

UK and Ireland AM Transmitters

kHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
153	South East (d), Europe (n)	Deutschlandfunk	Germany	German	500.000 Donebach	
162	England & Wales (d), Europe (n)	France Inter	Radio France	French Mixed Format	2000.000 Allouis	
171	Europe (night-time)	Moscow Ostankino R-1	Russia	Russian	3200.000 Bolshakovo+2	
177	Europe (night-time)	DeutschlandRadio Berlin	Germany	German Classical, Arts	500.000 Oranienburg	
183	South East (d), Europe (n)	Europe 1 (French)	Germany	French Talk	2000.000 Felsberg	
189	Europe (night-time)	Ríkistúvarpid 1/2	Iceland	Icelandic Various	300.000 Gufushaler, Iceland	
198	England & Wales	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	500.000 Droitwich	SO 929 663
198	Northern Scotland	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	50.000 Burghead	NJ 125 685
198	Central and South Scotland	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	50.000 Westerglen	NS 868 773
207	Europe (night-time)	Deutschlandfunk	Germany	German	500.000 Aholming	
207	Europe (night-time)	Ríkistúvarpid 1/2	Iceland	Icelandic Various	100.000 Eidar, Iceland	
216	Europe (night-time)	RMC Info	Monaco	French News	1400.000 Roumoules, France	
225	Europe (night-time)	Polskie Radio	Poland	Polish	1000.000 Solec-Kujawski	
234	South East (d), Europe (n)	RTL Radio (French)	Luxembourg	French Talk	2000.000 Junglinster	
243						
252	Ire, Scot, Wales, N.C,W Engl	Radio 1 Extra	RTE	Talk, Soft, Easy, Irish &Country	300.000 Kilmessan	
261	Europe (night-time)	Europe 1 (German)	Germany	German Talk	50.000 Burg, Germany	
270	Europe (night-time)	CRo 1	Czech	Czech	750.000 Uherske Hradiste	
279	United Kingdom and Ireland		IO MBC		500.000 Irish sea off Isle of Man	
531	North Scotland (d))	Utvarp Foroya	Faroese	Faroese	100.000 Akraberg	
540	South East (d), Europe (n) to close	BRTN Radio 2	Belgium	Dutch Contemporary	150.000 Waver-Overijse	
540	Europe (night-time)	Onda Cero Catal	Spain	Spanish	50.000 Barcelona	
549	Europe (night-time)	Deutschlandfunk	Germany	German	200.000 Thurnau+NordKirchen	
558	London area	Spectrum Radio	Independent	Ethnic	1.000 Crystal Palace	TQ 339 712
558	Europe (night-time)	RSI	Switzerland	Italian	300.000 Monte Ceneri Cima	
567						
576	Europe (night-time)	SWR cont.ra	Germany	German	150.000 Muhlacker	
576	Europe (night-time)	RNE Radio 5	Spain	Spanish News	100.000 Barcelona	
585	South West Scotland	Radio Scotland (Dumfries, MW)	BBC	Mixed Format	2.000 Dumfries	NY 055 714
585	South Coast	FIP Paris	Radio France	French Music	5.000 Paris	
585	Europe (night-time)	RNE Radio 1	Spain	Spanish	600.000 Madrid	
594	Europe (night-time)	HR Info	Germany	German	360.000 Rodgau + Hoher Meissner	
603	North East England	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	2.000 Wrekenton, Newcastle	NZ 274 598
603	East Kent	Gold (Kent)	Global Radio	Oldies	0.100 Littlebourne	TR 203 590
603	Europe (night-time)	France Info	Radio France	French News	300.000 Lyon	
603	Europe (night-time)	RNE Radio 5	Spain	Spanish News	55.000 Sevilla +1	
612	Ireland	Spirit Radio	Irish Ind	Christian	100.000 Tullamore	
621	South East (d), Europe (n)	RTBF Premiere	Belgium	French	300.000 Wavre	
630	West Cornwall	Radio Cornwall (f)	BBC	Mixed Format	2.000 Redruth	SW 709 403
630	Herts, Beds and Bucks	Three Counties/ Asian Network	BBC	Mixed Format/ Asian	0.200 Lewsey Farm	TL 043 241
639	Europe (night-time)	RNE Radio 1	Spain	Spanish	430.000 La Coruna + 4 others	
648	North West Europe	BBC World Service (Europe)	BBC	News, Mixed Format	500.000 Orfordness	TM 451 510
657	East Cornwall	Radio Cornwall (f)	BBC	Mixed Format	0.500 Bodmin	SX 095 681
657	Clwyd	Radio Wales	BBC	Mixed Format	2.000 Wrexham	SJ 312 497
657	Europe (night-time)	RNE Radio 5	Spain	Spanish News	50.000 Madrid	
666	North Yorkshire	Radio York (s)	BBC	Mixed Format	0.500 Fulford	SE 604 497
666	Europe (night-time)	SWR cont.ra	Germany	German	150.000 Rohrdorf	
666	Europe (night-time)	Radio Barcelona	Spain	Spanish	50.000 Barcelona	
675	Eastern England (d), Europe (n)	Radio Maria	Netherlands	Dutch Christian	120.000 Lopik	
675	Europe (night-time)	Superloustic	France	French Childrens	100.000 Marseille	
684	Europe (night-time)	RNE Radio 1	Spain	Spanish	600.000 Sevilla	
693	Central England	Radio 5 Live	BBC	News, Sport, Talk	150.000 Droitwich	SO 929 663
693	North East, Cumbria, S Scotland	Radio 5 Live	BBC	News, Sport, Talk	50.000 Stagshaw	NY 986 709
693	Devon, Cornwall and Dorset	Radio 5 Live	BBC	News, Sport, Talk	50.000 Start Point	SX 814 378
693	Northern Scotland	Radio 5 Live	BBC	News, Sport, Talk	25.000 Burghead	NJ 125 685
693	East Anglia	Radio 5 Live	BBC	News, Sport, Talk	10.000 Postwick	TG 303 086
693	North Lancs, South Cumbria	Radio 5 Live	BBC	News, Sport, Talk	1.000 Barrow-in-Furness	SD 218 707
693	South East Sussex	Radio 5 Live	BBC	News, Sport, Talk	1.000 Bexhill	TQ 724 071
693	Fermanagh and South Tyrone	Radio 5 Live	BBC	News, Sport, Talk	1.000 Enniskillen	IH 232 457
693	South East Kent	Radio 5 Live	BBC	News, Sport, Talk	1.000 Folkestone	TR 255 389
693	Aberdeen and East Grampian	Radio 5 Live	BBC	News, Sport, Talk	1.000 Redmoss	NJ 942 024
693	Brighton, South & Central Sussex	Radio 5 Live	BBC	News, Sport, Talk	1.000 Southwick, Brighton	TQ 234 051
702	Europe (night-time)	Radio Regina	Slovakia	Slovak	40.000 Presov	
711	South Coast (d), Europe (n)	France Info	Radio France	French News	300.000 Rennes	
720	Northern Ireland	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	10.000 Lisnagarvey	IJ 258 619
720	London	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	0.750 Crystal Palace	TQ 339 712
720	Londonderry area	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	0.250 Londonderry	IC 404 176
729	North East Essex	BBC Essex (s)	BBC	Mixed Format	0.200 Manningtree	TM 123 295
729	Europe (night-time)	RNE Radio 1	Spain	Spanish	180.000 Oviedo + 5 others	
738	Worcester	BBC Hereford and Worcester (s)	BBC	Mixed Format	0.030 Worcester	SO 846 392
738	Europe (night-time)	RNE Radio 1	Spain	Spanish	600.000 Barcelona	
747	Eastern England (d), Europe (n)	NOS Radio 5	Netherlands	Dutch	400.000 Lopik	
756	West Cornwall	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	2.000 Redruth	SW 709 403
756	North Cumbria	Radio Cumbria (North) (f)	BBC	Mixed Format	1.000 Carlisle	NY 412 526
756	North and Central Powys	Radio Maldwyn	Laser/ Ind	Adult	0.630 Newtown	SO 134 917
756	Europe (night-time)	Deutschlandfunk	Germany	German	300.000 Braunschweig + Ravensburg	
756	Europe (night-time)	Radio Euskadi	Spain	Spanish	25.000 Bilbao	
765	Essex and East Hertfordshire	BBC Essex (f)	BBC	Mixed Format	0.500 Bakers Wood	TL 660 034
765	Europe (night-time)	RTSR 1/2	Switzerland	French	600.000 Sottens	

