	NS 125 691
106.7	Plymouth area	Greatest Hits Radio	Bauer	Oldies	.625 Fort Staddon	SX 497 517
106.7	Stevenage area	Heart Hertfordshire	Communicorp	Pop Hits from 90s to present	.100 Old Knebworth	TL 231 208
106.7	Malton area, North Yorkshire	Coast and County Radio	Community	Mixed Format	.150 Malton	SE 755 711
106.7	Newbury, Berkshire	Kennet Radio	Community	Mixed Format	.170 Newbury East	SU 489 681
106.7	Liverpool	Liverpool Community Radio	Community	Mixed Format	.200 Liverpool Holt Road	SJ 371 908
106.7	Clitheroe, Lancashire	Ribble FM	Community	Mixed Format	.100 Clitheroe	SD 744 420
106.7	Musselborough area, E Lothian	Radio Saltire	Community	Mixed Format		
106.7	Tunbridge Wells, Kent	West Kent Radio	Community	Mixed Format	.075 Tunbridge Wells Sankeys	TQ 583 398
106.7	Worcester	Radio Wyvern	Community	Pop, New Music	.200 Worcester Perry Wood Sc	SO 868 551
106.7	County Monaghan	I105-107	Bauer	Contemporary	1.000 Monaghan	
106.7	Ballyknock, Co. Tipperary	Tipperary Mid West Radio	Irish Community	Mixed Format	.080 Ballyknock Hill	
106.8	Central and South Oxfordshire	Greatest Hits Radio	Bauer	Oldies	.270 Boars Hill	SP 483 030
106.8	Wakefield area	Greatest Hits Radio	Bauer	Oldies	.510 Wakefield House Flats	SE 333 211
106.8	Dover area	KM-FM	Kent Messenger	Contemporary	.100 Guston	TR 320 436
106.8	Lewes area, Sussex	More Radio	MSH	Adult, Oldies	.100 Lewes County Hall	TQ 408 099
106.8	Bishop Auckland area	Nation Radio (North East)	Nation	Oldies, Adult	.025 Middlestone	NZ 251 315
106.8	Cardiff and South East Wales	Nation Radio (Wales)	Nation	Oldies, Adult	4.540 Wenvoe	ST 110 742
106.8	East Aberdeenshire	Original 106	DC Thompson	Oldies, Adult	18.550 Durris	NO 763 897
106.8	Peterborough	Smooth Radio (East Midlands)	Communicorp	Oldies, Easy Listening	.100 Gunthorpe	TF 187 036
106.8	Bulford, Tidworth, Netheravon	BFBS (Salisbury Plain)	Community	Contemp/Adult (for Army)	.020 Bulford Camp	SU 195 429
106.8	Cumbernauld, North Lanarkshire	Cumbernauld FM	Community	Mixed Format	.030 Cumbernauld New College	NS 759 743
106.8	Exeter	Phonic FM	Community	Mixed Format	.025 Exeter	SX 920 928
106.8	South Central London	Rinse FM	Community	Rhythmic New Music	.032 Peregrine House	TQ 318 829
106.8	Tamworth, Staffordshire	Radio Tamworth	Community	Pop, New Music	.025 Strode House	SK 204 039
106.8	Woodbridge, Suffolk	BFBS Gurkha Radio	Community	Nepali		
106.8	Billericay, Essex	Moonbeamers Drive-In part time	Cinema RSL	Film Soundtrack	5.0E-05 Barleylands Craft Village	TQ 695 919
106.8	County Dublin	Sunshine 106.8	Irish Ind	Easy Listening	4.000 Three Rock	
106.9	East and Central Herts	Heart Hertfordshire	Communicorp	Pop Hits from 90s to present	.250 Cole Green	TL 287 116
106.9	Hitchin and Letchworth, Herts	Heart Hertfordshire	Communicorp	Pop Hits from 90s to present	.050 Letchworth	TL 209 313
106.9	Denbigh, Ruthin and Rhyl	Heart North Wales	Communicorp	Pop Hits from 90s to present	.440 Moel-y-Parc	SJ 123 701
106.9	East Cheshire	Silk FM	Dee Radio	Soft, Adult	.300 Sutton Common	SJ 933 676
106.9	Catterick, North Yorkshire	BFBS (Catterick)	Community	Contemp/Adult (for Army)	.025 Catterick Garrison	SE 181 984
106.9	Wolverhampton	Gulshan Radio	Community	Asian	.032 Wolverhampton	SO 910 970