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774	Fermanagh and South Tyrone	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	1.000 Enniskillen	IH 232 457
774	Plymouth area	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	1.000 Plumer Barracks, Plymouth	SX 490 589
774	East Kent	Radio Kent (s)	BBC	Mixed Format	0.700 Littlebourne	TR 203 590
774	West Yorkshire	Radio Leeds/ Asian Network	BBC	Mixed Format/ Asian	0.500 Farnley	SE 241 307
774	Gloucestershire	Gold (Gloucestershire)	Global Radio	Oldies	0.140 Little Shurdington	SO 913 175
774	Europe (night-time)	RNE Radio 1	Spain	Spanish	235.000 Valencia + 7 others	
783	Europe (night-time)	MDR Info	Germany	German	100.000 Leipzig	
792	Londonderry area	Radio Ulster/ Radio Foyle	BBC	Mixed Format	1.000 Londonderry	IC 404 176
792	Bedfordshire, N Herts, SE Cambs	Gold (Herts and Beds)	Global Radio	Oldies	0.275 Kempston, Bedford	TL 035 464
792	Europe (night-time)	France Info	Radio France	French News	300.000 Limoges	
792	Europe (night-time)	Radio Sevilla	Spain	Spanish	50.000 Sevilla	
801	North Devon	Radio Devon (f)	BBC	Mixed Format	2.000 Barnstaple	SS 519 298
801	Europe (night-time)	RNE Radio 1	Spain	Spanish	80.000 Lugo + 5 others	
801	Europe (night-time)	Bayern 1/ ARD Nachtexpress	Germany	German	110.000 Munchen + 1	
810	Northern Scotland	Radio Scotland (MW)	BBC	Mixed Format	100.000 Burghhead	NJ 125 685
810	Central and South Scotland	Radio Scotland (MW)	BBC	Mixed Format	100.000 Westerglen	NS 868 773
810	Aberdeen and East Grampian	Radio Scotland (MW)	BBC	Mixed Format	5.000 Redmoss	NJ 942 024
810	Europe (night-time)	Radio Madrid	Spain	Spanish	50.000 Madrid	
819	Europe (night-time)	Radio Euskadi	Spain	Spanish	10.000 San Sebastian	
828	Wolverhampton area	Asian Network (West Midlands)	BBC	Asian	0.200 Sedgley	SO 905 939
828	W & C Herts, S Beds, E Bucks	Gold (Herts and Beds)	Global Radio	Oldies	0.200 Lewsey Farm	TL 043 241
828	Bournemouth area	Gold (Bournemouth)	Global Radio	Oldies	0.270 Fern Barrow, Bournemouth	SZ 070 926
828	Leeds area	Magic 828	Bauer	Oldies	0.120 Morley	SE 283 268
828	Eastern Coast (d), Europe (n)	Arrow Talk	Netherlands	Dutch Talk	20.000 Heinoord	
837	South Cumbria	Radio Cumbria (South) (f)	BBC	Mixed Format	1.000 Barrow-in-Furness	SD 218 707
837	Leicestershire	Asian Network (East Midlands)	BBC	Asian	0.450 Freeman's Common	SK 589 027
837	Europe (night-time)	France Info	Radio France	French News	200.000 Nancy	
846						
855	Plymouth area	Radio Devon (Plymouth)	BBC	Mixed Format	1.000 Plumer Barracks, Plymouth	SX 490 589
855	Lancashire	R Lancashire/ Asian Network	BBC	Mixed Format/ Asian	2.000 Preston	GD 625 253
855	East Norfolk and North Suffolk	Radio Norfolk (f)	BBC	Mixed Format	2.000 Postwick	TD 303 086
855	S Shropshire & N Herefordshire	Sunshine 855	Sunshine	Adult	0.150 Villa Farm	SO 570 570
855	Europe (night-time)	RNE Radio 1	Spain	Spanish	445.000 Murcia + 9 others	
864	South Coast (d), Europe (n)	France Bleu	Radio France	French Oldies	300.000 Paris	
873	West Norfolk	Radio Norfolk (f)	BBC	Mixed Format	0.300 West Lynn	TF 612 188
873	Fermanagh and South Tyrone	Radio Ulster (f)	BBC	Mixed Format	1.000 Enniskillen	IH 232 457
873	Europe (night-time)	American Forces Network	US Forces	Mixed Format	150.000 Frankfurt, Germany	
873	Europe (night-time)	Radio Zaragoza	Spain	Spanish	25.000 Zaragoza	
882	South Wales	Radio Wales	BBC	Mixed Format	100.000 Washford	ST 058 410
882	North Wales	Radio Wales	BBC	Mixed Format	10.000 Penmon	SH 615 789
882	West Wales	Radio Wales	BBC	Mixed Format	5.000 Tywyn	SH 581 004
882	North Powys	Radio Wales	BBC	Mixed Format	1.000 Fordeu	SJ 205 500
882	Europe (night-time)	COM Radio	Spain	Catalan	50.000 Barcelona	
891	Europe (night-time)	Radio 538	Netherlands	Dutch Contemporary	20.000 Hulsberg, Limburg	
891	Europe (night-time)	ENRS	Algeria	Arabic	300.000 Alger	
900	Europe (night-time)	RAI Radiouno	Italy	Italian	600.000 Milano	
909	North West, Yorks, Lincs, N Wales	Radio 5 Live	BBC	News, Sport, Talk	200.000 Moorside Edge	SE 070 154
909	London and South East England	Radio 5 Live	BBC	News, Sport, Talk	150.000 Brookmans Park	TL259 050
909	South Wales and West England	Radio 5 Live	BBC	News, Sport, Talk	50.000 Clevedon	ST 400 697
909	Central Scotland	Radio 5 Live	BBC	News, Sport, Talk	50.000 Westerglen	NS 868 773
909	Northern Ireland	Radio 5 Live	BBC	News, Sport, Talk	10.000 Lisnagarvey	IJ 258 619
909	West Cornwall	Radio 5 Live	BBC	News, Sport, Talk	2.000 Redruth	SW 709 403
909	Southampton and Portsmouth	Radio 5 Live	BBC	News, Sport, Talk	1.000 Fareham	SU 546 058
909	Londonderry area	Radio 5 Live	BBC	News, Sport, Talk	1.000 Londonderry	IC 404 176
909	Exeter area	Radio 5 Live	BBC	News, Sport, Talk	1.000 Pearce's Hill, Exeter	SX 931 881
909	West Cumbria	Radio 5 Live	BBC	News, Sport, Talk	1.000 Whitehaven	NX 974 172
909	Bournemouth area	Radio 5 Live	BBC	News, Sport, Talk	0.250 Fern Barrow, Bournemouth	SZ 070 926
918	Europe (night-time)	Radio Slovenija 1	Slovenia	Slovene	300.000 Ljubljana	
918	Europe (night-time)	Radio Intercontinental	Spain	Spanish	50.000 Madrid	
927	South East (d), Europe (n)	BRTN Radio 1/ Sporza	Belgium	Dutch	300.000 Wolvertem	
936	West North Yorkshire area	Fresh Radio	Independent	Adult	1.000 Hawes	SD 875 903
936	West Wiltshire	Gold (Wiltshire)	Global Radio	Oldies	0.180 Naish Hill	ST 947 686
936	Europe (night-time)	R Bremen 1/ ARD Nachtexpress	Germany	German	50.000 Bremen	
936	Europe (night-time)	RNE Radio 5	Spain	Spanish News	50.000 Zaragoza+Valladolid+1	
945	East Sussex	Gold (Sussex)	Global Radio	Oldies	0.700 Bexhill	
945	South Derbyshire & Burton	Gold (East Midlands)	Global Radio	Oldies	0.200 Quarndon	SK 332 419
945	Europe (night-time)	France Info	Radio France	French News	300.000 Toulouse	
954	Herefordshire	Sunshine Gold	Sunshine	Oldies	0.160 Breinton	SO 472 406
954	Europe (night-time)	Onda Cero Radio	Spain	Spanish	50.000 Madrid	
963	East Lancashire & N Gt Mancs	Asian Sound Radio	Independent	Asian	0.200 Haslingden	SD 795 236
963	Eastern London area	Club Asia	Independent	Asian	0.950 Lea Bridge Road	TQ 361 866
972	Western London area	Club Asia	Independent	Asian	1.000 Glade Lane	TQ 140 796
972	Europe (night-time)	NDR 4 Spezial	Germany	German	100.000 Hamburg	
981	Europe (night-time)	ENRS	Algeria	Berber	300.000 Alger	
990	West Wales	Radio 5 Live	BBC	News, Sport, Talk	1.000 Tywyn	SH 581 004
990	Exeter and East Devon	Radio Devon (f)	BBC	Mixed Format	1.000 Pearce's Hill, Exeter	SX 931 881
990	Aberdeen area	Radio nan Gaidheal	BBC	Gaelic	1.000 Redmoss	NJ 942 024
990	Wolverhampton area	Gold (Wolves & Shropshire)	Orion	Oldies	0.090 Sedgley	SO 905 939
990	Doncaster area	Magic AM	Bauer	Oldies	0.250 Crimpsall	SE 566 032
990	Europe (night-time)	DeutschlandRadio Berlin	Germany	German Classical	100.000 Berlin	
990	Europe (night-time)	Radio Bilbao	Spain	Spanish	10.000 Bilbao	

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999	South Hampshire and Wight	Radio Solent (s)	BBC	Mixed Format	1.000 Fareham	SU 546 058
999	South Nottinghamshire	Gold (East Midlands)	Global Radio	Oldies	0.250 Trowell	SK 506 398
999	South, West & Central Lancashire	Magic 999	Bauer	Oldies	0.800 Longton	SD 467 252
999	Europe (night-time)	COPE	Spain	Spanish	50.000 Madrid	
1008	Eastern England (d), Europe (n)	Groot Nieuws Radio	Netherlands	Dutch Christian	400.000 Flevoland, Netherlands	
1017	Shropshire	Gold (Wolves & Shropshire)	Orion	Oldies	0.630 Shrewsbury	SJ 471 112
1017	Europe (night-time)	SWR 1/ ARD Nachtexpress	Germany	German	100.000 Rheinsender	
1026	Cambridgeshire	Radio Cambridgeshire (s)	BBC	Mixed Format	0.500 Chesterton Fen, Cambridge	TL 477 608
1026	Jersey	Radio Jersey/ Radio 5 Live	BBC	Mixed Format/News,Sport,Talk	1.000 Trinity, Jersey	
1026	Belfast & East Northern Ireland	Downtown Radio	Bauer	Adult, Oldies	1.700 Knockbreckan	IJ 372 675
1035	Sheffield, Rotherham, Chesterfield	R Sheffield/ Asian Network	BBC	Mixed Format/ Asian	1.000 Sheffield	SK 348 849
1035	Aberdeen and East Grampian	Northsound Two	Bauer	Oldies, Adult	0.780 Nigg	NJ 955 032
1035	London area	Kisमत Asian Talk Radio	Independent	Asian	2.500 Crystal Palace	TQ 339 712
1035	Ayrshire	West Sound	Bauer	Oldies, Adult	0.320 Symington	NS 377 334
1044	Europe (night-time)	MDR Info	Germany	German	20.000 Dresden	
1053	Central England	Talk Sport	UTV	Sport, Talk	500.000 Droitwich	SO 929 663
1053	East Anglia	Talk Sport	UTV	Sport, Talk	18.000 Postwick	TG 303 086
1053	SW Scotland, N & W Cumbria	Talk Sport	UTV	Sport, Talk	10.000 Dumfries	NY 055 714
1053	W Kent, N Sussex & E Surrey	Talk Sport	UTV	Sport, Talk	4.000 Rusthall, Tonbridge	TQ 557 401
1053	Brighton and South Sussex	Talk Sport	UTV	Sport, Talk	2.200 Southwick, Brighton	TQ 234 051
1053	North Scotland	Talk Sport	UTV	Sport, Talk	1.000 Rosemarkie	NH 762 623
1053	Exeter area	Talk Sport	UTV	Sport, Talk	1.000 Pearce's Hill, Exeter	SX 931 881
1053	Bournemouth area	Talk Sport	UTV	Sport, Talk	1.000 Fern Barrow, Bournemouth	SZ 070 926
1053	East Tayside	Talk Sport	UTV	Sport, Talk	1.000 Greenside Scalp, Dundee	NO 431 290
1053	Humberside	Talk Sport	UTV	Sport, Talk	1.000 Hull	TA 169 258
1053	Londonderry area	Talk Sport	UTV	Sport, Talk	1.000 Londonderry	IC 404 176
1053	Plymouth area	Talk Sport	UTV	Sport, Talk	1.000 Plumer Barracks, Plymouth	SX 490 589
1053	Cleveland, S Durham, N N Yorks	Talk Sport	UTV	Sport, Talk	1.000 Stockton	NZ 420 218
1062	Europe (night-time)	Danmarks Radio	Denmark	Danish	150.000 Kalundborg	
1071	Nottinghamshire	Talk Sport	UTV	Sport, Talk	1.000 Clipstone	SK 583 642
1071	Tyneside, N Durham, S Nthmblnd	Talk Sport	UTV	Sport, Talk	1.000 Wrekenton, Newcastle	NZ 274 598
1071	South coast (d), Europe (n)	<i>La Radio de la Mer</i>	France	French	<i>Bretagne + Montpellier</i>	
1071	Europe (night-time)	Euskadi Irratia	Spain	Euskera	50.000 Bilbao	
1080						
1089	London and South East England	Talk Sport	UTV	Sport, Talk	400.000 Brookmans Park	TL259 050
1089	North West, Yorkshire & N Wales	Talk Sport	UTV	Sport, Talk	400.000 Moorside Edge	SE 070 154
1089	Central Scotland	Talk Sport	UTV	Sport, Talk	125.000 Westerglen	NS 868 773
1089	South Wales and West England	Talk Sport	UTV	Sport, Talk	80.000 Washford	ST 058 410
1089	Belfast & East Northern Ireland	Talk Sport	UTV	Sport, Talk	12.500 Lisnagarvey	IJ 258 619
1089	Aberdeen and East Grampian	Talk Sport	UTV	Sport, Talk	2.200 Redmoss	NJ 942 024
1089	West Cornwall	Talk Sport	UTV	Sport, Talk	2.000 Redruth	SW 709 403
1089	Dartford Tunnel	Talk Sport	UTV	Sport, Talk	0.004 Dartford Tunnel	TQ 571 169