106.9	West Hull	Humber Wave Radio	Community	Mixed Format	.100 Hull Royal Infirmary	TA 081 287
106.9	Northampton	NIive	Community	Mixed Format	.050 Northampton Fire Station	SP 756 610
106.9	Sittingbourne, Kent	SFM	Community	Mixed Format	.200 Sittingbourne Demelza H	TQ 876 647
106.9	Sutton in Ashfield area	Takeover Radio	Community	Childrens	.025 Sutton in Ashfield	SK 495 587
106.9	Bishop's Cleeve, Gloucestershire	Radio Winchcombe	Community	Mixed Format	.020 Bishop's Cleeve	SO 971 273
106.9	East Donegal & Derry area (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	12.000 Holywell Hill	
106.9	County Longford (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	4.900 Cairn Hill	

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107.0	Blackburn, Darwen, Accrington	Capital (North West)	Global Radio	Contemporary	.500	Haslington Road	SD 696 267
107.0	Loughborough area	Fosse 107	Independent	Adult, Rock	.100	University Tower	SK 524 190
107.0	Reading	Greatest Hits Radio	Bauer	Oldies	.100	Park Royal Water Tower	SU 663 729
107.0	West Cornwall	Heart South West	Global Radio	Pop Hits from 90s to present	10.690	Redruth	SW 690 394
107.0	Isle of Wight	Isle of Wight Radio	Independent	Adult	.100	Chillerton Down	SZ 475 835
107.0	Ballymena and Antrim	Q Radio	Northern Media	Adult	.620	Portglenone	ID 008 078
107.0	Monmouth area	Sunshine 107	Sunshine Group	Adult, Oldies	.980	Monmouth	SO 526 128
107.0	Colchester	BFBS (Colchester)	Community	Contemp/Adult (for Army)	.025	Colchester Garrison	TL 989 242
107.0	Boston, Lincolnshire	Endeavour FM	Community	Mixed Format	.500	Boston Blackfriars Theatre	TF 329 439
107.0	Kirkcaldy, Fife	K107	Community	Mixed Format	.025	Kirkcaldy	NT 257 930
107.0	East Grinstead, Sussex	Meridian FM	Community	Mixed Format	.025	East Grinstead	TQ 398 385
107.0	Sunderland	Spark FM	Community	Contemporary, New Music	.025	Monkwearmouth	NZ 400 579
107.0	West County Galway	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	4.000	Clifden	
107.0	East Wicklow (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.000	Ballyguile	
107.0	West County Limerick (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.000	Woodcock Hill	
107.1	W Kintyre, S Islay, Gigha	Argyll FM	Independent	Adult, Contemporary	.630	Ballygroggan	NR 629 189
107.1	Rugby	Capital (Midlands)	Global Radio	Contemporary	.200	Rugby Art Gallery	SP 502 751
107.1	North London	Capital Xtra	Global Radio	Contemporary Rap and R&B	.128	Alexandra Palace	TQ 297 901
107.1	Oswestry, Shropshire	Greatest Hits Radio	Bauer	Oldies	.100	Selattyn	SJ 266 318
107.1	Pateley Bridge, North Yorks	Greatest Hits Radio	Bauer	Oldies	.100	Pateley Bridge	SE 142 651
107.1	Ilkley area, North Yorks	Greatest Hits Radio	Bauer	Oldies	.100	Windover Farm	SE 116 500
107.1	Skipton Town, North Yorks	Greatest Hits Radio	Bauer	Oldies	.015	Skipton Town	SD 994 517
107.1	Doncaster area	Greatest Hits Radio	Bauer	Oldies	.500	Doncaster	SE 572 024
107.1	Ely and Littleport area	Hits Radio	Bauer	Contemporary, 10s, 00s	.150	Littleport	TL 567 879
107.1	Pembrokeshire, W Carmarthens	Nation Radio (Wales)	Nation	Oldies, Adult	2.495	Preseli	SN 172 306
107.1	Ashford, Kent	AHBS Community Radio	Community	Mixed Format, Health	.025	William Harvey Hospital	TR 041 421