1098	Europe (night-time)	Radio Regina	Slovakia	Slovak	50.000 Nitra-Jarok	
1107	SE Kent and S East Sussex	Talk Sport	UTV	Sport, Talk	2.000 Lydd	TR 049 208
1107	Lincolnshire, Peterborough, KL	Talk Sport	UTV	Sport, Talk	1.000 Boston	TF 260 448
1107	North Sussex and East Surrey	Talk Sport	UTV	Sport, Talk	1.000 Gatwick	TQ 276 423
1107	South Hampshire and Wight	Talk Sport	UTV	Sport, Talk	1.000 Fareham	SU 546 058
1107	Torbay area	Talk Sport	UTV	Sport, Talk	1.000 Ocombe, Torbay	SX 878 630
1107	Merseyside and North Clwyd	Talk Sport	UTV	Sport, Talk	0.500 Wallasey	SJ 305 926
1107	North Scotland	Moray Firth Radio (MW)	Bauer	Adult, Contemporary	1.500 Tarbat Ness	NH 929 839
1107	Europe (night-time)	American Forces Network	US Forces	Mixed Format	40.000 Munich, Germany	
1116	South Derbyshire	Radio Derby/ Asian Network	BBC	Mixed Format/ Asian	1.200 Burnaston Lane	SK 297 314
1116	Guernsey & Alderney	Radio Guernsey (s)	BBC	Mixed Format	0.500 Rohais, Guernsey	
1116	Europe (night-time)	RAI Radioduo	Italy	Italian	94.000 Bologna +4	
1125	Mid Powys	Radio Wales	BBC	Mixed Format	1.000 Llandrindod Wells	SO 050 606
1125	Europe (night-time)	Classic 21	Belgium	French	10.000 Houdeng	
1134	Catterick	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Catterick	SE 184 964
1134	Nuneaton	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Gamecote Barracks	SP 408 885
1134	Sandhurst, Berkshire	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Gurkha Demonstration Co	SU 832 615
1134	Bristol	Burst	Student RSL	New Music	0.001 Bristol University	ST 590 741
1134	Wye, Kent	IC Radio	Student RSL	New Music	0.001 Imperial College Campus	TQ 265 794
1134	Luton and Dunstable	Luton & Dunstable Hospital Radio	Hospital RSL	Mixed Music	0.001 Hospitals, Luton	TL 050 228
1134	Belfast	Queens Radio	Student RSL	New Music	0.001 Queens University, Belfast	IJ 337 726
1134	Europe (night-time)	HR 1	Croatia	Croatian	600.000 Zadar	
1143	Europe (night-time)	American Forces Network	US Forces	Mixed Format	10.000 Stuttgart, Germany	
1152	Glasgow area	Clyde Two	Bauer	Oldies, Adult	3.600 Dechmont Hill	NS 647 578
1152	Birmingham area	Gold (Birmingham)	Orion	Oldies	3.000 Langley Mill	SP 160 968
1152	Plymouth area	Gold (Plymouth)	Global Radio	Oldies	0.320 Plumer Barracks, Plymouth	SX 490 589
1152	East Norfolk and NE Suffolk	Gold (Norfolk)	Global Radio	Oldies	0.830 Brundall	TG 305 077
1152	London area	LBC News	Global Radio	News	23.500 Saffron Green	TQ 216 977
1152	Tyneside, N Durham, S Nthmblnd	Magic 1152 (Tyneside)	Bauer	Oldies	1.800 Greenside	NZ 151 627
1152	Greater Manchester	Magic 1152 (Manchester)	Bauer	Oldies	1.500 Ashton Moss	SJ 915 985
1161	East Sussex	BBC Sussex (f)	BBC	Mixed Format	1.000 Bexhill	TQ 724 071
1161	Bedford	Three Counties/ Asian Network	BBC	Mixed Format/ Asian	0.100 Kempston, Bedford	TL 035 464
1161	Swindon area	Gold (Wiltshire)	Global Radio	Oldies	0.160 Blunsdon	SU 143 900
1161	Humberside	Magic 1161	Bauer	Oldies	0.350 Goxhill	TA 108 246
1161	East Tayside	Radio Tay AM	Bauer	Oldies, Adult	1.400 Greenside Scalp, Dundee	NO 431 290
1161	Europe (night-time)	<i>Ciel AM</i>	France	French Adult, Talk	<i>Strasbourg + 1</i>	
1170	Portsmouth area	Gold (Hampshire)	Global Radio	Oldies	0.120 Farlington Marshes	SU 688 052
1170	South and East Suffolk	Gold (Suffolk)	Global Radio	Oldies	0.280 Foxhall Heath	TM 212 445
1170	Cleveland, S Durham, N N Yorks	Magic 1170	Bauer	Oldies	0.320 Stockton	NZ 420 218
1170	Stoke-on-Trent area	Signal 2	UTV	Oldies, Adult	0.200 Sideway	SJ 876 434
1170	Swansea area	Swansea Sound	UTV	Oldies, Adult	0.580 Winsh-Wen	SS 681 966
1179	Europe (night-time)	Radio Sweden	Sweden	International	600.000 Solvesborg	

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kHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
1188	Europe (night-time) to close	BRTN Radio 2	Belgium	Dutch Contemporary	5.000 Kuurne	
1188	Europe (night-time)	Voice of America	USA	Various Languages	500.000 Marcali, Hungary	
1197	N & W Kent, S & Cent Essex	Absolute Radio	TIML	Rock	2.000 Hoo St Werburgh	TQ 788 730
1197	Brighton and South Sussex	Absolute Radio	TIML	Rock	1.100 Southwick, Brighton	TQ 234 051
1197	Torbay area	Absolute Radio	TIML	Rock	1.000 Occombe, Torbay	SX 878 630
1197	Nottingham and Derby area	Absolute Radio	TIML	Rock	0.500 Trowell	SK 506 398
1197	Merseyside and North Clwyd	Absolute Radio	TIML	Rock	0.400 Wallasey	SJ 305 926
1197	Gloucestershire	Absolute Radio	TIML	Rock	0.300 Gloucester	SO 841 230
1197	Bournemouth area	Absolute Radio	TIML	Rock	0.250 Fern Barrow, Bournemouth	SZ 070 926
1197	Oxfordshire	Absolute Radio	TIML	Rock	0.250 Oxford	SP 567 105
1197	South & Central Cambridgeshire	Absolute Radio	TIML	Rock	0.200 Chesterton Fen, Cambridge	TL 477 608
1197	Europe (night-time)	Euskadi Irratia	Spain	Euskera	10.000 Vitoria-Gasteiz	
1206	Europe (night-time)	France Info	France	French News	300.000 Bordeaux	
1215	North West and Yorkshire	Absolute Radio	TIML	Rock	200.000 Moorside Edge	SE 070 154
1215	London, Herts, Essex, S Beds	Absolute Radio	TIML	Rock	125.000 Brookmans Park	TL259 050
1215	Western Midlands	Absolute Radio	TIML	Rock	105.000 Droitwich	SO 929 663
1215	South Wales, Avon, Somerset	Absolute Radio	TIML	Rock	100.000 Washford	ST 058 410
1215	Central Scotland	Absolute Radio	TIML	Rock	100.000 Westerglen	NS 868 773
1215	Belfast & East Northern Ireland	Absolute Radio	TIML	Rock	16.000 Lisnagarvey	IJ 258 619
1215	Aberdeen and East Grampian	Absolute Radio	TIML	Rock	2.300 Redmoss	NJ 942 024
1215	Tyneside, N Durham, S Nthmblnd	Absolute Radio	TIML	Rock	2.200 Wrekenton, Newcastle	NZ 274 598
1215	West Cornwall	Absolute Radio	TIML	Rock	2.000 Redruth	SW 709 403
1215	East Norfolk and NE Suffolk	Absolute Radio	TIML	Rock	1.200 Postwick	TG 303 086
1215	Plymouth area	Absolute Radio	TIML	Rock	1.100 Plumer Barracks, Plymouth	SX 490 589
1215	South Hampshire and Wight	Absolute Radio	TIML	Rock	1.000 Fareham	SU 546 058
1215	Humberside	Absolute Radio	TIML	Rock	0.320 Hull	TA 169 258
1215	Dartford Tunnel	Absolute Radio	TIML	Rock	0.004 Dartford Tunnel	TQ 571 169
1224						
1233	Northamptonshire	Absolute Radio	TIML	Rock	0.500 Kings Heath, Northampton	SP 740 633
1233	SE Suffolk and NE Essex	Absolute Radio	TIML	Rock	0.500 Manningtree	TM 123 295
1233	Sheffield, Rotherham, Chesterfield	Absolute Radio	TIML	Rock	0.300 Sheffield	SK 348 849
1233	Reading area	Absolute Radio	TIML	Rock	0.160 Manor Farm, Reading	SU 710 709
1233	North Sussex and East Surrey	Absolute Radio	TIML	Rock	0.125 Gatwick	TQ 276 423
1233	Swindon area	Absolute Radio	TIML	Rock	0.100 Swindon	SU 130 858
1242	Lincolnshire, Peterborough, KL	Absolute Radio	TIML	Rock	2.000 Boston	TF 260 448
1242	Cleveland, S Durham, N N Yorks	Absolute Radio	TIML	Rock	1.000 Stockton	NZ 420 218
1242	East Tayside	Absolute Radio	TIML	Rock	0.500 Greenside Scalp, Dundee	NO 431 290
1242	Stoke-on-Trent area	Absolute Radio	TIML	Rock	0.500 Sideway	SJ 876 434
1242	West Kent	Gold (Kent)	Global Radio	Oldies	0.320 Hoo St Werburgh	TQ 788 730
1242	Europe (night-time)	France Info	France	French News	150.000 Marseille	
1251	West Suffolk	Gold (Suffolk)	Global Radio	Oldies	0.760 Great Barton	TL 886 686
1251	Warrington	The Cat	Student RSL	New Music	0.001 Warrington Collegiate Inst	SJ 636 911
1251	Knowsley, Merseyside	KCC Live	Student RSL	New Music	0.001 Knowsley Comm College	SJ 439 910
1251	Warwick University	Raw Radio	Student RSL	New Music	0.001 Warwick University	SP 299 758
1251	Europe (night-time)	NOS Radio 5	Netherlands	Dutch	5.000 Hulsberg	
1260	SE Kent and S East Sussex	Absolute Radio	TIML	Rock	1.000 Lydd	TR 049 208
1260	West Surrey & NE Hampshire	Absolute Radio	TIML	Rock	0.500 Guildford	SU 959 541
1260	East North Yorkshire	Radio York (s)	BBC	Mixed Format	0.500 Scarborough	TA 008 879
1260	Avon	Gold (Bristol and Bath)	Global Radio	Oldies	1.600 Mangotsfield	ST 672 780
1260	East Clwyd and West Cheshire	Gold (Wrexham and Chester)	Global Radio	Oldies	0.640 Farndon	SJ 405 554
1260	Leicester area	Sabras Sound	Independent	Asian	0.290 Freeman's Common	SK 589 027
1269	Europe (night-time)	Deutschlandfunk	Germany	German	300.000 Neunsterun	
1278	Bradford area	Pulse 2	UTV	Oldies	0.430 Tyersal Lane	SE 197 322
1278	Folkestone	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Shorncliffe Barracks	
1278	Stafford	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Beacon Barracks	SJ 939 242
1278	Kings Lynn	Blue Bull Radio	Forces RSL	Contemporary, Adult	0.001 RAF Marham	
1278	Nottingham	Castle Radio	Student RSL	New Music	0.010 Castle College	SK 588 405
1278	Hatfield, Herts	Crush AM	Student RSL	New Music	0.001 University of Hertfordshire	TL 214 074
1278	Derby	D:One	Student RSL	New Music	0.001 Derby University	SK 339 380
1278	South London	Palace Radio (match days only)	Sports RSL	Football	0.001 Crystal Palace FC	
1278	Swindon	Pinesbury AM	Student RSL	Pop Music	0.001 Pinehurst School	SU 145 868
1278	Falkirk	Radio Royal	Hospital RSL	Mixed Music	0.001 Falkirk & District Royal Inf	NS 881 797
1278	Worksop	Trust AM	Hospital RSL	Mixed Music	0.001 Bassetlaw District General	SK 589 798
1278	Europe (night-time)	France Bleu	Radio France	French Oldies	300.000 Strasbourg	
1287	Basildon, Essex	Basildon Hospital Radio	Hospital RSL	Mixed Music	0.001 Basildon Hospital	TQ 700 872
1287	Brecon, Powys	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Infantry Training Centre	SO 045 285
1287	Blandford Forum, Dorset	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Blandford Forum	ST 920 084
1287	Gillingham, Kent	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Invicta Barracks	TQ 763 689
1287	Chippenham	BFBS Gurkha Radio	Forces RSL	Asian	0.001 Buckley Barracks	ST 908 808
1287	Bassingbourne, Cambs	Garrison R (Bassingbourne)	Forces RSL	Contemporary, Adult	0.001 ATR, Bassingbourne	
1287	Wattisham, Stockton on Tees	Garrison R (Catterick)	Forces RSL	Contemporary, Adult	0.001 Wattisham	NZ 402 173
1287	Glencorse, Midlothian	Garrison R (Edinburgh)	Forces RSL	Contemporary, Adult	0.001 Glencorse	
1287	Rhyl, Clwyd	Radio Glan Clwyd	Hospital RSL	Mixed Music	0.001 Glan Clwyd Hospital	SJ 003 760
1287	Leicester	Radio Gwendolen	Hospital RSL	Mixed Music	0.001 Leicester General Hosp	SK 605 046
1287	Holbrook, Suffolk	Radio Hotspot	Student RSL	Pop Music	0.001 Royal Hospital School	TM 163 353
1287	Crawley	Hospital Radio Crawley	Hospital RSL	Mixed Music	0.001 Crawley Hospital	
1287	Egham, Surrey	Insanity	Student RSL	New Music	0.001 Royal Holloway College	SU 997 705
1287	Reading	Junction 11	Student RSL	New Music	0.001 University of Reading	SU 736 718
1287	Hull	Kingstown Radio	Hospital RSL	Mixed Music	0.001 Hull Royal Infirmary	TA 082 288
1287	Abergavenny	Neville Hall Sound	Hospital RSL	Mixed Music	0.001 Nevill Hall Hospital	SO 288 145
1287	St Helens	Solar AM	Student RSL	New Music	0.001 St Helens College	SJ 508 953
1287	Easterhouse, Glasgow	Sounds Educational	School RSL	Pop Music	0.001 Lochend School	NS 682 659
1287	Southampton	Surge	Student RSL	New Music	0.001 Southampton University	SU 425 151
1287	Kirkcaldy, Fife	Victoria Radio Network	Hospital RSL	Mixed Music	0.001 Victoria Hospital	NT 289 935