107.1	Gorebridge, Midlothian	Black Diamond FM	Community	Mixed Format	.025	Halkerston Farm	NT 345 583
107.1	Belfast	Raidio Falte	Community	Irish Language	.290	Belfast Divis Flats	IJ 330 744
107.1	Glastonbury, Somerset	Glastonbury FM	Community	Mixed Format	.050	Glastonbury	ST 506 392
107.1	Aberdare, South Wales	GTFM	Community	Mixed Format	.050	Aberdare Leisure Centre	SO 006 026
107.1	Bradford	Radio Mac	Community	Muslim Community	.025	Bradford Richmond Bldg	SE 157 329
107.1	Alderney	Quay FM	Community	Mixed Format	.050	Fort Albert	CI 868 805
107.1	Badenoch and Strathspey	Speysound Radio	Community	Mixed Format	.132	Caingorm Ski Lift	NJ 005 048
107.1	Winchcombe, Gloucestershire	Radio Winchcombe	Community	Mixed Format	.025	Winchcombe	SP 023 286
107.1	Faringdon, Oxfordshire	WRFM	Community	Mixed Format	.020	Faringdon Leisure Centre	SU 286 945
107.1	West Donegal (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.000	Aranmore	
107.2	Brighton and Hove	Capital Brighton	Global Radio	New Music	.200	Whitehawk Hill	TQ 330 045
107.2	Rutland	Greatest Hits Radio	Bauer	Oldies	.064	Burley Water Tower	SK 892 112
107.2	Kidderminster area	Greatest Hits Radio	Bauer	Oldies	.200	Kidderminster	SO 808 739
107.2	Warrington, Runcorn & Widnes	Greatest Hits Radio	Bauer	Oldies	.400	Fairclough Mill	SJ 596 880
107.2	Bristol	Greatest Hits Radio	Bauer	Oldies	.660	Pur Down	SI 610 764
107.2	West and North Gwynedd	Heart North Wales	Communicorp	Pop Hits from 90s to present	18.750	Arfon	SH 476 463
107.2	Thanet	KM-FM	Kent Messenger	Contemporary	.100	Broadstairs	TR 374 674
107.2	Winchester area	Nation's Easy Radio	Nation	Easy Listening	.200	Crabwood Farm	SO 449 295
107.2	Dungannon area, Northern Ireland	Q Radio	Northern Media	Adult	.250	Dungannon	IH 798 625
107.2	Staffin, Skye	Radio Skye	Independent	Mixed Format, Gaelic	.100	Staffin Camping & Caravar	NG 496 669
107.2	Wemouth, Dorset	AIR	Community	Mixed Format	.100	Wyke	SY 663 778
107.2	Ripley, Amber Valley, Derbys	Amber Sound	Community	Mixed Format	.025	Ripley	SK 398 504
107.2	Central Glasgow	Awaz FM	Community	Asian	.025	Glasgow Dundasvale Ct	NS 587 663
107.2	Driffield Area, East Yorkshire	Great Driffield Radio	Community	Mixed Format	.200	Driffield Wold Farm	TA 014 618
107.2	Irvine, Ayrshire	Irvine Beat FM	Community	Mixed Format	.100	Irvine Cunninghame House	NS 317 388
107.2	Haddenham and Thame	Red Kite Radio	Community	Mixed Format	.080	Haddenham	SP 749 084
107.2	Tranent area, East Lothian	Radio Saltire	Community	Mixed Format	.050	Tranent	NT 405 728
107.2	Bidborough, Kent	West Kent Radio	Community	Mixed Format	.015	Bidborough	TQ 563 435
107.2	Mid County Mayo (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	6.000	Castlebar	
107.2	North Kerry (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	4.000	Knockmoyle	
107.2	South East Ireland (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.000	Muinnis Leinster	
107.2	Athone (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	.040	Athlone	
107.3	Warwick & Leamington Spa	Capital (Midlands)	Global Radio	Contemporary	.200	Leamington Spa	SP 329 663
107.3	Exeter area	Radio Exe	Independent	Adult, Oldies	2.000	St Thomas	SX 898 922
107.3	Bargoed and Blackwood, South Wales	Heart South Wales	Global Radio	Pop Hits from 90s to present	.150	Bargoed	SO 145 010
107.3	Prestatyn, North Wales	Heart North Wales	Communicorp	Pop Hits from 90s to present	.070	Gwaenysgor	SJ 077 817
107.3	Crieff area, Perthshire	Heartland FM	Independent	Mixed Music	.106	Crieff Hydro Hotel	NN 866 224
107.3	Saffron Walden, Essex	Hits Radio	Bauer	Contemporary, 10s, 00s	.020	Saffron Walden	TL 536 380
107.3	Swansea area	Nation Radio (Wales)	Nation	Oldies, Adult	1.250	Kilvey Hill	SS 672 940
107.3	Shaftesbury, Dorset	Alfred	Community	Mixed Format	.025	Shaftesbury Trinity Centre	ST 861 230
107.3	Dumfries	Alive Radio	Community	Mixed Format	.160	Dumfries	NX 967 758
107.3	Ulverston, Cumbria	Cando FM	Community	Mixed Format	.050	Ulverston St Marys	SD 292 789
107.3	North Leeds	Fever FM	Community	Asian	.025	Potternewton Lane	SE 302 366
107.3	Alnwick, Northumberland	Lionheart Radio	Community	Mixed Format	.022	Alnwick Moor	NU 177 127
107.3	Laurencekirk, Aberdeenshire	Mearns FM	Community	Mixed Format	.025	Laurencekirk	NO 747 710
107.3	South London	Reprezent FM	Community	Rhythmic New Music	.180	Lewisham	TQ 352 738
107.3	Stafford	Vibe 1	Community	Mixed Format	.050	Guildhall Shopping Centre	SJ 921 233
107.3	Wallingford, Oxfordshire	Wallingford Radio	Community	Mixed Format	.025	Wallingford Ayres Ind Est	SU 603 897
107.3	Lincoln	Witham Radio	Community	Contemporary, New Music	.025	Lincoln University	SK 969 712
107.3	Basildon, Essex	Basildon Hospital Radio	Hospital RSL	Mixed Music	2.0E-03	Basildon University Hosp	TQ 701 873
107.3	Plymouth	Hospital Radio Plymouth	Hospital RSL	Mixed Music		Drifford Hospital	SX 499 595
107.3	Snetterton Circuit, Norfolk	Snetterton FM part time	Sports RSL	Motor Racing	2.0E-03	Snetterton Circuit, Norfolk	TM 001 892
107.3	North Innishowen (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	1.000	Malin	

England, Scotland, Wales and Ireland FM Transmitters

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
107.4	Telford area	Greatest Hits Radio	Bauer	Oldies	.100 Heath Hill	SJ 681 077
107.4	Bolton and Bury area	Greatest Hits Radio	Bauer	Oldies	.179 Old Holts Fm, Tottington	SD 763 121
107.4	Hungerford, Berkshire	Greatest Hits Radio	Bauer	Oldies	.020 Hungerford	SU 338 674
107.4	Bridgwater area, Somerset	Greatest Hits Radio	Bauer	Oldies	.100 Bridgwater	ST 293 357
107.4	Chesterfield area	Greatest Hits Radio	Bauer	Oldies	.100 Chesterfield	SK 383 764
107.4	Portsmouth area	Nation's Easy Radio	Nation	Easy Listening	.100 Fort Southwick	SU 626 069
107.4	Kettering and Corby	Smooth Radio (East Midlands)	Communicorp	Oldies, Easy Listening	.200 Geddington	SP 908 839
107.4	Amersham and Chesham, Bucks	Chiltern Voice	Community	Mixed Format	.100 Amersham Beacon Schl	SU 958 997
107.4	Penicuik, Lothian	Crystal FM	Community	Mixed Format	.040 Penicuik Cricket Club	NT 237 602
107.4	Banff, Aberdeenshire	Deveron FM	Community	Mixed Format	.100 Banff	NJ 687 645
107.4	Great Yarmouth, Norfolk	Harbour Radio	Community	Mixed Format	.032 Great Yarmouth King Stree	TG 526 072
107.4	Kingston upon Hull	107 FM	Community	Mixed Format	.050 Muswell Court	TA 133 324
107.4	Wetherby, West Yorks	Tempo FM	Community	Mixed Format	.020 Wetherby	SE 407 486