UK and Ireland AM Transmitters

kHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
1296	Europe (night-time)	BBC World Service (Various)	BBC	International	500.000 Orfordness	TM 451 510
1296	Birmingham area	Radio XL	Independent	Asian	10.000 Langley Mill (B)	SP 163 966
1305	South and Central Gwent	Gold (South Wales)	Global Radio	Oldies	0.200 Christchurch	ST 353 896
1305	Barnsley	Magic AM	Bauer	Oldies	0.150 Ardsley	SE 390 061
1305	NE London, SE Herts, SW Essex	Premier Radio	Independent	Christain, Soft	0.250 Chingford	TQ378965
1305	South London and East Surrey	Premier Radio	Independent	Christain, Soft	0.500 North Looe	TQ 229 610
1314						
1323	Brighton and South Sussex	Gold (Sussex)	Global Radio	Oldies	0.500 Southwick, Brighton	TQ 234 051
1323	Europe (night-time)	Voice of Russia (incl English)	Russia	International	1000.000 Wachenburg, Germany	
1332	West Wiltshire	Radio Wiltshire (s)	BBC	Mixed Format	0.300 Lacock	ST 928 674
1332	N Cambs, S Lincs, Kings Lynn	Gold (Cambridgeshire)	Global Radio	Oldies	0.600 Gunthorpe	TF 189 021
1332	Central London	Premier Radio	Independent	Christain, Soft	1.000 Bow	TQ 374 834
1341	Northern Ireland	Radio Ulster (f)	BBC	Mixed Format	100.000 Lisnagarvey	IJ 258 619
1350	Stirling	Air 3	Student RSL	New Music	0.001 Stirling University	NS 810 968
1350	Oldham	Radio Cavell	Hospital RSL	Mixed Music	0.001 Royal Oldham Hospital	SD 920 062
1350	Cambridge	Cambridge University Radio	Student RSL	New Music	0.001 University of Cambridge	TL 437 592
1350	Sevenoaks	Dorton Radio	Student RSL	New Music	0.001 Dorton College	TQ 548 562
1350	Preston	Freak 1C	Student RSL	New Music	0.001 U Central Lancashire	SD 534 296
1350	Woodbridge, Suffolk	Future AM	Prison RSL	Mixed Music	0.001 Woodbridge Prison	
1350	Guildford	GU2	Student RSL	New Music	0.001 University of Surrey	SU 986 502
1350	Hemel Hempstead	Hemel Hospital Radio	Hospital RSL	Mixed Music	0.001 Hemel Hempstead General	TL 046 072
1350	Liverpool	Radio Hope	Student RSL	New Music	0.001 Liverpool Hope Univ Colleg	SJ 413 877
1350	Redditch, Worcestershire	Hospital Radio Pulse	Hospital RSL	Mixed Music	0.001 Alexandra Hospital	SP 060 646
1350	Great Yarmouth	Hospital Radio Yare	Hospital RSL	Mixed Music	0.001 James Paget Hospital	TG 524 087
1350	Knutsford, Cheshire	Knutsford AM	Student RSL	Pop Music	0.001 Knutsford School	SJ 746 782
1350	Loughborough	LCR	Student RSL	New Music	0.001 Loughborough University	
1350	Norwich	Livewire	Student RSL	New Music	0.001 University of East Anglia	TG 172 066
1350	Haywards Heath	Mid Downs Hospital Radio	Hospital RSL	Mixed Music	0.001 Princess Royal Hospital	TQ 341 229
1350	Rotherham	Radio Nightingale	Hospital RSL	Mixed Music	0.001 Rotherham District General	SK 430 910
1350	Bradford	Radio Ramair	Student RSL	New Music	0.001 Bradford University	SE 166 330
1350	Manchester	Range Radio	Student RSL	Pop Music	0.001 Whalley Range High Schoc	SJ 837 939
1350	Bishops Stortford, Herts	Radio Stortford	Hospital RSL	Mixed Music	0.001 Herts & Essex Comm Hosp	TL 498 207
1350	Hillpark, Glasgow	Sounds Educational	School RSL	Pop Music	0.001 Hillpark School	NS 561 602
1350	Nottingham	Univeristy Radio Nottingham	Student RSL	New Music	0.001 University of Nottingham	SK 547 385
1350	York	Univeristy Radio York	Student RSL	New Music	0.001 York University	SE 622 506
1350	Bury St Edmunds	Radio West Suffolk	Hospital RSL	Mixed Music	0.001 West Suffolk Hospital	
1350	Europe (night-time)	Radio Orient	France	French Asian	10.000 Nice	
1359	Bournemouth area	Radio Solent for Dorset	BBC	Mixed Format	0.850 Fern Barrow, Bournemouth	SZ 070 926
1359	Cardiff and South Glamorgan	Gold (South Wales)	Global Radio	Oldies	0.200 Hadfield Road	ST 165 746
1359	Coventry and N Warwickshire	Gold (Coventry)	Orion	Oldies	0.270 Shilton	SP 410 836
1359	Central, North & South West Essex	Gold (Essex)	Global Radio	Oldies	0.280 Bakers Wood	TL 660 034