107.4	Chipping Norton, Oxfordshire	WRFM	Community	Mixed Format	.025 Chipping Norton	SP 314 266
107.4	North West Ireland (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	80.000 Truskmore	
107.4	Kerry & West County Cork (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	80.000 Mullaghanish	
107.4	Waterford City (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.000 Waterford City	
107.4	SE Tipperary & N Waterford (m)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	.500 Clonmel	
107.4	Fermoy, County Cork (m)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	.100 Fermoy	
107.5	Warminster, Westbury & Frome	Greatest Hits Radio	Bauer	Oldies	.100 Warminster	ST 874 462
107.5	Cheltenham & Tewkesbury area	Greatest Hits Radio	Bauer	Oldies	.100 Eagle Star Building	SO 948 217
107.5	Eastbourne area	More Radio	MSH	Adult, Oldies	.100 Butts Brow, Hailsham	TQ 580 015
107.5	Fishguard & Newport <i>To Close</i>	Radio Pembrokeshire	Nation	Adult, Oldies	.090 Fishguard	SN 944 391
107.5	Tenby Pembrokeshire <i>To Close</i>	Radio Pembrokeshire	Nation	Adult, Oldies	.070 Tenby	SN 133 013
107.5	West Tyneside, Tyne & Wear	Smooth Radio (North East)	Communicorp	Oldies, Easy Listening	.050 Fenham	NZ 216 648
107.5	Romford, Barking & Dagenham	Time 107.5 FM	Sunrise	Adult, Soul	.406 Mercury House	TQ 514 889
107.5	Carnforth area, Lancashire	Beyond Radio	Community	Mixed Format	.020 Carnforth	SD 502 708
107.5	Ballykinlar, Northern Ireland	BFBS Northern Ireland	Community	Contemp/Adult (for Army)	.025 Abercorn Barracks	IJ 463 364
107.5	Penrith, Cumbria	Eden FM	Community	Mixed Format	.050 Penrith Newton Rigg	NY 493 311
107.5	Felixstowe, Suffolk	Felixstowe Radio	Community	Mixed Format	.025 Felixstowe - Academy	TM 290 358
107.5	Ballymoney, County Antrim	Fuse FM	Community	Mixed Format	.026 Ballymoney Baptist Ch	IC 968 253
107.5	Newcastle under Lyme, Staffs	Hitmix Radio	Community	Mixed Format	.031 Alsagers Bank High Lane	SJ 812 481
107.5	Paisley	Quality Radio	Community	Mixed Format	.150 Paisley – Oliphant Court	NS 456 618
107.5	Carnoustie, Angus	RNA FM	Independent	Mixed Music	.025 Carnoustie High School	NO 554 351
107.5	NE Birmingham and Solihull	Switch Radio	Community	Mixed Format	.025 Castle Vale	SP 140 914
107.5	South Gloucestershire	Thornbury Radio	Community	Mixed Format		
107.5	Epworth area, North Lincolnshire	TMCR	Community	Mixed Format	.060 Epworth	SE 781 033
107.6	Liverpool area	Capital (Liverpool)	Global Radio	Contemporary	.378 Liverpool Anglican Cath	SJ 354 849
107.6	Banbury and Brackley area	Capital (Midlands)	Global Radio	Contemporary	.200 Farthinghoe	SP 532 387
107.6	Basingstoke	Greatest Hits Radio	Bauer	Oldies	.200 Cliddesden (Temporary)	SU 633 489
107.6	Bournemouth area	Hits Radio (South)	Bauer	Contemporary, 10s, 00s	1.000 West Howe	SZ 043 951
107.6	Bradford area	Heart Yorkshire	Communicorp	Pop Hits from 90s to present	.100 Idle	SE 163 374
107.6	Ashford area, Kent	KM-FM	Kent Messenger	Contemporary	.500 Charter House	TR 011 429
107.6	Armagh, Northern Ireland	Q Radio	Northern Media	Adult	.187 Armagh City Hotel	IH 878 448
107.6	Larne, Northern Ireland	Q Radio	Northern Media	Adult	.150 Cross Hill	IJ 378 967
107.6	Tidworth area, Wiltshire	Castledown FM	Community	Mixed Format	.025 Tidworth Beech Hill Road	SU 241 492
107.6	Nottingham	Dawn FM	Community	Asian	.050 Mapperley Ridge	SK 582 428
107.6	Haddington, East Lothian	East Coast FM	Community	Mixed Format	.025 Garleton Hills	NT 513 760
107.6	Chard, Somerset	Ninesprings Radio	Community	Mixed Format	.042 Cricket St Thomas	ST 371 094
107.6	Diss, Norfolk	Park Radio	Community	Mixed Format	.200 Diss	TM 115 802
107.6	Scarborough, North Yorkshire	Radio Scarborough	Community	Mixed Format	.025 Oliver's Mount B	TA 040 870
107.6	Buckfastleigh area, Devon	Skylark Radio	Community	Experimental	.200 Holne Higher Mill Leat Fm	SX 716 690
107.6	Watford	Vibe FM	Community	New Music, Pop	.200 Watford YCMA	TQ 110 965
107.6	West Ireland (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	31.600 Maghera	
107.6	West Waterford (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	5.000 Dungarvan	
107.6	North Donegal (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	4.000 Fanad	
107.6	Meath, Kildare, NW Wicklow (m)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.000 Saggart	
107.6	Drogheda	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	.100 Drogheda	
107.7	S Kapdale, E Islay, Jura	Argyll FM	Independent	Adult, Contemporary	.500 South Knapdale	NR 837 748
107.7	Chelmsford area	Radio Essex	Adventure	Contemporary	.394 Church Green	TL 779 050
107.7	Peterborough area	Greatest Hits Radio	Bauer	Oldies	.200 Gunthorpe	TF 187 036
107.7	Wolverhampton area	Greatest Hits Radio	Bauer	Oldies	.100 Mander House	SO 915 986
107.7	Weston-super-mare, Burnham	Greatest Hits Radio	Bauer	Oldies	.100 Worlebury Hill	ST 325 627
107.7	Swindon area	Greatest Hits Radio	Bauer	Oldies	.200 Blunsdon	SU 143 900
107.7	Ceredigion	Heart North Wales	Communicorp	Pop Hits from 90s to present	12.500 Blaenplwyf	SN 569 756
107.7	Sheffield and Rotherham	Heart Yorkshire	Communicorp	Pop Hits from 90s to present	.100 Tupton Hill, Sheffield	SK 324 870
107.7	Worthing	More Radio	MSH	Adult, Oldies	.250 Findon	TQ 120 073
107.7	Teesside	Smooth Radio (North East)	Communicorp	Oldies, Easy Listening	5.000 Eston Nab	NZ 569 183
107.7	St Helier, Jersey	Soleil Radio	Tindle	Oldies	.200 St Helier Bath Street	CI 926 208
107.7	Moray	Keith Community Radio	Community	Mixed Format	.850 Tor Sliag	NJ 425 581
107.7	Shotts area, N Lanarkshire	Listen Lanarkshire	Community	Mixed Format	.035 Shotts	NS 885 591
107.7	Calais, France (6)	Autoroute Info	France	French Travel News	Calais, France	

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MHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
107.8	Craven District, incl Skipton	Greatest Hits Radio	Bauer	Oldies	1.000 Procter Heights	SD 936 461
107.8	Kingston area, SW London	Radio Jackie	Independent	Adult, Oldies	.800 Tolworth Tower	TQ 198 659
107.8	Hastings	More Radio	MSH	Adult, Oldies	.100 Hastings	TQ 807 100
107.8	Southampton area	Nation's Easy Radio	Nation	Easy Listening	.900 Chilworth	SU 406 180
107.8	S Shrops, N Herefords, NW Worcs	Sunshine Radio	Sunshine Group	Adult, Oldies	.250 Clee Hill (Hill Top House)	SO 595 758
107.8	Abergavenny and Usk Valley	Sunshine 107	Sunshine Group	Adult, Oldies	.040 Abergavenny	SO 244 126