1359	Europe (night-time)	RNE Radio 1	Spain	Spanish	1000.000 Madrid	
1368	Lincolnshire	Radio Lincolnshire (s)	BBC	Mixed Format	2.000 Swan Pool, Lincoln	SK 956 710
1368	North Sussex and East Surrey	BBC Surrey (s)	BBC	Mixed Format	0.500 Duxhurst	TQ 264 453
1368	Swindon	Radio Wiltshire	BBC	Mixed Format	0.100 Blunsdon	SU 143 900
1368	Isle of Man	Manx Radio AM	Independent	Mixed Format	20.000 Foxdale	
1377	NE & Central Manchester	Asian Sound Radio	Independent	Asian	0.080 Ashton Moss	SJ 915 985
1377	South Coast (d), Europe (n)	France Info	Radio France	French News	300.000 Lille	
1386	Leeds	Radio Jcom	Community	Jewish	0.050	
1386	Nuneaton	Anker Radio	Hospital RSL	Mixed Music	0.001 George Eliot Hospital	
1386	Reading	Blast 1386	Student RSL	New Music	0.001 Reading College	SU 737 726
1386	Loughborough	Carillon Radio	Hospital RSL	Mixed Music	0.001 Loughborough Hospital	SK 523 197
1386	Coalville	Carillon Radio	Hospital RSL	Mixed Music	0.001 Coalville Hospital	SK 439 141
1386	Swansea	Radio City Swansea	Hospital RSL	Mixed Music	0.001 Singleton Hospital	SS 615 957
1386	Halesowen, West Midlands	HCR	Student RSL	New Music	0.001 Halesowen College	SO 966 842
1386	Birmingham NEC area	Traffic Radio	DOT RSL	Travel News	0.001 Birmingham NEC	SP 188 845
1386	Exeter	VI Radio	Student RSL	Pop Music	0.001 West of England School	SX 945 902
1386	Europe (night-time)	Voice of Russia (incl English)	Russia	International	2500.000 Bolshakovo, Russia	
1395	Europe (night-time)	Radio Tirana/ VOA	Albania	International	1000.000 Lushnje, Albania	
1395	East Coast (d)				20.000 Trintelhaven, Netherlands	
1404	Colchester town	RED	Student RSL	New Music	0.001 Essex University	TM 028 238
1404	Blackburn	Rovers Radio (match days only)	Sports RSL	Football	0.001 Blacburn Rovers FC	
1404	South Coast (d), Europe (n)	France Info	Radio France	French News	65.000 Brest + 3 others	
1413	East Gloucestershire	Radio Gloucestershire	BBC	Mixed Format	0.500 Bourton on the Water	
1413	West Gloucestershire	Radio Gloucestershire	BBC	Mixed Format	0.500 Berkley Heath	
1413	Skipton area, Keighley & Ilkley	Fresh Radio	Independent	Adult	0.100 Skipton	SD 977 515
1413	East London & Thames Estuary	Premier Radio	Independent	Christain, Soft	0.500 Dartford Marshes	TQ 553 769
1413	West London, E Berks & N Surrey	Premier Radio	Independent	Christain, Soft	0.500 Heathrow	TQ 079 773
1413	Europe (night-time)	RNE Radio 5	Spain	Spanish News	20.000 Jaen + 2 others	
1422	Europe (night-time)	Deutschlandfunk	Germany	German	600.000 Heusweiler	
1431	South East Essex	Gold (Essex)	Global Radio	Oldies	0.350 Rayleigh, Southend	TQ 830 904
1431	Reading area	Gold (Berkshire and N Hampshire)	Global Radio	Oldies	0.140 Manor Farm, Reading	SU 710 709
1431	Settle area, North Yorkshire	Fresh Radio	Independent	Adult	0.003 Giggleswick	SD 807 641
1431	Taunton	Apple AM	Hospital RSL	Mixed Music	0.001 Musgrave Park Hospital	ST 138 131
1431	Ashby del la Zouche	Carillon Radio	Hospital RSL	Mixed Music	0.001 Ashby & District Hospital	
1431	Melton Mowbray	Carillon Radio	Hospital RSL	Mixed Music	0.001 Melton Mowbray Hospital	
1431	Oakham, Rutland	Carillon Radio	Hospital RSL	Mixed Music	0.001 Rutland Memorial Hosp	
1431	Chichester	Chichester Hospital Radio	Hospital RSL	Mixed Music	0.001 St Richards Hospital	SU 867 059
1431	Godalming, Surrey	Girls Allowed	School RSL	Pop Music	0.001	SU 958 448
1431	Sheffield	HBS Radio	Hospital RSL	Mixed Music	0.001 Sheffield Teaching Hosp	SK 362 904
1431	Redhill	Radio Redhill	Hospital RSL	Mixed Music	0.001 East Surrey Hospital	TQ 285 482
1431	Coventry	Source Radio	Student RSL	New Music	0.001 Coventry University	SP 337 791
1431	Brighton	University Radio Falmer	Student RSL	New Music	0.001 University of Sussex	TQ 345 089
1431	Swansea	Xtreme 1431	Student RSL	New Music	0.001 University, Swansea	SS 629 919