107.8	Thanet, Kent	Academy FM (Thanet)	Community	Mixed Format	.050 Royal Harbour Academy	TR 363 667
107.8	Beverley, East Yorkshire	Beverley FM	Community	Mixed Format	.050 Beverley Race Course	TA 014 397
107.8	Dalkeith and Midlothian	Black Diamond FM	Community	Mixed Format	.200 Newtongrange Newbattle	NT 337 649
107.8	Norwich	Future Radio	Community	Mixed Format	.100 Markham Tower	TG 213 109
107.8	Derby	Radio Ikhlas	Community	Asian	.020 Normanton	SK 335 345
107.8	Northampton	Inspiration FM	Community	Soul, Reggae, Dance	.150 Northampton Moulton Pk	SP 768 646
107.8	Newark, Nottinghamshire	Radio Newark	Community	Mixed Format	.025 St Mary Magdalene Ch	SK 799 399
107.8	Bideford, Devon	The Voice	Community	Mixed Format	.100 Holmacott	SS 504 289
107.8	Ilfracombe, Devon	The Voice	Community	Mixed Format	.068 Ilfracombe Holiday Park	SS 524 468
107.8	Stockport	Your FM	Community	Mixed Format	.025 Ratcliffe Towers	SJ 897 898
107.8	Cork City & SE Co. Cork (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	10.000 Spur Hill	
107.8	West Kerry (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	4.000 Cahirciveen	
107.8	Mid Tipperary (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	2.000 Kilduff	
107.8	Gorey, County Wexford (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	1.000 Gorey	
107.8	South Wexford (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	.400 Forth Mountain	
107.8	Westport, County Mayo (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	.250 Westport	
107.8	Dublin City	Belfield FM	Irish Student	New Music		
107.9	Hinckley & SW Leicestershire	Fosse 107	Independent	Adult, Rock	.200 Hinckley	SP 427 944
107.9	Bath	Greatest Hits Radio	Bauer	Oldies	.100 Bath	ST 769 654
107.9	North Nottinghamshire	Greatest Hits Radio	Bauer	Oldies	.100 Worksop Golf Course	SK 595 775
107.9	Oxford	Hits Radio (South)	Bauer	Contemporary, 10s, 00s	.200 Boars Hill	SP 483 030
107.9	Haverhill, Suffolk	Hits Radio	Bauer	Contemporary, 10s, 00s	.020 Haverhill	TL 675 469
107.9	Medway towns	KM-FM	Kent Messenger	Contemporary	.474 Hoo St Werburgh	TQ 774 731
107.9	Cambuslang and Rutherglen	Camglen Radio	Community	Mixed Format	.025 Rutherglen	NS 616 616
107.9	Crewe and Nantwich	The Cat	Community	Mixed Format	.100 Crewe	SJ 696 547
107.9	Pontypridd, South Wales	GTFM	Community	Mixed Format	.100 Bryn Tail Farm	ST 093 899
107.9	Isles of Scilly	Islands FM	Community	Mixed Format	.025 Marine & Coastguard Agen	SV 912 121
107.9	Southport	Mighty Radio	Community	Mixed Format	.026 Holy Trinity Church	SD 342 176
107.9	Torbay	Riviera Radio	Community	Mixed Format	.340 Torquay Town	SX 916 687
107.9	Huddersfield	Radio Sangam	Community	Asian	.040 Huddersfield	SE 123 176
107.9	NE Republic of Ireland (mono)	News Talk 106-108 FM	Bauer (Ireland)	News, Talk	4.000 Clermont Carn	

Italic font indicates a planned transmitter - subject to change

Weak reception of some French, Belgian and Netherlands services is possible in certain areas: (1) Kent and East Sussex
 (2) South coast of Sussex, Hants, Wight and Dorset, (3) Channel Isles and South coast of Dorset, Devon and Cornwall,
 (4) East coast of Norfolk and North Suffolk, (5) South coast of Kent and East Sussex, (6) East and South coasts of Kent