UK and Ireland AM Transmitters

kHz	Area	Station	Broadcaster	Format	kW Transmitter Site	Grid
1431	Europe (night-time)	Voice of Russia	Russia	International	400.000 Mikolayiv, Ukraine	
1440	Europe (night-time)	China Radio International	Luxembourg	International	1200.000 Marnach	
1449	Aberdeen area	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	2.000 Redmoss	NJ 942 024
1449	Peterborough area	Asian Network (East Midlands)	BBC	Asian	0.150 Gunthorpe	TF 189 021
1449	Bristol	The Hub	Student RSL	New Music	0.001 University of Bristol	ST 620 780
1449	Lyneham, Wiltshire	Radio Lyneham	Forces RSL	Contemporary, Adult	0.001 RAF Lyneham	
1449	Glasgow	Sounds Educational	School RSL	Pop Music	0.001 St Mungo's School	NS 610 645
1449	Taunton	Taunton School Radio	Student RSL	Pop Music	0.001 Taunton School	
1449	Bath	University Radio Bath	Student RSL	New Music	0.001 University of Bath	ST 770 646
1458	West Cumbria	Radio Cumbria (North) (f)	BBC	Mixed Format	0.500 Whitehaven	NX 974 172
1458	Torbay area	Radio Devon (f)	BBC	Mixed Format	2.000 Occombe, Torbay	SX 878 630
1458	Tyneside, N Durham, S Nthmblnd	Radio Newcastle (s)	BBC	Mixed Format	2.000 Wrekenton, Newcastle	NZ 274 598
1458	Birmingham area	Asian Network (West Midlands)	BBC	Asian	5.000 Langley Mill	SP 160 968
1458	Greater Manchester	Gold (Manchester)	Global Radio	Oldies	5.000 Ashton Moss	SJ 915 985
1458	London area	Sunrise Radio (London)	Independent	Asian	125.000 Brookmans Park	TL259 050
1467	Europe (night-time)	Transworld Radio	Int Religious	Christian International	1000.000 Monte Carlo, Monaco	
1476	Europe (night-time)	Radio 1476/ R Austria International	Austria	German	60.000 Wien	
1485	North Cumbria	Radio 4 (Long Wave)	BBC	Talk, News, Entertainment	1.000 Carlisle	NY 412 526
1485	Humberside	Radio Humberside (s)	BBC	Mixed Format	1.000 Hull	TA 169 258
1485	Merseyside, W Cheshire, N Clwyd	Radio Merseyside(s)	BBC	Mixed Format	1.200 Wallasey	SJ 305 926
1485	Brighton & South Sussex	BBC Sussex (s)	BBC	Mixed Format	1.000 Southwick, Brighton	TQ 234 051
1485	W Berks, Basingstoke, Andover	Gold (Berkshire and N Hampshire)	Global Radio	Oldies	1.000 Washwater	SU 454 625
1494	Europe (night-time)	France Info	Radio France	French News	29.000 Clermont Ferrand + 2	
1494	Europe (night-time)	Voice of Russia	Russia	International	1200.000 Sankt-Peterburg	
1503	Stoke-on-Trent area	Radio Stoke-on-Trent (s)	BBC	Mixed Format	1.000 Sidway	SJ 876 434
1503	West Gloucestershire	Forest of Dean Community R	Community	Mixed Format	0.200 Coleford	SO 596 117
1503	East London	Sound Radio	Community	Ethnic	0.100 Bow	TQ 374 834
1503	Rushden area	Radio Diamonds (match days)	Sports RSL	Football	0.001 Irthingborough	
1512	Europe (night-time) to close	R Vlaanderen/ R Netherlands ³	Belgium, Neth	International	300.000 Wolvertem	
1521	North Sussex and East Surrey	Gold (N Sussex and E Surrey)	Global Radio	Oldies	0.640 Duxhurst	TQ 264 453
1521	Newent, Gloucestershire	Forest of Dean Community R	Community	Mixed Format	0.005 Newent	SO 719 263
1530	Southend	BBC Essex (s)	BBC	Mixed Format	0.150 Rayleigh, Southend	TQ 830 904
1530	Worcestershire	Sunshine Gold	Sunshine	Oldies	0.520 Cotheridge	SO 805 540
1530	Huddersfield & Halifax area	Pulse 2	UTV	Oldies	0.740 Vicars Lot	SE 071 172
1530	Glasgow	Celtic Music Radio	Community	Celtic Music	0.055 Glasgow	NS 537 662
1530	Europe (night-time)	Radio Vaticana ⁴	Vatican	Catholic International	600.000 Vatican	
1539	Europe (night-time)	Evangeliums Rundfunk	Germany	German	700.000 Mainflingen	
1548	Avon and North Somerset	Radio Bristol (s)	BBC	Mixed Format	5.000 Mangotsfield	ST 672 780
1548	London area	Gold (London)	Global Radio	Oldies, Sport	97.500 Saffron Green	TQ 216 977
1548	Lothian and Fife	Forth 2	Bauer	Oldies, Adult	2.200 Colinswell	NTT 221 861
1548	Merseyside and West Cheshire	Magic 1548	Bauer	Oldies	1.000 Bebington	SJ 351 838
1548	Sheffield and Rotherham	Magic AM	Bauer	Oldies	0.740 Skew Hill	SK 327 933
1557	North Lancashire	Radio Lancashire (s)	BBC	Mixed Format	0.250 Oxcliffe	SD 444 613
1557	Southampton area	Gold (Hampshire)	Global Radio	Oldies	0.500 Veals Farm	SU 397 095
1557	Northamptonshire	Gold (Northamptonshire)	Global Radio	Oldies	0.760 Kings Heath, Northampton	SP 740 633
1557	Europe (night-time)	France Info	Radio France	French News	300.000 Nice	
1566	Somerset	BBC Somerset	BBC	Mixed Format	0.630 Taunton	ST 237 263
1566	West Surrey & NE Hampshire	County Sound Radio	UKRD	Soft, Oldies, Talk	0.500 Peasmarsh	SU 984 459
1575	Aylesbury town	Stoke Mandeville Hospital Radio	Hospital RSL	Mixed Music	0.001 Stoke Mandeville Hospital	SP 829 117
1575	Barnsley	Radio Oakwell (match days only)	Sports RSL	Football	0.001 Barnsley FC	
1575	Newcastle city	Radio Tyneside	Hospital RSL	Mixed Music	0.001 Royal Victoria Infirmary	TL 885 671
1575	Europe (night-time)	RAI Radiouno	Italy	Italian	87.000 Genova + 10 others	
1584	Central Nottinghamshire	Radio Nottingham (s)	BBC	Mixed Format	1.000 Clipstone	SK 583 642
1584	North Herefordshire	BBC Hereford and Worcester (f)	BBC	Mixed Format	0.300 Woofferton	SO 511 691
1584	North London	London Turkish Radio	Independent	Turkish	0.200 Hackney	TQ 359 867
1584	Perth area	Radio Tay AM	Bauer	Oldies, Adult	0.210 Friarton Road	NO 119 213
1593						
1602	Tunbridge Wells and Tonbridge	Radio Kent (s)	BBC	Mixed Format	0.250 Rusthall, Tonbridge	TQ 557 401
1602	Southall area, London	Desi Radio	Community	Asian	0.070 Glade Lane	TQ 140 796
1602	Castle Donington, Derbys	Radio Donington (race days only)	Sports RSL	Motor Racing	0.001 Donington Park	
1611	Europe (night-time)	Radio Vaticana	Vatican	Catholic International	100.000 Vatican	

¹ R Sweden in English: 1830-1900, 2030-2100, 2230-2300

³ R Vlaanderen International and Radio Netherlands in English 2100-2325

⁴ R Vaticana in English 0600-0620, 1715-1730, 2050-2110

(s): simultaneously on FM

(f): simultaneously on FM, but AM coverage fills in FM gaps

(MW)/(Long Wave): simultaneously on FM, but AM service has its own programmes for a few hours a week

(d): daytime

(n): nighttime

For multiple transmitter overseas stations, the combined power is given